

DECEMBER
2017

Pickaway Senior Center

"WE'RE LIVING IT UP"

Pickaway Senior Center

2105 Chickasaw Drive

P.O. Box 565

Circleville, OH 43113

740-474-8831

www.pickawayseniors.org

IMPORTANT DATES:

FRIDAY, DECEMBER 1

CRAFT SHOW 9:00-2:00 PM

MONDAY, DECEMBER 4

EXERCISE SOCIAL 10:00 AM

WEDNESDAY, DECEMBER 13

BOARD MEETING 10:15 AM

THURSDAY, DECEMBER 14

UNLOCK THE SECRET LUNCH NOON

TUESDAY, DECEMBER 19

COMMODITIES

NEWSLETTER ASSEMBLY

BREAKFAST BAR 9:00 AM

WEDNESDAY, DECEMBER 20

SOUP & SALAD BAR NOON

S.A.L.T. MEETING 1:00 PM

THURSDAY, DECEMBER 21

MONTHLY FELLOWSHIP NOON

MONDAY, DECEMBER 25

CENTER CLOSED

TUESDAY, DECEMBER 26

CENTER CLOSED

From the Desk of the Director

To get the holiday celebrations started, we are holding a Craft Show and Bake Sale on Friday, December 1st. Stop by the Craft Show anytime between 9AM-2PM to find that special item. We will also have a lunch available for purchase from 11:00-1:00.

December 6th at 12:30 we will be having a special Christmas Sing a Long and December 7th from 10:30-11:30 a special program on "Holiday Tips for Caregivers" with the Alzheimer's Association. Then December 14th will be our December Unlock the Secret Lunch. We all had fun last year wearing our "favorite" Christmas sweatshirts and sweaters, so let's try that again. Lunch certificates will be given to all who participate and prizes to those voted the "best" or should I say "most festive".

Our December Monthly Fellowship will be on the 21st and will feature a visit from our special friend in his red suit. Don't forget, avoid the challenge of looking for a parking space on Fellowship days, park at Emmett Chapel and let our Transportation Staff shuttle you right to our front door. (11-11:45AM)

Next, as we look forward to January 2018, we are calling on all of our senior talent to come out and participate in our Annual Talent Show on January 25th. This will be at our January Monthly Fellowship meeting. If you are planning to participate please let Elisha know.

Our 2018 Trips are filling up quickly! Don't delay in reserving you space, if you want to join us on any 2018 trips. The Center will be closed December 25th and 26th for the Christmas holiday.

The Pickaway Senior Center staff wish you each a very Merry Christmas and a Happy 2018. We have enjoyed the opportunity to work with you throughout 2017, in another successful year bringing quality senior services to Pickaway County.

See you soon at the Center where "We're Living It Up"!

Cynthia Love, Executive Director

**Pickaway Senior Center
Board of Directors:**

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Cynthia Love Center Director
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**PICKAWAY SENIOR
CENTER**

2105 Chickasaw Drive
P.O. Box 565
Circleville, OH 43113

www.pickawayseniors.org

Office: 740-474-8831
Toll Free: 888-397-7246
Nutrition: 740-474-8617
Fax: 740-477-8114

Office Hours:
Monday-Friday
8am - 4:30 pm

Our services are provided for seniors ages 60 and over, Monday through Friday.

Adult Day Care:

Provides relief for families caring for a loved one with dementia or Alzheimer's. This service is available Monday through Thursday from 8:30 AM to 1:30 PM. Lunch and transportation are provided.

Congregate Meals:

A hot lunch served at the Pickaway Senior Center at 11:30 AM on Monday, and at 12:00 noon Tuesday through Friday.

Homemakers:

Assistance with cleaning, laundry and running errands. Clients must meet certain eligibility criteria.

Meals on Wheels:

A hot lunch delivered to your home five days a week.

National Family Caregiver Support Program:

Respite and personal care, financial help with co-pays and medicine, utility bills, home repair. The care recipient must be over 60 years of age.

Supportive Services:

Assistance with Medicare & Medicaid papers, HEAP and Commodities paperwork.

Transportation:

Transportation for medical appointments, dialysis, and grocery shopping.

The Pickaway Senior Center is a non-profit organization. We are supported by financial contributions from the following:

- Title III administered through the Ohio Department of Aging
- Funds from a senior levy passed by Pickaway County voters
- Private donations and fundraisers

For information on any of these services, call the Senior Center: 740-474-8831



In Memory or Honor of...

