

THE REMEDY



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WHAT IS HOMEOPATHY?

Homeopathy is a system of therapy that uses very small doses of remedies. These remedies are prepared from substances found in nature. Nevertheless, homeopathy should not be confused with herbal medicine. These two systems are very different. Herbal medicine uses tinctures of botanical substances, whereas homeopaths use ultradilute "micro" doses made from not only plants, but minerals or any other substance found in nature.

(continued on page 2)

Dear Friends in Homeopathy

The FHS Board of Directors is pleased to let you know that we now have Non-profit status. We are a 501(c)3 corporation in the state of Florida. This was the culmination of a long application process and a long wait, but we did it. This means that we will be able to decrease our expenses a bit, but better yet, that all donations we receive will be tax deductible.

Trying to get our feet firmly planted in the 21st century, we are also pleased to let you know of a few changes we have made or are making.

1. We have a functioning, beautiful facebook page, thanks to Board member Andrea Baines and member Missy Ziler. There will be information and news there about homeopathy, and information and links about our annual conferences. Please go to Florida Homeopathic Society on Facebook and LIKE US and tell your friends to do the same – this is one way to get our existence and purpose out into the world! There is a link there and one on our website for any reader to register their Email address for our mailing list as well.
2. We are trying to use Email for delivering our newsletter and conference information as much as possible. Printing and postage have been one of our largest expenses in the past, and although we will still send regular mail to those who require it, we would like to save as much as we can. If you have received this newsletter by regular mail and you do have an Email account, we would appreciate it if you would send your email address to me at Po8938@aol.com and I will see that it gets on the list. We are making, under the direction of Board member Lise Battaglia, an Email list worthy of the 21st century!

And now for our conference plans for this year. The conference will be the weekend of Feb 28-Mar 1, 2015. This year we will be in Cocoa Beach at the Courtyard Marriott Hotel. A short drive from the Orlando area, and a lovely place to be for those of us who need to stay in a hotel. See the enclosed flyer for further information and registration form. As we did last year, we will have a full day on Saturday, and Sunday we will adjourn at 1 PM. We will be providing snacks both AM and PM, but lunch will be on your own this year.

We are pleased to welcome our presenter, Kim Elia, well known homeopath and homeopathic educator who will be talking about Homeopathy and mental and emotional problems, always of interest to all of us.

At the heart of every non-profit like FHS is their membership. If you want to support FHS and what we do, please join. The weekend of the conference is the last point at which we can apply your dues to the current year. Dues are \$35 and can be paid on the FHS website.

Sunday afternoon after the conference will be our annual meeting and elections of officers/board members. Please consider serving, as organizations do not maintain themselves!

We hope to see you in Cocoa Beach for our annual conference, membership meeting, and the welcome fellowship in homeopathy. I wish each of you a Happy and Healthy New Year.



Polly Millet, President



Organon of Medicine § 15:

The affection of the morbidly deranged, spirit-like dynamis (vital force) that animates our body in the invisible interior, and the totality of the outwardly cognizable symptoms produced by it in the organism and representing the existing malady, constitute a whole; they are one and the same. The organism is indeed the material instrument of the life, but it is not conceivable without the animation imparted to it by the instinctively perceiving and regulating dynamis, just as the vital force is not conceivable without the organism, consequently the two together constitute a unity, although in thought our mind separates this unity into two distinct conceptions for the sake of easy comprehension.

WHAT IS HOMEOPATHY?

(CONT. FROM P. 1)

The homeopath chooses the proper remedy by following a special rule of nature called the *Law of Similars* (*similia similibus curentur*).

This law states "like cures like," or that a medicine can cure a sick person if it can cause similar sickness in a healthy person.

—courtesy National Center for Homeopathy

UPCOMING EVENTS

~ FLORIDA ~

2015 Annual Spring Homeopathic Conference

February 28-March 1, 2015, Courtyard Marriott, Cocoa Beach, Florida



Kim Elia, Master Homeopathic Instructor & CEO of WholeHealthNow

"Homeopathic Treatment of Mental and Emotional Disorders"

Details: <https://floridahomeopathicsociety.org/EVENTS.html>

Registration information is on page four and the FHS website.

~ NATIONAL ~

2015 Joint American Homeopathic Conference (JACH)

May 8–10, 2015, Philadelphia, PA

Celebrating the Past, Embracing the Future

<http://www.homeopathycenter.org/2015-joint-american-homeopathic-conference>

HOLISTIC MOM'S CORNER

Holistic Mom's Network website recommends homeopathy and the National Center for Homeopathy (NCH)

Visit this site for more information and resources...
www.holisticmoms.org/holistic-living



The Holistic Moms Network believes that parents need to make informed and educated choices about all healthcare options for their children, including vaccination, and that they deserve the freedom to make the choice that works best for their family. Meet one of our experts: **Lauren Feder, M.D.** is a nationally recognized physician who specializes in primary care medicine, pediatrics and homeopathy. Known for her holistically minded approach and combining the "best of both worlds". Dr. Feder is a frequent lecturer for parents and professionals and has been seen nationally on various health-oriented television and radio programs including most recently Oprah and Friends interviewed by Dr. Mehmet Oz. She is the author of *Natural Baby and Childcare* and *The Parents' Concise Guide to Childhood Vaccinations*, and is in private practice in Los Angeles. She is the mother of two boys.

