



IMPACT REPORT

Cancer Support Community
September 2014 - September 2015

**IMPACT REPORT: CANCER SUPPORT COMMUNITY
SEPT 2014 - SEPT 2015**

Uncle Kory Foundation provided significant funds to Cancer Support Community thanks to the generosity of our friends and families who participated in the 2nd Annual Tour de Pier in Manhattan Beach. We are pleased to share the impacts achieved as a result of your support.



NUMBER OF PEOPLE SERVED:

Group Support 2,914	Kids Community 682	Networking Groups 1,321
Stress Management 3,051	Education 1,230	Offsite Support 966
Individual Support 1,544	Social Events 884	Outreach 19,836

TOTAL SERVED AT CSC: 32,428





CSC ADULT PROGRAMS

- Newly Diagnosed Breast Cancer Groups
- Breast Cancer Support Group
- After Treatment Breast Cancer Group
- Colo-Rectal Networking Group
- Gynecological Networking Group
- Early, Morning, Basic, Gentle, Hatha, and Restorative Yoga Groups
- Low Impact cardio
- Tai Chi
- Relaxation and Visualization
- Mindfulness meditation
- Reiki Energy Circle
- Writing for Wellness

CSC YOUTH PROGRAMS

- Kids Community Support Groups
- Kids Grief and Loss Group
- Kids Activities
- Teens Connect
- Teens Grief and Loss Group





KAREN: A STORY OF CARE AND HOPE

Karen is a 45 year old single mother of a 12 year old boy. She was diagnosed with breast cancer and felt isolated and alone. She came to the Cancer Support Community-Redondo Beach seeking support and a connection with other women experiencing a similar journey. Karen has had several other members of her family battle cancer, and was experiencing feelings of anxiety and fear. She began attending the Stress Reduction & Mind-Body programs available, and eventually joined a weekly Newly Diagnosed Breast Cancer Group. She has really enjoyed the yoga activities, and has participated in several of the workshops.

Karen also has enrolled her son in the Kids Community, where he is able to connect with other children who have a parent or sibling with cancer. Her son has been able to use artwork to express his feeling, and kids yoga to help manage his anxiety about his mom.

After attending groups at the Cancer Support Community-Redondo Beach, Karen no longer feels isolated and alone. She reports that her anxiety has reduced, and she feels in better control of her fears. She has recognized that she and her son do not have to go through this journey alone, and that she has support all around her in many shapes, sizes, classes, and groups!



THE UNCLE KORY MISSION

The Uncle Kory Foundation looks forward to collaborating with like-minded individuals and organizations to inspire and bring hope to those who are facing such life-altering challenges. GBM accounts for approximately 17 percent of all brain tumors and increases in frequency with age, affecting more men than women. Unfortunately for all of them, the prognosis is grim, as few will live to see 3 years after diagnosis. Most patients will live only 6-18 months. The entire family is affected by the devastating news. The Uncle Kory Foundation's mission is to advance innovative and collaborative brain cancer research to specifically improve the survival rate and treatment of those diagnosed with Glioblastoma (GBM).

For more information or to make a donation, please visit [UNCLEKORY.ORG](https://www.unclekory.org)

