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## HOLLY CARTER FAMILY CONSULTANT YOUNG ADULT SERVICES



Holly Carter is a Family Consultant completing her Master's Degree in Social Work. She is a parent of a son diagnosed with Autism Spectrum Disorder, a certified Parent Navigator through Wayne State University and a trained Leader in Policy Advocacy through the Arc of Michigan.

After her son Richard was diagnosed at age two with Autism Spectrum Disorder, Holly founded the Boxing Autism Club of Livingston County because she believes each one of us possess strengths that we can pass on to our family members and one another. Her passion is working with people to assist them in family planning, school advocacy and support. In her spare time she enjoys spending time with her family at the beach and loves a strong cup of coffee.

## **Services Provided:**

- Family or Individual Consulting (Facilitate a structured meeting to discuss the needs of the family or individual, assess the present and future steps, and develop a plan of action to execute forecasted goals.)
- **Person Centered Planning** (Facilitate a structured meeting to assess the strengths of an individual and or services that the adult or child diagnosed with special needs may need in order to lead a happy, healthy, and prosperous life.)
- Advocacy (Support and facilitate communication between families or individuals and service providing entities to include Schools, Mental Health Professionals, Medical Staff or Family)
- Presenter (Self Care, Autism Safety, Parent's Perspective: Life After An Autism Diagnosis, Caregiver Fatigue, Child Care Providers and Caring for Child Diagnosed with Special Needs)
  I have presented for LESA, Child Connect, Community Sharing for Healthy Caring, Wayne State University The Merrill Palmer Skillman Institute, Livingston Community Mental Health, etc.