

# AUGUST 2019 ACTIVITY CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Strat-O-Matic Baseball:</b> Mondays, Tuesdays, Thursdays, 2-4 PM <b>Slow Jam:</b> Thursdays, 12:30-2PM <b>ARCoustic Jam:</b> Thursdays, 2-4 PM <b>Fun and Games:</b> Mondays, 1-4 PM</p>	<p><b>Hand and Foot: Fridays, 9 AM-12 PM</b> <b>Mah Jongg: Mondays, 12-3 PM, Wednesdays, 11:30- 3:00 PM</b> <b>Thursdays, 12-3 PM</b> <b>Pinochle: Tues., 12:30 PM</b> <b>2nd Thurs. &amp; 4th Monday SHIP, 1-3 PM</b></p>		<p><b>1</b> <b>9:00 8 Ball Tournament</b> 9-11 Computer Assistance <b>10:00 Great Books</b> <b>10:30 Clowning Around:</b> <b>Ron Bordewick</b> 12:30Knitting/Needlework 12:30 Intermediate Bridge 12:30 Poker 3-7 PM Spades</p>	<p><b>2</b> <b>10:15 ARC Avid Readers Book Club</b> 12-4 Quilting and Sewing <b>12:30 Texas Hold 'Em Poker Tournament</b> 12:30 Advanced Bridge 1-3 Origami</p>
<p><b>5</b> <b>8-4 All Day Quilting and Sewing</b> 9:30 Mindfulness Meditation <b>10-12 Beginner Bridge Class (N)</b> 10:00 Beginner Bridge 10:00 California Canasta 12:30 Advanced Bridge <b>1-3 Healing Touch</b> <b>1-3 Matter of Balance (E)</b></p>	<p><b>6</b> <b>9:30 Trip Down Memory Lane</b> <b>10:00 POP-UP with NPL</b> 10:00 Scrabble 10/12:30 Poker <b>11:00 Bingo: Evergreen Senior Living</b> 12:30 Intermediate Bridge 1-3 Rummikub <b>1-1:30 Sign Language 2 (NEW)</b> 3-7 PM Spades <b>4-7 Five Crowns (NEW)</b></p>	<p><b>7</b> 8-4 All Day Painter's Wksp. 9:30 Mindfulness Meditation 9:30 Mexican Train Dominoes <b>12:30 Women's Grief Support</b> 12:30 Advanced Bridge 12:30 Euchre 1-3 Chess <b>3-4:30 Men's Grief Support</b> 5:45 Practices for Inner Peace</p>	<p><b>8</b> <b>9:00 8 Ball Tournament</b> 9-11 Computer Assistance <b>9-11 Information &amp; Assistance Outreach</b> <b>10-12 Stamping</b> <b>10:30 Virtual Reality: Oceans</b> 12:30Knitting/Needlework 12:30 Intermediate Bridge 12:30 Poker 3-7 PM Spades</p>	<p><b>9</b> <b>8:30-11:30 Beginner Crochet</b> <b>10 &amp; 1 Movie: The Upside</b> 12-4 Quilting and Sewing 12:30 Advanced Bridge <b>12:30 Bunco</b> 1-3 Origami <b>1-2:30 Internet TV</b></p>
<p><b>12</b> <b>9-12 One-on-One Durable Power of Attorney</b> 9:30 Mindfulness Meditation <b>10-12 Beginner Bridge Class</b> 10:00 Beginner Bridge 10:00 California Canasta <b>12-3 Janet Puntoni: Learn to Paint Wood</b> 12:30 Advanced Bridge <b>1-3 Healing Touch</b></p>	<p><b>13</b> 10:00 Scrabble 10/12:30 Poker <b>11:00 Bingo: Meadows Retirement Community</b> <b>12:30 Pinochle Tournament</b> 12:30 Intermediate Bridge 1-3 Rummikub <b>1-1:30 Sign Language 2</b> 3-7 PM Spades 4-7 Five Crowns</p>	<p><b>14</b> 8-4 All Day Painter's Wksp. 9:30 Mindfulness Meditation 9:30 Mexican Train Dominoes <b>10:30 Permanent Cosmetics</b> 12:30 Euchre 12:30 Advanced Bridge <b>1-2:30 Writing Your Own Story</b> 1-3 Chess 5:45 Practices for Inner Peace</p>	<p><b>15</b> <b>9:00 8 Ball Tournament</b> 9-11 Computer Assistance <b>9-12 One-on-One Durable Power of Attorney</b> <b>10:30 LIS and Medicaid</b> 12-3 Mah Jongg 12:30Knitting/Needlework 12:30 Poker 12:30 Inter. Bridge 3-7 PM Spades</p>	<p><b>16</b> <b>8-4 All Day Quilting and Sewing</b> 9-12 Hand and Foot <b>12:30 Texas Hold 'Em Poker Tournament</b> 12:30 Advanced Bridge 1-3 Origami</p>
