

OLD DOMINION ATHLETIC CONFERENCE CHAMPIONSHIPS

Lexington, VA

Wilson Field

Host: Washington and Lee University

4/21/2017 - 4/22/2017

MEET OFFICIALS

Meet Director:

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RESULTS

#7 Men's 100 Meters

☿ Conference	10.50	Randy Lott
# Meet	10.62	Randy Lott

Finals

PI Name	Yr Team	Time	H(PI)	Pts
1 Truman, Evan	SR Lynchburg	10.98		10
2 Wood, Aaron	SR Lynchburg	11.08		8
3 Abdus-Salaam, Nuriddin	SO Eastern Menn	11.20		6
4 Dudley, Curtis	FR Virginia Wesl	11.28		5
5 Norfleet, Keyontae	FR Virginia Wesl	11.38		4
6 Hollins, Donovan	FR Bridgewater (11.45		3
7 Wojno, Richard	SO Bridgewater (11.46		2
8 Galloway, Alex	SO Bridgewater (12.72		1

Prelims

PI Name	Yr Team	Time	H(PI)	Pts
1 Truman, Evan	SR Lynchburg	10.77 (-0.8)Q	2(1)	
2 Wood, Aaron	SR Lynchburg	10.92 (NW)Q	3(1)	
3 Abdus-Salaam, Nuriddin	SO Eastern Menn	11.06 (-0.2)Q	1(1)	
4 Dudley, Curtis	FR Virginia Wesl	11.07 (NW)q	3(2)	
5 Norfleet, Keyontae	FR Virginia Wesl	11.11 (-0.8)q	2(2)	
6 Hollins, Donovan	FR Bridgewater (11.15 (-0.8)q	2(3)	
7 Galloway, Alex	SO Bridgewater (11.22 (-0.2)q	1(2)	
8 Wojno, Richard	SO Bridgewater (11.24 (-0.2)q	1(3)	
9 Fisher, Tyler	JR Shenandoah	11.27 (NW)	3(3)	
10 Amoateng, Grant	SO Eastern Menn	11.30 (-0.2)	1(4)	
11 Mitchell, Josephus	JR Guilford	11.32 (-0.2)	1(5)	
12 Ardila, Armon	SO Virginia Wesl	11.35 (-0.8)	2(4)	
13 Branch, Donte	JR Roanoke	11.58 (NW)	3(4)	
14 Woodson, John	FR Shenandoah	11.65 (-0.8)	2(5)	
15 Witter, Ryan	JR Lynchburg	11.68 (-0.2)	1(6)	
16 Henderson, Mahmoud	FR Guilford	11.68 (-0.8)	2(6)	
17 Jones, Nick	SR Guilford	11.89 (NW)	3(5)	
18 Carter, Quordel	SO Randolph	11.99 (-0.8)	2(7)	
Cypress, Bruce	SO Eastern Menn	DNS (NW)	3	
Morton, Elijah	FR Shenandoah	DNS (NW)	3	

#11 Men's 200 Meters

☿ Conference	21.10	Johnathan Smith
# Meet	21.55	Randy Lott

Finals

PI Name	Yr Team	Time	H(PI)	Pts
1 Galloway, Alex	SO Bridgewater (22.27 (+0.0)	2(1)	10
2 Truman, Evan	SR Lynchburg	22.53 (+0.0)	2(2)	8
3 Wood, Aaron	SR Lynchburg	22.62 (+1.6)	1(1)	6
4 Norfleet, Keyontae	FR Virginia Wesl	22.79 (+1.6)	1(2)	5
5 Jones, John	SR Washington a	22.92 (+0.0)	2(3)	4
6 Fiore, Donovan	FR Washington a	23.04 (+0.0)	2(4)	3

#11 Men's 200 Meters (cont'd)

Finals

PI Name	Yr Team	Time	H(PI)	Pts
7 Quinn, Anthony	SR Randolph	23.14 (+1.6)	1(3)	2
8 Abdus-Salaam, Nuriddin	SO Eastern Menn	23.80 (+1.6)	1(4)	1

Prelims

PI Name	Yr Team	Time	H(PI)	Pts
1 Galloway, Alex	SO Bridgewater (22.18 (-0.6)Q	2(1)	
2 Truman, Evan	SR Lynchburg	22.30 (+0.0)Q	5(1)	
3 Norfleet, Keyontae	FR Virginia Wesl	22.35 (+0.0)Q	1(1)	
4 Wood, Aaron	SR Lynchburg	22.38 (+0.0)Q	4(1)	
5 Abdus-Salaam, Nuriddin	SO Eastern Menn	22.56 (+0.0)q	4(2)	
6 Jones, John	SR Washington a	22.61 (+0.0)q	5(2)	
7 Fiore, Donovan	FR Washington a	22.64 (+0.0)Q	3(1)	
8 Quinn, Anthony	SR Randolph	22.78 (+0.0)q	1(2)	
9 Huffman, Carter	SO Washington a	22.85 (+0.0)	5(3)	
10 Christian, Brandon	SO Bridgewater (22.96 (+0.0)	3(2)	
11 Frazier, Karim	SO Randolph	23.00 (-0.6)	2(2)	
12 Hollins, Donovan	FR Bridgewater (23.02 (+0.0)	3(3)	
13 Ardila, Armon	SO Virginia Wesl	23.04 (+0.0)	3(4)	
14 Edwards, Julian	FR Roanoke	23.16 (-0.6)	2(3)	
15 Mitchell, Josephus	JR Guilford	23.34 (+0.0)	4(3)	
16 Branch, Donte	JR Roanoke	23.49 (+0.0)	4(4)	
17 Woodson, John	FR Shenandoah	23.74 (+0.0)	1(3)	
18 Rowe, Nathaniel	JR Roanoke	23.78 (+0.0)	3(5)	
19 Southland, William	FR Shenandoah	23.86 (+0.0)	4(5)	
20 Sumner, Jonathan	SR Guilford	24.08 (+0.0)	1(4)	
21 Phillips, Nate	SO Guilford	24.26 (-0.6)	2(4)	
22 Shubrooks, Donald	SR Shenandoah	24.26 (+0.0)	1(5)	
23 Jones, Nick	SR Guilford	24.36 (+0.0)	5(4)	
24 Carter, Quordel	SO Randolph	24.88 (+0.0)	3(6)	
25 Sprecher, Trace	SO Lynchburg	25.87 (+0.0)	4(6)	
Muslusky, Tim	FR Virginia Wesl	DNS (NW)	2	
Cypress, Bruce	SO Eastern Menn	DNS (NW)	5	

#5 Men's 400 Meters

☿ Conference	46.74	Jesse Thomas
# Meet	47.66	Alexander Tallman

Finals

PI Name	Yr Team	Time	H(PI)	Pts
1 Galloway, Alex	SO Bridgewater (49.03	1(1)	10
2 Huffman, Carter	SO Washington a	49.60	2(1)	8
3 Jones, John	SR Washington a	49.61	1(2)	6
4 Sampson, Hunter	SO Eastern Menn	49.85	2(2)	5
5 Fiore, Donovan	FR Washington a	50.74	2(3)	4
6 Dawkins, Mykal	JR Roanoke	51.25	1(3)	3
7 Mays, Ryan	FR Bridgewater (51.89	2(4)	2

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#5 Men's 400 Meters (cont'd)

Finals

Pl Name	Yr Team	Time	H(Pl)	Pts
8 Edwards, Julian	FR Roanoke	51.95	1(4)	1

Prelims

Pl Name	Yr Team	Time	H(Pl)	Pts
1 Sampson, Hunter	SO Eastern Menn	49.49Q	3(1)	
2 Huffman, Carter	SO Washington a	49.52q	3(2)	
3 Fiore, Donovan	FR Washington a	49.96Q	1(1)	
4 Galloway, Alex	SO Bridgewater (50.15q	1(2)	
5 Jones, John	SR Washington a	50.29Q	2(1)	
6 Dawkins, Mykal	JR Roanoke	51.66Q	4(1)	
7 Mays, Ryan	FR Bridgewater (51.70q	3(3)	
8 Edwards, Julian	FR Roanoke	52.34q	1(3)	
9 Smith, Joshua	FR Bridgewater (52.58	2(2)	
10 Borhauer, Ansel	SR Shenandoah	52.77	4(2)	
11 Gmurek, Shawn	FR Lynchburg	52.81	2(3)	
12 Lee, Terry	SR Lynchburg	53.38	3(4)	
13 Shubrooks, Donald	SR Shenandoah	54.27	4(3)	
14 Southland, William	FR Shenandoah	55.20	1(4)	
15 Dunn, Meredith	FR Virginia Wesl	56.04	1(5)	
16 Harris, Ivan	SO Eastern Menn	57.53	4(4)	
17 Gibson, Leo	FR Guilford	1:00.11	2(4)	
18 Berard, Patrick	FR Virginia Wesl	1:01.18	3(5)	
Bishop, Joshua	SO Eastern Menn	DNS	2	
Breedlove, Danny	JR Bridgewater (DNS	4	

