



澳洲弱能兒童協康會

CHINESE PARENTS ASSOCIATION-
CHILDREN WITH DISABILITIES INC.

Healthy Eating & Practice Seminars Program – “MENOPAUSE”

“更年期”中醫與食療 - 湯水篇
主講：梁玉華 - 註冊中醫師

Kindly Sponsored By Burwood Council Community Grant

**Workshop on Introduction of Herbal Medicine Therapy and Nutritious
Diet for Carers and CALD People with Disabilities**

講座內容：介紹草藥治療和營養飲食護理

(The talk will be conducted in Cantonese, 講座將以廣東話進行)

Date 日期: 03/08/2017
Time 時間: 10:15 am to 11:45 am
Venue 地點: George St Community Centre
51 George Street Burwood
Fee 費用: FREE
Fee for Lunch: \$10 for members
(optional) \$15 for non-members



Registration is essential 請早報名

Enquiries 查詢: contact Lilian, on (02) 9784 8120 or 0406 233 222
Tues & Thurs 週二, 週四 10am—3pm