<p><b>19</b> <b>8-4 All Day Stamping</b> <b>9-11 Google Docs and Sheets</b> 9:30 Mindfulness Meditation <b>10 &amp; 1 Movie: Christmas Holiday, 1944, Gene Kelly</b> <b>10-12 Beginner Bridge Class</b> 10:00 Beginner Bridge 10:00 California Canasta 12:30 Advanced Bridge <b>1-3 Healing Touch</b></p>	<p><b>20</b> <b>9:30-11 Internet TV</b> <b>10:00 POP-UP with NPL</b> 10:00 Scrabble 10/12:30 Poker <b>11:00 Bingo: McLean County Nursing Home</b> 12:30 Intermediate Bridge <b>1 Parkinson's Support Group</b> 1-3 Rummikub <b>1-1:30 Sign Language 2</b> 3-7 PM Spades 4-7 Five Crowns <b>5:30-7 Stroke Support Group</b></p>	<p><b>21</b> 8-4 All Day Painter's Wksp. 9:30 Mindfulness Meditation 9:30 Mexican Train Dominoes <b>10:30 Music Enrichment</b> <b>11:30 Synergy Ice Cream Social</b> 12:30 Advanced Bridge <b>12:30 Euchre Tournament</b> <b>12:30 Women's Grief Support</b> 1-3 Chess <b>3-4:30 Men's Grief Support</b> 5:45 Practices for Inner Peace</p>	<p><b>22</b> <b>8:30-12:30 Smart Driver</b> <b>9:00 8 Ball Tournament</b> 9-11 Computer Assistance <b>9-11 Information &amp; Assistance Outreach</b> <b>10-12 Stamping</b> 12:30Knitting/Needlework <b>12:30 Int. Bridge Tourney</b> 12:30 Poker 3-7 PM Spades <b>6-8 PM Summer Sock Hop Dance</b></p>	<p><b>23</b> <b>8:30-11:30 Intermediate Crochet</b> <b>8:30-12:30 Smart Driver</b> 12-4 Quilting and Sewing <b>12:30 Advanced Bridge Tournament</b> <b>12:30 Bunco</b> 1-3 Origami</p>
<p><b>26</b> <b>9-11 Google Docs and Sheets</b> <b>9-3:30 Carol Boerckel: Watercolor Pencils</b> 9:30 Mindfulness Meditation <b>10-11:30 Android Basics</b> <b>10-12 Beginner Bridge Class</b> 10:00 Beginner Bridge 10:00 California Canasta <b>12-1:30 iPhone Basics</b> 12:30 Advanced Bridge</p>	<p><b>27</b> 10:00 Scrabble 10/12:30 Poker <b>9:30 Medicare Wellness Visits: Advocate BroMen</b> <b>11:00 Bingo: Meadows</b> <b>12:30 Intermediate Bridge</b> 1-3 Rummikub <b>1-1:30 Sign Language 2</b> <b>3:00 Music Enrichment</b> 3-7 PM Spades 4-7 Five Crowns</p>	<p><b>28</b> 8-4 All day Painter's Workshop 9:30 Mindfulness Meditation 9:30 Mexican Train Dominoes <b>12-1 ARC Tech Club: Technology Trends</b> 12:30 Advanced Bridge 12:30 Euchre <b>1:00 Senior Scholar Series: Doc Wasson</b> 1-3 Chess 5:45 Practices for Inner Peace</p>	<p><b>29</b> <b>9:00 8 Ball Tournament</b> <b>9-12 Charlotte Archer: Glass Vase Still Life</b> 9-11 Computer Assistance 12:30Knitting/Needlework 12:30 Intermediate Bridge 12:30 Poker 1-3 SHIP 3-7 PM Spades</p>	<p><b>30</b> <b>8-4 All Day Quilting and Sewing</b> 9-12 Hand and Foot <b>9:30 &amp; 1 Movie: Dances with Wolves</b> 12:30 Advanced Bridge 1-3 Origami</p>