








5602 Arsenal St.
St. Louis, MO 63139

HOURS: 9am-3pm Monday-Wednesday-Friday
314-645-3477 — FAX: 314-645-3813
www.stlactivitycenter.com

- PLEASE NOTE: THE CENTER WILL BE CLOSED MONDAY, DECEMBER 25TH, FOR THE CHRISTMAS HOLIDAY!**
- POT OF GOLD—DRAWING, MONDAY, NOVEMBER 27TH—DECEMBER TICKET SALES BEGIN, MONDAY, DECEMBER 4TH**—The winners of November's Drawing are: 1st place: Gloria Chesnut—\$56.00; 2nd Place: Debra Burke—\$33.00; 3rd Place: Betty George—\$23.00! On Monday, December 4th, we will start Pot of Gold ticket sales for the drawing on Friday, December 22nd! See Alice Jennings to purchase tickets. COST: 1 ticket = \$1.00/6 tickets = \$5.00. You need not be present to win.
- EXERCISE PROGRAM**—Our Exercise Program is held on Mondays, Wednesdays, and Fridays at 10:00am! We exercise with **BANDS and WEIGHTS on Mondays and Wednesdays!** Suggested donation for this program is \$2.00 per session. Please join us!
- COFFEE TALK WITH ALICE—MONDAYS AFTER EXERCISE**—On Mondays after exercise, Alice Jennings will be hosting a Coffee Talk! Come join us as we discuss interesting topics along with coffee & dessert for \$1.00!
- PINOCHLE PLAYERS—MONDAYS AT 9:00AM**—On Mondays at 9:00am, a group gets together at the Center to play Pinochle! If you would like to play Pinochle, you are welcome to join them!
- BINGO SPONSORED BY "AT HOME CARE"—MONDAY, DECEMBER 4TH, AT 11:00AM**—Tamara from At Home Care will be sponsoring a bingo on Monday, December 4th, at 11:00am. Come join us for fun & prizes!
- LUNCH AT TUCKER'S SOUTH COUNTY—WEDNESDAY, DECEMBER 6TH AT 11:00AM**—On Wednesday, December 6th, at 11:00am, we will be going to Tucker's South County for lunch! Please sign up & pay at the front desk.
- CHRISTMAS COOKIE BAKING—DECEMBER 8, 11, 13, 18, 20, & 22 at NOON**—A different type of cookie will be made each day (a cookie list is on the bulletin board). Cost is \$6.00 per session or \$30 for all 6 sessions to cover the ingredients & a dozen cookies to take home (bring your own container). Please sign up & pay at the front desk!
- BOWLING AT SHREWSBURY LANES—MONDAY, DECEMBER 11TH, AT 11:30AM**—On Monday, December 11th, we will be bowling at Shrewsbury Lanes! COST: \$12.00/Members, \$17.00/NonMembers, includes shoes, bowling, & transportation.
- SHELDON COFFEE CONCERT—CHRISTMAS WITH KENDRICK SMITH—WEDNESDAY, DECEMBER 13TH, 8:30AM**—We must have your reservation & payment by Wednesday, November 29th. COST: \$25 Members/\$30 NonMembers for transportation, show, & coffee/donuts. **We will leave the Center at 8:30am so you have time for coffee & donuts before the show!**
- CASINO QUEEN—WEDNESDAY, DECEMBER 13TH**—On Wednesday, December 13th, we will be going to Casino Queen! We will depart from the Center at 10:00am. COST: \$8.00 for transportation. Come join us for a good time!
- BIRTHDAY CELEBRATION—WEDNESDAY, DECEMBER 13TH, AT 10:45AM**—On Wednesday, December 13th, we will celebrate our December birthdays! Birthday cake and coffee will be available for FREE. Happy Birthday to all our celebrants!
- CHRISTMAS MUSIC BINGO—SPONSORED BY OAK STREET HEALTH—WEDNESDAY, DECEMBER 13TH AT 11:00AM**—Come join us for fun and prizes as we play Christmas Music Bingo!
- POT LUCK LUNCH & DANCE—THERE WILL BE NO POT LUCK LUNCH & DANCE IN DECEMBER!**
- CHRISTMAS PARTY—FRIDAY, DECEMBER 15TH, 11:00AM**—Our menu for this party is a work in progress & will be posted as soon as possible! We will be playing "Rob your Neighbor". If you wish to participate in this activity, bring a wrapped, gently used white elephant gift. COST: Free for members; \$10.00 for nonmembers. Sign up at the desk in the Center by December 11th.
- MOVIE & LUNCH—"WHERE THE CRAWDADS SING"—MONDAY, DECEMBER 18TH, 11:00AM**—Join us as we watch a movie based on our Book Club's latest selection! Lunch will be available for \$5.00.
- WONDERLIGHT DISPLAY—TUESDAY, DECEMBER 19TH AT 5:00PM**—The WonderLight display consists of over 1 million LED lights synchronized to Christmas music! We will depart the Center at 5:00pm. Cost: \$10.00 for members, \$15.00 for non-members, includes transportation & admission fee.
- ST. LOUIS PUBLIC LIBRARY—WEDNESDAY, DECEMBER 20TH, 10:30-11:45AM**—The St. Louis Public Library will be at the Center on Wednesday, December 20th, from 10:30-11:45am. Visit their table to see what they have to offer you!
- BOOK CLUB—WEDNESDAY, DECEMBER 20TH, AT 11:00AM**—Our Book Club is reading "Where the Crawdads Sing" by Delia Owens. Come join us as we gather to discuss this book on December 20th at 11:00am!
- BINGO—THURSDAY, DECEMBER 21ST, 10:30AM**—On Thursday, December 21st, we will be playing Bingo! We will play from 10:30-11:30am, break for lunch, and resume play at 12:00 Noon. Lunch will be available for purchase. Come and join in the fun!
- DIGITAL LITERACY SESSION W/SARAH REDDICK, ST LOUIS PUBLIC LIBRARY—WEDNESDAY, DECEMBER 27TH, 10:30-11:30AM**—Sarah will answer questions you might have on any digital device. Bring the device with you so Sarah can look at it!
- CRAFTING WITH SUE—THERE WILL BE NO CRAFTING WITH SUE IN DECEMBER!**

