



WALK TO EMMAUS

THE UPPER ROOM®

Central
Alabama
Emmaus
Community

the 4th day newsletter

September 17, 2025

A MESSAGE FROM WALK #228 LAY DIRECTOR

Kris Johnson, Central Alabama Walk to Emmaus #122, Table of Anna. September 2009. We had just married off a daughter the weekend before. Totally exhausted, , I had no anticipation. Just looking forward to rest in Him. After 16 years of serving in many areas of the walks I am returning to camp as Lay Director for Walk #228. Once again, I am joyfully looking forward to rest in Him.

For many years I have had the privilege of being the editor of this little-known newsletter. So many times, I have to scramble at the last minute getting the letters to the community from the lay director or spiritual director. Seems fitting that the only item holding me up today is the letter from the lay director. How do you put 16 years of blessings, growth and friendship into a letter. So, thank you, past Lay Directors and Spiritual Directors for your beautiful words of encouragement.

All the ups and downs- exciting stories of how the conference room team came together, how they rose above personal loss and challenges- simply fade when you remember our purpose. To love on the pilgrims. To pray their hearts will be open to encounter God in a most personal way. Your willing hands and feet serving in the background is another blessing on their journey as you display the love of Christ. For those sending agape, praying the prayer vigil, even having virtual volunteers in the Speaker's Prayer Chapel. Thank you.

Sponsors, see you tomorrow at Send Off. Thank you for sponsoring your pilgrims, for calming their fears on the ride to camp. Oh, how your pilgrims will delight in seeing you again at Candlelight and Serenade! And please bring them back to show them the delights of serving.

I am thankful for the many people that have crossed my path during these past 16 years. Many of those people have been an integral part of the new person I am in Him. Walk #228 symbol is "Choose Joy". My joy comes from Him. In good or bad, I have the choice to choose. The simple act of smiling reminds me of His love for me and my love for Him.

Looking forward to meeting many more Emmaus friends in the future as we continue to serve together. We covet your prayers and service.

Choose Joy!

DeColores
Kris Johnson
Central Alabama Walk to Emmaus #122
Lay Director, Walk #228



Women's Walk #228

Lay Director:
Kris Johnson

Background Team:
Chambers/Lee Cluster

Times To Remember

**Wednesday 7pm Send-Off
Friday 7pm Candlelight
Saturday 7am Serenade
Saturday 4pm Closing**



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A MESSAGE FROM WALK #228 SPIRITUAL DIRECTOR

It's so exciting looking ahead to the divine appointment we have with the Holy Spirit on Women's Walk #228. I love gathering with brothers and sisters in Christ to worship God in such a beautiful setting as Camp Alamisco. So, first and foremost, please join me in praying for these precious pilgrims that their eyes will be opened to the love of Jesus Christ.

One of my favorite stories is found in Genesis 27-28. In verse sixteen of chapter 28, Jacob wakes from a dream where he has seen angels climbing up and down a ladder that extended from heaven down to earth. When Jacob woke up, he says; "Surely the Lord is in this place..."

I find it so encouraging that God comes to Jacob at a time when he is running from his family! Jacob sees the glory of God in this place. He sees the hope and the promise for his future – even though he's done nothing to earn it. In fact, he's done almost everything in

his power to show how undeserving he is.

Ancient writings record that there are some places on earth where the separation between heaven and earth is narrower-- thinner. A "thin place" is where the veil that separates heaven and earth is lifted, and one is able to receive a glimpse of the glory of God...a place where human beings could more directly and intensely experience God. It's like being able to pull back the veil that separates us from God to vividly reveal his Divine Presence. I believe that these ladies will discover such a "thin place" on CAEW #228, at Camp Alamisco. My prayer for you is that you find God breaking into your heart; and say, like Jacob: "Surely God is in this place."

DeColores

Blue Vardaman
Spiritual Director

JOIN US WORKING IN THE BACKGROUND!

Emmaus walks don't just happen, volunteers behind the scenes make it all come together. If you have been away for awhile or are just off your own walk, and don't know how to get started, we would love to help you out! Go to our website and click on one of the Emmaus Board Reps (click 'About Us' then Board Reps) to get the line of communication going.

