



Spirit of North Dakota

State Regent — Laurel Ann Dukart

As I write my last newsletter column as your State Regent, my heart is full with love for my CDA sisters. Thank you for your support and especially your continued prayers. I am truly blessed to know each and every one of you. *Thank you for making my life richer!*

Are you ready for our ND State Convention - **“Holy Spirit, Come Zoom With Us”**? As it will be virtual, it definitely will be different this year. Let's make it a great experience, especially for the first-timers. Can I have an **“Amen!”**? The Convention will be one day, Saturday May 1st. The State Board and National Supervisor/Director will be hosting the virtual convention live from Belfield.

Please follow the guidelines / deadlines (sent by National) listed on pages 3 & 4. Because the convention will be virtual, nominations **‘from the floor’** for a State Officer and Nominating Committee, all voting and counting of votes will be done prior to the gavel striking at the start of convention. I encourage each one of you to zoom in if you are available.

I hope to “see” many of you at the convention— **ZOOM ZOOM!!!**

During this pandemic, I thank God for giving me my **“rose-colored glasses”**. They allow me to see God’s blessings:

- *more time to pray for others
- *more time to start, work on, and finish projects



- *more time to read several good books
- *more time to write & send letters and cards
- *more time to call family and friends I haven't talked to in a long time
- *more time to start a new hobby (or two)
- *because of wearing a mask fewer allergy symptoms
- *and my favorite, a convention theme which includes the **Holy Spirit!**

Have a prayerful Lent, and a glorious Easter!!!
Please stay safe!

*In Unity and Charity,
Love, Laurel Ann*

May the Holy Spirit grant you the gifts you most need and those you will make the best use of.”

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Mission Statement

Catholic Daughters of the Americas strives to embrace the principle of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.

State Chaplain — Fr. Franklin Miller



Dear Catholic Daughters,

Happy 2021 Lent!

Lent facilitates an opportunity to pray more deeply and to experience the love of our loving Father by reflecting on the passion of our Lord as we put into action the traditional prayer, fasting and almsgiving of the Lenten Season.

Lent is meant to help us to open our hearts for the transformation that ought to take place in our hearts at Easter, “Sleeper, awake! Rise from the dead, and Christ will shine on you” (Eph 5:14b). To make Lent special this year, how about the practice of the *“Way of the Cross”* as a gathering of

Catholic Daughters of the Americas. It should be a gathering together as a “journey made in the Holy Spirit, that divine fire which burned in the heart of Jesus (cf. Lk 12, 49-50) and brought him to Calvary.



This is a journey well esteemed by the Church since it has retained a living memory of the words and gestures of the final earthly days of her Spouse and Lord” (*Directory on Popular Piety and the Liturgy*, 133).

Let us pray for an end to COVID-19 and that we will be able to return to what we were able to do before the pandemic by being together in *“Unity and Charity”*.

May everyone have a blessed Lent, which leads to a joyful Easter!

Fr. Frank Miller

National Office Directory & Duties

Martha Hambousie, Office Manager
cdofanatl@aol.com

Orders, Stat & Local Court officer lists

Kelly Miller (cdofanatl@aol.com)

Handles all new courts, reprieves, disbandments, and banners

Gloria Linley (cdaroster@aol.com)

Handles rosters, financial reviews, and Gold/SS jewelry orders.

Alyssa D'Angelo (cdadues@aol.com)

Handles all payments and invoices/dues

Gigi Barreca (cdafiles@aol.com)

Handles all the membership information, additions, transfer, renewal applications, and deletions.

Joe Delgado (cdashipping@aol.com)

Handles shipping

Tom Panas (cdashare@aol.com)

Handles SHARE questions

National Office:

10 West 71st St, New York, NY 10023
(212) 877-3041

State Office Directory

Regent, Laurel Ann Dukart
dukartcda@outlook.com

1st Vice Regent, Mary Baer
marybaerndcda@gmail.com

2nd Vice Regent, Bonita Erickson
bonitacda@yahoo.com

Secretary, Sue Judd
sjuddcda@gmail.com

Treasurer, Deb Johnson
debjohns@cablone.com

Chaplain, Rev. Franklin Miller
franklin.miller@fargodiocese.org



Catholic Daughters of the Americas®

Find us on facebook and the web:

www.facebook.com/ND-Catholic-Daughters-of-the-Americas

www.northdakotacatholicdaughters.org



Alleluia!

He is Risen!!

Alleluia, Alleluia!!!



Catholic Daughters of the Americas®

There are ladies out there waiting to be asked to join CDA. Won't you ask them? They will say "Yes!"

