

1-DAY EQUINE THERAPY CLINIC WITH TIM HAYES

Natural Horsemanship Clinician & Author of *RIDING HOME—The Power of Horses to Heal*

FRIDAY, JULY 23, 2021 – 10AM TO 4PM

BENEFIT FUNDRAISER FOR HEALING HOOF STEPS

<https://www.healinghoofsteps.org>



Excellent for All Equine Therapy Providers, EAL, EAP, EFP, EAT, Instructors, Support and Administrative Staff, Social Service Workers, Parents and Mental Health Professionals Working with PTSD, Violent, Sexual, Divorce and Childhood Traumas, Addiction, Autism, At Risk Youth, War Veterans and anyone interested in Horses, Humans & Healing

Groundwork Only – No Riding - Horses provided by HEALING HOOF STEPS

\$250 PER PARTICIPANT – 12 Participants – Maximum –

SPECTATOR'S welcome \$25 - per person

For **TICKETS** or to **REGISTER** visit **Eventbrite**

Excellent for all equine therapy providers, educators, parents, and mental health professionals

COVERED ARENA – RAIN OR SHINE

Baker Area Recreation Association

5503 Highway 4

Baker, Florida 32531

TO REGISTER - FOR INFORMATION - FOR DIRECTIONS

CONTACT: 850-764-1005 – or email: office@healinghoofsteps.org

CLINIC PROGRAM

1. **BODY LANGUAGE** - How Horses Read Humans – How Humans Read Horses
2. **EMOTIONS** - Experience the Horse with you as the Client or Patient
3. **ATTITUDES** – Anger, Assertiveness, Frustration, Shame, Patience, Fear
4. **BREAKTHROUGHS** – Self-Awareness, Self-Acceptance, Emotional Wounds
5. **HUMAN COPING SKILLS** – True Self vs. False Self, Ineffective Tools from Childhood
6. **EQUINE COPING SKILLS** – Hyper-Vigilance, Herd Dynamics
7. **GROUNDWORK EXERCISES** - That Establish Love, Trust and Respect.
8. **THE 4 REASONS A HORSE SAYS NO**
9. **GENTLENESS vs. FIRMNESS** – Which One, How Much and When
10. **KNOW YOUR HORSES STATE OF MIND** – Develop More Compassion

www.hayesisforhorses.com

www.ridinghome.com