FLORIDA HOMEOPATHIC SOCIETY (FHS)

Please join and support FHS and help invest in your future!

Your support is appreciated and much needed to continue to bring world-class speakers and top-notch homeopathic education to Florida.

Also please "Like" FHS on Facebook. Thank you!
<https://www.facebook.com/pages/Florida-Homeopathic-Society/253136261389246>

www.floridahomeopathicsociety.org

HOMEOPATHS WITHOUT BORDERS— NORTH AMERICA

Homeopaths Without Borders - North America's mission is to introduce or advance the understanding and use of homeopathy in areas where it does not yet exist or is minimally available, as well as to promote and provide homeopathic care and healing in emergency situations. To date we have provided service in Cuba, Honduras, El Salvador, Guatemala, Dominican Republic, Trinidad and Haiti.

The Lamardelle Clinic project (in Haiti) is on hold until they hire a new Exec. Director. The HWB Board is developing good relations with the Haiti Board members and keeping our teaching program on their front burner. Regular talks about Chikungunya are anticipated. Side Note: The most common remedy for Chikungunya has shown to be Eupatorium. Instructors will upgrade the Foundations Course curriculum in order to teach Haitian medical personnel. HWB continues to ask the Haitian Ministry of Health to recognize the profession of homeopathy. About 20 U.S. practitioners have agreed to donate one client's visit cost to HWB. U.S. practitioners, please consider volunteering. President Joe Lillard plans to teach pharmacy after Executive Director Holly evaluates their pharmacopoeia rules of their Pharmacists' Association. Peter Gold, former NCH media specialist, has offered suggestions for a compact Media handbook which we plan to assemble and use. See www.hwbna.org

HELP NEEDED-HOMEOPATHIC COMMUNITY

Hahnemann's House in Torgau, Germany, where Homeopathy was born, and which witnessed the publication of Organon of Medicine, urgently needs the support of the homeopathic community. The history of the property reaches back to 1447 when it served as a free farm. The house has seen several architectural and structural changes, especially at the end of the 16th century, and again in the eighteenth century. Here, in the early 1800s, Hahnemann worked and lived and with his wife and nine children. With the establishment in 2003 of the International College for Homeopathy in Torgau, with a certified 3-year classical course, homeopathy returned to the city. Starting in October 2007, the college was based in Pfarrstr. 3, the former house of Dr. Hahnemann. Please help save this property and support this organization. For complete information, history & wonderful photos, just visit <http://www.hahnemannzentrum-torgau.de/en/index.php>.

BOOK RECOMMENDATION

Homeopathic Remedies: A Quick and Easy Guide to Common Disorders
and Their Homeopathic Treatments by Asa Hershoff, ND, DC

There is a forward in the book by actress, Jane Seymour, where she mentions her physician father's healing later in life by specialized holistic care; her father stated that he regretted not having integrated it more into his busy medical practice. Her sister is a dedicated homeopath. She herself administers it for bumps and scrapes, colds and sniffles for grateful friends and family. She states that Dr. Hershoff himself has been treating her children and herself for several years; that he believes that holistic and mainstream medicines form a complimentary whole, and that safe, gentle natural medicines are often the first choice in home care in many simple conditions. She says that this book will provide a clear roadmap for those wishing to try it for themselves.

HOMEOPATHY IN THE NEWS & GREAT ARTICLES

Please visit the National Center for Homeopathy website and "Like" NCH on Facebook:

www.homeopathycenter.org / www.facebook.com/homeopathyinfo

...for news and expert recommendations & articles on homeopathy in areas such as autism, dengue fever, whooping cough, addictions, etc. — on almost every topic imaginable!

Please join and support the National Center for Homeopathy!
Your support is much needed and appreciated.

www.floridahomeopathicsociety.org

Florida Study Groups, Practitioners, Education, etc.

Academy of Classical Homeopathy

www.academyofclassicalhomeopathy.com

Everglades University

www.evergladesuniversity.edu

Please visit the NCH site for a comprehensive list of educational institutions elsewhere.

NCH

www.homeopathycenter.org

www.facebook.com/homeopathyinfo

Certification

For certification, please see
www.homeopathicdirectory.com

Study Groups

www.homeopathycenter.org/study-groups

Practitioners

www.homeopathycenter.org/find-homeopath

www.homeopathicdirectory.com

Homeopathy Today Online

www.homeopathytoday.org

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