Welcome National Supervisor — Nancy Bambenek



Peace Be With You



I had the opportunity as your National Director to attend two (virtual) board meeting with your elected state officers and Fr. Frank. Let me assure you of these qualities they ALL possess. They are prayerful, respectful, loving to each other, hard working CDA leaders who make some decisions that are challenging and very difficult but they have the members of the state of North Dakota at the core and heart of all they do. I applaud them!! You may also applaud or thank them in some small

or big way with a snail mail note, email, or any other form you wish. I consider it a blessing to be apart of this healthy state board and see all the good that will come from it. Please continue to pray for them. It is working. Thank you North Dakota State Board for all you do for Jesus and His Church.

The state convention will be virtual this year. **ZOOM! ZOOM!** Hopefully the one and only virtual state convention. If you are one of us who doesn't like the idea, you are not alone. But for the good of the order this is the BEST way to be safe and continue to move forward.

Your state officers have secured a keynote speaker, Jean Gatz, that is an inspiration to all. The blessings of this speaker is

just one more reason to set aside time to be apart of this virtual convention.

A new court will be instituted in the state of North Dakota in Watford City. I am so excited to welcome these ladies and to celebrate the joy CDA will bring them as it has to the rest of us. Check with your State Regent as to the date and time of this happening. All I am going to say is, "Be There, it is history in the making."

Nancy Bambenek
CDA National Director
Minnesota



**52nd Biennial
North Dakota State
CDA Convention**
*"Holy Spirit,
Come Zoom With Us"*

Guidelines / Deadlines:

*State Regent will send the Slate of Officers and ask for any nominations from the floor for State Office and the 2023 Nominating Committee by **Thursday, February 18**. She will instruct the Court Regents to announce the slate to her Court members and to inquire if anyone is interested in running 'from the floor.' The Court Regent is the only member who can nominate a candidate from her Court for the Nominating Committee. She should email the name of the candidate, the name and number of the Court, and the City to the State Regent.

*The State Regent must receive all paperwork to run from the floor for State Officer or the Nominating Committee by **Monday, March 8**.

*All five State Officers will meet in person to verify candidate paperwork, create and mail ballots to Court Regents. Ballots for State Officers, 2023 Nominating Committee and 2021-2023 State Project will be mailed out by **Monday March 15**.

*The Court Regent is responsible for getting the ballots to the delegates in her court. The Court Delegates must be registered in order to vote. After voting, the Delegate puts her ballots in an envelope and returns to their Court Regent. The Court Regent is to put all ballots from her Court in one envelope and mail them to the State

Regent - must be postmarked by **Monday, March 29**.

*The State Regent will receive mailed ballots (to remain sealed), bring them to the Convention and give them to the Election Committee Supervisor (the National Supervisor/Director.)

*The State Officers and National Supervisor/Director will meet in person (in Belfield) to host the State Virtual Convention.

*All registration forms sent to 2nd Vice State Regent - received by **Wednesday, March 31**.

*Local Courts mail donations for Vocations and current State Project FOCUS to State Secretary to be by **Monday, March 15**.

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1st Vice State Regent—Mary Baer



This has been a trying year for all of us. Nothing or rather most things were not done or carried out in the way we were accustomed to. We didn't have our normal CDA meetings or fundraisers. Our fall workshop was, and our state convention will be held by zoom. My hope is that with the state convention only being one day this year and being held by zoom is that more people will be able to attend. It will be different than a traditional convention, but I believe it will be a

great day and I hope many will be able to share in it. We will be fortunate enough to have an out of state speaker plus our national director attend.

I am not sure what will reach you first the Newsletter or your April Calendar Raffle tickets – the race is on. Please remember you do not need to sell all your raffle tickets, you don't even have to buy or sell any of your tickets. But if every member would buy at least one ticket that would generate a gross profit of \$13,800.



(tickets ready to be mailed out)

Just think what happens when members buy or sell more tickets!! The proceeds from the raffle are used for donations, state convention, the state newsletter, state workshops, court visits, and training for the State Board. The State Board truly appreciates all your efforts with this fund raiser and what you do in the name of CDA!

Remember to get your tickets in before April 1st, so you have a chance to win on every drawing. I wish all of you good luck even though I know that it is not possible for all of you to win!

Have a Blessed Easter!
Mary Baer
1st Vice State Regent



State Treasurer—Deb Johnson



Wishing all of my CDA sisters a prayerful Lenten season and a Blessed Easter Celebration!

I wanted to give you an update on our State Charity FOCUS [Fellowship of Catholic University Students] to date as of February 3rd.

Court donations received:	\$3,903.12
State Donations given:	\$1,470.00
Bringing our total donations to:	\$5,373.12

tary help we have given them. If your court is still looking to donate to FOCUS please try to get it to Sue Judd by March 15 as our business ends March 31st.

NOTE: Please don't send New State Project money until after the convention.

In Unity and Charity,
Deb Johnson
ND State Treasurer

Please send any donations for Vocations to the State Secretary by March 15. These donations will be divided between the Bismarck and Fargo Dioceses.



