

#### **Dear New Patient:**

Welcome to Jersey Shore Geriatrics. Thank you for choosing this practice to assist you in your health care needs.

Jersey Shore Geriatrics is not a traditional medical practice.

- Our staff of doctors and nurse practitioners visit 30+ other facilities (assisted living, independent living, rehabilitation centers and nursing homes) during the week.
- Dr. Pass is in the Lakewood office on Mondays 9am to 5pm and our nurse practitioner is in the Lakewood office on Wednesdays and Fridays 9am to 5pm.
- Dr. Pass is in the Marlboro office on Thursdays 9am to 5pm and our nurse practitioner is in the Marlboro office every other Tuesdays 9am to 4pm.

Our office in Marlboro is open from 9am to 5pm, Mondays through Thursdays, and 9am to 4pm on Fridays to assist you and to help with your medical issues. Our Lakewood office is also open from 9am to 5pm, Monday, Wednesday and Friday to assist you and to help with your medical issues. You can reach a doctor or nurse practitioner 24 hours a day, 7 days a week if there is an emergency by calling us. Dr. Pass is affiliated with Jersey Shore University Medical Center.

In our efforts to give you the best possible geriatric care, we ask that you fill out the enclosed forms and return them to us prior to your first appointment. This will assist the doctor in evaluating and treating your medical conditions. We also ask that you send us a copy of your Medicare and other insurance cards. In addition, we ask that you have all of your prescription and over-the-counter medication, including vitamins, with you. Lastly, if you have any of the following documents: Living Will and/or Advanced Directive or Power of Attorney, have them available so we can make copies to complete our files.

We appreciate your assistance with this process. We look forward to helping you with your most important assets, your health and well-being. Should you have any questions or concerns, please do not hesitate to contact us at 732-866-9922.

Jersey Shore Geriatrics
15 School Road East Suite #2
Marlboro, New Jersey 07746
Email: jsglabs@gmail.com
Phone – 732-866-9922 Fax – 732-866-9970
www.jerseyshoregeriatrics.com

#### PATIENT INTAKE FORM

Name:			Date	e of Birth:	
(firs	st) (middle)	(last)		Age: Sex: [	⊒м□F
Home Address:					
5 A	Street Address	Apt#	City	State	Zip Code
(if different from home address)	Street Address	Apt#	City	State	Zip Code
Telephone #:		Cell Num	ber:		<del></del>
Email Address:		Marital Status:	]M  W  c	S Religion:	
Medical Insurance	e (please include a copy	of insurance cards)			
Primary Insurance:		Seconda	ry Insurance:		
Primary Insurance	#:	Secondar	ry Insurance #:		
Whom may we sp	eak to on your behalf:				
Name #1:	Telepl	none or Cell #		_ Relationship:	
Address:					
Email Addra	Street Address	Apt#	City	State	Zip Code
	ess:				
Name #2:	Telepl	none or Cell #		_ Relationship:	
Address:	Street Address	Apt #	City	State	Zip Code
Name of Nearest Re	elative:	Telephone or Cel	I#	Relationshin:	
				Relationship: _	
Address	Street Address	Apt#	City	State	Zip Code
Emergency or Alte	ernate Contact (can be a	a friend or other family	member):		
Name:		Relationship:	c	ell Number:	
Primary reason for	your visit today and wha	t can the Doctor help y	ou with?		
How did you hear a	about Jersey Shore Geria	trics?			
Most recent hospita	al visit:				
	Date		Hospital Na		
Do you have a	Living Will?Advance	ed Directive? Durat	ole Power of At	orney?	
What Physicians ha	ave you seen in the past	2 years?			
Primary:		Phone #:		_ Fax #:	
Other:		Phone #:		Fax #:	



#### **AUTHORIZATION FOR TREATMENT**

The undersigned hereby consents to and authorizes the administration and performance of medical care that may be in the judgment of the physician considered advisable and necessary, which may include the performance of certain blood tests for communicable diseases such as Hepatitis and HIV infection.

#### RELEASE OF INFORMATION TO INSURANCE CARRIERS

Jersey Shore Geriatrics is authorized to furnish information necessary to process claims to an insurer, compensation carrier, or welfare agency who may be providing financial assistance for hospital care.