#19 Men's 800 Meters

¢ Conference	1:50.58	Sam Gunther
# Meet	1:52.90	Josh Zobenica

Pl Name	Yr Team	Time	H(Pl)	Pts
1 Denlinger, Tyler	SR Eastern Menn	1:55.25	3(1)	10
2 Baird, Cooper	SO Washington a	1:57.27	3(2)	8
3 White, Trey	SR Virginia Wesl	1:57.41	3(3)	6
4 Roberts, Jake	SR Washington a	1:59.08	3(4)	5
5 Bailey, Adam	FR Bridgewater (1:59.32	2(1)	4
6 Haizel-Cobbina, Johnny	SO Bridgewater (1:59.36	3(5)	3
7 Meyer, Matthieu	JR Randolph	1:59.58	2(2)	2
8 Gibson, Shane	FR Bridgewater (1:59.70	2(3)	1
9 Dorner-Thomas, Justin	FR Lynchburg	2:00.67	2(4)	
10 Schlott, Max	SO Washington a	2:02.23	2(5)	
11 Fry, Gavin	SO Virginia Wesl	2:03.12	2(6)	
12 Crump, Athey	FR Roanoke	2:03.60	2(7)	
13 Fleck, Jacob	SR Lynchburg	2:03.99	2(8)	
14 Segovia, David	JR Shenandoah	2:04.00	2(9)	
15 Agrippina, Andrew	SO Washington a	2:05.69	1(1)	
16 Sharkey, Reid	FR Lynchburg	2:08.13	3(6)	

#19 Men's 800 Meters (cont'd)

Pl Name	Yr Team	Time	H(Pl)	Pts
17 Wall, Colin	JR Roanoke	2:11.45	1(2)	
18 Walsh, Joseph	JR Bridgewater (2:13.23	1(3)	
19 Borhauer, Ansel	SR Shenandoah	2:13.91	3(7)	
20 Gleissner, Adam	SO Shenandoah	2:13.97	1(4)	
21 Simones, Quint	SR Guilford	2:18.95	1(5)	
22 Antozzi, Seth	FR Virginia Wesl	2:39.29	1(6)	
Thibodeaux, Alec	SR Eastern Menn	DNS	3	
Waterman, Kevin	JR Roanoke	DNS	3	

#17 Men's 1500 Meters

¢ Conference	3:49.64	Ken Brady
# Meet	3:56.27	Ian McDonald

Pl Name	Yr Team	Time	H(Pl)	Pts
1 McDonald, Ian	SR Washington a	3:56.65	2(1)	10
2 Denlinger, Tyler	SR Eastern Menn	3:57.05	2(2)	8
3 Baird, Cooper	SO Washington a	3:58.10	2(3)	6
4 Leroy, MacKenzye	JR Washington a	4:00.03	2(4)	5
5 Weidman, Max	FR Bridgewater (4:01.22	2(5)	4
6 Haizel-Cobbina, Johnny	SO Bridgewater (4:03.88	2(6)	3
7 Maguder, Connor	SR Bridgewater (4:04.07	2(7)	2
8 Sharkey, Reid	FR Lynchburg	4:05.48	2(8)	1
9 Mehrer, Justin	SO Shenandoah	4:05.66	2(9)	
10 Horton, Matthew	JR Shenandoah	4:09.76	2(10)	
11 Nisly, Jared	SR Eastern Menn	4:11.07	2(11)	
12 Rees, Levi	JR Lynchburg	4:17.32	1(1)	
13 Ward, Michael	FR Virginia Wesl	4:19.02	1(2)	
14 Willis, Nathaniel	FR Roanoke	4:19.46	1(3)	
15 Clem, Alex	SO Randolph	4:26.05	1(4)	
16 Amstutz, Caleb	SO Guilford	4:27.52	1(5)	
17 Avila, Diego	FR Eastern Menn	4:28.00	1(6)	
18 Carlson, Alec	FR Roanoke	4:28.38	1(7)	
19 Ogburn, Dustin	SR Virginia Wesl	4:30.92	1(8)	
20 Chirinos, Derrick	SO Eastern Menn	4:33.41	1(9)	
21 Waterman, Kevin	JR Roanoke	4:35.38	2(12)	
22 Blevins, Philip	JR Virginia Wesl	4:43.08	1(10)	
23 Bayisa, Naol	FR Shenandoah	4:56.11	1(11)	

#21 Men's 5000 Meters

¢ Conference	14:25.22	Ricky Flynn
# Meet	15:03.74	Chad Norton

Pl Name	Yr Team	Time	Pts
1 Hiegel, Robert	SO Bridgewater (15:08.03	10
2 Leroy, MacKenzye	JR Washington a	15:21.90	8
3 Lucy-Speidel, Tristan	SO Lynchburg	15:24.76	6
4 Smith, Drew	SR Lynchburg	15:31.78	5
5 Strehler, Mac	SR Washington a	15:32.94	4

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#21 Men's 5000 Meters (cont'd)

Pl	Name	Yr Team	Time	Pts
6	Amine, Abraham	FR Eastern Menn	15:41.57	3
7	Maguder, Connor	SR Bridgewater (15:43.41	2
8	Maloney, Trevor	SR Virginia Wesl	15:44.70	1
9	Stern, Ben	SR Lynchburg	15:45.03	
10	Barrett, Tyler	FR Roanoke	15:45.32	
11	Daniels, Howard	JR Roanoke	16:03.78	
12	Carmody, Joe	SO Washington a	16:09.04	
13	Osborne, Andrew	SR Lynchburg	16:10.30	
14	Horton, Matthew	JR Shenandoah	16:18.34	
15	Wolverton, Louis	FR Virginia Wesl	16:22.68	
16	Harmon, Phillip	SR Washington a	16:28.30	
17	Mehrer, Justin	SO Shenandoah	16:37.26	
18	Amstutz, Caleb	SO Guilford	17:06.62	
19	Kirkbide, Matt	FR Virginia Wesl	17:14.50	
20	Davis, Winston	JR Shenandoah	17:44.65	
	McDonald, Ian	SR Washington a	DNS	
	Boekman, Calin	SO Eastern Menn	DNS	
	Thibodeaux, Alec	SR Eastern Menn	DNS	
	Longenecker, Collin	FR Eastern Menn	DNS	
	Kinne, Austin	FR Washington a	DNS	
	Anhold, Steven	JR Eastern Menn	DNS	
	Gibson, Trey	SR Bridgewater (DNS	

#13 Men's 10000 Meters

¢	Conference	30:03.39	Ricky Flynn	
#	Meet	31:49.56	Andrew Osborne	
Pl	Name	Yr Team	Time	Pts
1	Strehler, Mac	SR Washington a	32:23.76	10
2	Hiegel, Robert	SO Bridgewater (32:54.93	8
3	Kinne, Austin	FR Washington a	33:28.79	6
4	Stern, Ben	SR Lynchburg	33:33.84	5
5	Osborne, Andrew	SR Lynchburg	33:38.18	4
6	Daniels, Howard	JR Roanoke	33:44.74	3
7	Dolwick, Alex	SO Washington a	33:50.90	2
8	Theimer, Robert	SO Bridgewater (34:01.02	1
9	Parsons, Ray	JR Shenandoah	34:04.39	
10	Wiggins, John	SR Roanoke	34:05.49	
11	Batchelor, Ethan	FR Lynchburg	34:16.52	
12	Brennan, Colin	JR Roanoke	34:38.20	
13	Anhold, Steven	JR Eastern Menn	34:46.91	
14	Cook, Robert	SR Eastern Menn	35:08.15	
15	Gibson, Trey	SR Bridgewater (35:09.53	
16	Martin, Timothy	SR Eastern Menn	35:39.31	
17	Davis, Winston	JR Shenandoah	36:24.79	
18	Barton, Zachary	SO Shenandoah	36:25.09	
19	Cerone, Trevor	FR Virginia Wesl	36:33.32	