What an awesome job during these trying times! Give yourselves a pat on the back. Our missionaries at the 3 colleges are very thankful for all the mone-

Convention guidelines cont.

The following should be mailed to the State Regent postmarked by Wednesday, March 31:

- * Proposed by-law amendments and resolutions

- * Typed list of deceased members for past two years
- * Written explanation of Court symbol in 300 words or less [Please be prepared to present the Court symbol with explanation via Zoom]

Please take pictures of the group you are meeting with via zoom.

If you have any questions, please contact your Court Supervisor or the State Regent.

See you at the Convention!

Welcome New Members

Ct. Immaculate Conceptoin #322

Gabriele Mosbrucker
Theresa Lacher (T)

Ct. Little Flower #1193

Valerie Bachmeier

Ct. Holy Cross #2718

Julie Fennell

"T" - transfer

Real Presence Radio Fundraising Banquet

February 8, 2021



North Dakota State Court was a Disciple Sponsor for the RPR Banquet.



Ina Thomsen, member Ct. St. Gerard #2518 Valley City; Sue Judd State Secretary and member of Ct. St. Gerard #2518 Valley City; and Deb Johnson State Treasurer and member of Ct. St. Ann #261 Fargo enjoying their time at the banquet.



Welcome New Court



North Dakota will soon be instituting a New Court in Watford City. Kathy Kennedy and the Court Development Team have been working with the ladies from Epiphany Catholic Church. They have had their informational / organizational meeting and elected their Court Officers:

Regent, Chris Nelson
Vice Regent, Sara Millet
Recording Secretary,
Heather Olheiser
Financial Secretary,
Marella Schwan
Treasurer, Sarah Billing
Chaplain, Rev. Brian Gross

Their request to become a ND Local Court has been sent to National and we are awaiting their charter.

Welcome to CDA!!!



In Loving Memory

Ct. St. Elizabeth #170

† Cris Woiwode
† Beverly Gronos

Ct. St. Mary #268

† Jane Traynor

Ct. Immaculate Conception #322

† Alvina Reichmuth
† Emerita Loeb
† Eilene Sabot
† Luella Volk
† Clara Braun
† Marianna Dosch

Ct. St. Catherine #323

† Mary Kainy
† Mildred Jablonsky
† Delores Decker
† Josephine Krush
† Rose Klym

Ct. Marquette #677

† Frances Gerszewski

Ct. St. Therese #958

† Patricia Conlin
† Jean Cote

Ct. Little Flower #1193

† Joan Bosch

Ct. Sacred Heart #1908

† Merceda Zerr
† Helen Schmidt

Ct. Queen of the Prairies #1965

† Kathryn Shablow

Ct. Father Tracy #2121

† Caroline Woodley
† Martha Stuber

*May they rest
in Peace,*

*Amen,
Alleluia!*



2021-2023 North Dakota State Project Proposals

Proposed next ND State Project

Please look over the 6 (six) proposals for the 2021-2023 CDA North Dakota State Project. Share with your Court's Delegates to the 52nd Biennial North Dakota State CDA Convention, which project you would like them to consider voting for.

The 6 (six) proposed projects are:

- ⇒ Catholic Indian Mission
- ⇒ Connect Medical Clinic
- ⇒ Saint Gianna Maternity Home
- ⇒ Stepping Stones Resource Center
 - ⇒ Women's Care Center
 - ⇒ Women's Pregnancy Center



Saint Gianna Maternity Home Warsaw, North Dakota

Court Sacred Heart #1908 Harvey would like to suggest as a State CDA Project for 2021-2023 **Saint Gianna's Maternity Home.**

"One Mother, One Baby, One Family at a time."

St. Gianna's Maternity Home was selected as the North Dakota Catholic Daughter's State Project once before at the beginning of the home's inception in 2003 but is in need of funds especially for renovation of part of the building. They have been saving up funds to complete the "Pietro Molla" entrance and are hoping to improve and make handicap accessible the East side of the building leading to the home and especially the Chapel. At this time the entrance is constantly needing attention with possible safety hazards. They are continually cleaning to prevent mold, insects, and even rodents. The income from being a State Project would ensure a much needed entrance and would enable people who come for Mass or tours to get to both the chapel floor and the bottom floor of the home without any steps. With only revenue from donations St. Gianna's welcomes pregnant women of any

Catholic Indian Mission (CIM) of Standing Rock Reservation, North Dakota

Court Saint Veronica #1421 Mott would like to submit the **Catholic Indian Mission** for the 2021-2023 State Project.

