Step Nine Amends			
Person I harmed:			-
Relationship to m	e:		-
My wrong doing:			
Character Defects I der	nonstrated		
Wording of my apology	(share with	sponsor)	
Written prayer from Ste	p 9:		
strength and direction	p79		
asked God to help	p 80		
other's happiness	p 82		

the way of patience tolerance kindliness and love p. 83