This Recognition Gift to the Pickaway Senior Center is a very thoughtful gift which means others in Pickaway County will be helped.

Enclosed is my gift of \$ _____ In Memory or Honor of _____

Occasion: Birthday Anniversary Other _____

Given by _____

Address _____

Please make checks payable to the Pickaway Senior Center. Mail gift to:

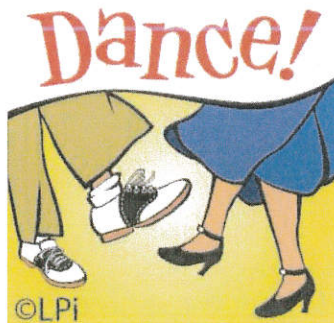
Pickaway Senior Center
P.O. Box 565
Circleville, OH 43113

Beginner's Line Dancing

Cost: \$1 per class

Fridays at the Center from 2-3 pm

Instructed by Buffy Bowman



Memories of Elvis Day Trip

When: August 3rd

Price: \$119.00 per person

(\$50 due upon signing)

Trip Includes:

- Transportation to "Sprit of Cincinnati"
- 3 Hour luncheon Riverboat Cruise
- Featuring Tyler Christopher, a multi-award winning and nationally recognized performer and Elvis Tribute artist
- Buffet Lunch

For more information
please call the Center



DECEMBER BIRTHDAYS-HAPPY BIRTHDAY!

