



Hamilton Madison House 麥迪臣社區中心

City Hall Older Adult Center 耆英會

100 Gold Street. New York, NY 10038 || Tel: (212)-788-5580

Breakfast 早餐服務 Monday to Friday 週一至週五 9:00AM - 10:00AM

Lunch 午餐服務 Monday to Friday 週一至週五 11:30AM - 12:30PM

Social Assistance Services 社工服務

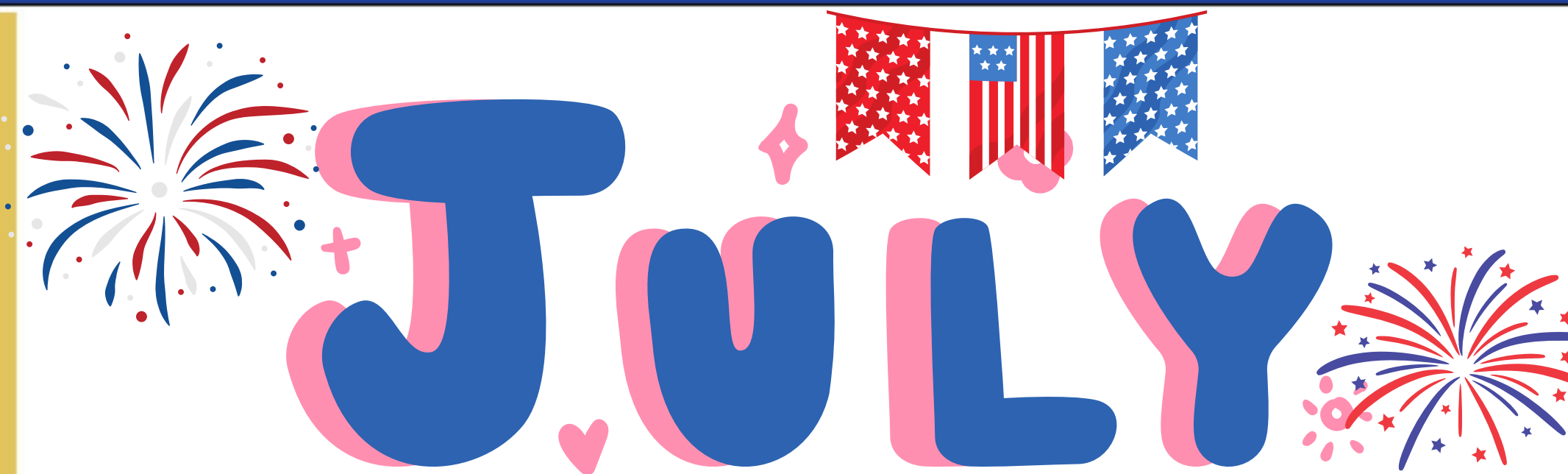
Monday to Friday 週一至週五 9:00AM-12:00PM



2024 七月份的中心活動日曆 Calendar June 2024 In person, Hybrid & Virtual

WHOLE DAY 全天活動

- Computer Lab 電腦室/ Library 圖書室 (newspaper& books 當日報紙, 圖書)
- Ping Pong 乒乓球 9am-3pm
- Chinese Chess, Mahjong 象棋, 麻將 / Multimedia: TV show/ movie day 電影 / 電視



A variety of activities are offered at City Hall Older Adult Center. Please stay tuned for updates on our WeChat account.

歡迎參加耆英會多種精彩活動。請關注微信公眾號獲取最新消息。

7月4日美國獨立日中心放假休息一天 Center will be closed on July 4th.

Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四	Friday 星期五
9:00am – 10:00am Breakfast 早餐				
10am-11:15am Tai Chi 太極	9:30am-10:30am 中國畫 Chinese Painting	英語會話課 English Conversation Class 9:30-10:30am (Beginning) 初級課 10:30-11:30am (Advanced) 進階課	9:30am-10:30am Zumba 森巴舞 (Every Thursday 每週四)	9:30am-11:30am ESL@ Zoom 英文課 Zoom ID 834 0189 4561 Passcode(密碼): 388447
9:30am-11:00am Piano Class Advanced 中級鋼琴課	9:30am-11:00am 手機平板電腦應用課 Smart phone and Tablet class (Hybrid) Zoom ID698 491 2039 Passcode (密碼): chscchsc	9:30am-11am 民族廣場舞 Ethnic Square Dance	9:30am-11:30am Origami/ Paper Folding 折紙藝	10am-11:15am Tai Chi 太極
10:30am-11:30am Blood pressure 量血壓			10:30am-11:30pm Music Group 音樂組	10:30am-11:30am Blood pressure 量血壓
11:30am – 12:30pm 午餐 Lunch				
1:00pm-3:00pm Piano Class Beginning 初級鋼琴課	1:00pm-3:00pm Computer Class 電腦課 @ Zoom ID 748 6387 504 Passcode 密碼: 3cLnYE	1:00pm -3:30pm Chinese Opera 京劇	1:00pm - 3:00pm Social Dance Exercise Club 交誼舞	1:00pm-3:00pm Chorus 合唱團
	1:15pm-3: 15pm Karaoke 卡拉 OK	[New Time] 1:00pm-2:30pm Suspended Drawing Class 素描繪畫課 (暫停)	1:00pm - 3:00pm Line Dance Class 民族舞蹈課	
		1:15pm-3:15pm Karaoke 卡拉 OK	1:15pm-3:15pm Karaoke 卡拉 OK	
	7/9 10:30 am-11:30am Nutrition Workshop 健康營養講座	1:00pm-3:00pm Computer Class 電腦@ Zoom ID: 748 6387 504 Passcode 密碼: 3cLnYE	2:30pm-4:30pm <u>Citizenship Class</u> (Zoom) 線上公民入籍班 Zoom ID 834 0189 4561 Passcode(密碼): 388447	
	7/30 10:00am-11:00am Elder Abuse Workshop 防止老年人被虐待講座			

中心已經重新開放, 活動正式增加回歸, 敬請留意我們耆英的微信公眾號上的更新通知。(下載微信軟件, 然後掃二維碼, 加入我們的微信群。) The City Hall Older Adult Center Operation Hours: 8:30am – 4:30pm

Please stay tuned for more info. on our WeChat official account (Simply download the App, scan the QR code to follow us) or visit us: <http://www.hamiltonmadisonhouse.org/city-hall-older-adults-center.html>

The City Hall Older Adult Center is funded by the New York City Department for the Aging