# MEDICARE PATIENT'S CERTIFICATION, AUTHORIZATION TO RELEASE INFORMATION, AND PAYMENT REQUEST

I certify that the information given to me in applying for payment under Title XVIII of the Social Security Act is correct. I request payment of the authorized Medicare benefits be made to Jersey Shore Geriatrics on my behalf for any services furnished to me by or in the office, including physician services. I authorize any holder of medical and any other information about me to release to Medicare and its agents or intermediaries any information needed to determine these benefits or benefits for related services.

I further authorize the Medicare program to furnish medical or other information acquired on this visit or acquired by its intermediary under the Title XVIII Program to the extent necessary to process any complementary coverage claim.

I hereby certify that I have re	ead and fully u	nderstand the above authorizations.
Date	_ Signed X_	
		PATIENT
	_ OR	
WITNESS		NEAREST RELATIVE
	he rendering o for such servi	f service to the patient, the undersigned guarantees the ces rendered by Jersey Shore Geriatrics over and above the ance.
Date	_ Signed	X
Witness		Procedure

#### CONSENT FOR RELEASE OF CONFIDENTIAL PATIENT INFORMATION

1.	, born,,
I,(Patient Name)	, born,, (Date of Birth)
Authorize and request	
(Specify Institution, Un	it or Program)
to furnish to: Jersey Shore Geriatrics	
15 School Road East, Suite #2	
Marlboro, NJ 07746 Phone: 732-866-9922	
Fax: 732-866-9970	
Email: jsglabs@gmall.com	
the following information:	
(Specify All	or What Portions of Record)
The above information is released for the forbidden. Please Circle below any spec	following purpose and that purpose only. Any other use is ific portions that we should request, if applicable.
LP Complete Record	Consultations
Discharge Summary	Operative Records
History and Physical	X-Ray Reports
Pathology Reports	X-Ray Films
EKG Reports	Laboratory Reports
federal and state law. (check one) I doinformation.  I recognize that the information disclorated and state law. (check one) I doinformation.  I recognize that the information disclorated diseases or HIV / AIDS testing information disclosure of such information.  (check one) I do do not consmachine.  I hereby release and forever discharge liability arising out of the release of my mauthorization.  This consent is subject to revocation as	sed may contain drug/alcohol information that is protected by do not specifically consent to disclosure of such sed may contain mental health information that is protected by do not specifically consent to disclosure of such sed may contain information regarding sexually transmitted n. (check one) I do do not specifically consent to sent to transmission of my records via facsimile (FAX) and Jersey Shore Geriatrics; it's employees, and agents from any sedical records as specified above and pursuant to this signed at any time, except to the extent that the disclosure has already ously revoked, this consent will terminate on:
(Specify Date, Event, or Condition) If left blank, this consent expires in ninety (90)	) days.
(Signature of Patient)	(Date)
(Signature of Witness)	(Date)

You are entitled to keep your health information private. The HIPAA Privacy Authorization Form should be completed if you would like some person other than yourself to have access to your medical records information. This form gives your health eare provider written authorization to release your health information to the persons you have named.

#### HIPAA Privacy Authorization Form

Authorization for Use or Disclosure of Protected Health Information pursuant to the Health Insurance Portability and Accountability Act — 45 C.F.R. Parts 160 and 164

	Patient Name:	Date of Birth:	Social Security Number:
	Patient Address:		
1. 2. 3.	I hereby authorize all medical service sources and healt information ("PHI") described below to Jersey Shore Ger. Authorization for release of PHI covering the period of her a From (date) to (date) OR b All past, present and future periods. (Check I hereby authorize the release of PHI as follows (check one a My complete health record (including record HIV or AIDS, and treatment of alcohol/drug abut b My complete health record with the exception (check as appropriate): Mental health records Communicable diseases (including Alcohol/drug abut and the state of the state	intrics.  Alth care (please check one)  this box to include all of your  c):  cords relating to mental health  se). OR  ion of the following information	medical records.)  care, communicable diseases,
	Alcohol/drug abuse treatmentOther (please specify):		
<b>1</b> .	In addition to the authorization for release of my PHI authorize Jersey Shore Geriatrics to disclose information third parties to the extent JSG needs to do so in order to with any legal proceedings or prospective legal proceeding the purpose of fraud detection and prevention or as required	regarding my billing, condition determine my eligibility for so is, in order to establish, exerci-	on, treatment and prognosis to tatutory benefits, in connection se or defend its legal rights, for
<b>5.</b>	This medical information may be used by the persons I at consultation, billing or claims payment, or other purposes a	uthorize to receive this inform	
<b>j</b> .	This authorization shall be in force and effect until,	(date or event) at which time	this authorization expires.
١.	I understand that I have the right to revoke this authorization of effective to the extent that any person or entity he authorization was obtained as a condition of obtaining statu	is already acted in reliance	on my authorization or if my
<b>!.</b>	I understand that my treatment, payment, or eligibility for sutherization.	or benefits will not be condi	tioned on whether I sign this
).	I understand that information used or disclosed pursuant may no longer be protected by federal or state law.	to this authorization may be	disclosed by the recipient and
	Signature of patient or personal representative	Date:	
	Printed name of patient or personal representative and his/he	er relationship to patient	<del></del>



