



# Tulare County, California Proclamation and Clot Walk Report

Event Date: March 29, 2025

## **Background**

Impressed by the GTF Scholars' past success, Dr. Andrea Van Beek invited us to participate in the proclamation for Tulare County and the Clot Walk event in Visalia. This was the first event that the GTF Scholars attended away from home.

## **Event Overview**

Three **Global Thrombosis Forum** (GTF) volunteers- Aarav Gupta, Aarav Keskar, and Aayush Keskar- worked to obtain a proclamation for thrombosis awareness for the citizens of Tulare County, CA. Support from discussions with Dr. Andrea Van Beek led to the establishment of Thrombosis Awareness

Month in March 2025 in this populous county. The proclamation ceremony at the Clot Walk gathered community leaders and members. The proclamation document now serves as a symbol of the effort and commitment of GTF leaders and volunteers.

## **Date & Time of the Clot Walk and Proclamation Ceremony**

March 29, 2025 - 0800hrs - 1130hrs

## **Location**

5400 W Hillsdale Ave Visalia, CA

## **Adult leaders**

Dr. Atul Laddu, Andrea Van Beek

## **Youth leaders**

Aarav Keskar, Aayush Keskar, Aarav Gupta

## **Project Approval Process**

To secure approval for the proclamation, GTF initiated correspondence with Dr. Andrea Van Beek via email. Within this correspondence, GTF coordinated with Dr. Van Beek and

the Tulare Board of Supervisors to create and receive a Proclamation.

### **Clot walk project details**

The three GTF scholars traveled from Atlanta to Visalia, CA, accompanied by our parents, Mr. Prasad, Ms. Prajakta Keskar, and Dr. Gitika Aggarwal.

The GTF team arrived at 0700 to help with preparations before the Clot Walk and set up a GTF Booth. The GTF Board issued Letters of Excused Absence to each of the three GTF Scholars. GTF scholars assisted with registering Clot Walk participants, handing out shirts, and leading the participants at the beginning of the walk. Dr. Van Beek and her team greeted the GTF Scholars. The GTF scholars rotated managing the GTF booth, spreading Thrombosis awareness to the Clot Walk participants. After the walk, Dr. Van Beek introduced the GTF scholars during the proclamation ceremony, then the proclamation document was announced to the Clot Walk participants and briefly granted to the GTF scholars to be copied.

### **Achievements**

After correspondence with Dr. Van Beek and the BOD of Tulare County, they agreed to grant GTF a proclamation and establish March 2025 as Thrombosis Awareness Month in

Tulare County. Additionally, the GTF booth proved to be a success, as it received a large amount of foot traffic. We emphasized the importance of thrombosis awareness to the attendees and gave away all GTF-branded pens and DVT pins.

### **Was it worth the long distance travel to Visalia?**

It was worth the travel of the three GTF Scholars to California to gain such invaluable experience.

### **Issues during the event**

The entire event went on smoothly; no issues were raised during the event.

### **Learnings**

- Time management
- Enriched verbal communication-skills
- Effective persuasion methods
- Public Speaking

### **A side comment**

As a bonus for our trip, the three GTF Scholars received a tour of Dr. Van Beek's hematology lab, where we learned about how a hematology lab operates.

## **Follow-up**

Impressed by the performance of the GTF Scholars, we have been told that we will be invited again to participate in Clot Walk in 2026 by the team of Dr. Van Beek, and we are honored by this.

## **Conclusion:**

Receiving the proclamation for Tulare County helped GTF achieve and exceed its objective of reaching out to people about the dangers of thrombosis and preventative measures. Additionally, the Clot Walk successfully spread awareness of Thrombotic conditions.

## **Thank you note:**

GTF would like to thank all of the youth leaders who took the time to help raise awareness of thrombosis and Dr. Laddu and Dr. Van Beek for assisting them with their various tasks. The BOD of GTF appreciates this fantastic opportunity and the Tulare County BOD for granting a proclamation to the GTF team.

## **Proclamation:**

GTF scholars obtained a physical laminated copy of the Proclamation document. Dr. Van Beek will soon send Dr. Laddu a digital copy.

Here are some photos of the event.







