

WINTER 2017 INDOOR SOCCER TRAINING



Come train at New Jersey's Newest Premier Indoor Sports Facility

Registration is <u>now</u> open for <u>First Shot Soccer</u> (FSS) Indoor soccer training programs starting January thru March 2017. All sessions will be played indoors, on turf field at <u>New Jersey Sports House</u> (NJSH) located in Oakland, NJ. The training program will focus on technical skills, ball mastering, and will provide a continuous path for player development during the 2017 winter season.

The 10 week training program is open to any motivated soccer player, girls and boys born between the year 2013/U4 – 2002/U15, looking to further develop their soccer skills and abilities. Our results driven winter training structure enhances each player's passion for the sport and increases their confidence on and off the field.

All training will be provided by FSS certified trainers and under the supervision of FSS Director, Bobby Calderon. Players excelling in the winter training program will be invited to join First Shot Academy (FSA) Select teams to participate in indoor winter leagues/tournaments in NJ.

WINTER TRAINING PROGRAM DETAILS:

- 2013/U4 2010/U7 Ten 60-minute weekly training sessions with FSS Professional Trainers
 - o Program fee: \$265.00 (early bird discount Register by Wednesday, 11/30/16 and SAVE \$25)
- 2009/U8-2002/U15 Ten 90-minute weekly training sessions with FSS Professional Trainers
 - o Program fee: \$295.00 (early bird discount Register by Wednesday, 11/30/16 and SAVE \$25)
- Ideal coach-to-player ratio for optimal player development both on grass and turf fields
- Players excelling within supplemental training program are invited to join FSA teams to play in winter leagues/tournaments
- Training includes a First Shot Soccer training t-shirt

HOW TO REGISTER (CLICK BUTTON):



Or logon to your ActiveWorks Account:

https://campsself.active.com/FirstShotSoccer

WINTER TRAINING SCHEDULE (subject to change):

AGE GROUP DAY DURATION TIME DATES LOCATION

U4-U7 Boys/Girls Tuesday 10 sessions 5:30-6:30 PM **Jan:** 10, 17, 24, 31 **Feb:** 7, 14, 21, 28 **Mar:** 7, 14 NJ Sports House, Oakland U8-U15 Boys/Girls Thursday 10 sessions 6:30-8:00 PM **Jan:** 12, 19, 26, **Feb:** 2, 9, 16, 23 **Mar:** 2, 9, 16 NJ Sports House, Oakland

TRAINING FACILITY: New Jersey Sports House, 12 Wright Way, Oakland NJ 07436 (indoor turf field)