The Catholic Indian Mission consists of three parishes and the St. Bernard Mission School on the Standing Rock Indian Reservation in south central North Dakota. They also serve the Churches of Sacred Heart in Solen, ND, and St. Philomena in Selfridge, ND. They meet the spiritual needs of the people of Sioux County and operate St. Bernard's Mission School, a parochial elementary school in Fort Yates, ND. They are an officially sponsored mission of the Diocese of Bismarck

The Catholic Indian Mission and the St. Bernard Mission School rely entirely on the generosity of kind-hearted benefactors.

Since 1910, offering a quality faith-filled education, to the families of the Standing Rock Reservation.

<https://catholicindianmission.com>

age who are experiencing a crisis pregnancy and provides safe shelter, food, clothing, education, and counseling. It is their belief that every unborn child is a gift from God and has a right to life and that every pregnant woman has the right to give birth with dignity. What better alternative is there to abortion?

These mothers, most of them young, get help in finding the right solutions for themselves and their child. St. Gianna's assists with finding a medical doctor and providing the resources for the mental, physical, and emotional well-being of each woman and child. There are opportunities for these mothers to take classes and continue their education.

Many mothers who arrive on their doorstep come having experienced fear, rejection, and loneliness. It is the purpose of St. Gianna's to bring these mothers the love of Christ and the joy of experiencing that love. From even the most difficult situations, with God's grace, good things can and have been happening at St. Gianna's.

Please consider St. Gianna's as a worthy Catholic Daughter State Project.

<https://saintgiannahome.org>

2021-2023 North Dakota State Project Proposals cont.

Connect Medical Clinic Dickinson, North Dakota

Court Father Tracy #2121 proposes the **Connect Medical Clinic** for the NDCDA State Project for 2021-2023.

Connect Medical Clinic is a faith-based Sexual Health & Pregnancy Center in Dickinson, ND.

Nearly 1 of 2 expectant mothers in ND did not intend to become pregnant. Of high-school seniors, 54% in ND have been sexually active.

Cases of sexually transmitted infections (STI) are on the rise and many who are infected have no symptoms.

The mission of Connect Medical Clinic is born out of a desire to walk with those facing an unplanned pregnancy, instead of being alone, afraid and disconnected. Patients at Connect Medical Clinic discover they are strong, empowered and surrounded by a community of support.

All services are free of charge.

<https://connectmedicalclinic.com>



Stepping Stones Resource Center (SSRC) Fargo, North Dakota

Court Saint Ann #261 Fargo would like to nominate **Stepping Stones Resource Center** a part of Fraser LTD. in Fargo, ND for the next State Project.

Stepping Stones Resource Center helps men and women 18-26 and their children with a warm safe place to stay as temperatures turn cold. They provide for basic human needs, including: food, clothing, showers, laundry facilities and mental health services. This center is a life saver for at risk and homeless youth in the Fargo community and throughout North Dakota. There is no federal or state funding for these services they rely solely on donations.

May we be the helping hand these youth, who fall through the cracks, need to get their lives on track.

<https://fraserltd.org>

Women's Care Center (WCC) Bismarck / Devils Lake / Fargo

Court Saint Mary #268 Devils Lake proposes the **Women's Care Center** for the next State Project

Women's Care Center is a pro-life pregnancy resource center serving women in Fargo, Bismarck, Devils Lake, and the surrounding areas. Their mission is to help pregnant women from our communities choose life for their babies, have healthier pregnancies, become better parents, and take first steps to self-sufficiency. They are a part of a larger network of centers that serves women in 11 different states. Women's Care Center provides care based on St. Benedict's theology of radical hospitality. They provide free and confidential pregnancy testing, limited obstetrical ultrasound, options counseling, parenting classes, goals program, community referrals, and material assistance through their store, Crib Club. Last year in North Dakota, they served over 1,000 women.

<https://supportwomenscarecenter.org/locations/north-dakota>



Women's Pregnancy Center (WPC) Grand Forks, North Dakota

Court Marquette #677 of Grand Forks is submitting the **Women's Pregnancy Center** for the 2021-2023 State Project.

The Women's Pregnancy Center is a non-profit that has been serving the Greater Grand Forks area with free, confidential pregnancy and sexual health services since 1987. All services are free of charge and 100% confidential. Their mission statement is - Our Christ-centered mission is to impact the lives of women and men through education — equipping them to make life-affirming choices that will positively affect their futures, their families, and the communities in which they live.

<https://gfwpc.org>

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NON-PROFIT
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POSTMASTER - Send address corrections to:

Catholic Daughters of the Americas
State Regent /Editor - Laurel Ann Dukart
2650 26th Ave S #219
Grand Forks ND 58201

Current Resident Or

Deadline for next newsletter:

Monday, May 17, 2021



Catholic Daughters
of the Americas®



52nd Biennial North Dakota State Catholic Daughters of the Americas



Convention



“Holy Spirit, Come- Zoom With Us”

Saturday, May 1, 2021

Virtual Convention via Zoom