

October 2019 Newsletter

The Bear Facts

Celebrating 62 Years of Early Childhood Education

Dear Parents,

In the blink of an eye September has flown by. The teachers have been busy getting to know your children and the children have been equally as busy making friends and learning classroom routines. We are all excited for a school year filled with playing, learning, and growing!

Thank you to all the parents who brought coffee and treats the first week of school. We appreciate everything everyone did to make all feel welcome.

The Back to School Picnic was a HUGE success! Thank you to the Parents' Group, especially Sarah McGovern and Maggie Maloney for organizing a fabulous picnic on a hot and sunny afternoon. Thank you to all of the parents who volunteered, brought food, set up, cleaned up, and the manned the welcome table and the activities to make this a special day for the children!

It is official: BHP CNS chickens have been names by our Tuesday Barnyard Stay and Play class! Please come by to visit Marshmallow and Corny, any time.

Thank you to everyone who has returned the ASQ-3 questionnaires. Scoring is almost completed and results will be shared via tote bags soon. This is the first step in our screening plan to individualize instruction for each child and to assess children who may benefit from early intervention.

The fun will continue in October as we begin our Creative Movement, Music with Little Hands, Singing with Ms. Casey classes for all of the children. Our 3s and 4s will begin their Science and Spanish classes too.

October highlights include:

- Back to School Night on October 3 this is an **Adult Only Event!**
- Outdoor Discovery Center Construction begins in October!
- Potty Training Seminar on October 23 at 7:30 pm
- 2020-2021 Registration for Siblings and Friends Begin

Please remember to check your child's folder for your class' monthly calendar of activities and other notes. Questions? Pop into the office or give us a call.

Thank you for your children. I love to see their smiling faces every day! Wishing you all a wonderful, safe and happy October and Halloween.

Liz Sobrino, Director



UPCOMING EVENTS

BACK TO SCHOOL NIGHT OCTOBER



This adult only event will take place in your child's classroom on Thursday evening, October 3rd.

7:00 to 7:30 pm

All Tuesday/Thursday Classes &
Room 108 4s

7:45 to 8:15 pm

All MWF & MTWThF Classes

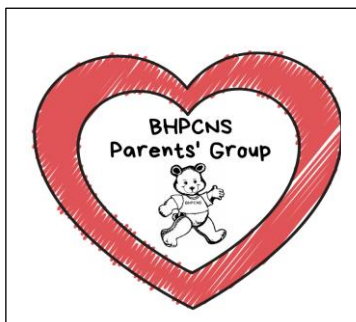
OCTOBER 30 AND 31

HALLOWEEN FUN

Halloween can be a scary time for young children. At BHP CNS we keep the celebrations simple. Instead of costumes, the 3s and 4s make masks to wear to our Halloween sing alongs. (Please do not send your child to school in a costume.) There will be classroom parties for all of the classes, including 2s. Party planning will be arranged by the Room Parents. Thank you in advance for making our celebrations fun and festive!



PARENTS' GROUP NEWS



The Back to School Picnic was the perfect kick-off to the school the year! Thank you to all of the parents who volunteered their time, lent supplies, brought dishes to share and braved the heat to attend! We couldn't have done it without all of you! Thank you to the parents who have volunteered as room parents; the teachers and Parents' Group are grateful for your help. We will be meeting with most room parents on October 3rd and 4th after morning drop-off. Stay tuned for information on class coffees/gatherings in the coming weeks.

The cooler weather will be here before we know it, so make sure to label your child's cold weather essentials. Label Daddy will give you 10% off your entire order and donate 15% back to BHP CNS Parents' Group when you visit their website bhpcns.labeldaddy.com and enter code **BHPCNS** at checkout. Their labels are machine washable and don't require ironing or sewing. They also offer customizable designs that kids love.



If potty training is in your future – or you're suffering through it now – be sure to mark your calendars for Wednesday, October 23th for a seminar in Covenant Hall with potty training expert, Sally Neuberger. Many parents have effectively used her tips over the years to make a tricky process a little less painful! Please sign up [here](#) to make sure we have enough chairs and printed materials. This is open to the entire community, so feel free to invite neighbors and friends even if they are not BHP CNS families.



We are excited to announce that we are once again partnering with [SilverGraphics](#) for our fall/Holiday Art Fundraiser. We're so thrilled to offer an opportunity to celebrate your child's artwork while supporting the BHP CNS Parents' Group. Please keep an eye out for a flyer in your child's tote explaining how the fundraiser works, including important dates!



