

## HOSPITAL ORDERS

Date: \_\_\_\_\_ PHYSICIAN: \_\_\_\_\_

Patient Name: \_\_\_\_\_

### **PRE-OPERATIVE ORDERS**

1. Admit to hospital for pilonidal cyst surgery.

### **POST-OPERATIVE ORDERS**

1. Admit to Hospital as Q outpatient or Q inpatient for pain control due to pilonidal cyst surgery.
2. Continue same I.V. TKVO until PCA pump is discontinued.
3. Vitals q8 h.
4. General diet, no spicy foods.
5. Ambulate with assist first time up, then ad lib.
6. Remove dressing 6 h after surgery in order to apply an ice glove. Try once for 10 min., then use ice glove as preferred, prn, or tolerated.
7. Non-sterile latex medical gloves; Tucks® pads; Silvadene® creme 400 Grams; 4" x 4" gauze pads; hypo-allergenic surgical tape – disp: 2 rolls; Keep supplies at bedside.
8. Dressing change q shift or prn. First spread Silvadene® creme liberally around inside the open pilonidal wound. Then, put an unfolded 4x4 gauze pad loosely into the opening. Then roll 3 or 4 4x4 gauze pads, and place them longitudinally over the pilonidal opening. Then, cover this area with several 4x4 gauze pads, and tape down using a hypo-allergenic surgical tape. Keep supplies at bedside.
9. Zofran 4mg IV infuse slowly over 2-5min q 4h prn nausea, maximum 3 doses.
10. Demero® 50-100mg + Vistaril® 25-50mg, IM, q3-4 h prn severe pain. If analgesia is relatively unsatisfactory, call physician.
11. Dilaudid® 2 mg: 1-tablets q4h prn. 1 tablet q 45-60 minutes prn break-through pain. Call physician if pain control is inadequate.
12. Pericolace® 2 hs.

13. Ambien® 10 mg. hs prn sleep.

**14. URINARY RETENTION ORDERS**

In the event of urinary retention, encourage patient to self-void. If can't void, Sitz bath (warm water bath) immediately and prn, ask patient to urinate in Sitz to start stream going. Hospital porcelain Sitz or bathtub must be used (over the plastic toilet Sitz bath) if it is available.

Only if bladder is very distended, may straight catheterize q 12 h prn urinary retention x 3. May begin 12 h post operatively if necessary.

If the patient was catheterized, leave a message on the doctors voice mail.

If the patient was catheterized, begin Bactrim DS® B.I.D. - but if patient has sulfa drug allergy, then call physician or pharmacist for other antibiotic medication.

15. Tylenol® 10gr. for temperature greater than 100° F.

16. Urinal for male patient / Bedpan for female patient: at the bedside.

17. Male patients only: Pyridium® 200mg. 1 capsule t.i.d. x 6 maximum, D/C when self urination begins.

**DISCHARGE INSTRUCTIONS**

18. Discharge when self-voiding, stable, and controlled by oral pain medication.

19. Page physician with notification of hospital discharge 60 minutes prior to patient leaving the facility.

20. If the patient had a urinary catheterization, the patient is required to take antibiotics for 10 days. Instruct patient to call the pharmacy or physician A.S.A.P. for an antibiotic prescription.

**PHYSICIAN SIGNATURE:** \_\_\_\_\_