Counseling on The Alameda
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New Questionnaire for a Minor

Date:
Name:
Birthday and Age:
Grade:
Address:
Phone Number:
Emergency Contact Information:
Have you ever seen a counselor or therapist before? If yes, when and what did you work on?
Do you have any brothers or sisters? If yes, names and ages please.
How do you get along with your sibling(s)?
What are some of your interests or hobbies?
Are there any topics you would like to talk about in counseling? What might they be?
Is there anything you would like to learn or work on while in therapy, maybe something abour yourself or some skill or tool to manage an emotion, friendships or anything else?

Please name one thing you are good at or enjoy about yourself.

Please name one thing that is hard for.
Do you have any questions about counseling?

Thank you for filling this out. I am so happy and honored that we will have a chance to work together and I hope that you find the work that we do here together really helps you in your life. *Debbie*