#13 Men's 10000 Meters (cont'd)

Pl	Name	Yr Team	Time	Pts
20	Henken, Cameron	SR Bridgewater (36:42.30	
	Hunter, Patrick	SO Washington a	DNF	

#3 Men's 110m Hurdles

¢	Conference	14.30	Andy White
#	Meet	14.54	Andy White

Wind: (+1.3)

Pl	Name	Yr Team	Time	Pts
1	Quinn, Anthony	SR Randolph	15.09	10
2	Pranka, Drew	SO Washington a	15.25	8
3	Coe, Quinton	FR Lynchburg	15.85	6
4	Hart, Austin	JR Eastern Menn	16.00	5
5	Stover, Darious	FR Eastern Menn	16.36	4
6	Moore, Christopher	FR Bridgewater (16.52	3
7	Moran, Kevin	FR Lynchburg	16.86	2
8	Jernigan, Wade	JR Virginia Wesl	21.16	1

#9 Men's 400m Hurdles

¢	Conference	51.72	Safwan Williams
#	Meet	53.67	Rachad Davis

Finals

Pl	Name	Yr Team	Time	H(Pl)	Pts
1	Faint, Connor	JR Eastern Menn	53.67	2(1)	10
2	Pranka, Drew	SO Washington a	54.91	2(2)	8
3	Moran, Kevin	FR Lynchburg	56.85	1(1)	6
4	Smith, Sam	SR Bridgewater (58.49	1(2)	5
5	Moore, Christopher	FR Bridgewater (58.79	1(3)	4
6	Dawkins, Mykal	JR Roanoke	59.88	2(3)	3
7	Hasenecz, Kevin	SR Bridgewater (1:00.43	2(4)	2
8	Del Cristo, Albert	SO Washington a	1:03.71	1(4)	1

Prelims

Pl	Name	Yr Team	Time	H(Pl)
1	Faint, Connor	JR Eastern Menn	55.32Q	1(1)
2	Pranka, Drew	SO Washington a	55.89Q	2(1)
3	Moran, Kevin	FR Lynchburg	57.46Q	3(1)
4	Moore, Christopher	FR Bridgewater (57.47q	1(2)
5	Hasenecz, Kevin	SR Bridgewater (58.17q	2(2)
6	Smith, Sam	SR Bridgewater (58.77q	3(2)
7	Dawkins, Mykal	JR Roanoke	58.79q	3(3)
8	Del Cristo, Albert	SO Washington a	1:00.40q	3(4)
9	Williams, Luke	SO Lynchburg	1:01.18	2(3)
10	Myrick, Tory	FR Randolph	1:01.85	1(3)
11	Boone, Antonio	JR Virginia Wesl	1:02.11	2(4)
12	Albert, Kyle	FR Shenandoah	1:02.30	1(4)
13	Cahill, Connor	FR Lynchburg	1:02.71	1(5)

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#1 Men's 3000m Steeple

Pl	Name	Yr	Team	Time	Pts
¢	Conference			9:09.71	Harrison Toney
#	Meet			9:21.67	Harrison Toney
1	Smith, Drew		SR Lynchburg	9:39.61	10
2	Lucy-Speidel, Tristan		SO Lynchburg	9:39.89	8
3	Nisly, Jared		SR Eastern Menn	9:49.03	6
4	Weidman, Max		FR Bridgewater (9:50.11	5
5	Horton, Matthew		JR Shenandoah	10:17.31	4
6	Patrick, Hank		SO Washington a	10:24.04	3
7	Mehrer, Justin		SO Shenandoah	10:31.03	2
8	Gussiaas, Matthew		SR Shenandoah	10:38.08	1
9	Albert, Kyle		FR Shenandoah	10:40.58	
10	Class, Michael		SO Virginia Wesl	10:50.47	
11	Long, Scott		SR Bridgewater (10:52.50	
12	Good, Logan		JR Bridgewater (10:54.00	
13	Baer, Kollin		FR Virginia Wesl	11:08.65	
14	Tres, Michael		FR Virginia Wesl	11:11.17	
15	Zartman, Bradley		SO Shenandoah	11:32.14	
16	Wilson, Ryan		SO Roanoke	11:37.98	
	Simones, Quint		SR Guilford	DNF	

#15 Men's 4 x 100m Relay

Pl	Team	Time	H(Pl)	Pts
¢	Conference	41.21		Lynchburg College
#	Meet	41.73		Copeland, Queen, Beiler,
1	Eastern Mennonite (A)	42.41	2(1)	10
2	Lynchburg (A)	42.65	2(2)	8
3	Bridgewater (Va.) (A)	42.72	2(3)	6
4	Washington and Lee (A)	43.31	2(4)	5
5	Guilford (A)	44.18	1(1)	4
6	Randolph (A)	44.52	2(5)	3
7	Roanoke (A)	45.28	1(2)	2
	Virginia Wesleyan (A)	DNF		2
	Shenandoah (A)	DQ		1

#23 Men's 4 x 400m Relay

Pl	Team	Time	H(Pl)	Pts
¢	Conference	3:10.20		Lynchburg College
#	Meet	3:18.12		Hawkins, Ramirez, Sivals,
1	Washington and Lee (A)	3:22.42	2(1)	10
2	Eastern Mennonite (A)	3:22.55	2(2)	8
3	Lynchburg (A)	3:24.88	2(3)	6
4	Virginia Wesleyan (A)	3:24.90	2(4)	5
5	Bridgewater (Va.) (A)	3:26.91	2(5)	4
6	Randolph (A)	3:35.55	1(1)	3
7	Shenandoah (A)	3:41.49	1(2)	2

#23 Men's 4 x 400m Relay (cont'd)

Pl	Team	Time	H(Pl)	Pts
8	Guilford (A)	3:50.93	1(3)	1
	Roanoke (A)	DNF		2

#26 Men's High Jump

Pl	Name	Yr	Team	Mark	Pts
¢	Conference			2.19m	Devon Lewis
#	Meet			2.14m	Ricky Easterling
1	Howard, Jamel		FR Eastern Menn	1.94m	10
2	Turner, Davis		JR Washington a	1.91m	8
3	Davis, Rashon		FR Bridgewater (1.88m	6
4	Coe, Quinton		FR Lynchburg	1.82m	5
5	Afrifa-Boakye, Philemon		SO Randolph	1.82m	4
6	Davis, Devon		SO Randolph	1.77m	2
6	Banks, Anthony		SR Shenandoah	1.77m	2
6	Christian, Brandon		SO Bridgewater (1.77m	2
9	Anderson, Albert		FR Lynchburg	1.77m	
10	DeKnight, Harrison		SR Washington a	1.77m	

#28 Men's Pole Vault

Pl	Name	Yr	Team	Mark	Pts
¢	Conference			5.02m	Andy Rollins
#	Meet			5.02m	Andy Rollins
1	Sims, Shep		FR Washington a	4.40m	10
2	Kopec, Dillon		FR Roanoke	4.00m	8
3	Frazier, Karim		SO Randolph	3.90m	6
4	Jones, Robert		SR Washington a	3.75m	4.5
4	Weatherwax, Jordon		JR Bridgewater (3.75m	4.5
6	Kalinowski, Casey		JR Lynchburg	3.75m	3
7	Muslusky, Tim		FR Virginia Wesl	3.60m	2
8	Cook, Gavin		SR Randolph	3.45m	1
9	Jernigan, Wade		JR Virginia Wesl	3.45m	
10	Pranka, Drew		SO Washington a	3.30m	
11	Koo, Bryce		SO Lynchburg	3.15m	

