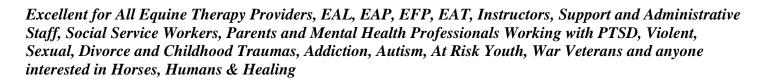
1-DAY EQUINE THERAPY CLINIC WITH TIM HAYES

Natural Horsemanship Clinician & Author of RIDING HOME-The Power of Horses to Heal

FRIDAY, JULY 23. 2021 – 10AM TO 4PM

BENEFIT FUNDRAISER FOR HEALING HOOF STEPS

https://www.healinghoofsteps.org



Groundwork Only - No Riding - Horses provided by HEALING HOOF STEPS

\$250 PER PARTICIPANT – 12 Participants – Maximum –

SPECTATOR'S welcome \$25 - per person

For <u>TICKETS</u> or to <u>REGISTER</u> visit <u>Eventbrite</u>

Excellent for all equine therapy providers, educators, parents, and mental health professionals

COVERED ARENA – RAIN OR SHINE Baker Area Recreation Association 5503 Highway 4 Baker, Florida 32531

TO REGISTER - FOR INFORMATION - FOR DIRECTIONS

CONTACT: 850-764-1005 – or email: office@healinghoofsteps.org

CLINIC PROGRAM

- 1. **BODY LANGUAGE** How Horses Read Humans How Humans Read Horses
- 2. **EMOTIONS** Experience the Horse with you as the Client or Patient
- 3. **ATTITUDES** Anger, Assertiveness, Frustration, Shame, Patience, Fear
- 4. **BREAKTHROUGHS** Self-Awareness, Self-Acceptance, Emotional Wounds
- 5. **HUMAN COPING SKILLS** True Self vs. False Self, Ineffective Tools from Childhood
- 6. **EQUINE COPING SKILLS** Hyper-Vigilance, Herd Dynamics
- 7. **GROUNDWORK EXERCISES** That Establish Love, Trust and Respect.
- 8. THE 4 REASONS A HORSE SAYS NO
- 9. **GENTLENESS vs. FIRMNESS** Which One, How Much and When
- 10. KNOW YOUR HORSES STATE OF MIND Develop More Compassion

www.hayesisforhorses.com