Patient Name:	 Today's Date:	
Patient Name:	 loday's Date:	

**Medical History** 

Have you (the patient) been affected by any of the following medical conditions; If so, when was it first found? Answer to the best of your knowledge. Please be specific. Check Yes or No.

Yes	No	When?	Condition
	•		High Blood Pressure
			Heart Disease, Angina
			Thyroid trouble
			High cholesterol
			Stroke
			Neuropathy
			Poor circulation
			Diabetes
			Hepatitis
	<u> </u>		Serious Head Injury
	<u> </u>		Parkinson's Disease
			Drinking Problem
			Depression
			Syphilis or other venereal disease
			Seizures
			Street drug use
			Cancer ( Specify type)
	_		Brain hemorrhage or hematoma (circle one)
			Meningitis or encephalitis (circle one)
			Severe vision or hearing loss (circle one)
			Vitamin deficiency (specify Which)

#### **Review of Symptoms**

Have you (the patient) been having any of these problems? Check Yes or No. Please describe

Yes	No	Problem	Description
		Change in personality	
		Change in speech	
	_	Any weakness	
		Change in Judgment	
		Confusion	
		Change in alertness	
		Delusions or hallucinations (circle one)	
		Emotional difficulties	
		Sensation problems	
		Dryness of the mouth	
		Any recent falls or injuries	
		Difficulty with balance	
		Snoring	
		Shortness of breath	
		Coughing	
		Change in bowel habits	
		Blood in the stools	
		Increased or decreased sex interest (circle one)	
		Trouble with urination or incontinence	
		Pain in joints or bones	
		Limited movement of arms or legs	
		Unusual skin dryness or sweating (circle one)	
		Bleeding or enlarged spots on the skin	
		Unusual thirst	
	_	Extreme fatigue	
		Changes in sleep habits	
		Weight loss or gain (circle one)	
		Inability to prepare or eat food (circle one)	

#### **Medication List**

#### (Including Vitamins)

Start Date	Medication	Route	Dosage	Frequency
NAME:				
				<del></del> -
Allergies:	(please note if mild, moderate or severe for each	allergy)		
			F	
Pharmacy:	TEL:		rax:	

## **Education and Employment**

W 	hat is the highest level of formal education that you (the patient) completed?
W	hat was the primary type of work that you (the patient) performed?
W	hat other jobs have you (the patient) had?
	ave you (the patient) ever worked with chemicals, solvents, or heavy metals (for example, lead)
	o you (the patient) have a history of exposure to radiation or radiation therapy?
	ave you (the patient) ever had electroconvulsive (ECT) or "shock" therapy?
	ave you (the patient) ever been a boxer?  D Yes
r Eva	aluation
	ave you had a brain imaging study (CT brain or MRI)?  D Yes Location
	ave you had blood tests for memory loss?  D Yes If yes, where and when
	ave you had an evaluation for memory loss before?  D Yes If yes, where and when
th Ha	abits
Di	d you ever smoke, if so, how many packs per day and for how many years?
Do	you smoke currently?How many per day?
1.	How often do you have a drink containing alcohol?  Never
2.	How many standard drinks containing alcohol do you have on a typical day?  1 or 2 5 or 6 10 or more
3.	How often do you have 6 or more drinks on 1 occasion?  Never Monthly or less Daily or almost daily Weekly

#### Social History

Where were you born?	
How many years have you been married?	
How many children do you have?	
List their names and where they live.	
sest relative that is active in your daily life?	
rrent Medical History	
Please List the medical conditions currently	affecting the person or that they are currently receiving treatments
When did it begin?	Condition
<del></del>	
Surgical History	
Please list all operations that you have had	i, with appropriate dates, and where was it performed.
Please be as specific as possible.	
Date:	
Please list all medical providers you have se	een in the last 5 years. Include reason and contact information.
What hobbies are you involved in?	
-	
How is your sleep schedule?	
What is the largest meal you eat during the	day?