Did you know that your Parents' Group co-chairs are members of the BHP CNS Board of Directors? All parents are encouraged to contact either Maggie or Sarah if you have an issue or concern that you would like raised with the BHP CNS board. To contact the board anonymously, you may also visit the BHP CNS website and check the Board of Directors Tab under "About Us".

Maggie Maloney
MaggieWMaloney@gmail.com

Sarah McGovern
SarahLothrop@hotmail.com



The Nursery School Board welcomes all families back to school for the 2019-2020 school year! We hope you all had an easy transition and are getting back into the swing of things. As we kick off the school year, we thought that it'd be helpful to provide families with an overview of the Nursery School Board and some more information on who we are and what we do. According to our by-laws, the Nursery School Board is the governing body for the Nursery School. We oversee and approve the finances, annual budget and financial policies of the Nursery School. We assist in the employment of teachers, assistant teachers, and office staff as requested by the Director. We ensure personnel reviews are performed by the Nursery School Director and we work annually with the Nursery School Director to establish her goals and review her performance. We approve the annual school calendar, as well as other items as needed by the Nursery School Director. We report to the "Children's Lay Ministry," which is a subcommittee of the Bradley Hills Presbyterian Church's Session. The Nursery School Board meets bi-monthly throughout the school year. Beginning with the 2019-2020 school year the Board has created subcommittees to increase our capacity to dive more deeply into issues of importance for the school. These subcommittees are:

Long Term Planning Committee: The purpose of the BHPCNS Long Term Planning sub-committee is to determine and implement programming, facility upgrades, staffing requirements, and more, as needed to maintain the long-term financial success of the program.

Safety Subcommittee: The purpose of the BHPCNS Board Safety subcommittee is to guide the school's safety programming for children, teachers, parents, and all specialists. The committee will review our emergency procedures, research and implement additional safety training as needed, and determine areas of need to make BHPCNS a safe environment for all members of the school community.

Personnel and Property: The purpose of the BHPCNS Personnel and Property subcommittee is two-fold. This subcommittee will review personnel policies and consult on issues related to BHPCNS personnel. The committee will work with BHPCNS regarding property decisions for indoor and outdoor spaces. They will work with BHPC's Property Management Lay Ministry and BHPCNS to facilitate discussions and timely decision-making with regard to BHPCNS' plans for the property.

The members of our Board are determined by our by-laws:

Board Chair: Chair Requirements - Current or Past Parent and Member of the Congregation, Bradley Hills Presbyterian Church

Current Board Chair: Missy Banashak, parent to Mia (in Mrs. Hauck's 4s' class) and Willa (in Mrs. Myers' 3s' class)

Board Vice-Chair: Vice Chair Requirements - Current or Past Parent and Member of the Congregation, Bradley Hills Presbyterian Church

Current Board Vice-Chair: Ed Hauck, past parent

Secretary: Requirements - Member of the Congregation, Bradley Hills Presbyterian Church

Current Secretary: Brooke Rickett, parent to Griffin (in Mrs. Barnett's 4s' class) and Millie (in Mrs. Jacob's 3s' class)

Director, Bradley Hills Presbyterian Church Nursery School

Current Director: Liz Sobrino

Representative from the BHPC Congregation

Current Member: Vicki Petrides, past parent

Current Parent (2)

Current Member: Cristina Brandaleone, parent to Boden (in Mrs. Richards 4s' class) and Cooper (in Mrs. Quijada's 2s' class)

Current Members: Leaders of the Parents Group - Maggie Maloney, parent to Josie (in Mrs. Quijada's 2s' class), and Sarah McGovern, parent to Ellie (in Mrs. Jacob's 3s' class)

Teacher Representative (2)

Current Member: Liz Allen, 2s' teacher, former student, and BHPC member

Current Member: We currently have an open teacher spot on the Board

BHPC Director of Christian Education

Current Member: Matt Nabinger

Treasurer of the Nursery School

Current Member: Cindy Page, past parent and BHPC member

The Nursery School Board's next meeting is November 14, 2019 at 7pm. Parents are welcome to join us. Please send an email to Board@bhpcns.org to get more details. Feedback from parents is very helpful to us throughout the year. You can reach us directly at that email address or fill out an anonymous form on the Board portion of the school website.

We look forward to a great school year!