#30 Men's Long Jump

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
¢	Conference			7.67m		Evan Trumann
#	Meet			7.42m		Dave Lichtenstein
1	Truman, Evan		SR Lynchburg	7.41m (+4.3)	2	10
2	Amoateng, Grant		SO Eastern Menn	6.90m (+2.4)	2	8
3	Christian, Brandon		SO Bridgewater (6.81m (-1.1)	2	6
4	Turner, Davis		JR Washington a	6.60m (+2.8)	2	5
5	Phillips, Nate		SO Guilford	6.57m (+1.8)	2	4
6	Cheeks, Corey		FR Shenandoah	6.52m (+1.9)	2	3
7	Stover, Darius		FR Eastern Menn	6.49m (+2.9)	1(1)	2
8	Afrifa-Boakye, Philemon		SO Randolph	6.34m (+2.1)	2	1

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#30 Men's Long Jump (cont'd)

PI	Name	Yr Team	Mark	F(PI)	Pts
9	Hedrick, Jeremiah	FR Guilford	6.26m (+1.3)	2	
10	Barefoot, Brady	FR Bridgewater (6.23m (+1.7)	1(2)	
11	Bjorklund, Andrew	FR Virginia Wesl	6.21m (+5.3)	1(3)	
12	Breedlove, Danny	JR Bridgewater (6.16m (+1.5)	2	
13	Rowe, Nathaniel	JR Roanoke	6.05m (+1.9)	1(4)	
14	Branch, Donte	JR Roanoke	5.92m (+1.3)	1(5)	
15	Seth, Demetrius	FR Virginia Wesl	5.60m (-0.1)	1(6)	
16	Woodson, John	FR Shenandoah	5.47m (+0.5)	1(7)	
	Smith, Chris	FR Shenandoah	NM (NW)	2	
	Boone, Antonio	JR Virginia Wesl	NM (NW)	1	
	Kim, Andrew	JR Washington a	DNS (NW)	1	

#32 Men's Triple Jump

PI	Name	Yr Team	Mark	F(PI)	Pts
¢	Conference	15.27m	James Walker		
#	Meet	15.27m	James Walker		
1	Christian, Brandon	SO Bridgewater (13.80m (+0.0)	2(1)	10
2	Amoateng, Grant	SO Eastern Menn	13.70m (+0.0)	2(2)	8
3	Council, Darin	SR Bridgewater (13.43m (+0.0)	2(3)	6
4	Smith, Chris	FR Shenandoah	12.99m (+0.0)	2(4)	5
5	Truman, Evan	SR Lynchburg	12.78m (-1.4)	1(1)	4
6	DeKnight, Harrison	SR Washington a	12.75m (+0.0)	2(5)	3
7	Hedrick, Jeremiah	FR Guilford	12.68m (+0.0)	2(6)	2
8	Duncan, Dwayne	SO Guilford	12.19m (+0.0)	1(2)	1
9	Stover, Darius	FR Eastern Menn	12.14m (+0.0)	1(3)	
10	Bjorklund, Andrew	FR Virginia Wesl	11.98m (+0.0)	2(7)	
11	Anderson, Albert	FR Lynchburg	11.94m (+0.0)	1(4)	
12	Barefoot, Brady	FR Bridgewater (11.94m (-0.3)	1(4)	
13	Kim, Andrew	JR Washington a	11.76m (+0.0)	2(8)	
14	Dunn, Meredith	FR Virginia Wesl	11.66m (+0.0)	1(6)	
15	Coe, Quinton	FR Lynchburg	11.61m (+0.0)	1(7)	
	Baker, Scott	SO Shenandoah	NM (NW)	1	
	Seth, Demetrius	FR Virginia Wesl	NM (NW)	1	
	Cheeks, Corey	FR Shenandoah	NM (NW)	2	

#34 Men's Shot Put

PI	Name	Yr Team	Mark	F(PI)	Pts
¢	Conference	17.22m	Nate Turner		
#	Meet	16.68m	Nate Turner		
1	Robertson, Patrick	SR Washington a	14.72m	2(1)	10
2	Roberts, Jay	FR Washington a	14.27m	2(2)	8
3	Dericks, Dashiell	JR Washington a	13.90m	1(1)	6
4	Griffey, Evan	JR Lynchburg	13.79m	2(3)	5
5	Council, Darin	SR Bridgewater (13.70m	2(4)	4
6	Huffman, Corey	SO Bridgewater (13.56m	2(5)	3
7	Terrell, Prescott	JR Bridgewater (13.08m	2(6)	2

#34 Men's Shot Put (cont'd)

PI	Name	Yr Team	Mark	F(PI)	Pts
8	Creel, Andrew	FR Washington a	12.85m	2(7)	1
9	Owusu, Abel	FR Virginia Wesl	12.81m	1(2)	
10	Bland, Kaleb	FR Roanoke	12.71m	2(8)	
11	Jackson, Marquaye	SO Shenandoah	11.50m	2(9)	
12	Jones, Lucas	JR Roanoke	11.23m	1(3)	
13	McCauley, Kenneth	FR Shenandoah	11.11m	1(4)	
14	Knave, James	FR Shenandoah	10.98m	1(5)	
15	Odom, Justin	FR Eastern Menn	10.78m	1(6)	
16	Gilchrist, Brandon	FR Virginia Wesl	9.06m	1(7)	
17	Cassoma, Evandro	JR Guilford	8.45m	1(8)	

#36 Men's Discus

PI	Name	Yr Team	Mark	F(PI)	Pts
¢	Conference	50.62m	Seth McGuffin		
#	Meet	48.82m	Seth McGuffin		
1	Dericks, Dashiell	JR Washington a	46.13m	2(1)	10
2	Terrell, Prescott	JR Bridgewater (42.06m	2(2)	8
3	Huffman, Corey	SO Bridgewater (41.38m	2(3)	6
4	Robertson, Patrick	SR Washington a	40.84m	2(4)	5
5	Council, Darin	SR Bridgewater (39.96m	2(5)	4
6	McCauley, Kenneth	FR Shenandoah	38.94m	2(6)	3
7	Hoppe, Dalton	SO Lynchburg	38.65m	2(7)	2
8	Jackson, Marquaye	SO Shenandoah	37.71m	2(8)	1
9	Bland, Kyle	FR Roanoke	35.49m	1(1)	
10	Creel, Andrew	FR Washington a	32.26m	1(2)	
11	Owusu, Abel	FR Virginia Wesl	28.89m	1(3)	
12	Flowers, David	SR Roanoke	28.39m	1(4)	
13	Knave, James	FR Shenandoah	27.51m	1(5)	
14	Odom, Justin	FR Eastern Menn	23.09m	1(6)	
15	Cassoma, Evandro	JR Guilford	19.38m	1(7)	
	Roberts, Jay	FR Washington a	NM	1	

#38 Men's Hammer

PI	Name	Yr Team	Mark	F(PI)	Pts
¢	Conference	55.62m	Dan Reid		
#	Meet	55.62m	Dan Reid		
1	Robertson, Patrick	SR Washington a	53.55m	2(1)	10
2	Terrell, Prescott	JR Bridgewater (51.71m	2(2)	8
3	Hoppe, Dalton	SO Lynchburg	46.00m	2(3)	6
4	Jackson, Marquaye	SO Shenandoah	43.50m	2(4)	5
5	Flowers, David	SR Roanoke	41.08m	2(5)	4
6	Creel, Andrew	FR Washington a	37.77m	2(6)	3
7	Claroni, Daniel	SR Washington a	37.61m	2(7)	2
8	Jones, Lucas	JR Roanoke	36.60m	1(1)	1
9	Bland, Kaleb	FR Roanoke	34.68m	1(2)	
10	Griffey, Evan	JR Lynchburg	34.57m	2(8)	

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Lexington, VA

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4/21/2017 - 4/22/2017

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RESULTS

#38 Men's Hammer (cont'd)

Pl	Name	Yr Team	Mark	F(Pl)	Pts
11	Bland, Kyle	FR Roanoke	33.73m	1(3)	
12	McCauley, Kenneth	FR Shenandoah	33.61m	1(4)	
13	Gilchrist, Brandon	FR Virginia Wesl	31.28m	1(5)	
14	Knave, James	FR Shenandoah	28.15m	1(6)	
15	Curtis, Jared	JR Lynchburg	27.43m	1(7)	
	Owusu, Abel	FR Virginia Wesl	NM	1	
	Garlick, Austin	SO Bridgewater (NM	2	