### Psychiatric History

e appropriate date of onse cluding any inpatient trea	tment)	
Date	Condition or Treatment	
-		

Please List all mental health/Psychiatric conditions or treatments the person has had, with

#### Family History

Please indicate which family members have had any of the following medical conditions. Give the relationship to the patient (ex: Mother, Father, Sister, Brother). If known, please document the age of the family member when the diagnosis was made.

Condition	Family Member(s)	Age at Diagnosis
Dementia		
Parkinson's Disease		
Depression		
Stroke		
Heart Disease		
Down Syndrome		
Diabetes		
Autism		
Obsessive-Compulsive Disorder		
ADHD		
Cancer (Type)		

### Family Report: Patient Behavior and Memory Problems

The information provided in this questionnaire helps the doctor decide if an important memory problem is present. It is best if this is filled out by someone with close, frequent contact with the patient. Many people have had minor and subtle problems with higher mental functions for years before they come to a doctor with questions about changes in memory. Please take a moment and go back in your mind a few months at a time and think about possible signs of memory problems. You may not be having any of these problems, and in that case please just record that information. We thank you for taking the time to complete this information.

The name of the perso	on assisting you in compl	eting this form:	
Their telephone numbe	r:		
Do you (the patient)     checkbook? (circ		iting checks, paying bills, or balancin	g a
Unable	Need help	☐ Have trouble, but able	☐ Normal
<ol><li>Do you (the patient) papers?</li></ol>	sometimes have trouble as	sembling tax records, business affair	rs, or
Unable	☐ Need help	☐ Have trouble, but able	☐ Normal
Do you (the patient)     necessities, or greaters.		opping alone for clothes, household	
Unable	☐ Need help	☐ Have trouble, but able	☐ Normal
4. Do you (the patient)	sometimes have trouble pla	aying a game of skill or working on a	hobby?
☐ Unable	☐ Need help	☐ Have trouble, but able	☐ Normal
5. Do you (the patient) off the stove?	sometimes have trouble hea	ating water, making a cup of coffee, o	or turning
☐ Unable	☐ Need help	☐ Have trouble, but able	☐ Normal
6. Do you (the patient)	sometimes have trouble pre	eparing a complete meal?	
Unable	Need help	☐ Have trouble, but able	■ Normal

7.	Do you (the patient) sometimes have trouble keeping track of current events?			
	☐ Unable	☐ Need help	☐ Have trouble, but able	☐ Normal
8.	Do you (the patient) some a TV show or book?	times have trouble paying	attention to, understanding, or disc	ussing
	☐ Unable	☐ Need help	☐ Have trouble, but able	☐ Normal
9.	Do you (the patient) some holidays, medications?	times have trouble remem	bering appointments, family occasi	ons,
	☐ Unable	☐ Need help	☐ Have trouble, but able	☐ Normal
10. Do you (the patient) sometimes have trouble traveling out of the neighborhood, driving, or arranging to take buses?				
	☐ Unable	☐ Need help	☐ Have trouble, but able	□ Normal
11	. What was the <b>very first</b> s thinking? When was the	_	nanged in the person's memory and	j
12		•	mory and thinking, along with the the the story of the memory problem	n from

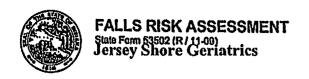
# **ADL & IADL SCORES**

	Independent	Needs	Dependent
ADL- Activities of Daily Living	1 point	Assistance 2 points	3 points
1. Bathing			
2. Dressing			
3. Toileting			
4. Transfer			
5. Continence			
6. Feeding			
	Independent	Needs Assistance	Dependent
IADL- Instrumental Activities of Daily Living	1 point	2 points	3 points
1. Ability to telephone			
2. Shopping			
3. Food preparation			
4. Housekeeping			
5. Laundry			
6. Mode of transportation			
7. Driving			
8. Responsibility for own medication			
9. Ability to handle finances			
		•	
SCORES: ADL:/18	IADL:_	/27	
Patient Name:	Date:		

