

Greater Columbia Behavioral Health Regional FYSPRT

Work Plan 2025-2026

Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT.

Actions Steps/Suggested strategies:

1. Make quarterly contact with WISE Providers
 - a. **Assigned:** Convener, Tri Leads, System Partners
2. Outreach to other agencies/organizations
 - a. **Assigned:** Convener, Tri Leads, System Partners, GCBH Staff
3. Outreach through community events throughout all 9 counties in the region
 - a. **Assigned:** Convener, Tri Leads, System Partners
4. Outreach specifically designed to for youth and families
 - a. **Assigned:** Convener, Tri Leads, WISE Providers, and System Partners working with families
5. Ensure FYSPRT meetings are youth and family focused
 - a. **Assigned:** Convener, Tri Leads, System Partners

Timeline for Completion: December 31, 2026

Desired Outcomes: 51% youth and family participation by the end of December 2026

Progress: Will be evaluated on quarterly basis

Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region

Actions Steps/Suggested strategies:

1. Have a presence at Health Fairs, Resource Fairs, Community Events
 - a. **Assigned:** Conveners, Tri-Leads, GCBH-ASO staff, Community organizations/agencies
2. Will attend relevant community/coalition meetings regarding behavioral health care and reducing stigma in the community
 - a. **Assigned:** Convener and Tri-Leads
3. Provide education and resources regarding behavioral health care to our region
 - a. **Assigned:** Convener, Tri-Leads, GCBH-ASO Staff, and System Partners
4. Discuss ways to decrease stigma at FYSPRT meetings
 - a. **Assigned:** Convener, Tri-Leads, System Partners, All FYSPRT Members
5. Post behavioral health information on FYSPRT website
 - a. Assigned: Convener and Tri-Leads
6. Promote materials and information/education to address stigma
 - a. **Assigned:** Convener, Tri-Leads, GCBH-ASO Staff, and System Partners

Timeline for Completion: December 31, 2026

Desired Outcomes: By the end of 2026 there will be decreased stigma surrounding behavioral health and more youth and families will have knowledge of behavioral health programs in the region.

Progress: Will be evaluated on quarterly basis

Goal 3: Prioritize a spending budget each quarter for items such as medication bags, lock boxes, gun safes to promote safety and awareness.

Action Steps/Suggested Strategies:

1. Distribute items to Comprehensive Crisis, school functions/events and on other case-by-case bases
 - a. **Assigned:** Conveners, Tri-Leads, GCBH-ASO staff
2. Keep inventory of items purchased on Excel tracker and monitor distribution levels for future ordering practices.
 - a. **Assigned:** Convener and Tri-Leads
3. Look for opportunities and events in the smaller/outside counties to provide these items for those respective agencies.
 - a. **Assigned:** Convener, Tri-Leads, System Partners, and FYSPRT Members

Timeline for Completion: December 31, 2026

Desired Outcomes: To improve access to safety resources and increase safety and security during the 2025 and 2026 calendar years.

Progress: Will be evaluated on quarterly basis

Goal 4: Continue to Provide outreach to our Bi-POC and LGTBQIA+ communities to participate in the Regional FYSPRT and provide information and education to FYSPRT members on inclusion and support for those in the Bi-POC and LGTBQIA+ communities

Action Steps/Suggested strategy(s):

1. Participate in coalitions/meetings/events that work to improve behavioral health for underserved and underrepresented communities
 - a. **Assigned:** Convener, Tri-Leads, and FYSPRT Members, GCBH Staff
2. Provide relevant trainings to FYSPRT members on supporting those who identify as LGTBQIA+
 - a. **Assigned:** Convener, Tri-Leads, System Partners, and FYSPRT Members
3. Use inclusive language
 - a. **Assigned:** All FYSPRT members
4. Connect with LGTBQIA+ support groups and invite them to attend regional meetings and present at regional meetings
 - a. **Assigned:** Convener, Tri-Leads, System Partners, and FYSPRT Members

Timeline for Completion: December 31, 2026

Desired Outcomes: Make the regional FYSPRT an inclusive group and increase participation of Bi-POC and LGTBQIA+ Communities in FYSPRT.

Progress: Will be evaluated on quarterly basis