NEWS FROM BHPC



Thanks to the parents and church staff who came to the Meet and Greet and listening sessions in September. The BHPC Session and staff appreciated the opportunity to hear about your concerns regarding the new prayer service and your suggestions for how we can make it work for all parties. We want to continue to be in touch with you.

Upcoming activities of interest at the church:

Fall Harvest Festival on Sunday, October 27, 5:00 pm. This all church event will include a costume parade, games, and a potluck dinner. All are welcome.

The Yale Whiffenpoofs will sing as part of the Bradley Hills Presents Concert Series on Sunday, October 13, 2019, 5:00 pm. Tickets may be purchased at the door (\$30) or in advance via the church website (\$25).

Most Sundays after worship we have a choir for children and a family friendly opportunity to teach kids about community service.

2020-2021 REGISTRATION PROCESS BEGINS NOW!

Registration for Current BHPCNS Students: (BHPCNS currently enrolled students have priority.)

Registration for **children currently enrolled at BHPCNS** will be December 12th and 13th. Applications will be available on the BHPCNS website at www.bhpcns.org, after Thanksgiving. Download and complete the application. Applications should be returned to BHPCNS no earlier than December 12th and no later than December 13th in order to be given priority in enrollment. Please recognize that children currently enrolled in our 2s and 3s' program as well as those children who are enrolled in the 4s' program but are not age eligible for Kindergarten, are guaranteed a place, but, it may not be your first choice. Acceptance is based on a first-come, first-serve basis. Families will be notified in late January as to their child's placement for the 2020-2021 school year.



Registration for Siblings of Current Students at BHPCNS is Happening NOW:



October is the time to submit an application for the 2020-2021 school year for siblings of currently enrolled children. Applications are available in the office and online now for children who will be starting BHPCNS in September 2020. Acceptance or Wait List notifications will be sent home in late January, 2020. Applications are available on the BHPCNS website at www.bhpcns.org Children must be two by September 1, 2020 to be considered for enrollment.

2020-2021 REGISTRATION PROCESS BEGINS NOW!

Registration for Friends, and Neighbors is Happening NOW:

Encourage your friends and neighbors to call the office to learn more about BHP CNS and to schedule a tour of our school. New families say they chose Bradley Hills because their friend, neighbor, co-worker, spoke highly of our program. We love that you love us! Help us spread the word about what a wonderful place BHP CNS is for all children to play, grow, and learn! Spots fill up quickly. The sooner we receive an application the more likely we will be able to offer a new family a place next year. Applications are available by [clicking here](#).

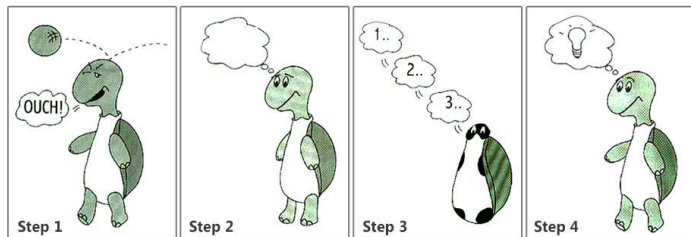
SCRIPTED SOCIAL STORIES: TUCKER THE TURTLE



Tucker Turtle Takes Time to Tuck and Think

A scripted story to assist with teaching the "Turtle Technique"
By Rochelle Lentini, University of South Florida

Center on the Social
and Emotional Foundations
for Early Learning



Scripted Stories for Social Situations are being used at BHP CNS to help children understand social interactions, situations, expectations, social cues, the script of unfamiliar activities and/or social rules. As the title implies, the stories are brief descriptive stories that provide information regarding a social situation. When children are given information that helps them understand the expectations of a situation, their problem behavior within that situation is reduced or minimized.

We've kicked off the school year with Tucker the Turtle. He's a little turtle that has trouble controlling his emotions. Using 4 simple steps he quickly learns how to: Stop, Think, Count to 3, and Find a solution. Ask your child about tucking and thinking. Everyone loves Tucker the Turtle!

For more information on Social Stories, visit Vanderbilt University's SEFEL website by [clicking here](#).

November's Newsletter will introduce you to "How to be a Super Friend."
For a sneak peek [click here](#).