DECEMBER 1

VIRGINIA ARCHER
HAROLD PHIPPS
HERSHEL ROSE
JACQUELYN WRITSEL
JERRY ZIELINSKI

DECEMBER 2

DIANNA BERRY
TERRY CAMPBELL
EVELYN CONLEY
DICK GRAMBO
GLEN MCFARLAND

DECEMBER 3

MARIAN HALLUM
SUSAN SOWERS
FLORENCE WILLIAMS

DECEMBER 4

ROBERT CARNES
ERNEST HADDOX
ROSE HENSON
CAROL LEMING
JUDY SCHOOLEY
LINDA WUNSCH

DECEMBER 5

BETTY BENSON
ROBERT GARNER
MICHAEL KENT
MARTHA STONEROCK

DECEMBER 6

WILLIAM FRABACK
JAMES HASTINGS
BETTY HIGGINBOTHAM
CATHY MOSS
GEORGE THODE
MELANIE WILLEFORD

DECEMBER 8

JACK MCGILL
GINGER RATHBURN

DECEMBER 9

CHARLIE NICHOLS
CONNIE SWOYER

DECEMBER 10

JOANN BOWMAN
DON CRABTREE
SANDRA DOWDEN
NAOMI HAY
SHIRLEY WALLACE

DECEMBER 11

JOYCE BOZMAN
DAVID GARRETT
RONALD HUFFMAN
VIRGINIA LIFF
OLGA SHERMAN
BARB TILTON
CATHY TRIVETTE

DECEMBER 12

JOHN BARNHART
MARVIN RITTINGER
ROSIE ROESE

DECEMBER 13

DONALD DENNIS
MARTHA GEARHART
LEOLA POLLOCK
LAWRENCE PRITCHARD
CHARLES STEWART
MARILYN ZICKEFOOSE

DECEMBER 14

CAROLYN CLEMONS
STEPHANIE SHARPNACK
HELEN WHITE



DECEMBER 15

DELPHA HENRY
BONNIE MORRISON
SARALEE TERFLINGER

DECEMBER 16

DANA BORROR
LORETTA DETTY

DECEMBER 17

CHARLOTTE ARBOGAST
ROBERTA COOK
THEOPHIL FERGUSON
JAMES "MARTY" KING
WAYNE MEINEN
NORMA "DEANNIE" ROBY
HOWARD SNOOK

DECEMBER 18

MARGUERITE ALLEN
PAMELA ELICK
ANN LEETH

DECEMBER 19

VIOLET CARSON
GLORIA REYNOLDS
LARRY STONEROCK

DECEMBER 20

NANCY BALDINGER
JAMES HEDGES
JUDY HUNT
PHILIP MANSON
CATHERINE MEINEN
GEORGIA SHEPARD

DECEMBER 21

DONALD DAUBENMIRE
JAMES HARBER

DECEMBER 22

JO ANN SCHLEGLER
DARRELL SMITH
EUGENE WILSON

DECEMBER 23

ARLENE HART
JANE LOWERY
MARY MAY
HELEN PURCELL
RUTH ANN TENER

DECEMBER 24

JEAN MCGOWAN
JOANN WOODWARD

DECEMBER 25

JOHN FLEMING SR
JOHN SKAGGS
MARY TACKETT
JIM WILLIAMS

DECEMBER 26

KATHY KLINGENSMITH
JOSEPHINE MYERS
PEGGY WILKINSON

DECEMBER 27

FERN BOZMAN
BECKY LINDSEY
TOM TOOTLE

DECEMBER 28

SUE BENNER
COLLEEN BRADLEY
CAROL FLETCHER
VIRGINIA FULLER
ELLEN GILPEN
PAULA PRINDLE
GERALD RUSH
CLAUDETTE WILSON

DECEMBER 29

HAROLD BRILL
JANICE KERNS-BOTHEL
JONNIE OAKLEY

DECEMBER 30

KAREN DIXON
DEBBIE DUMM
MARYELLEN GRAY
CANDICE HARRINGTON
MARY NELSON
MARY STEWART

DECEMBER 31

ROSS BIDWELL
ALLEN BLACK
PAULINE RUSSELL



SPECIAL THANKS TO THE FOLLOWING PEOPLE...

New Members

Betty Billups

Steve Billups

Glen McFarland

Mary Tackett

Kay Brown

Paul Azbell

JoAnn Azbell

Judy Corbett

Lillibeth Miller

Gary Miller

Nancy Morrison

Robert Grate

Marion Grate

Patty Longberry

Linda Sawyer

Linda Trimmer



\$10 Fund Donations

Linda & Don Harden

Eleanor Strawser

Marsh Barnes

June Barnes

Charles & Susan Patrick

Ruby Boyer

Sandra Foster

Independent Bikers
Association



**Memorial/Honor of
Donations**

In Memory of

Joan Prindle

Given By,

Paul & Norma
Gochenour

In Memory of

Ed Hart, Sr.

Given By,

Meg Kadunc

**Memorial/Honor of
Donations**

In Memory of

Ed Hart, Sr.

Given By,

Norval & Georgia
Shepard

~~~~~  
In Memory of

Archie Stewart

Given By,

Rose Jamison, Sister

~~~~~  
In Memory of

Kathy Edstrom

Given By,

Susan Patrick

~~~~~  
In Memory of

Roma Conrad

For our 76th Anniversary on  
December 21st

Given By,

Rickard E. Conrad

**Memorial/Honor of Donations**

In Memory of  
Edward Hart, Sr.

Given By,

Jeff, Anita, Shylee &  
Andrew Grossman  
~~~~~

In Memory of

Ed Hart, Sr.

Given By,

Ellery & Pam
Elick
~~~~~

In Memory of

Edward Hart, Sr.

Given By,

Bob & Karen  
Bensonhaver  
~~~~~

In Memory of

Roberta Harris

Given By,

John Bell

Estate Planning

It is often difficult during one's lifetime to give, yet many would like to make a significant contribution. You might want to consider a bequest to the Pickaway Senior Center.

We have established a Pickaway Senior Center Fund within the Pickaway County Community Foundation to help ensure we are able to continue meeting the needs of the seniors of Pickaway County well into the future.

**Pickaway County
Community Foundation:**

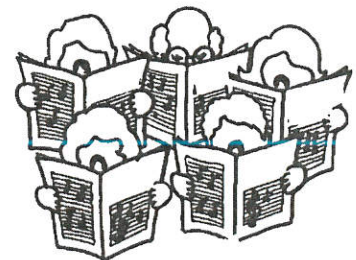
**Pickaway Senior Center Fund
770 N. Court St.
Circleville, OH 43113**

