



NOV 24 - JAN 25

週末活動時間表

Activity Venues

- Bowling, Tenpin City Lidcombe, 92 Parramatta Road, Lidcombe
- Saturday afternoon at Belmore Senior Citizens Centre 38 Redman Parade Belmore / Ashbury Senior Citizens Centre 66 Princess Street Canterbury
- Aerialize, 7-9 Close Street, Canterbury

WEEKDAY AFTERNOON PROGRAM

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|--------|------------------|---------------|-----------------------|
| Friday | 4:30pm to 5:30pm | Aerial Circus | Aerialize, Canterbury |
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WEEKEND PROGRAM

| | Junior Group 幼兒組 | Youth Group 青年組 | |
|---------------------|--|--|--|
| | Afternoon 2:30pm to 4:00pm | Morning 10:30am-12:00pm | Afternoon 2:30pm to 4:00pm |
| NOVEMBER 十一月 | | | |
| 02/11 | Zumba 森巴舞 at Belmore * | Tenpin Bowling | Zumba 森巴舞* |
| | Birthday Party 生日會 4:00pm - 4:30pm | | |
| 09/11 | Fun Cooking 有趣烹飪 | Tenpin Bowling | Chair Yoga / Pilate / Dance 椅子瑜伽 |
| 16/11 | Music Therapy 音樂治療 | Tenpin Bowling | SCEP Project – music & drama 音樂及戲劇表演課 |
| 23/11 | Music & Singing 音樂唱遊活動 at Belmore* | Tenpin Bowling | Music & Singing 音樂唱遊活動* |
| 30/11 | Hands-on Workshop Food Handling & Hygiene 食物處理和衛生互動工作坊 | Tenpin Bowling | SCEP Project – music & drama 音樂及戲劇表演課 |
| DECEMBER 十二月 | | | |
| 07/12 | Zumba 森巴舞 at Belmore * | Tenpin Bowling | Zumba 森巴舞* |
| | Birthday Party 生日會 4:00pm - 4:30pm | | |
| 14/12 | CPA AGM and Christmas Celebration Lunch 協康會週年大會 & 聖誕聯歡午餐** Club Auburn, 12-14 Northumberland Road Auburn 11:30am – 2:00pm | | |
| 21/12 | School Holiday | | |
| 28/12 | School Holiday | | |
| JANUARY 一月 | | | |
| 04/01 | School Holiday | | |
| 11/01 | School Holiday | SCEP Project – music & drama 音樂及戲劇表演課 | |
| 18/01 | School Holiday | SCEP Project – music & drama 音樂及戲劇表演課 | |
| 25/01 | School Holiday | SCEP Project – music & drama 音樂及戲劇表演課 | |

The above programs may be changed without prior notice due to unforeseen reasons.

*Combined class for both the Junior and Youth groups and the monthly Birthday Party are held at Belmore Senior Citizens Centre. 每月的合併班及生日會在 Belmore 中心舉行

** Refer to activity flyer for details



澳洲弱能兒童協康會

Chinese Parents Association-Children With Disabilities Inc.