#40 Men's Javelin

Pl	Name	Yr Team	Mark	F(Pl)	Pts
¢	Conference	63.76m	Kevin Sullivan		
#	Meet	63.76m	Kevin Sullivan		
1	Dericks, Dashiell	JR Washington a	53.42m	2(1)	10
2	Hoppe, Dalton	SO Lynchburg	49.71m	2(2)	8
3	Huffman, Corey	SO Bridgewater (46.97m	2(3)	6
4	Banks, Anthony	SR Shenandoah	45.95m	2(4)	5
5	Wojno, Richard	SO Bridgewater (44.32m	2(5)	4
6	Jernigan, Wade	JR Virginia Wesl	42.43m	1(1)	3
7	Getchell, Joseph	SO Virginia Wesl	39.42m	2(6)	2
8	Robertson, Mark	SO Bridgewater (38.80m	2(7)	1
9	Russell, Tyler	FR Bridgewater (38.22m	1(2)	
10	Jones, Robert	SR Washington a	36.97m	1(3)	
11	Curtis, Jared	JR Lynchburg	36.95m	2(8)	
12	Davis, Devon	SO Randolph	32.94m	1(4)	
13	Carter, Quordel	SO Randolph	31.02m	1(5)	
14	Muslusky, Tim	FR Virginia Wesl	27.27m	1(6)	
15	Sumner, Jonathan	SR Guilford	20.29m	1(7)	
	Claroni, Daniel	SR Washington a	NM	1	

#8 Women's 100 Meters

¢	Conference	11.76	Amber Celen
#	Meet	11.98	Jaleesa Osborne

Finals

Wind: (+1.4)

Pl	Name	Yr Team	Time	Pts
1	Celen, Amber	JR Bridgewater (12.34	10
2	Miller, Tajah	SO Eastern Menn	12.77	8
3	Aurand, Claire	FR Roanoke	12.88	6
4	Valle, Emily	FR Bridgewater (13.07	5
5	Elliott, Lacey	SO Lynchburg	13.64	4
6	Meador, Tye	SO Bridgewater (13.67	3
7	Philson, Jada	SO Virginia Wesl	13.74	2
8	Rosenwasser, Jessica	SO Washington a	13.83	1

Prelims

Pl	Name	Yr Team	Time	H(Pl)
1	Celen, Amber	JR Bridgewater (12.21 (+0.0)Q	3(1)

#8 Women's 100 Meters (cont'd)

Prelims				
Pl	Name	Yr Team	Time	H(Pl)
2	Aurand, Claire	FR Roanoke	12.38 (+0.0)Q	2(1)
3	Miller, Tajah	SO Eastern Menn	12.48 (+0.9)Q	1(1)
4	Valle, Emily	FR Bridgewater (12.77 (+0.9)q	1(2)
5	Meador, Tye	SO Bridgewater (13.02 (+0.0)q	3(2)
6	Rosenwasser, Jessica	SO Washington a	13.26 (+0.9)q	1(3)
7	Philson, Jada	SO Virginia Wesl	13.28 (+0.0)q	3(3)
8	Elliott, Lacey	SO Lynchburg	13.34 (+0.0)q	2(2)
9	Green, Alise	FR Guilford	13.37 (+0.0)	3(4)
10	Penn, Jalil	FR Randolph	13.47 (+0.9)	1(4)
11	Morrow, Dale	FR Lynchburg	13.47 (+0.0)	2(3)
12	Ross, Amber	FR Roanoke	13.67 (+0.0)	3(5)
13	Newkirk, A'lexus	JR Guilford	13.73 (+0.0)	3(6)
14	Graves, Mariah	FR Shenandoah	13.95 (+0.9)	1(5)
15	Mackin, Claire	FR Washington a	14.18 (+0.0)	2(4)
16	Grohbrugge, Kyle	FR Roanoke	14.60 (+0.9)	1(6)
17	Godsey, Megan	FR Shenandoah	15.15 (+0.0)	2(5)
18	Ware, Chelsea	SO Guilford	16.23 (+0.0)	3(7)
	Wilkerson, Shamyra	SO Shenandoah	DNF (NW)	2

#12 Women's 200 Meters

¢	Conference	24.17	Robin Yerkes
#	Meet	24.72	Robin Yerkes

Finals

Pl	Name	Yr Team	Time	H(Pl)	Pts
1	Celen, Amber	JR Bridgewater (25.47 (+1.6)	1(1)	10
2	Aurand, Claire	FR Roanoke	26.36 (+2.0)	2(1)	8
3	Roach, Chloe	FR Eastern Menn	26.56 (+1.6)	1(2)	6
4	MacDougall, Brynn	SR Roanoke	26.82 (+2.0)	2(2)	5
5	Miller, Tajah	SO Eastern Menn	27.29 (+2.0)	2(3)	4
6	Lee, Dana	SR Washington a	27.51 (+1.6)	1(3)	3
7	Dollins, Alizae	SO Virginia Wesl	27.57 (+2.0)	2(4)	2
8	Rosenwasser, Jessica	SO Washington a	29.06 (+1.6)	1(4)	1

Prelims

Pl	Name	Yr Team	Time	H(Pl)
1	Aurand, Claire	FR Roanoke	25.75 (-0.3)Q	2(1)
2	Miller, Tajah	SO Eastern Menn	25.95 (+0.0)Q	4(1)
3	MacDougall, Brynn	SR Roanoke	26.05 (-0.3)q	2(2)
4	Celen, Amber	JR Bridgewater (26.14 (+0.0)Q	1(1)
5	Roach, Chloe	FR Eastern Menn	26.18 (+0.0)Q	3(1)
6	Lee, Dana	SR Washington a	26.48 (+0.0)q	4(2)
7	Dollins, Alizae	SO Virginia Wesl	26.61 (+0.0)q	1(2)
8	Rosenwasser, Jessica	SO Washington a	27.31 (-0.3)q	2(3)
9	Sheets, Jordan	FR Randolph	27.56 (+0.0)	4(3)
10	Cheatwood, Emily	FR Shenandoah	27.58 (+0.0)	1(3)

OLD DOMINION ATHLETIC CONFERENCE CHAMPIONSHIPS

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4/21/2017 - 4/22/2017

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#12 Women's 200 Meters (cont'd)

Prelims

PI	Name	Yr Team	Time	H(PI)
11	Philson, Jada	SO Virginia Wesl	27.64 (+0.0)	3(2)
12	Brown, Cierra	FR Lynchburg	27.92 (+0.0)	1(4)
13	Penn, Jalil	FR Randolph	27.95 (+0.0)	3(3)
14	Green, Alise	FR Guilford	28.03 (+0.0)	4(4)
15	Newkirk, A'lexus	JR Guilford	28.22 (-0.3)	2(4)
16	Wright, Cheyenne	SO Guilford	28.92 (-0.3)	2(5)
17	Maku, Batres	FR Shenandoah	28.94 (+0.0)	1(5)
18	Johnson, Jazmyne	FR Lynchburg	29.28 (+0.0)	4(5)
19	Mackin, Claire	FR Washington a	29.31 (+0.0)	4(6)
20	Rempas, Kristin	FR Virginia Wesl	29.62 (+0.0)	3(4)
21	Grohbrugge, Kyle	FR Roanoke	30.43 (+0.0)	3(5)
	Wilkerson, Shamyra	SO Shenandoah	DNS (NW)	3

#6 Women's 400 Meters

¢	Conference	54.78	Robin Yerkes
#	Meet	56.03	Alease Kinney

Finals

PI	Name	Yr Team	Time	H(PI)	Pts
1	Hauver, Maryellen	JR Bridgewater (58.98	2(1)	10
2	MacDougall, Brynn	SR Roanoke	59.18	2(2)	8
3	Lee, Dana	SR Washington a	59.62	1(1)	6
4	Cross, Jayla	FR Virginia Wesl	1:00.44	1(2)	5
5	Farroni, Kara	SR Washington a	1:01.72	1(3)	4
6	Meador, Tye	SO Bridgewater (1:01.85	1(4)	3
7	Williams, Brittany	JR Eastern Menn	1:02.70	2(3)	2
8	White, Taylor	FR Lynchburg	1:03.07	2(4)	1

