

Curriculum Vitae

Seth John Stankus, D.O.

Home Contact Information:

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Work Contact Information:

Franciscan Medical Group (253) 274-7505 (office)
1608 South J. Street, 5th Floor (253) 274-7947 (fax)
Tacoma, WA 98405
SethStankus@fhshealth.org

Personal Information:

Date of Birth: January 5, 1962, Chicago, IL
Wife: Jennifer L'Hommedieu Stankus, M.D., J.D., FACEP (Emergency Medicine)
Children: Joshua Stankus
Rebekah Stankus
Rachael Stankus
Melanie Stankus

Undergraduate Education:

1980 - 1984: Bachelor of Science, Microbiology, Honors Program,
Oregon State University, Corvallis, OR.
1982 - 1983: Education/Certification Emergency Medical Technician,
Linn-Benton Community College, Albany, OR.

Medical Education:

1984 - 1988: Doctor of Osteopathic Medicine, University of Osteopathic Medicine
and Health Sciences, College of Osteopathic Medicine and Surgery,
Des Moines, IA.

Postgraduate Medical Education:

July, 1994 – June, 1997: Neurology Residency, Madigan Army Medical
Center, Ft. Lewis, WA.
July, 1989 – December, 1991: Family Practice Residency, Madigan
Army Medical Center, Ft. Lewis, WA.
July, 1988 – June, 1989: Rotating Osteopathic Internship, Fifth Avenue
Medical Center, Seattle, WA.

Professional History:

April, 2013 – Present:

Medical Director, Neuroscience, Franciscan Health System, Tacoma, WA.

June, 2010 – Present:

Medical Director, Franciscan Neurology, Franciscan Medical Group, Tacoma, WA.

July, 2009 – May, 2010: Private Practice Neurologist, Grants Pass Clinic, Grants Pass, OR.

August, 2003 – June, 2009: Neurologist, Group Health Permanente, Tacoma, WA.

July, 1998 – July, 2003: Dwight David Eisenhower Army Medical Center,
Ft. Gordon, GA; Chief, Neurology/Physical Medicine Service.

July, 1997 – June, 1998: Dwight David Eisenhower Army Medical
Center, Ft. Gordon, GA; Staff Neurologist.

July, 1994 – June, 1997: Madigan Army Medical Center, Ft. Lewis,
WA; Resident, Department of Neurology.

July, 1992 – June, 1994: 67th Combat Support Hospital, Wurzburg,
Germany; Staff Physician, Department of Family Practice.

January, 1992 – June, 1992: Kitzingen Health Clinic, Kitzingen,
Germany; Staff Family Physician.

July, 1989 – December, 1991: Madigan Army Medical Center,
Ft. Lewis, WA; Resident, Department of Family Practice.

Academic Affiliations and other Professional Activities:

December, 2013 – Present: Associate Clinical Professor of Neurology; University of
Washington, School of Medicine, Department of Neurology, Seattle, WA.

October, 2013 – Present: Member, Professional Standards Committee, Franciscan Medical
Group, Tacoma, WA.

August, 2013 – Present: Board of Directors, American Heart Association/American Stroke
Association, South Puget Sound, WA

April, 2013 – Present: Member, Medical Executive Committee, Franciscan Medical Group,
Tacoma, WA.

October, 2011 – Present: Clinical Assistant Professor of Neurology; Western University of
Health Sciences, Pomona, CA.

December, 2002 – July, 2003: Assistant Clinical Professor; Medical College of Georgia,
Department of Neurology, Augusta, GA.

Publications:

Stankus SJ. Neurologic Disorders. In: O'Connor FG, Wilder RP, Nirschl R.
Textbook of running medicine, 2nd ed.

Waalkes P, Fitzpatrick DT, **Stankus SJ.** Adjunctive HBO treatment of
Children with cerebral anoxic injury. Army Med Dept J 2002;APR-
JUN:13-21.

Stankus SJ. The neurologic examination. In: Yevich S, Whitlock W,
Broadhurst R, et al. Special operations forces medical handbook.
1st ed. Wyoming: Teton NewMedia, 2001:CD edition.

