






EMPOWER *Her*

Women's Support Group



Our women's Support Group is a faith-based community dedicated to offering a safe and supportive space for women to engage in open and honest conversations through shared experiences. we will focus on addressing four key areas of concern: emotional pain, psychological pain, physical pain, and cultural pain awareness.

Northside Community Involvement Women's Support Group "Empower-Her" 2 ND Session				
 YES, HEALING IS A PROCESS; "NOT A RACE"				
Session 2 Agenda	Material (Provided)	Location & Mode of Training	Date	Time
Weeks 1-7 Introduction & Provide Material Facilitator: Kijafa James		(Education Building)	17 May 2025	11:15- 1:15 w/Snacks
		NO CLASS	24 May 2025	11:15- 1:15
		(Education Building)	31 May 2025	11:15- 1:15 w/Snacks
		(Education Building)	7 June 2025	11:15- 1:15 w/Snacks
		NO CLASS	14 June 2025	11:15- 1:15
		Online (ZOOM)	21 June 2025	11:15- 1:15 w/Snacks
Week 7 Facilitator: LaTonya Summers	Discussion w/ Author & Book Signing	 <p><i>"I was driven by the belief that if I wanted to go somewhere I'd need to be something other than Black."</i> -LaTonya Summers</p>		
		Ashanti Boutique & Emporium 1713 N. Main St; 28 June 2025 12:00 – 2:00		

When: May 17th, 2025

Time: 11:15AM-1:15PM

Where: 4736 Ave B
Jacksonville, FL 32209
(Education Building)

Who: All ladies are encouraged to attend.

FOR ANY QUESTIONS OR CONCERNS PLEASE CALL (904)660-2157