Prelims

PI	Name	Yr Team	Time	H(PI)
1	Hauver, Maryellen	JR Bridgewater (58.86Q	3(1)
2	Lee, Dana	SR Washington a	58.86q	3(2)
3	MacDougall, Brynn	SR Roanoke	59.54Q	2(1)
4	Cross, Jayla	FR Virginia Wesl	59.91Q	1(1)
5	Williams, Brittany	JR Eastern Menn	1:00.86q	3(3)
6	Farroni, Kara	SR Washington a	1:01.50q	1(2)
7	White, Taylor	FR Lynchburg	1:01.68q	2(2)
8	Meador, Tye	SO Bridgewater (1:01.88q	2(3)
9	Steller, Amy	SR Guilford	1:02.33	3(4)
10	Cheatwood, Emily	FR Shenandoah	1:02.43	1(3)
11	Mitchell, Endasia	FR Lynchburg	1:02.59	1(4)
12	Caple, Terra	FR Virginia Wesl	1:02.63	1(5)
13	Sheets, Jordan	FR Randolph	1:03.20	2(4)
14	Baxter, Lindsey	FR Roanoke	1:05.69	1(6)
15	Maku, Batres	FR Shenandoah	1:06.63	3(5)
16	Handal, Agnes	FR Roanoke	1:09.06	3(6)

#6 Women's 400 Meters (cont'd)

Prelims

PI	Name	Yr Team	Time	H(PI)
17	Rempas, Kristin	FR Virginia Wesl	1:10.04	2(5)
	Rittenhouse, Laura	FR Eastern Menn	DNS	2

#20 Women's 800 Meters

¢	Conference	2:07.32	Carmen Graves		
#	Meet	2:11.80	Hannah Chappell-Dick		
PI	Name	Yr Team	Time	H(PI)	Pts
1	Deacon, Natalie	FR Lynchburg	2:14.86	3(1)	10
2	Fonvielle, Catherine	SR Washington a	2:16.10	3(2)	8
3	Hauver, Maryellen	JR Bridgewater (2:18.53	3(3)	6
4	Arnold, Liliana	JR Washington a	2:23.62	3(4)	5
5	Young, Emily	JR Bridgewater (2:26.07	2(1)	4
6	Fanney, Sommer	JR Guilford	2:29.38	3(5)	3
7	Cooper, Olivia	FR Washington a	2:30.21	3(6)	2
8	Thomas, Alexis	FR Virginia Wesl	2:30.56	2(2)	1
9	Good, Megan	FR Eastern Menn	2:31.18	2(3)	
10	Saunders, Michaela	SO Randolph	2:33.23	2(4)	
11	Boyles, Megan	JR Roanoke	2:34.12	2(5)	
12	Caljean, Alexandria	SO Shenandoah	2:35.26	3(7)	
13	Mann, Sarah	JR Shenandoah	2:35.70	2(6)	
14	Shelly, Abigail	FR Eastern Menn	2:43.08	1(1)	
15	Jenkins-Sullivan, Kate	SR Guilford	2:44.48	1(2)	
16	Shrader, Shelby	SR Shenandoah	2:45.12	2(7)	
	Bearisto, Elizabeth	FR Randolph	DNS	1	
	Nichols, Hannah	FR Eastern Menn	DNS	3	
	Coombs, Marissa	JR Virginia Wesl	DNS	3	

#18 Women's 1500 Meters

¢	Conference	4:27.25	Hannah Chappell-Dick		
#	Meet	4:38.61	Hannah Chappell-Dick		
PI	Name	Yr Team	Time	H(PI)	Pts
1	Deacon, Natalie	FR Lynchburg	4:54.67	2(1)	10
2	Arnold, Liliana	JR Washington a	4:57.86	2(2)	8
3	Yates, Samantha	SO Washington a	4:59.86	2(3)	6
4	Moody, Julia	FR Washington a	5:00.12	2(4)	5
5	Bearup, Katie	FR Washington a	5:00.26	2(5)	4
6	Mann, Sarah	JR Shenandoah	5:02.01	2(6)	3
7	Smith, Aislynn	SO Shenandoah	5:02.03	2(7)	2
8	Ashley, Caitlin	SR Roanoke	5:03.14	2(8)	1
9	Good, Megan	FR Eastern Menn	5:03.32	2(9)	
10	Fanney, Sommer	JR Guilford	5:07.37	2(10)	
11	Caljean, Alexandria	SO Shenandoah	5:13.80	1(1)	
12	Bradach, Ellie	FR Washington a	5:14.95	2(11)	
13	Shelly, Abigail	FR Eastern Menn	5:25.76	1(2)	
14	Daw, Emma	FR Bridgewater (5:30.83	1(3)	

OLD DOMINION ATHLETIC CONFERENCE CHAMPIONSHIPS

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4/21/2017 - 4/22/2017

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#18 Women's 1500 Meters (cont'd)

Pl	Name	Yr Team	Time	H(Pl)	Pts
15	McCreary, Kathryn	SR Washington a	5:43.87	1(4)	
16	Nadel, Ava	SR Guilford	6:12.39	1(5)	
17	James, Jocelin	FR Virginia Wesl	6:39.08	2(12)	
	Coombs, Marissa	JR Virginia Wesl	DNS	2	

#22 Women's 5000 Meters

Pl	Name	Yr Team	Time	Pts
ϕ	Conference	16:48.60	Casey Smith	
#	Meet	17:29.84	Jessica Shaw	
1	Yates, Samantha	SO Washington a	17:39.26	10
2	Schreiber, Samantha	SO Lynchburg	18:07.06	8
3	Deacon, Natalie	FR Lynchburg	18:10.56	6
4	Dalton, Kerri	SR Roanoke	18:21.90	5
5	Alvis, Morgan	SO Lynchburg	18:24.35	4
6	Latimer, Emily	SR Virginia Wesl	18:56.69	3
7	Brooks, Claire	SR Roanoke	18:59.79	2
8	Ariel, Calista	FR Bridgewater (19:12.91	1
9	Bearup, Katie	FR Washington a	19:23.25	
10	Bavin, Scarlett	JR Bridgewater (19:35.95	
11	Fennell, Mackenzie	JR Shenandoah	19:39.31	
12	Nisly, Elizabeth	FR Eastern Menn	19:39.94	
13	Sanders, Bailey	SO Washington a	20:02.97	
14	DeBoer, Nora	JR Roanoke	20:20.05	
15	Quinn, Erin	SR Bridgewater (20:23.74	
16	Barthol, Jennifer	JR Roanoke	20:39.41	
17	Hoover, Emma	FR Eastern Menn	20:53.43	
18	Belfatto, Katelynn	FR Roanoke	21:10.61	
19	Reist, Ella	FR Eastern Menn	22:11.89	
	Rea, Jenna	SO Bridgewater (DNS	
	Smith, Aislynn	SO Shenandoah	DNS	
	Miller, Emily	FR Shenandoah	DNS	

#14 Women's 10000 Meters

Pl	Name	Yr Team	Time	Pts
ϕ	Conference	35:05.63	Casey Smith	
#	Meet	37:58.71	Casey Mackintosh	
1	Dalton, Kerri	SR Roanoke	38:13.67	10
2	McMichael, Kirsten	SO Washington a	38:33.71	8
3	Schreiber, Samantha	SO Lynchburg	40:40.18	6
4	Bauer, Ellen	JR Roanoke	40:56.02	5
5	Ariel, Calista	FR Bridgewater (41:15.76	4
6	Shrader, Shelby	SR Shenandoah	42:02.73	3
7	Fennell, Mackenzie	JR Shenandoah	42:21.44	2
8	Rea, Jenna	SO Bridgewater (43:21.95	1
9	Quinn, Erin	SR Bridgewater (45:08.19	
	Miller, Emily	FR Shenandoah	DNF	