EVERYTHING ABOUT POTTY TRAINING & MORE! OCTOBER 23TH @7:30 PM

Is toilet training your child in your future? Are you struggling with toilet training your child? Are you thinking there must be a better way to reach this childhood milestone? If you've answered yes to any of the above questions, you **MUST** come to our Potty Training seminar, sponsored by the Parents' Group on October 23rd at 7:30 pm in Covenant Hall. [Sally Neuberger](#), the Potty Training guru, will be here to share her expertise about all things potty, how and when to train, how to deal with setbacks, and more! Bring your questions, but not your child. This is an adult only program. [RSVP by clicking here](#).



**POTTY TRAINING
OCT. 23rd**

CONSULTANTS AT BHP CNS

Throughout the school year there will be consultants working with BHP CNS staff and students. The consultants may include para educators, speech pathologists, occupational specialists, physical therapists, interns in the early childhood education field, and more. These specialists could be from the Montgomery County Public School system, Montgomery County Social Services, or private practices. It's possible your child will come home and share that there was an extra "teacher" in their classroom. These "extra" teachers will all be approved by the office prior to working in our school. Please let me know if you have any questions about consultants at BHP CNS.

SCREENINGS AT BHPCNS & THE IMPORTANCE OF EARLY INTERVENTION

At BHPCNS we believe that early intervention for a developmental delay can make a tremendous difference in a child's life. There is a wide range of normal development in children. Most developmental delays in children are not serious and with interventions children eventually catch up. Even children who do have serious delays can make big improvements when treatment begins as early as possible. To determine if a child requires early intervention we use a variety of tools:

1. The ASQ-3 Questionnaire
2. Speech Screenings, scheduled for October 22, 23, and 24. Additional details on page 5.
3. Occupational Therapy Screenings, scheduled for November 4, 5, 6, and 7. Additional details on page 6.
4. Vision and Hearing Screenings in early winter

LIZ SOBRINO REPORTS ON THE ASQ-3 QUESTIONNAIRE - NEXT STEPS

Parents have asked what is the ASQ-3. The ASQ-3 is a set of questionnaires about children's development. It has been used for more than 20 years to make sure children are developing well. A screening provides a quick look at how children are doing in important areas, such as communication, physical ability, social skills, and problem-solving skills. ASQ-3 can help identify your child's strengths as well as any areas where your child may need some extra support.



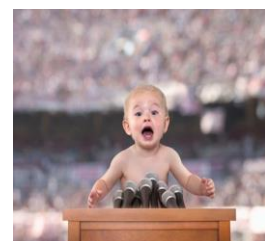
Where are we in the ASQ-3 process? As of October 1st, I have received over 145 questionnaires. Thank you to everyone who has returned a questionnaire. If you have not returned a questionnaire for your child(ren), I will be sending a follow-up email in the coming days, as a gentle reminder to get your questionnaire completed as soon as possible. (If you need another copy, please send me your child's name and their birthdate and I will get you another copy ASAP.) The completed questionnaires provide teachers with insights into your child's development and will enable them to plan appropriate activities to meet your child's strengths and to help any child's areas of weakness.

What happens next in the process? I will be completing the scoring process and sending individual letters to the parents of each child with an Informational Summary Sheet that shares your child's scores, enclosed. If there are any areas of concern I will be enclosing activities for you to do at home with your child and we will be focusing on supporting the child's development in that area as well. Once you have reviewed the information, your child's teacher and I will be available to confer with you on any questions you may have or anything else you'd like to discuss regarding the ASQ-3 and your child's progress.

Lastly, I am interested in your feedback about the ASQ-3 process. Did you find the process helpful in getting to know your child's strengths and weaknesses better? Was it a fun experience for your family? How can I improve the process next year? Please email me at lsobrin@bhpcns.org or call me at 301-365-2909 to discuss your thoughts.

SPEECH SCREENINGS: NOVEMBER 12, 13, AND 15

On November 12, 13, and 15th, BHPCNS will have a speech pathologist at school to screen children for speech issues. It is a brief screening and not a formal assessment. Teachers and parents may recommend children to be screened. The office will send you a letter telling you that your child has been referred to be screened. You may opt out of the screening by returning the form to school. Parents may also request a speech screening. Please notify Liz via email at Lsobrin@bhpcns.org or your child's teacher by November 8th if you'd like your child screened. Include the reason for the screening and your child's birthdate. Reports will be sent home to parents after their child has been screened.



