

Bella Frutteto Express & Catering To-Go Menu

Appetizers

Caprese Risotto Cakes

Breaded Risotto / Fire Roasted
Tomato / Basil / Fresh
Mozzarella / Tomato Cream **12**

Apple Ravioli

Cheese Ravioli / Amaretto Granny
Smith Apple / Golden Raisin /
Roasted Fig / Sage Butter **12**

Zucchini Planks

Breaded Zucchini / Grated
Parmesan Marinara /
Parmesan Ranch **11**

Beans and Greens

Cannellini Bean / Spinach /
Light Spicy Garlic Sauce **11**

Add Italian Sausage 4

Banana Peppers

Banana Pepper / Italian Sausage /
Mozzarella Cheese / Marinara **12**

Add Baked Mozzarella 2

Soups

Italian Wedding Soup

Chicken / Meatballs / Carrot /
Onion / Spinach / Orzo
5 cup - 8 bowl - 10 quart

Soup of the Day

House-Made Soup Changes Daily
5 cup - 8 bowl - 10 quart

Lobster Bisque

A rich creamy lobster soup
7 cup - 10 bowl - 13 quart

Salads

Caesar

Romaine / Crouton / Parmesan
Cheese / Caesar Dressing
Side Salad 7 Entrée Salad 14

Mixed Green

Field Greens / Tomato /
Cucumber / Red Onion / Crouton /
Feta / Balsamic Vinaigrette
Side Salad 7 Entrée Salad 14

Beet Salad

Field Greens / Beet / Candied
Pecan / Goat Cheese /
Citrus Vinaigrette
Side Salad 8 Entrée Salad 17

Wedge Salad

Iceberg / Tomato / Dried Cranberry
/ Bacon / Red Onion / Crumbled
Blue Cheese /
Blue Cheese Dressing **11**

Prosciutto and Fig

Field Greens / Prosciutto / Roasted
Fig / Red Onion / Walnut / Goat
Cheese / Balsamic Vinaigrette
Side Salad 8 Entrée Salad 17

Parmesan Ranch Chicken

Grilled Chicken / Field Greens /
Tomato / Red Onion Cucumber /
Mozzarella / Ranch **17**

Harvest Salad

Cranberry-Glazed Chicken or
Salmon / Field Greens /
Toasted Pumpkin Seed / Cranberry
/ Sweet Potato Fries Cheddar /
Balsamic Vinaigrette
Chicken 18 Salmon 20

Add a Protein

Grilled Chicken **5** / Blackened
Chicken **6** / Crispy Chicken **6** /
Steak Tips **11** / Scallops **13** /
Sesame Crusted Tuna **12** /
Jumbo Shrimp **11** / Salmon **12**

Lunch

Chicken Salad Sandwich

Chicken salad with dried
cranberries, golden raisins,
diced apples, and almonds
Field Greens / Tomato / Brioche
Bun **14**

Frutteto Burger

Two patties / Choice of American /
Provolone / Cheddar
Field Greens / Tomato / Onion /
Brioche Bun **15**

Chicken Pesto Sandwich

Seared Chicken Breast / Provolone
/ Fire Roasted Tomatoes
Field Greens / Tomato / Onion /
Brioche Bun **15**

Meatball Hoagie

Meatballs / Marinara / Provolone /
Hoagie Roll **15**

Chicken Parmesan Hoagie

Breaded Chicken / Marinara /
Provolone / Hoagie Roll **15**

Harvest Chicken Panini

Chicken Salad / Cheddar Cheese /
Sweet Potato Fries /
Cranberry Glaze / Grilled Italian
Bread **15**

BBQ Chicken Sandwich

Seared Chicken Breast/ BBQ
Sauce/ Cheddar/ Bacon/
Lettuce/ Tomato/ Onion/
Brioche Bun **15**

All sandwiches served with choice of side:

**House Made Potato Chips /
French Fries / Sweet Potato Fries**

Substitute the following for an additional \$4

**Mixed Green Salad / Caesar
Salad / Wedding Soup /
Soup of the Day**

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Entrées

Cranberry Almond Salmon *

Almond Breaded Salmon / Dried Cranberry / Herb Butter Glaze / Herb Butter Broccoli / Yukon Mashed Potato 25

Mediterranean Salmon *

Grilled Salmon / Fire Roasted Tomato / Roasted Red Pepper / Capers / Artichoke / Sage Butter Sauce / Herb Butter Broccoli / Yukon Mashed Potato 25

