



Harpswell
Aging at Home

HEALTH &

Harpswell Aging at Home presents the 2nd Annual

WELLNESS FAIR

Friday, Oct 6th, 2017
10:00 AM to 2:00 PM

Harpswell Community School
308 Harpswell Island Road

SCHEDULE OF PRESENTATIONS

10:30 AGE FRIENDLY EXERCISE

Gina Perow, Harpswell REC Dept

11:30 EMERGENCY PREPAREDNESS & RESPONSE

David Hudson, Mid Coast Hospital

12:30 MEDICARE PART D

Nita Nuhaj, Kennebck Pharmacy

1:30 HOME REPAIR & RESOURCES

Bob Bauman, HAH

NO REGISTRATION REQUIRED

ALSO AT THE HEALTH FAIR

AARP

BLOOD PRESSURE CHECK

FLU VACCINATIONS

LEGAL SERVICES FOR THE ELDERLY

MIDCOAST VETERAN'S COUNCIL

PEOPLE PLUS

SPECTRUM GENERATIONS

MID COAST- PARKVIEW HEALTH

KENNEBEC PHARMACY

HARPSWELL HERITAGE LAND TRUST

HARPSWELL AGING AT HOME

SEARCH