Stankus SJ. Evaluation and management of headache in runners. In:
O'Connor FG, Wilder RP, Nirschl R. Textbook of running
medicine, 1st ed. McGraw-Hill, 2001:295-306.

Stankus SJ, Dlugopolski M, Packer D. Management of herpes zoster
(shingles) and postherpetic neuralgia. Am Fam Phys 2000;31:2437-

44, 2447-8.

Stankus SJ. Inflammation and the role of anti-inflammatory medications. In: Lillegard WA, Butcher JD, Rucker KS. Handbook of sports medicine: a symptom oriented approach, 2nd ed. Butterworth Heinemann, 1999:15-21.

Stankus SJ. Inflammation and the role of anti-inflammatory medications. In: Lillegard WA, Butcher JD, Rucker KS. Handbook of sports medicine: a symptom oriented approach, 1st ed. Butterworth Heinemann, 1992:18-24.

Stankus SJ, Johnson N. Propylthiouracil-induced hypersensitivity vasculitis presenting as respiratory failure. Chest 1992;102(5): 1595-6.

Special Training:

Sleep Medicine Course for Physicians, The Atlanta School of Sleep Medicine, Atlanta, GA, October, 2002.

United States Army Command and General Staff College, October, 2000 through August, 2002.

Officer Advanced Course, Ft. Sam Houston, TX, January through March, 1994.

Family Advocacy Staff Training Advanced Course, Mannheim, Germany, December, 1992.

Medical Effects of Nuclear Weapons, Vilseck, Germany, April, 1992.

Medical Management of Chemical Casualties, Vilseck, Germany March, 1992.

Medical Defense Against Biological Warfare and Infectious Disease Course, Ft. Detrick, MD, July, 1991.

Summer Mountain Training Course, Camp Huckleberry, WA August, 1990.

Airborne School (badge awarded), Ft. Benning, GA, April, 1990.

Combat Casualty Care Course (C4), Ft. Sam Houston, TX February, 1990.

Officer Candidates School, United States Marine Corps, Quantico, VA, Summer of 1981.

Important Past Experiences and Accomplishments:

Lieutenant Colonel, Medical Corps, United States Army
Firefighter/Emergency Medical Technician, Corvallis Fire
Department Corvallis, OR, 1982 - 1984

Crisis Intervention Volunteer and Night Supervisor, Community
Outreach, Inc., Corvallis, OR, 1981 - 1984

National Champion - Crew, Silver and Gold Medals, National Crew
Championships, Occoquan, VA, 1980

National Champion - Crew, Double Gold Medalist, National Sports
Festival, Colorado Springs, CO, 1979

West Coast Champion - Crew, Five Gold Medals, West Coast Crew

Championships, Klammath Falls, OR, 1978 & 1979

Professional Memberships:

American Academy of Neurology
Washington State Neurological Society
Diplomat, American Board of Psychiatry and Neurology
Diplomat, American Board of Family Practice
Diplomat, American Board of Osteopathic Medical Examiners
Washington State Medical License #OP 01885, Active Status
Oregon State Medical License #DO29116, Active Status

Honors:

Army Achievement Medal, June, 2000
Army Achievement Medal, July, 1997
Army Accommodation Medal, May, 1994
Army Achievement Medal, June, 1993
Honor Roll and Dean's list, 1981-1984, Oregon State University
Graduated in the Honors College Program, Oregon State University
Kappa Sigma Fraternity Scholarship Award, 1982-1983, Oregon State University
Alpha Lambda Delta Scholarship Fraternity, 1983, Oregon State University
Sigma Epsilon Scholastic Fraternity, 1981, Oregon State University

Personal Interests:

Recreation: Backpacking, flyfishing, whitewater kayaking, mountain biking, trail running, mountaineering, skiing, rock climbing surfing, and SCUBA diving. I have been actively training for, and participating in, adventure races and triathlons.
Hobbies: Cooking, photography.

Professional Goals:

I enjoy all aspects of clinical neurology with a particular interest in epilepsy, electroencephalography, and multiple sclerosis. I enjoy the full scope of neurologic practice including inpatient/critical care and outpatient.