**Speech
Screenings**

OCCUPATIONAL THERAPY SCREENINGS

OCCUPATIONAL THERAPY

enables children to complete meaningful tasks independently. OT can address:

Fine Motor * Hand Skills * Writing and Drawing * Gross Motor * Sensory Needs including Picky Eaters * Attention * Visual Perception * Meeting Developmental Milestones * & More.....

Throughout the fall BHCNS will have Occupational Therapists from [Canyon Kids](#), at school to screen children for fine, gross motor, sense of space, personal boundaries, and more. Flyers on the benefits of Occupational Therapy will be distributed at Back to School Night on October 3rd. We will convert a third floor classroom into a play space to observe children's development. This will be a brief screening and not a formal assessment. We will identify children for the screenings using one or more of the following methods:

1. ASQ-3 Questionnaires
2. Teacher and Specialists Observations
3. Parent Requests

The office will send you a letter telling you that your child has been referred to be screened. To have your child participate in the screening process you must sign the Permission Slip which will be sent home. Parents may also request an OT screening for their child. Notify Liz via email at Lsobrino@bhpcns.org as soon as possible, if you'd like your child screened. Include the reason for the screening and your child's birthdate. Reports will be sent home after the screening with any further recommendations.

THE IPAD GENERATION: FINGERS NOT READY TO WRITE?



As we continue to review the ASQ-3 questionnaires that have been returned to us, we are seeing a trend with fine motor delays. BHCNS will be adding even more fine motor activities to our daily rotation of classroom experiences, playdough, using tweezers to sort, pipettes to paint, peg boards, legos to build, and more. We will also be sharing [fine motor activities](#) with parents to do at home in an effort to strengthen our little ones fingers. For more information as to why children's motor skills are delayed read: [Fine Motor Delays](#).

BHCNS OCTOBER BIRTHDAYS

Emily Ketchum
Isabelle Montesinos
Charlotte Dixon
Reza Merchant
Teddy Supple
Beau Notaro
Pearl Nelson
Nia Waldo
Adam Joly



Ella Lee
Viviana Weaver Iriarte
Isodora Horowitz
Hawkins Varga
Eva Uhl
Blake Anthony
Alexander Greenberg
Sydney Favretto

Reminder: If sending in birthday treats, please send in **small** cupcakes, mini muffins, fruit kabobs, etc., keeping classroom food allergies in mind. We share birthday treats at snack time! Questions? Reach out to your child's teacher or the office! For all treats, please bring an ingredient list.

BHPCNS IMPORTANT INFORMATION



BHPCNS BATHROOMS ARE FOR CHILDREN ONLY:

Unisex bathrooms located on the school level are for children's use ONLY during the school day. This includes when you are dropping off or picking up your child. Adult bathrooms are available upstairs for adults to use throughout the day.

This is a Maryland State Department of Education licensing requirement.

No exceptions can be made to this rule.

DID YOU KNOW THAT BHPCNS HAS A YAHOO GROUP?

The BHPCNS Yahoo group is an excellent way to be in the know about all things related to BHPCNS and the greater community. Looking for a nanny? Post a message. Want to sell outgrown clothing? Place an ad. Volunteer and/or employment opportunities at BHPCNS, are posted on Yahoo. To join go to: <http://groups.yahoo.com/group/bhpcnsstudents/>.

You will need to set up a Yahoo profile and user name if you do not already have one. Once your account is set up you may choose digest or individual message format. Contact the office if you need assistance signing up.



BHPCNS is on Facebook. Like our Business Page, Bradley Hills Presbyterian Church Nursery School, for informative articles and info about BHPCNS. Friend our Bradley Hills page to see what Bradley Bear's cubs are doing.

To follow-up on all the fun at BHPCNS, join us on Instagram at:
bradley_hills_bear
We are excited to add Instagram to our Social Media!



Tuition Payments: Payments are due the first of each month, Sept. - May, and are considered late if not received by the 15th of the month. If your payment is not received by the 15th, a 10% late fee will be assessed. If you have set up an automated "bill payer" system, please be sure the words Nursery School or BHPCNS appear on the check to make sure your payment is received at the Nursery School and not deposited with the Church's donations by mistake.

Student Absences: If your child is ill and will be missing school, please call the office or send us an email. If your child has a communicable disease, strep throat, head lice, etc. we need to know to be able to share that information with the rest of the class. We will never identify your child but we are obligated to share communicable disease information with the other families.

Student Records: We are doing a thorough check of all our student's records. We will notify you of any missing paperwork, immunizations, etc. We appreciate your help in making sure our records are compliant with state regulations.