Sesame Crusted Ahi Tuna*

Sesame Coated Ahi Tuna / Sweet Chili Glaze / Green Onion / Linguine / Spicy Oil & Garlic 25

Tomato Basil Chicken

Herb Breaded Chicken / Tomato Cream Sauce / Parmesan / Roasted Tomato Basil Risotto 24

Balsamic Chicken

Grilled Balsamic Chicken / Balsamic Glaze / Herb Butter Broccoli / Yukon Mashed Potato 19

Classic Entrées

Zucchini Parmesan

Breaded Zucchini Planks / Mozzarella / Linguine / Tomato Cream 20

Lasagna

Spicy Italian Sausage / Beef / Mozzarella / Ricotta / Marinara / Alfredo 20

Choose any of the below entrées with

Veal 24 or Chicken 22

Parmesan

Breaded Veal or Chicken / Mozzarella / Linguine / Marinara

Piccata

Sautéed Veal or Chicken / Capers / Lemon Butter Cream / Spaghetti / Herb Butter Alfredo

Marsala

Sautéed Veal or Chicken / Portabellas / Marsala Wine Sauce / Mashed Potatoes

Pastas

Sausage Stuffed Chicken

Breaded Chicken / Spicy Italian Sausage / Mozzarella / Linguine / Tomato Cream Sauce 22

Steak Gorgonzola*

Sautéed Steak Tips / Spinach / Gorgonzola Crumble / Penne / Gorgonzola Cream Sauce / Balsamic Glaze 24

Spicy Shrimp and Scallop

Jumbo Shrimp / Scallops / Spaghetti / Spicy Lobster Cream Sauce / Spicy Breadcrumbs / Green Onion 30

Seafood Bake

Crab Meat / Jumbo Shrimp / Scallops / Roma Tomato / Fresh Mozzarella / Penne / Pink Vodka Sauce 32

Apple Ravioli

Cheese Ravioli / Amaretto Granny Smith Apple / Golden Raisin / Balsamic-Roasted Fig / Sage Butter Sauce 22

Lobster Ravioli

Lobster and Cheese Ravioli / Pink Vodka Sauce / Goat Cheese 26

Butternut Squash Ravioli

Sautéed Butternut Squash / Pumpkin Seed / Sage Butter Sauce / Butternut Squash Ravioli 20

Meatball Bake

Two Meatballs / Spaghetti / Marinara / Baked Mozzarella 19

Mediterranean Chicken Pasta

Sautéed Chicken / Artichokes / Roasted Red Peppers / Spinach / Fire Roasted Tomatoes / Kalamata Olives / Spaghetti / Feta-Lemon Cream Sauce 24

Pick Your Pasta

Choose a Pasta:

Linguine / Penne / Spaghetti 15
Brown Rice Penne 16
Cheese Ravioli / Gnocchi 17

Choose a Sauce:

Marinara / Alfredo / Tomato Cream
Pink Vodka / Butter
Spicy Marinara / Oil & Garlic

*Bolognese Meat Sauce add 4

Add a Protein:

Grilled Chicken 5 /
Crumbled Italian Sausage 5 /
Filet Tips 11 / Salmon 12 /
Jumbo Shrimp 11 / Scallops 13 /
Sesame Crusted Tuna 12 /
Meatball 2

Add a Vegetable:

Spinach / Portabella Mushroom
/Banana Pepper / Broccoli /
Fire Roasted Tomato

Per Vegetable 2

MAKE IT A BAKE

Pasta Topped with Baked Shredded Mozzarella Cheese 3

Desserts

Mini Chocolate Peanut Butter

Bombe

Chocolate cookie crust stuffed with peanut butter.
mousse on a chocolate peanut butter brownie.
Topped with peanut butter. 3

Mini Tiramisu Bombe

Mocha cookie crust stuffed with mascarpone cream.
mousse on an espresso-soaked lady finger -brownie.
Topped with a espresso cream. 3

Bombe of the Month

Seasonal bombe, changes monthly. 3

Cannoli

Crispy cannoli shells filled with sweet Ricotta and cream cheese capped with chocolate chips. 8

Colossal Carrot Cake

A giant slice of carrot cake with walnuts layered with cream cheese icing and topped with caramel. 12

Crème Brûlée

House made rich custard base topped with hardened caramelized sugar. 8

Chocolate Laver Cake

Chocolate cake layered with white chocolate cream, chocolate cream, and chocolate ganache. 8

*NOTICE: Consuming raw or undercooked meats, poultry, seafood, shellfish and eggs may increase your risk of food borne illness.