

Diving For A Cause is excited to support Hope's Haven, Cancer Wellness Center in honor of Bonnie Row. A portion of the proceeds from our fundraising event is donated to this 501C3 organization in the name of Bonnie Row to benefit women who are currently strugling with cancer.



23033 Lyons Avenue, Suite 3 Newhall, CA 91321 661-254-5218 Fax 661-254-5255

"You are not alone."

While we didn't coin the phrase, these words are continually conveyed at Circle of Hope. After 14 years of serving the financial, emotional and educational needs of Santa Clarita's cancer community, we've come to understand that practically no message is



more welcomed. And we want more opportunities to say it. Hope's Haven Cancer Wellness Center will give us those chances.

When it opened its doors in March of 2018, Hope's Haven began offering many forms of assistance not usually available through the common outlets in the Santa Clarita health arena. All *free of charge*. Classes and workshops planned for this facility include:

- Gentle Yoga
- Tai chi
- Dance
- · Oncology Massage
- Reiki

- Cooking & Nutrition
- Art/Craft Therapy
- Creative Writing
- Aromatherapy
- Support Groups
- Acupuncture
- Hypnotherapy
- Mindfulness/Guided Imagery
- Skin Care
- Wellness Walks

Lectures are available to the public. Group classes, monthly workshops and one-on-one sessions (by appointment) are offered to current cancer patients and survivors*. Circle of Hope believes that those who are fighting or have fought this battle are deserving of a time and opportunity to rejuvenate. A place to go without fear or cost, where one can regain a sense of wholeness, make new friends, and become part of a community that doesn't have to be painful.



*Pre-registration is required. Volunteers, donors, sponsors and those wishing more information about Circle of Hope, Inc. or Hope's Haven Cancer Wellness Center may contact our office at (661) 254-5218 or info@circleofhopeinc.org. 501(c)3 Fed ID No. 20-0680327.

Please note, these programs are meant to support the treatment prescribed by a patient's healthcare team and are not a substitute for conventional medical care.