School Directory: A school directory will be coming home in November. The Directory is a great way to connect with other parents and children at BHPCNS. Should you need a list of your child's classmates before then, contact the office.

Parent Bulletin Board: Located by the first floor bathrooms is a parents' bulletin board. We post information about parenting classes, upcoming special events, programming for children announcements, and the like on our bulletin board. Check it out!

BHPCNS IMPORTANT INFORMATION

Donations: Before you throw it out donate it to BHPCNS.

- Large oatmeal canisters to be crafted into drums.
- We participate in the Ronald McDonald House Pop Tab Recycling Program. Pull off those tabs from your soda cans, cat food cans, and other cans that have one. When you've got a bunch, bring them to school and we will send them off!
- Newspapers, plastic jars with lids, toilet paper, and paper towel tubes are always welcome too.

Children's Lunches: BHPCNS provides organic 1% milk at lunch each day, per Maryland State Department of Education regulations. Children are offered a choice of milk or water at lunch time. You do not need to pack a drink with your child's lunch.

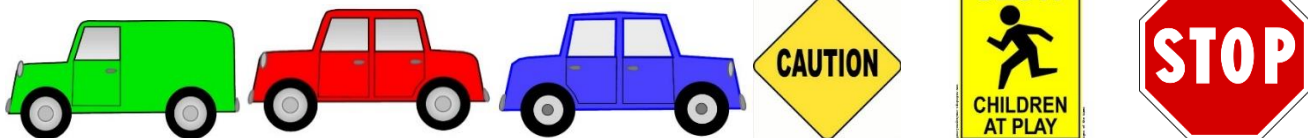
Please pack healthy, nutritious lunches for your children. BHPCNS teachers are not allowed by our licensing agency to make the children eat their "growing" foods first. If you pack a cookie and your child wants to eat that instead of their sandwich, we are technically not allowed to have them eat their sandwich first. We will send home any easily wrapped, uneaten lunch foods. Uneaten yogurts, apple sauce cups, etc. will be tossed.

Lunch is a social time. Children like to talk and share their lives at lunch. Sometimes this gets in the way of eating their whole lunch. Many children choose to finish their lunches in the car on the way home.

Lunch Bags: Soft sided, small lunch bags **without** freezer packs and bento boxes are perfect for our refrigerators. Large, rigid, lunch boxes and containers are not acceptable for school. Questions? Pop into the office.

BHPCNS Open Door Policy: Thank you to everyone who has popped into the office with a question or concern! If at any time during the school year, you have a concern, complaint, an idea, or suggestion, please email, text, come to the office, or call us. We truly want to know your thoughts. Your ideas, suggestions, and critiques provide us with vital information that we can use to improve our programming. No issue is too small.

PARKING LOT ETTIQUETTE & ACCIDENTS: MINOR OR MAJOR



The parking lots are very busy in the mornings and afternoons. As is the traffic on Bradley and Greentree each day. Please be exceedingly cautious when driving on the property, or on and off the property. Parents are responsible for the safety of the children when crossing to the playgrounds or walking to their cars. Reminder the driveway by the green doors is one-way only. If your car accidentally hits another car, please come to the office and report the accident. Accidents happen. Accept responsibility for any dents. BHPC has installed high-definition video cameras to monitor the parking lots at all times.

FLU SHOTS

Flu season has begun. We have had one case of the flu reported to the office. The flu vaccine is an effective way to protect your child from most flu strains. Please consider having your child vaccinated. For additional flu prevention tips, check out Parenting Magazine's Guide to Cold and Flu prevention by [clicking here](#) or Healthy Children by [clicking here](#).



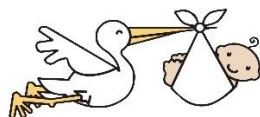
CHRISTMAS WREATH SALE TO BENEFIT LOCAL CHARITIES



It's never too early to start thinking about the holidays. BHCNS is happy to be helping the GFWC Metropolitan Community Women's Club sell beautiful 22" double-sided balsam wreaths with a red bow. Each wreath is only \$25 and the proceeds are used to support local charities. Order your wreath by Friday, October 11 and it will arrive at school the first week of December. Order forms have come home in the tote bags. Extra forms are available outside the office.

Drop off completed forms and checks in the envelope in the office.

IS THERE A NEW BABY IN YOUR HOUSE?



