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## Chrysalis Weekend Schedule

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What happens on a Chrysalis weekend? This is a question we get asked a lot. Here is an outline you may share with prospective Caterpillars, and those interested in learning more about the weekend, before they make a decision to attend.

Chrysalis, and other “Fourth Day Movements,” are not secret nor are they a secret society. The mission of Chrysalis is to inspire, challenge and equip tomorrow’s leaders for Christian action in their homes, churches, communities and places of work. Chrysalis lifts up a way for our grace-filled lives to be lived and shared with others. Read more about it at <http://chrysalis.upperroom.org/about>.

The weekend is a compilation of 15 talks given over 3 days (5 per day). Five talks are given by a clergy person (assorted denominations), five are given by adults and five are given by high school or college-aged youth. Also built in to the schedule is time for corporate worship and personal reflection, as well as free time for the participants to use as they wish (alone time, meet new friends, speak with on-campus clergy, play board games or sports activities, etc).

### Saturday – 8:00am start

Registration for participants (caterpillars)

Sendoff: Introduction of participants and team to the community-at-large

Icebreaker exercise that allows the weekend participants to meet each other (team and caterpillars)

Assignment of table families and “Name your Table” activity

Group and individual table pictures (a memento to take home with you)

#### **Talk #1: Ideals (Youth)**

Lunch and break

#### **Talk #2: God Designed You (Clergy)**

Short Break

#### **Talk #3: Faith (Adult)**

Long Break (can return to rooms, partake in activities, etc)

Dinner

Worship lead by music team

#### **Talk #4: God Loves You (Clergy)**

Short Break

Evening Celebration

#### **Talk #5: Prodigal (Youth)**

Chapel – Saturday evening reflection

Bed Time

### Sunday

Morning chapel

Breakfast

Short Break

#### **Talk #6: Communication Through Prayer (Adult)**

Short break

#### **Talk #7: Christian Growth Through Study (Youth)**

Book Table break

Lunch

#### **Talk #8: God’s Gift to You (Clergy)**

Chapel – Midday reflection

Q&A on God’s Gift to You

Long Break (can return to rooms, partake in activities, etc)

Dinner

**Talk #9: Marriage (Adult Married Couple)**

Q&A on Marriage

Short Break

Evening Celebration

**Talk #10: God Sustains You**

Chapel – Sunday evening reflection

Evening Snack

Bed Time



**Monday**

Morning chapel

Breakfast

Packing Break

**Talk #11: Christian Action (Youth)**

Short Break

**Talk #12: Single Life (Single Adult)**

Short Break

**Talk #13: God Empowers You (Clergy)**

Lunch

Short Break

**Talk #14: Priesthood of All Believers (Adult)**

Final Break

**Talk #15: Next Steps (Youth)**

End of Weekend Celebration

Chapel – Commissioning Service

Closing Service (Weekend participants, sponsors and the community-at-large)

Travel home – approximately 5:30pm end

Please feel free to share our website ([www.hoschrysalis.org](http://www.hoschrysalis.org)) as well as the Upper Room website ([www.chrysalis.upperroom.org](http://www.chrysalis.upperroom.org)) with those you are sponsoring.

One other question that we are asked frequently is can we accommodate special needs (diets, allergies, medications, physical, etc.)? Absolutely!

We can accommodate all of the following:

- **Special diets** including but not limited to food allergies, gluten free, dairy free, vegetarian, vegan, etc. We plan our own menus as well as purchase and prepare all of our own meals with all special needs in mind (both participants and team members). If you feel more comfortable bringing your own food, please do. We have plenty of refrigerator and freezer space!
- **Special medications.** All prescription medications must be turned in at registration and the adult assigned to medicine distribution will make sure your youth receives the proper medication and dosage at the proper time. Please make sure all medications are properly labeled with your youth's name and dosage requirements.
- **Physically-challenged participants including hearing-impaired.** Rotary's Camp Florida was built to accommodate children with special needs including wheelchair accessibility. We have ramps, sidewalks and special shower and toilet stalls to accommodate any participant that requires those facilities. We also have adults in our community that are fluent ASL interpreters, should assistance be required.
- **Mentally-challenged participants.** Mental challenges should be carefully weighed when considering participation in a weekend. We do not have mental health counselors on hand nor are we certified to handle such challenges. However, if your youth can function well in a public school setting, they would most likely do well on a weekend. Please feel free to speak to a board member if you have any questions or reservations.

We welcome and love each and every participant for who they are, and what blessings God can create through their individual spiritual gifts. We are all God's Children and precious in His sight!