

NAME _____ Email _____

The **Adult Treatment Agreement**, plus this **Adult Personal Registration** and the **Adult Fact Registration** must be scanned, signed and emailed to (draustinchandler@alliedcounseling.com) at the Allied Counseling Greensboro Corporate Headquarters in advance of your first appointment. When these 3 signed forms have been sent, you can call the Allied Counseling Greensboro Corporate Headquarters (1-800-212-2604) to be sure they have all been received and we will help you schedule your first appointment. Please feel free to call the Greensboro Corporate Office any time you have questions when completing these forms or want to schedule another appointment. We try to return all office calls and emails within 24 hours. Before Child/ Adolescent Counseling can begin, both parents (or legal guardian) must complete and sign the above 3 forms plus the **Child/Adolescent Fact Registration**.

REASON FOR THE ADULT PERSONAL REGISTRATION (22Q & YOU)

At Allied Counseling, the focus is on a humanistic whole person treatment approach that considers each client's psychological, social, spiritual and physical wellbeing. Personal facts and job titles can give us a great deal of information about a person, but they do so in a very specific and limited manner. We know that people are much more complex and interesting than what their factual information reveals. Therefore, Dr. Austin thinks it is very important for every client to pause and focus on spending a little **"Self-Time"** while taking a closer look at who they are now and what they like and what they enjoy doing. The following questions (22Q & YOU) are not overly personal and they will not invade personal privacy because they involve the kinds of things a person would casually discuss with a friend. Therefore, relax, and have some fun getting **"Back in Contact with Yourself."** You deserve it! Also, feel free to ask Dr. Austin, or your Allied Professional Associate (APA), what their answers are to any of the questions on this form during one of your counseling sessions. Please do not rush through your answers to these questions and possibly allow yourself several different times to complete them.

ADULT TWENTY-TWO PERSONAL QUESTIONS (22Q & YOU)

1. What is your proudest accomplishment (do not include spouse or children) and what do you like most about yourself?
2. What, if anything, is something special you recently did for yourself?
3. What is your current profession & specific job and what motivates you to work hard and do you best?
4. What is the best career advice you have ever received?
5. If ask, how do you think your friends would describe you? Tell how you describe yourself?
6. Are you more of an introvert or extravert? Why?
7. Most of the time, is your glass half full or half empty? Why?

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8. What do you do for fun or to relax and how often monthly? If nothing, why?
9. If you had to describe yourself as an animal, which one would you choose and why?
10. What type of music do you listen to most and how often? Does this type of music help you relax?
11. What book, author, or movie left a lasting impression on you and why?
12. Who do you follow on social media including TV and Radio?
13. If any, what charities do you support or do volunteer work for?
14. If any, what professional & social clubs do you belong to?
15. Are you famous or related to anyone famous? Who?
16. Did both your parents work while you were growing up and did you grow up in a stable and happy home?
17. How many brothers and sisters do you have and were you the first, middle or youngest child? Any parental favorites?
18. Growing up were you happy and popular and achieved passing grades? What was your favorite school subject and sport?
19. What is your favorite childhood memory and how old were you when you had your first date?
20. Are you currently in a happy and stable relationship and do both you and your partner work?
21. What is your very favorite food, plus favorite restaurant and hotel in the world?
22. How would you like to be remembered?