

Ibuprofen (Advil, Motrin, etc.) Dosage Table

Child's Weight (pounds)	12-17	18-23	24-35	36-47	48-59	60-71	72-95	96+lbs	
Infant Drops 50mg/1.25 ml	1.25	1.875	2.5	3.75	5	--	--	--	ml
Liquid 100 mg/ 1 teaspoon (tsp)	½	¾	1	1½	2	2½	3	4	tsp
Liquid 100 mg/ 5 milliliters (ml)	2.5	4	5	7.5	10	12.5	15	20	ml
Chewable 50 mg. tablets	--	--	2	3	4	5	6	8	tabs
Junior-strength 100 mg tablets	--	--	--	--	2	2½	3	4	tabs
Adult 200 mg. tablets	--	--	--	--	1	1	1½	2	tabs

Table Notes:

- AGE LIMIT: Don't use under 6 months of age unless directed by child's doctor. (Reason: safety not established and doesn't have FDA approval). Avoid multi-ingredient products in children under 6 years of age (FDA recommendations 1/2008).
- DOSAGE: Determine by finding child's **weight** in the top row of the dosage table.
- MEASURING the DOSAGE: Syringes and droppers are more accurate than teaspoons. If possible, use the syringe or dropper that comes with the medication. If you use a teaspoon, it should be a measuring spoon. Regular spoons are not reliable. Also, remember that 1 level teaspoon equals 5 ml and that ½ teaspoon equals 2.5 ml.
- IBUPROFEN DROPS: Ibuprofen infant drops come with a measuring syringe
- BRAND NAMES: Motrin, Advil, generic ibuprofen
- ADULT DOSAGE: 400 mg
- FREQUENCY: Repeat every 6-8 hours as needed

Source: healthychildren.org, AAP



7500 Iron Bar Lane, Suite 120
 Gainesville, VA 20155
 Phone: 703-753-6772 (MSPA)
 Fax: (888) 972-4515
www.milestoneskids.com