

Diamond Blast

August 2016

Newsletter of the Boca Raton ATA Taekwondo Club: Issue 126 (Online at: www.bocaata.com)

Birthdays this Month

Aug 09: Valerie Lewis
Aug 11: Reid Deitsch
Aug 15: Jeannie Forney
Aug 19: Joseph Conti
Aug 19: Andrea Fine
Aug 19: Joshua Shraiberg
Aug 20: Jessica Escalera
Aug 21: Adriana Campos
Aug 23: Jace Platero
Aug 25: Sara Willocks
Aug 29: Robert Oliver
Aug 29: Katalina Alvarez
Aug 30: Benjamin Persad
Aug 30: Brandon Persad
Aug 30: Miguel Nelson

Upcoming Events

Aug 28: Family picnic
Sep 04: Closed for Labor Day
Sep 14: Color belt testing
Sep 24: Boca Raton "B" Tourn.
Oct 13: Next black belt testing
Oct 22: Orlando Nationals

Boca ATA Tournament

We will be hosting the Boca ATA Championship Tournament on September 24, 2016. You can help!

- (1) Plan to attend. Numbers matter!
- (2) Sign up on a committee.
- (3) Help us find business sponsors to help with the cost of the event (trophies, facility, guests, etc.).

You'll find a copy of our personal sponsorship form on the back of this newsletter. Personal sponsorships are intended primarily for younger students who can ask for support from family, friends, and neighbors.

We also have business/professional sponsorship forms at the front desk. Business/professional sponsors at the business card level or higher receive advertisement in our tournament booklet and website.

Sponsorships (especially business sponsorships) are a major part of the way we cover the costs of hosting our tournament. If you have any questions about this, please contact Dr. Lewis (jimlewis@us.ibm.com).

Student of the Month

**Qasim Nasser
Congratulations!!!**

Study Tips

For those of you who are back in school (or soon to be), here are some study tips.

School Is Your Job. As long as you are a student, studying is your main job. Study, study, study.

Listen And Take Notes. If you know what the teacher said in class, then you know what to study.

Work on Your Homework Problems Right Away. Start doing homework the same day it is assigned, no matter when it is due. You will know right away if you are going to have trouble and you will have plenty of time to get help. You won't have any last minute screaming panics.

Choose Carefully Where You Study And When. Pick a place that is "your space". Not in the kitchen or living room. No TV or phone. Just your study materials. Make a schedule for study times. Be realistic. Allow enough time.



REMEMBER -- HOMEWORK CAN BE FUN (IT'S ALL IN YOUR ATTITUDE)!!!

Going to Orlando Nationals? Preregister!

The ATA Fall Nationals tournament (Oct 21-22), held at the Disney Wide World of Sports, is for all ages and ranks from white belt up. If you're planning to go to the tournament, you should take advantage of online preregistration's lower price (through 9/26) and advance notice of when and in which ring you'll compete. If you have questions, ask any instructor.

Previous Rank Testing

Congratulations to all who tested in July, and best of luck to the students testing this week!