St. Louis Activity Center Calendar

December 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>POT OF GOLD NOVEMBER'S WINNERS ARE: 1st Place: Gloria Chesnut \$56 2nd Place: Debra Burke \$33 3rd Place: Betty George \$23</p> 				
<p>4 Pot of Gold Ticket Sales 9:00am Pinochle 10:00am Exercise 10:45am Coffee Talk 11:00am At Home Care Bingo 11:30am Lunch</p>	<p>5 NO ACTIVITIES TRANSPORTATION AVAILABLE</p>	<p>6 10:00am Exercise 11:00am Lunch @ Tucker's So County 11:30am Lunch</p>	<p>7 NO ACTIVITIES TRANSPORTATION AVAILABLE</p>	<p>1 10:00am Exercise 11:30am Lunch</p>
<p>11 9:00am Pinochle 10:00am Exercise 10:45am Coffee Talk 11:30am Lunch 11:30am Bowling 12:00noon Xmas Cookies</p>	<p>12 NO ACTIVITIES TRANSPORTATION AVAILABLE</p>	<p>13 8:30 Sheldon Coffee Concert 10:00am Exercise 10:00am Casino Queen 10:45am Birthday Cake 11:00am Music Bingo w/Oak St Health 11:30am Lunch / 12:00noon Xmas Cookies</p>	<p>14 THERE WILL BE NO POT LUCK LUNCH & DANCE IN DECEMBER</p>	<p>8 10:00am Exercise 11:30am Lunch 12:00noon Xmas Cookies</p>
<p>18 9:00am Pinochle 10:00am Exercise 11:00am Movie "Where the Crawdads Sing" 11:30am Lunch 12:00noon Xmas Cookies NO CRAFT W/SUE IN DEC.</p>	<p>19 WONDERLIGHT <u>DISPLAY—5:00pm</u> NO OTHER ACTIVITIES TRANSPORTATION AVAILABLE</p>	<p>20 10:00am Exercise 10:30-11:45am St. Louis Public Library 11:00am Book Club—"Where the Crawdads Sing" 11:30am Lunch 12:00noon Xmas Cookies</p>	<p>21 10:30am BINGO 11:30am Lunch 12:00pm BINGO</p>	<p>22 Pot of Gold Drawing 10:00am Exercise 11:30am Lunch 12:00noon Xmas Cookies</p>
<p>25  HOLIDAY</p>	<p>26 NO ACTIVITIES TRANSPORTATION AVAILABLE</p>	<p>27 10:00am Exercise 10:30-11:30am Digital Literacy w/Sarah-St. Louis Public Library 11:30am Lunch</p>	<p>28 NO ACTIVITIES TRANSPORTATION AVAILABLE</p>	<p>29 10:00am Exercise 11:30am Lunch</p>