#4 Women's 100m Hurdles

Pl	Name	Yr Team	Time	Pts
ϕ	Conference	14.70	Sarah Witt	
#	Meet	14.70	Sarah Witt	
Wind: (+1.1)				
1	Celen, Amber	JR Bridgewater (15.43	10
2	Valle, Emily	FR Bridgewater (15.81	8
3	Doherty, Nikki	FR Washington a	16.32	6
4	Hinton, Kaleigh	JR Washington a	16.41	5
5	Quarti, Marisa	JR Randolph	16.75	4
6	Clements, Felicia	FR Bridgewater (17.58	3
7	Bowers, Brittany	SR Shenandoah	18.43	2

#10 Women's 400m Hurdles

Pl	Name	Yr Team	Time	H(Pl)	Pts
ϕ	Conference	1:01.82	Janey Fugate		
#	Meet	1:03.69	Janey Fugate		
Finals					
1	Peacock, Alison	SR Washington a	1:06.26	2(1)	10
2	Hinton, Kaleigh	JR Washington a	1:06.52	2(2)	8
3	Valle, Emily	FR Bridgewater (1:07.34	1(1)	6
4	Washington, Kwonsha	SO Virginia Wesl	1:09.83	1(2)	5
5	Cholak, Michela	FR Lynchburg	1:11.60	2(3)	4
6	Malette, Brittany	FR Roanoke	1:12.15	2(4)	3
7	Reese, Keaira	FR Lynchburg	1:14.13	1(3)	2
8	Mack, Delia	FR Shenandoah	1:17.58	1(4)	1

Prelims

Pl	Name	Yr Team	Time	H(Pl)
1	Hinton, Kaleigh	JR Washington a	1:06.11q	2(1)
2	Peacock, Alison	SR Washington a	1:07.31q	1(1)
3	Valle, Emily	FR Bridgewater (1:07.73q	2(2)
4	Washington, Kwonsha	SO Virginia Wesl	1:08.62q	1(2)
5	Malette, Brittany	FR Roanoke	1:11.95q	2(3)
6	Reese, Keaira	FR Lynchburg	1:12.15q	1(3)
7	Cholak, Michela	FR Lynchburg	1:14.14q	2(4)
8	Mack, Delia	FR Shenandoah	1:15.21q	1(4)
9	Bowers, Brittany	SR Shenandoah	1:20.15	1(5)

#2 Women's 3000m Steeple

Pl	Name	Yr Team	Time	Pts
ϕ	Conference	10:57.34	Amy Smith	
#	Meet	11:22.19	Becca Taylor	
1	Schreiber, Samantha	SO Lynchburg	11:46.30	10
2	Alvis, Morgan	SO Lynchburg	11:46.37	8
3	Brooks, Claire	SR Roanoke	12:04.24	6
4	Ashley, Caitlin	SR Roanoke	12:04.79	5

OLD DOMINION ATHLETIC CONFERENCE CHAMPIONSHIPS

Lexington, VA
Wilson Field
Host: Washington and Lee University
4/21/2017 - 4/22/2017

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printed: 4/22/2017 6:29 PM

RESULTS

#2 Women's 3000m Steeple (cont'd)

Pl	Name	Yr Team	Time	Pts
5	Cholak, Michela	FR Lynchburg	12:16.28	4
6	Miller, Emily	FR Shenandoah	12:19.56	3
7	Smith, Aislynn	SO Shenandoah	12:23.67	2
8	Latimer, Emily	SR Virginia Wesl	12:23.85	1
9	Shrader, Shelby	SR Shenandoah	12:33.62	
10	Supplee, Abigail	FR Roanoke	13:27.97	

#16 Women's 4 x 100m Relay

Pl	Team	Time	H(Pl)	Pts
1	Bridgewater (Va.) (A)	48.93	2(1)	10
2	Virginia Wesleyan (A)	50.37	2(2)	8
3	Washington and Lee (A)	50.81	2(3)	6
4	Eastern Mennonite (A)	51.26	1(1)	5
5	Guilford (A)	51.93	2(4)	4
6	Lynchburg (A)	52.20	2(5)	3
7	Shenandoah (A)	53.96	1(2)	2
	Roanoke (A)	DNF	1	

#24 Women's 4 x 400m Relay

Pl	Team	Time	H(Pl)	Pts
1	Bridgewater (Va.) (A)	4:04.94	2(1)	10
2	Virginia Wesleyan (A)	4:07.71	2(2)	8
3	Washington and Lee (A)	4:09.17	2(3)	6
4	Roanoke (A)	4:13.78	2(4)	5
5	Lynchburg (A)	4:18.03	1(1)	4
6	Guilford (A)	4:27.97	1(2)	3
7	Shenandoah (A)	4:37.46	2(5)	2
	Eastern Mennonite (A)	DNS	2	

#25 Women's High Jump

Pl	Name	Yr Team	Mark	Pts
1	Briggs, Mara	SO Roanoke	1.63m	10
2	Adams, Courtney	JR Bridgewater (1.53m	8
3	Mack, Delia	FR Shenandoah	1.48m	5.5
3	Taylor, Rolonda	JR Virginia Wesl	1.48m	5.5
5	McElroy, Katie	FR Bridgewater (1.48m	3.5
5	Mitchell, Endasia	FR Lynchburg	1.48m	3.5
7	Maku, Batres	FR Shenandoah	1.48m	2
8	Wallace, Allyson	SR Roanoke	1.43m	1
9	Leonard, Sarah	FR Washington a	1.43m	

#25 Women's High Jump (cont'd)

Pl	Name	Yr Team	Mark	Pts
10	Bowers, Brittany	SR Shenandoah	1.38m	
10	Castellana, Alexa	FR Washington a	1.38m	
	Clements, Felicia	FR Bridgewater (NH	

#27 Women's Pole Vault

Pl	Name	Yr Team	Mark	Pts
1	Stanton, Elizabeth	SR Washington a	3.51m	10
2	VanAken, Maddie	SO Lynchburg	3.41m	8
3	Adams, Courtney	JR Bridgewater (3.21m	6
4	Baxter, Lindsey	FR Roanoke	2.96m	5
5	Gallagher, KeriAnne	SR Bridgewater (2.96m	4
6	Hostetler, Emily	FR Eastern Menn	2.81m	3
7	Sturm, Rachel	SO Eastern Menn	2.66m	1.5
7	Holley, Anna	JR Roanoke	2.66m	1.5
9	Washington, Kwonsha	SO Virginia Wesl	2.51m	
9	Conner, Frances	FR Washington a	2.51m	
11	Mitchell, Endasia	FR Lynchburg	2.51m	
12	Cole, Trini	FR Virginia Wesl	2.36m	
	Hughes, Courtney	SO Randolph	NH	
	Vitwar, Elleri	FR Roanoke	NH	

#29 Women's Long Jump

Pl	Name	Yr Team	Mark	F(Pl)	Pts
1	Celen, Amber	JR Bridgewater (5.72m (+0.0)	2(1)	10
2	Meador, Tye	SO Bridgewater (5.38m (+1.7)	2(2)	8
3	Valle, Emily	FR Bridgewater (5.27m (+1.3)	2(3)	6
4	Kittrell, Oksana	JR Eastern Menn	5.25m (+1.2)	2(4)	5
5	Taylor, Rolonda	JR Virginia Wesl	5.22m (+1.1)	2(5)	4
6	Lee, Dana	SR Washington a	5.05m (+0.0)	2(6)	3
7	Dollins, Alizae	SO Virginia Wesl	5.04m (+1.3)	2(7)	2
8	VanAken, Maddie	SO Lynchburg	4.97m (+0.0)	1(1)	1
9	Castellana, Alexa	FR Washington a	4.76m (+0.5)	2(8)	
10	Reese, Keaira	FR Lynchburg	4.68m (+0.3)	1(2)	
11	Bowers, Brittany	SR Shenandoah	4.44m (+0.4)	1(3)	
12	Mack, Delia	FR Shenandoah	4.42m (+0.0)	1(4)	
13	Wallace, Allyson	SR Roanoke	4.20m (+0.1)	1(5)	
14	Godsey, Megan	FR Shenandoah	3.88m (+0.3)	1(6)	
	Ross, Amber	FR Roanoke	NM (NW)	1	

