

## Release and Waiver of Liability

---



THIS RELEASE AND WAIVER OF LIABILITY FIND YOUR FITNESS WITH GINA desires to be released from all liability by all Participants for all injuries and damages sustained that are related to these voluntary activities, which include, without limitation, walking, running, and physical conditioning exercises. In consideration of being accepted as a Participant in FIND YOUR FITNESS WITH GINA GROUP CLASSES, FIT CAMP AND TRX CLASSES, I intend to be legally bound, and hereby for myself, my heirs, and executors, waive all rights and claims for damages which may hereafter accrue to me against FIND YOUR FITNESS WITH GINA and its subsidiaries, its directors, officers, and employees, the sponsors, officials, coaches, volunteers, and supporters of FIND YOUR FITNESS WITH GINA and any representatives, successors, or assigns (collectively, the "Releasees") for any and all damages or injuries which may be sustained and suffered by me in consideration of my association with an entry or participation in the FIND YOUR FITNESS WITH GINA GROUP CLASSES, FIT CAMP, and TRX CLASSES including but not limited to claims of negligence on the part of the Releasees. I also agree to indemnify and hold harmless the Releasees from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorney's fees brought as a result of my involvement or the involvement of any minor children in my care while attending and being part of GROUP CLASSES, FIT CAMP AND TRX CLASSES WITH FIND YOUR FITNESS WITH GINA. If I should suffer injury or illness, I authorize the coaches of FIND YOUR FITNESS WITH GINA to use their discretion to have me transported to a medical facility if deemed necessary, and I take full financial and legal responsibility for this action. I attest and verify that I and any minor children in my care are in good health and do not have any restrictions from my physician that would prohibit me from participating in ANY CLASSES SUCH AS GROUP CLASSES, FIT CAMP AND TRX CLASSES. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, or any other record of this event for any purpose of the event whatsoever. I UNDERSTAND THAT PARTICIPATION IN ALL GROUP CLASSES IS POTENTIALLY HAZARDOUS, AND THAT I NOR ANY MINOR CHILDREN IN MY CARE SHOULD NOT PARTICIPATE UNLESS I/WE AM MEDICALLY ABLE TO AND PROPERLY TRAINED. I UNDERSTAND THAT EVENTS MAY BE HELD OVER PUBLIC ROADS AND FACILITES OPEN TO THE PUBLIC DURING THE EVENT AND UPON WHICH HAZARDS ARE TO BE EXPECTED. PARTICIPATION CARRIES WITH IT CERTAIN INHERENT RISKS THAT CANNOT BE ELIMINATED COMPLETELY, RANGING FROM MINOR INJURIES TO CATASTROPHIC INJURIES OR CONDITIONS THAT COULD ULTIMATELY BE FATAL. I

# Release and Waiver of Liability

---



UNDERSTAND AND AGREE THAT IN CONSIDERATION OF BEING PERMITTED TO PARTICIPATE IN THE FITNESS CAMP, I AND MY FAMILY, HEIRS, PERSONAL REPRESENTATIVES OR ASSIGNS DO HEREBY RELEASE, WAIVE, DISCHARGE THE RELEASEES FROM ANY AND ALL LIABILITY FROM ANY AND ALL CLAIMS ARISING

FROM MY PARTICIPATION IN THE GROUP CLASSES, FIT CAMP AND TRX CLASSES, AND AGREE NOT TO SUE ANY RELEASEE FOR ANY MATTER ASSOCIATED WITH MY PARTICIPATION. Acknowledgment of Understanding: I have read this Release and Waiver of Liability agreement. I fully understand its terms and I understand that I am voluntarily giving up certain rights, including my right to bring a legal action, and am assuming all risks associated with the GROUP CLASSES, FIT CAMP AND TRX CLASSES. I acknowledge that I am signing this Release and Waiver of Liability agreement freely and voluntarily and intend by my signature to be a complete and unconditional release of all liability to the greatest extent allowed by law.

PARTICIPANT' S SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

PRINTED NAME OF PARTICIPANT: \_\_\_\_\_

PARTICIPANT'S ADDRESS/PHONE: \_\_\_\_\_

  

---

**MINOR CHILD(REN) WAIVER OF LIABILITY:** I GRANT permission for minor child(ren) listed below to participate in GROUP CLASSES, FIT CAMP AND TRX CLASSES. I understand that the terms specified in the above agreement pertain to the minor(s) listed below:

PRINTED NAME(S) OF MINOR CHILD(REN): \_\_\_\_\_ AGE & BIRTHDATE \_\_\_\_\_

\_\_\_\_\_ AGE & BIRTHDATE \_\_\_\_\_

\_\_\_\_\_ AGE & BIRTHDATE \_\_\_\_\_

SIGNATURE OF PARENT/GUARDIAN: \_\_\_\_\_ DATE: \_\_\_\_\_

RELATIONSHIP: \_\_\_\_\_