



# Marietta Martial Arts at Shallowford

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>L' Dragons (4-7)</b> <b>White - Black</b> 45-min	4:45	4:45 --	4:45	4:45 --	Special Events	--
<b>Beginner TKD</b> <b>White - Green</b> 45-min	-- 5:30 or 6:15	-- 5:30 or 6:15	-- 5:30 or 6:15	-- 5:30 or 6:15	Special Events	-- -- --
<b>Inter / Adv TKD</b> <b>Purple – Black</b> 45-min	5:30 or 6:15	5:30 or 6:15	5:30 or 6:15	5:30 or 6:15	Special Events	-- -- --
<b>Sparring</b>	--	--	--	--	--	--
<b>Hapkido</b> 45-min	7:00 SF Only	--	7:00 SF Only	--	--	--
<b>Gracie Ju Jitsu</b> 45-min	6:15 WL Only	--	6:15 WL Only	--	--	10:30am WL Only

Marietta Martial Arts @ <b>East Lake</b> 2145 Roswell Rd, Ste 200 770-321-1371	Marietta Martial Arts @ <b>Shallowford</b> 4401 Shallowford Rd, Ste 154 404-369-9712	Marietta Martial Arts @ <b>Woodlawn</b> 1205 Johnson Ferry Rd, 106B 770-977-9400
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