

Key Notes



Anna Vakil PhD CCH
Yuma Homeopathy
Board-certified in homeopathy
certified metabolic balance® coach
Serving southwest Arizona & beyond
www.yumahomeopathy.com
Follow me on Facebook!
Phone/fax: (928) 247-6385
anna@yumahomeopathy.com

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A “keynote” in homeopathy is a unique symptom that can point to a certain homeopathic remedy. For example, someone with a health condition that is the worse when waking up in the morning might need *Lachesis*, a remedy homeopathically prepared from the venom of the bushmaster snake.



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Family health tip

Are dietary supplements safe?

Supplements comprise the largest single segment of the complementary health care industry. Many people view them as a healthy and natural alternative to prescription drugs, and Americans spend as much as \$21 billion on them every year. In this video entitled *Dangers of Dietary Supplement Deregulation*, Dr. Michael Greger explains some of the risks in taking dietary supplements. But first, it is important to note that in the US homeopathic remedies have been classified as drugs-- not herbs or supplements—since 1938 and have been in use by people all over the world for more than 200 years.



<https://www.youtube.com/watch?v=nRikAWUlsvs>



Homeopathy case

A child with a middle-ear infection

Four-year-old Ruby had been unsettled with ear pain for about three days. She had become grizzly and whiney, only happy if cuddled by her mother. She had a slightly raised temperature. Instead of having a healthy white sheen, her ear drum was dull in color and bulging. Ruby had been taken to a doctor who had diagnosed a middle ear infection. He was reluctant to give antibiotics, claiming that many ear infections, being viral, did not respond to antibiotics and that most ear infections resolved in the same amount of time, whether given antibiotics or not. This was true, but it did not help to find a ‘quick fix’ solution for Ruby.

Ruby's cheeks were flushed and red. Her mother said that she reacted badly to warm rooms and heaters. Surprisingly, Ruby seemed much happier and less bothered by the pain if she was taken to cooler rooms and even out into the cold winter air!



Ruby was given a remedy prepared from the Wind Flower. She required five doses of it over the next two days, during which time she became much happier, less clingy and stopped complaining of ear pain.

Ruby required ongoing treatment with a different homeopathic remedy once her ear problems were resolved. With ongoing treatment she went on to be a robust and independent little girl.

[Adapted from <http://homeopathyplus.com/middle-ear-infection/>]



Homeopathy in the news!

Medical research institute in India begins study on homeopathic treatment of cancer

The Noida-based institute NIPCR (National Institute of Cancer Prevention and Research), has received government funding to do a research on certain homeopathy medicines for the treatment of cancer. The institute has assigned a project to a Cell Biology professor to screen out different homeopathic treatments for the cancer cure.

“We have already been prescribing homeopathic medicines to cancer patients, who wish to try alternative medicines or are at a stage where they can no longer take the chemicals,” says Doctor RK Manchanda, Director General, Central Council for Research in Homeopathy (CCMR). “The idea is to conduct molecular research on certain homeopathic medicines to see how effective they can be in treating cancer,” she said.

As a part of its research, the Institute has decided to start an Out-Patient Department at the Dr DP Rastogi Central Research Institute of Homoeopathy, Noida, for screening of cancer patients. Patients will have the opportunity to try homeopathic medicines along with other drugs.

[Adapted from <http://www.dnaindia.com/delhi/report-government-fund-to-find-a-homeopathic-cure-for-cancer-2445012>]



Did you know?

There is a statue of Samuel Hahnemann, founder of homeopathy, in Washington DC!

A large monument to Samuel Hahnemann, the founder of homeopathy, was dedicated 57 years after his death in 1900 in Washington DC. This statue is visible from the White House.