Is there a new baby in your house? Send us a picture of your bundle of joy for our New Bradley Bear Cubs display! Any and all photos are welcome; a picture of your baby by him/herself, with the family or with their siblings.

OUTDOOR DISCOVERY CENTER

Outdoor Discovery Center Construction Begins in October



Beginning in the next couple of weeks, the space between the 2 playgrounds will become a construction site. There will be all kinds of trucks moving earth, dumping big rocks, creating a sensory pathway, installing musical instruments, an amphitheater, art easel, a tepee shelter, and more. Once it is completed we will be using this space as an outdoor classroom, art center, musical space, and more! Watching the installation will be almost as much fun as the completed project.

This project is the culmination of more than 14 months of work by the BHCNS Parents' Group. Thank you to Maggie Maloney and Sarah McGovern who have worked tirelessly to make this outdoor space a reality. Thank you to Claire Adams and Brigitte Koch, who spearheaded our fundraising campaign and threw a wonderful winter wonderland gala last March. Thank you to all the parents who contributed their time, talent, and treasure to make this new play and learning space happen. Lastly, thank you to the Bradley Hills Presbyterian Church community for allowing us to create this new space for all building users to enjoy!



STAY AND PLAY NEWS!



Mondays: Art

Mrs. Mac n Cheese and Mrs. Magary Report:

Our little artists will experience all sorts of media throughout the year – drawing, painting, sculptures, photography all at the beginner level to give our artists their first exposure to many art forms. We will begin our lessons with learning about color and the color wheel, perspective, still life and action drawings. We will be in need of styrofoam meat trays, please wash and donate to the art program. Please consider donating. Thank you.

Scientists Biggs and Michael Investigate:

The Science team looks forward to sparking scientific curiosity in all our littlest Wiggling Wizards. We kick off the year with “Is it alive?” How do birds’ make their nests? What is camouflage? Let’s find out! It is time to observe, predict and communicate with Bradley Bear. During October, our budding scientists will explore the world of life science. We will look at living vs. nonliving things, make a bird’s nest, and discover why animals camouflage themselves. This year we will be using cool Science projects as our guide. Who knows what fun we may get into!!!



Mondays: Wigglin’ Wizards



Tuesdays: Bradley’s Barnyard

Farmer Cardoni Reports:

We are so excited to begin our exploration of farms! In October, we will learn about some of the things that come from a farm, and create our own barn. We will be learning about different animals found on a farm and we will be taking care of our two hens and name them during our first class! We will also learn about the autumn harvest by planting lettuce both from seeds and seedlings, making a real scarecrow to protect our crops, making homemade apple cider and harvesting pumpkins grown by last year’s farmers! Stay tuned for more exciting things coming this fall!

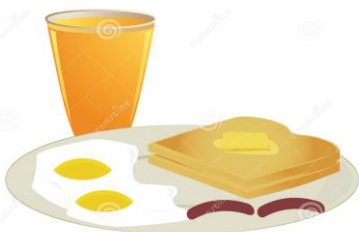
Dancer Colleen Shares:

This October we will run, jump, spin, and stretch to fun and funky music of different styles. We will use our bodies to create rhythms and shapes, learn names of positions and basic dance steps, and use props such as scarves to expand their range of motion, all while learning the structure of a dance class. The creative movement skills we learn will lead up to the combinations performed in our Recital on January 29th at 1:45 pm. Don’t know what size dance shoes to get? Dance shoes will be fitted on 10-1 and 10-2 and notes will be sent home with your child’s shoe size. All dancers will be receiving a Bradley Bear Dance Company T-shirt.



**Tuesdays &
Wednesdays: Bradley
Bear Dance Co.**

Wednesdays: Cooking with Bradley Bear



Chef McCauley Reports: We can’t wait to get cooking with our little chefs! They will start the year out simply with fresh squeezed orange juice and by the end of year they’ll be making chicken tenders and lasagna. Along the way they will be learning about stirring, flipping, measuring, cutting, frying, baking and assembling. Vocabularies will increase as we talk about kitchen equipment, utensils and ingredients. What else we will learn, you ask? Well, science, counting, fractions, weighing, sequencing—the list is endless! The menu for October will be Fresh Squeezed Orange Juice, Rainbow Toast, Scrambled Eggs (with our own BHP CNS chickens’ eggs!) and “Monster Mouths.” Bon appetit!