OLD DOMINION ATHLETIC CONFERENCE CHAMPIONSHIPS

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RESULTS

#31 Women's Triple Jump

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
☿	Conference	12.04m	Kristen Trice			
#	Meet	11.47m	Wendy Driver			
1	Lee, Dana	SR	Washington a	10.73m (+0.0)		10
2	Kittrell, Oksana	JR	Eastern Menn	10.48m (-0.3)		8
3	Taylor, Rolonda	JR	Virginia Wesl	10.42m (+0.0)		6
4	Meador, Tye	SO	Bridgewater (10.41m (+0.0)		5
5	McElroy, Katie	FR	Bridgewater (10.38m (+0.0)		4
6	Adams, Courtney	JR	Bridgewater (10.37m (+0.0)		3
7	Castellana, Alexa	FR	Washington a	10.19m (-0.2)		2
8	Dollins, Alizae	SO	Virginia Wesl	10.07m (+0.3)		1
9	Reese, Keaira	FR	Lynchburg	9.74m (+0.0)		
10	Leonard, Sarah	FR	Washington a	8.96m (-0.1)		
	Dixon, Ayanna	SO	Shenandoah	DNS (NW)		

#33 Women's Shot Put

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
☿	Conference	13.60m	Crystal Campbell			
#	Meet	12.92m	Amanda Reynolds			
1	Yates, Michelle	JR	Virginia Wesl	12.18m	2(1)	10
2	Senger, Katelyn	SR	Bridgewater (11.82m	2(2)	8
3	Berryman, Trevanna	FR	Randolph	11.53m	2(3)	6
4	Shand, Mackenzie	SR	Washington a	11.28m	2(4)	5
5	Moseley, Sydne	FR	Bridgewater (10.88m	2(5)	4
6	Benfield, Becca	SR	Guilford	10.75m	2(6)	3
7	McGrady, Danyelle	SR	Shenandoah	10.73m	2(7)	2
8	Woods, Samantha	FR	Lynchburg	10.67m	2(8)	1
9	Stevenson, Teliya	SO	Randolph	10.47m	2(9)	
10	Werner, Danielle	FR	Bridgewater (10.29m	1(1)	
11	Ferguson, Chloe	SO	Bridgewater (10.21m	2(10)	
12	Webb, Rebecca	FR	Randolph	9.95m	1(2)	
13	Morrow, Dale	FR	Lynchburg	9.93m	1(3)	
14	White, Jamie	SR	Washington a	9.79m	1(4)	
15	Doss, Toni	SO	Eastern Menn	9.72m	1(5)	
16	Simpao, Nikki	FR	Lynchburg	8.10m	1(6)	
17	Hess, Beka	SR	Lynchburg	7.93m	1(7)	
18	Crump, Kimberleigh	JR	Guilford	7.75m	1(8)	
19	Norris, Ivie	SR	Guilford	5.59m	1(9)	

#35 Women's Discus

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
☿	Conference	46.04m	Katelyn Senger			
#	Meet	42.18m	Katelyn Senger			
1	Senger, Katelyn	SR	Bridgewater (40.14m	2(1)	
2	McGrady, Danyelle	SR	Shenandoah	36.50m	2(2)	
3	Berryman, Trevanna	FR	Randolph	34.37m	2(3)	

#35 Women's Discus (cont'd)

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
4	White, Jamie	SR	Washington a	32.99m	2(4)	
5	Combs, Allison	FR	Bridgewater (31.80m	2(5)	
6	Shand, Mackenzie	SR	Washington a	31.60m	2(6)	
7	Yates, Michelle	JR	Virginia Wesl	30.86m	2(7)	
8	Moseley, Sydne	FR	Bridgewater (29.82m	2(8)	
9	Murray, Rachel	SO	Lynchburg	29.71m	2(9)	
10	Jean-Jules, Jayna	FR	Roanoke	29.57m	1(1)	
11	Wilhelm, Kayla	SO	Randolph	29.33m	2(10)	
12	Benfield, Becca	SR	Guilford	29.20m	1(2)	
13	Doss, Toni	SO	Eastern Menn	28.74m	2(11)	
14	Morrow, Dale	FR	Lynchburg	28.30m	1(3)	
15	Hess, Beka	SR	Lynchburg	26.26m	1(4)	
16	Webb, Rebecca	FR	Randolph	25.02m	1(5)	
17	Adair, Laura	SR	Guilford	24.39m	1(6)	
18	Ferguson, Chloe	SO	Bridgewater (23.33m	1(7)	
19	Panetta, Victoria	FR	Lynchburg	23.09m	1(8)	
20	Stevenson, Teliya	SO	Randolph	21.96m	1(9)	
21	Crump, Kimberleigh	JR	Guilford	18.62m	1(10)	

#37 Women's Hammer

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
☿	Conference	50.69m	Kim Alfaro			
#	Meet	49.66m	Whitney Fitzwater			
1	McGrady, Danyelle	SR	Shenandoah	48.48m	2(1)	10
2	Senger, Katelyn	SR	Bridgewater (42.99m	2(2)	8
3	Shand, Mackenzie	SR	Washington a	40.91m	2(3)	6
4	Jean-Jules, Jayna	FR	Roanoke	38.61m	2(4)	5
5	Yates, Michelle	JR	Virginia Wesl	37.68m	2(5)	4
6	Murray, Rachel	SO	Lynchburg	34.99m	2(6)	3
7	Carll, Grace	SO	Roanoke	33.10m	1(1)	2
8	Woods, Samantha	FR	Lynchburg	33.09m	2(7)	1
9	Wilhelm, Kayla	SO	Randolph	33.02m	2(8)	
10	Werner, Danielle	FR	Bridgewater (30.85m	1(2)	
11	Denning, Lexi	SO	Roanoke	29.91m	1(3)	
12	White, Jamie	SR	Washington a	29.30m	1(4)	
13	Layton, Skyler	SO	Shenandoah	28.64m	1(5)	
14	Panetta, Victoria	FR	Lynchburg	28.06m	1(6)	
15	Berryman, Trevanna	FR	Randolph	27.59m	1(7)	
16	Ferguson, Chloe	SO	Bridgewater (26.87m	1(8)	
17	Doss, Toni	SO	Eastern Menn	26.31m	1(9)	
	Stevenson, Teliya	SO	Randolph	NM	2	

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 printed: 4/22/2017 6:29 PM

RESULTS**#39 Women's Javelin**

¢ Conference 42.44m Megan Wiseman
 # Meet 39.57m Leah Heal

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
1	McGrady, Danyelle		SR Shenandoah	35.51m	2(1)	10
2	Olausen, Paige		SO Roanoke	34.63m	2(2)	8
3	Murray, Rachel		SO Lynchburg	34.33m	2(3)	6
4	Senger, Katelyn		SR Bridgewater (30.59m	2(4)	5
5	Denning, Lexi		SO Roanoke	28.98m	2(5)	4
6	Carll, Grace		SO Roanoke	26.51m	2(6)	3
7	Stevenson, Teliya		SO Randolph	25.95m	2(7)	2
8	Moseley, Sydne		FR Bridgewater (25.83m	1(1)	1
9	Wilhelm, Kayla		SO Randolph	25.26m	1(2)	
10	Adair, Laura		SR Guilford	22.58m	1(3)	
11	Bowers, Brittany		SR Shenandoah	20.91m	1(4)	
12	Werner, Danielle		FR Bridgewater (17.83m	1(5)	
13	Norris, Ivie		SR Guilford	13.36m	1(6)	
	Layton, Skyler		SO Shenandoah	NM	1	

Men's Scores

Pl	Team	Code	Score
1	Washington and Lee	WLU	219.5
2	Bridgewater (Va.)	BC	175.5
3	Lynchburg	LC	142
4	Eastern Mennonite	EMU	104
5	Virginia Wesleyan	VWC	34
5	Randolph	RAN	34
7	Shenandoah	SU	33
8	Roanoke	ROA	25
9	Guilford	GC	12

Women's Scores

Pl	Team	Code	Score
1	Bridgewater (Va.)	BC	187.5
2	Washington and Lee	WLU	148
3	Roanoke	ROA	108.5
4	Lynchburg	LC	107.5
5	Virginia Wesleyan	VWC	67.5
6	Shenandoah	SU	51.5
7	Eastern Mennonite	EMU	42.5
8	Guilford	GC	13
9	Randolph	RAN	12