



DRAW BOWLING DRILLS

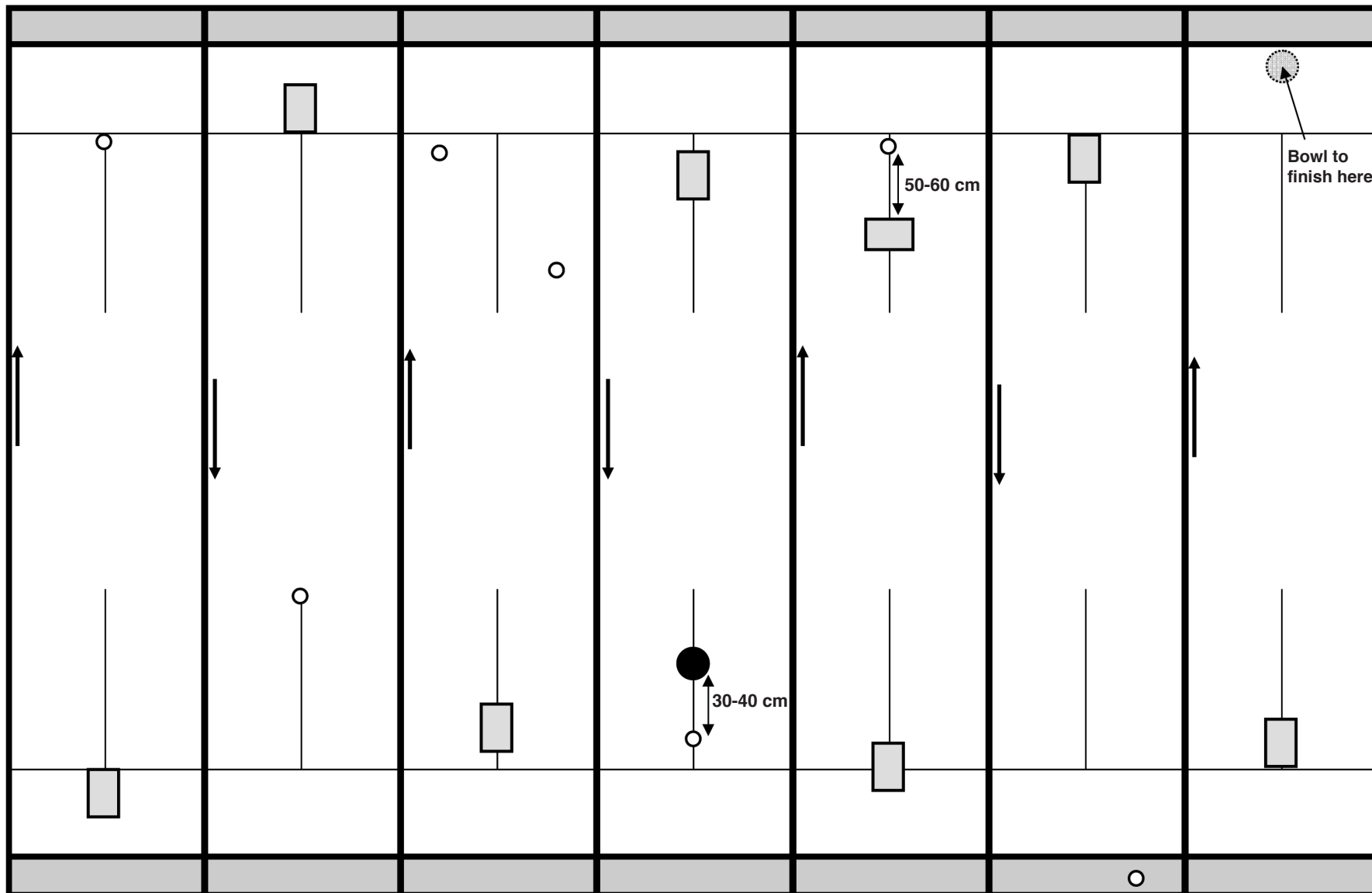
4 Bowls needed for all drills. Bowl 2 Forehand (F/H) and 2 Backhand (BH) for each.

1. Maximum length end.
Draw to the Jack.

3. Jacks off line. Draw 1 F/H and 1 B/H to each Jack.

5. Draw around mat.
Mat represents a Head.

7. Draw into End Zone.
Without finishing in ditch.



2. Minimum length end.
Draw to the Jack.

4. Jack hidden by bowl.
Draw to the Jack.

6. Jack in ditch.
Draw to the Jack without finishing in the ditch.