STAY AND PLAY NEWS CONTINUED



Thursdays:

Travel Agent Stevens Shares Bradley Bear's 2019-2020 Flight Plans:

This year in Geography Stay and Play, the Bradley Bear Cubs will be visiting countries on each of the seven continents. We will explore the location, climate, flag, food, sports, games and more! Our travelers will have their own "passports" that will be stamped. The first country that we will visit is our own, the United States of America.



**Where in the World is
Bradley Bear?**

Fridays: Yogi Bears



Yogi Leon Shares:

Each week, our yogi bears learn yoga poses, do movement activities, and engage in mindfulness practices. Our favorite mindfulness activity is mindfully eating our snack at the end of class--we emphasize gratitude and thoughtfulness while focusing on the taste and texture of our food. Every class has a different theme. In October, we will be moving our bodies to create shapes, represent feelings, be different types of weather and celebrate Halloween: Namaste!

MONTHLY SPECIALS AT BHPCNS

**Time
to
Cook**



**Little Hands Music
For 2s, 3s, & 4s**

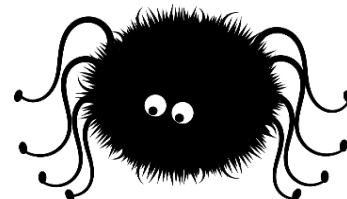
We're thrilled to be back at Bradley Hills this school year! It's "Time to Cook" in the Little Hands Music kitchen. In October, we'll be washing, stirring, and chopping imaginary ingredients for our very unique "Alligator Stew." Delicious! (The focus is on **legato** sounds/movements for washing and stirring, and **staccato** sounds/movements for chopping!)

We'll also identify body parts with the poem "Crackers and Crumbs, crackers and crumbs, here are my fingers, here are my thumbs! Here are my eyes, here are my ears, and they'll ALL grow bigger in about TEN years!...other verses include "Pickles and cheese!" :)

Time to Cook (track 2), Wash and Chop (Track 4), and Crackers and Crumbs (track 5) can be found [here](#). Enjoy these with your child at home!

Mrs. Stevens Reports:

In Creative Movement, the children will continue working on skills to improve their coordination, strength, balance, spatial orientation, posture, and sleep. Did you know that movement helps to enhance a child's emotional skills, concentration, social skills, and self-confidence? Movement can even help boost brain power! This month, the children will run, skip, hop, and gallop. They will fly like bats, crawl like spiders, stomp like monsters, and dance like skeletons! Lots of fun will be had by all!



**Creative Movement
For 2s, 3s, & 4s**

MONTHLY SPECIALS



Music Ms. Casey For 2s, 3s, & 4s

Ms. Casey Sings:

Welcome back to school! As my returning students well know, October is Ms. Casey's favorite time of year!

Some of the songs we'll be singing this month will be familiar to the children while some they will be hearing for the first time as three and four year-olds (they grow up so fast!) Music has been shown to accelerate brain development that ultimately aids in language acquisition and reading skills, so don't forget to turn the radio up at home too!

Mrs. Delfin Shares:

We will begin our science enrichment program by exploring the 5 senses and how we use our senses to understand the world around us. Eyes to see, ears to hear, nose to smell, fingers to touch and tongue to taste. We will identify each sense with activities to focus one sense at a time and then we'll discover how the senses work together to make connections in our environment. How many senses do you use to identify a marshmallow, a bouncing ball or a birdsong?



Science Class For 3s & 4s



Spanish for 3s & 4s

Sra. Cardoni Reports:

In October we will start our weekly Spanish class with the 4s and bi-weekly classes in the 3s. We will be learning how to greet each other Hello, how are you? *Hola, como estás?* We will be talking about the weather in Spanish, learning numbers, colors, counting and singing many songs to help us remember all our new words. Toward the end of the month we will be singing our very popular Halloween song The Monsters! *Los Monstruos!* and will learn how to say spider-*araña*, ghost-*fantasma*, witch-*bruja*, bat-*murcielago*. All very important words this time of year! [Click here to learn our song!](#)



The Bethesda Jewish Congregation and the Nursery School are working together to collect food donations to restock the recently renovated Manna Warehouse. Please bring your donations to school and place them either in the Gathering Space or in the wagon by the brown doors. Every donation will be used to feed families in the area.

Manna's vision is that our community is a place where all people at all times have access to safe, sufficient, nutritious food in order to lead fulfilling lives and contribute to making Montgomery County, Maryland a place where all live in dignity.

