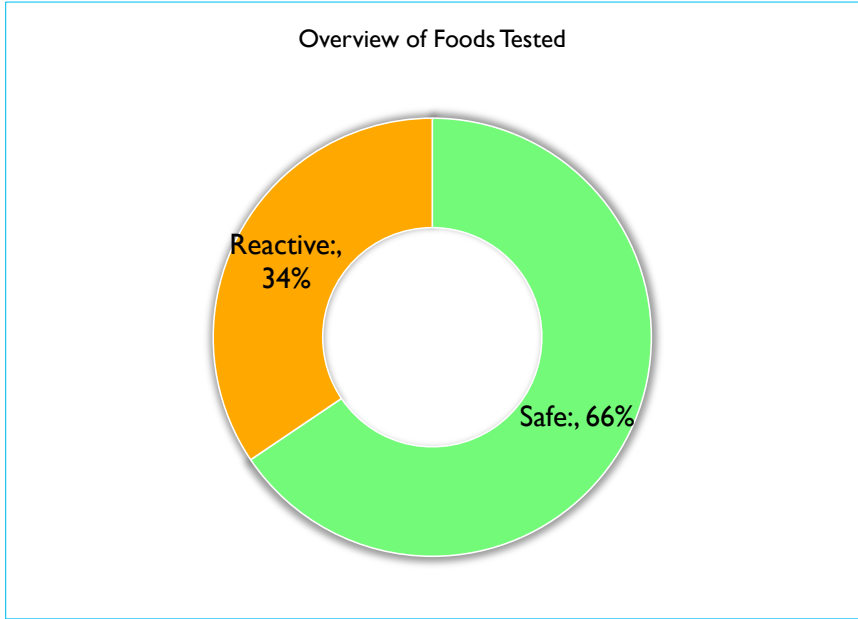




Provider: Sample Practice
Name: Sample Name
Date of Birth: 9/9/99
Test Report Date: 9/9/99
Gender: F
Age: 99
Patient ID: 99999

IgG Food Sensitivity Lab Results



*Gut Permeability:

Severely Compromised

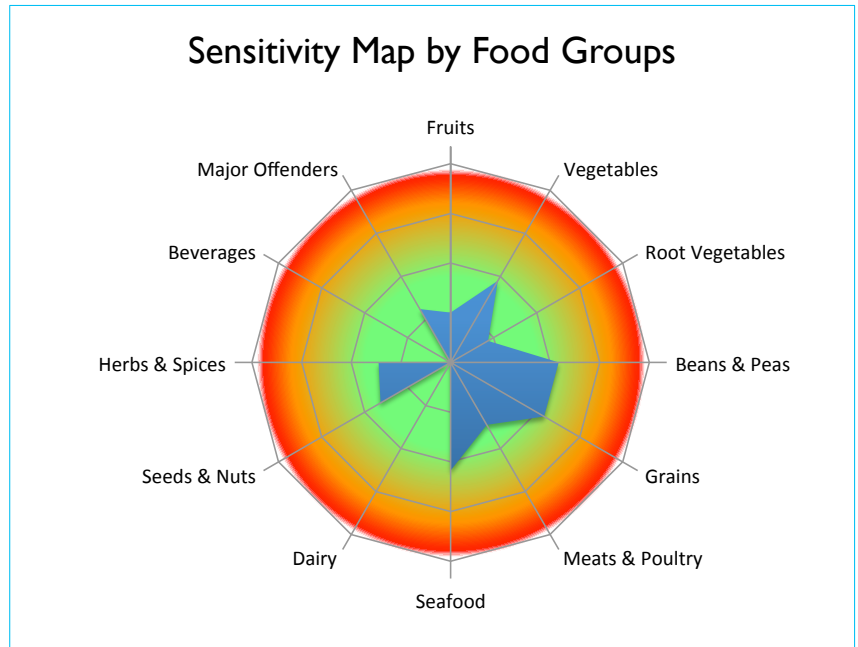
Reactive Foods:

31

34%

Recommendation:

4-6 Month Elimination



Interpretation of Analysis

This analysis is a general overview of the status of your gut permeability and where the majority of your sensitivities fall, in each food group tested.

*Gut Permeability is based solely on the percentage of reactive foods compared to the total foods tested. Scientific evidence suggests that a compromised lining of the intestine will allow more foods to pass the barrier and enter the blood stream. Therefore the more reactive foods, the more compromised the gut may be. This is not intended to be a diagnosis of intestinal permeability. Further diagnostic testing is recommended if our findings show a compromised gut.

The *General Sensitivity Map by Food Groups* shows where the majority of your sensitivities fall, by each food group.



Provider: Sample Practice
Name: Sample Name
Date of Birth: 9/9/99
Test Report Date: 7/13/17
Gender: F
Age: 99
Patient ID: 99999

IgG Food Sensitivity Lab Results

Reactivity Key	
Safe	0
Mild	1
Moderate	2
Severe	3

Fruits	Reactivity
Grape	2
Cherry	1
Strawberry	1
Apple	0
Banana	0
Blueberry	0
Lemon	0
Lime	0
Orange	0
Peach	0
Pear	0
Pineapple	0
Watermelon	0

Vegetables	Reactivity
Asparagus	1
Cabbage	1
Celery	1
Cucumber	1
Kale	1
Lettuce	1
Spinach	1
Avocado	0
Bell Pepper	0
Broccoli	0
Button Mushroom	0
Cauliflower	0
Eggplant	0
Olive	0
Tomato	0
Zucchini	0

Root Vegetables	Reactivity
Sweet Potato	1
Beet	0
Carrot	0
Onion	0
Potato	0

Beans & Peas	Reactivity
Lentil	3
Green Beans	1
Green Pea	1
Chickpea	0
Kidney Bean	0
Soybean	0

Grains	Reactivity
Wheat	2
Barley	1
Rye	1
Tapioca	1
Corn	0
Malt	0
Oat	0
Rice	0

Meats & Poultry	Reactivity
Turkey	3
Chicken	1
Beef	0
Egg White	0
Egg Yolk	0
Pork	0

Seafood	Reactivity
Sardine	2
Shrimp	1
Tilapia	1
Salmon	0
Trout	0
Tuna	0

Dairy	Reactivity
Cow's Milk	0
Goat's Cheese	0
Goat's Milk	0
Yogurt	0

Seeds & Nuts	Reactivity
Almond	2
Safflower	1
Sunflower	1
Canola	0
Cashew	0
Cocoa	0
Coconut	0
Peanut	0

Herbs & Spices	Reactivity
Basil	1
Cinnamon	1
Garlic	1
Black Pepper	0
Chilli Pepper	0
Ginger	0
Mustard Seed	0
Turmeric	0
Vanilla	0

Beverages	Reactivity
Coffee	0
Tea	0

Major Offenders	Reactivity
Brewer's Yeast	1
Candida Albicans	1
Baker's Yeast	0
Cane Sugar	0
Casein	0
Gluten	0
Whey	0