# Yesavage Geriatric Depression Scale (Please circle YES/NO)

# Choose the best answer for how you have felt over the past week:

Total: (1nt for each answer circled in ROLD)	
Name: Date:	
15. Do you think that most people are better off than you are?	<i>YES</i> / NO
14. Do you feel that your situation is hopeless?	
13. Do you feel full of energy?	YES / <i>NO</i>
12. Do you feel pretty worthless the way you are now?	<i>YES</i> / NO
11. Do you think it is wonderful to be alive now?	YES / <i>NO</i>
10. Do you feel you have more problems with memory than most?	<i>YES</i> / NO
things?	<i>yes</i> / no
9. Do you prefer to stay at home, rather than going out and doing r	new?
8. Do you often feel helpless?	<i>yes</i> / No
7. Do you feel happy most of the time?	YES / <i>NO</i>
6. Are you afraid that something bad is going to happen to you?	<i>YES</i> / NO
5. Are you in good spirits most of the time?	YES / <i>NO</i>
4. Do you often get bored?	<i>YES</i> / NO
3. Do you feel that your life is empty?	<i>YES</i> / NO
2. Have you dropped many of your activities and interests?	<i>YES</i> / NO
1. Are you basically satisfied with your life?	YES / <i>NO</i>





	L.J.	Admissio	n LI Annual LI Post-Fall LI Other
Circle appropriate score for each section and total score at bottom.			
	Parameter	Score	Patient Status/Condition
A.		0	Alert and oriented X 3
	Level of Consciousness/	2	Disoriented X 3
	Mental Status	4	Intermittent confusion
	**************************************	0	No falls
В.	History of Falls (past 3 months)	2	1-2 falls
		4	3 or more falls
C.	Ambulation/ Elimination Status	0	Ambulatory & continent
		2	Chair bound & requires assistance with toileting
		4	Ambulatory & incontinent
D.	Vision Status	0	Adequate (with or without glasses)
		2	Poor (with or without glasses)
		4	Legally blind
			Have patient stand on both feet w/o any type of assist then have walk; forward, thru a
			doorway, then make a turn. (Mark all that apply.)
		0	Normal/safe gait and balance.
	İ	1	Balance problem while standing,
E.	Gait and Balance	1	Balance problem while walking.
		1	Decreased muscular coordination.
		1_1_	Change in gait pattern when walking through doorway.
		1	Jerking or unstable when making turns.
		1	Requires assistance (person, furniture/walls or device).
	ĺ	0	No noted drop in blood pressure between lying and standing.
i			No change to cardiac rhythm.
F.	Orthostatic Changes	2	Drop<20mmHg in BP between lying and standing.
			Increase of cardiac rhythm <20.
		4	Drop >20mmHg in BP between lying and standing.
			Increase of cardiac rhythm>20.
	i		Based upon the following types of medications: anesthetics, antihistamines, cathartics, diuretics, antihypertensive, antiseizure, benzodiazepines, hypoglycemic, psychotropic,
			sedative/hypnotics.
_		0	None of these medications taken currently or w/in past 7 days.
G.	Medications	2	Takes 1-2 of these medications currently or w/in past 7 days.
		4	Takes 3-4 of these medications currently or w/in past 7 days.
		1	Mark additional point if patient has had a change in these medications or
		- 1	doses in past 5 days.
			Based upon the following conditions: hypertension, vertigo, CVA, Parkinsons Disease,
,,	Predisposing	PM=:::dataph O	loss of limb(s), seizures, arthritis, osteoporosis, fractures.
H.	Diseases	2	None present
		4	1-2 present
		0	3 or more present No risk factors noted
		1	Oxygen tubing
I.	Equipment Issues	i	
*	Equipment Issues	1	Inappropriate or client does not consistently use assistive device.  Equipment needs:
1		1	Other:
L			
TOTAL SCORE    Score of 8 to 14			
If score is 8 or above, the back page of this form must be completed.			
Patient has been informed about fall risk assessment results and/or safety/fall prevention recommendations:			
☐ Yes ☐ No			
Signature of RN Date (Month, day, year) Time			

Addressograph