Exercise Social

There will be an Exercise Social at the Center on December 4th @ 10 am.



~~~~~  
Join us for a Sing-A-Long at the Center with Cindy Bevan from Ross Co. Home Health on December 6th after lunch



## Monthly Fellowship December 21, 2017

Please RSVP by the day before. Call 740-474-8831 to make reservations. December birthdays & anniversaries eat free on December 21 at noon.

- Honey Baked Ham
- Sweet Potato Casserole
- Seasoned Green Beans
- Roll
- Chilled Fruit
- Ginger Snaps

**Entertainment By:**

**Christmas Sing-a-long & a visit from Santa**

## Ark Encounter Day Trip

**When: April 9th**

**Price: \$103.00 per person**  
(\$50 due upon signing)

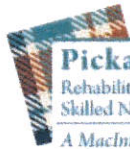


Trip Includes:

- Transportation to "Ark Encounter"
- Lunch Voucher for use at any of the various restaurants or snack venues
- West Village of Ark Encounter
- State of the Art Exhibits
- Zoo Animals at Ark Encounter

For more information please call the Center

"Discover where to Recover"



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**Medicare Questions?**

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740-477-2591

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| Emergency Department          | Radiology                  |
| Gastroenterology              | Sleep Center               |
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| Lung Care Center              | Wound Healing Center       |



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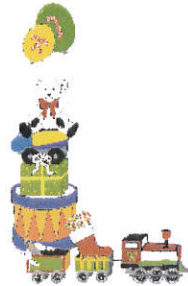
Wherever our patients call home,  
we provide hospice care.

740.420.0605  
heartlandhospice.com/Circleville

**Heartland**   
Hospice Care

Unlock the Secret Lunch

Join us at the Center for our Secret Lunch on December 14th at noon. Put your secret lunch guess in the box to be entered to win a prize.



November Answer: Pumpkin Cake

Virginia Beach, Colonial Williamsburg & Historic Norfolk

Dates: May 6-12, 2018

Price: \$739 per person (double occupancy) (\$75 due upon signing)

**Trip Includes:**

- Motor Coach Transportation
- Hotel accommodations
- 10 Meals: 6 breakfasts and 4 dinners
- The Virginia Beach Boardwalk
- Visit to Colonial Williamsburg including a Guided tour
- Dinner Cruise & Entertainment on the Spirit of Norfolk
- Admission to the Nauticus & Battleship Wisconsin
- Visit to Yankee Candle Village
- Virginia Beach Aquarium & Marine Science Center

For more information please call the Center 740-474-8831




OH-17-08-12

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**Here For You, At Every Stage Of Life.**



The more we age, the more complicated health issues can become. Fortunately, the experienced specialists at Adena Health Center—Circleville are here to treat sudden illnesses, like the flu or pneumonia; manage chronic issues, like arthritis or osteoporosis; and help prevent and treat conditions like heart disease and diabetes.

**Schedule An Appointment Today:**  
**740-779-FIND | ADENA.ORG/FIND**

**ADENA HEALTH CENTER—CIRCLEVILLE**  
140 Morris Rd.

**ADENA**  
Health Center  
Circleville



### Holiday Tips for the Caregiver

Michelle Crum, Education Coordinator from the Alzheimer's Association Central Ohio Chapter will be at the Center on December 7th from 10:30 am-11:30 am discussing the above topic.

This session will walk you through considerations and provide helpful tips on preparing guests, holiday gift tips, involving the individual with Alzheimer's disease and more.

### S.A.L.T. Council

Join us for our S.A.L.T. (Seniors and Lawmen Together) Meeting on December 20th at 1:00 p.m. at the center.

**Speaker:** Fred Bowditch, Retired Lieutenant from the Columbus Police, Consultant to Franklin County Office of Homeland Security and owns Bowditch Consulting.

**Topic:** Public Safety for Seniors



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*RETURN SERVICE REQUESTED*

Current Resident



## Heading out of town for the Winter?

Please let the Center know of your change of address during this time and we'll send the Newsletters to you. If we have this winter address, it will save us from having to pay to get back the Newsletters from the Post Office because they could not deliver. Thank you.

## Don't miss our upcoming events and activities at the Center!

|                                               |       |
|-----------------------------------------------|-------|
| Elvis Day Trip.....                           | Pg 3  |
| Birthdays.....                                | Pg 4  |
| Exercise Social.....                          | Pg 6  |
| Sing-A-Long.....                              | Pg 6  |
| Ark Encounter Day Trip....                    | Pg 7  |
| Unlock the Secret Lunch....                   | Pg 8  |
| Virginia Beach Trip.....                      | Pg 8  |
| Holiday Tips for Caregiver<br>Discussion..... | Pg 9  |
| S.A.L.T. Council.....                         | Pg 9  |
| Menu.....                                     | Pg 10 |
| Activities Calendar.....                      | Pg 11 |

In an effort to keep our clients and employees safe we have a policy for service cancellation due to weather related Circumstances.

If the Pickaway Senior Center must close due to weather conditions it will be announced on both WBNS Channel 10 TV and WKKJ 94.3 FM Chillicothe.