You can also ask for help on our Central Alabama Chrysalis/Emmaus Facebook page. Many places to serve, one that will fit you perfectly!

Or email me, I would love to get you plugged in.

Kris Johnson - johnson.kristijo@gmail.com



Sign Up For Emmaus Prayer Vigils

The Sign-Up Genius link can be found
on our webpage at

www.caew.org

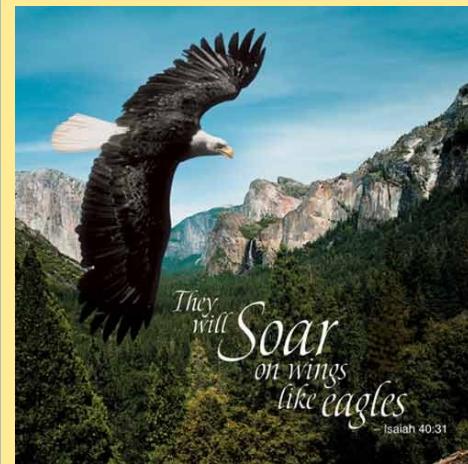
As well as on our Facebook page at

**Central Alabama
Emmaus Community**

2025 Walk Dates

Face to Face #3
Linda Hines-Hornsby
October 9-10
October 16-17
Park Memorial Church (Troy)

Women's Walk #229
Terri McDonald
November 5-8
Pike County Cluster



Walk #228 Bible Verse

"In addition, some women amazed us. They went to the tomb early this morning but didn't find his body. They came and told us that they had seen a vision of angels, who said he was alive.

Luke 24: 22-23

Pilgrims of the Women's Central Alabama Walk to Emmaus #228

LAST	FIRST	CITY	ST	CHURCH	SPONSOR
Afangideh	Uduak	Montgomery	AL	Vaughn Park	Elizabeth Staten
Baker	Koop	Dadeville	AL	LifeSpring	Sharon Truman
Braswell	Lora Lee	Wetumpka	AL	Centerpoint Fellowship	Holly Caldwell
Dapprich	Julie	Wetumpka	AL	Redland Hills	Renae Pemberton
Dean	Rebecca	Alexander City	AL	River of Life	Donna McCarty
Dilleshaw	Jennifer	Calera	AL		Cathy Ciocco
Earl	Erika	Gulf Breeze	FL	Momentum Church	Misty Hude
Forbus	Meesha	Opelika	AL	Auburn Community Church	Ashley Belcher
Garner	Ann	Auburn	AL	Highlands- E Auburn	Esther Williams
Headings	Amelia	Bellefontaine	OH	South Union Mennonite Church	Nancy Newman
Herron	Diane	Dadeville	AL	Lake Community Church	Terri McDonald
Huff	Lani	Dadeville	AL	New Concord	Laura Daniel
Hunt	Sonya	Notasulga	AL	Saugahatchae Baptist	Daniel Bratton
Hyde	Skylar	Gulf Breeze	FL	Momentum Church	Sherri Paul
Johnson	Betty	Jackson	AL	First Baptist Jackson	Jennifer Gregory
Lovejoy	Jalee	Dadeville	AL	Lake Community Church	Terri McDonald
McCovery	Joy	Montgomery	AL	Core Ministry	Elizabeth Staten
O'Hara	Jana	Freeport	FL	Pathway Church	Lindy Bengston
Powell	Amanda	Alexander City	AL	Lake Community Church	Tina Hosey
Rose	Sheri	Wetumpka	AL	Mulder	Amanda Freeman
Schram	Tori	Wetumpka	AL	Mulder	Amanda Freeman
Searight	Cal	Montgomery	AL	Highlands	Elizabeth Staten
Skipper	Ruby	Prattville	AL	Well Springs Community	Michael Beale
Thomasos	Charity	Elmore	AL	Redland Hills	Juliana Urdaneta
Vardaman	Trisha	Alexander City	AL	Cornerstone Methodist	Rev. Blue Vardaman
Wilson	Ashley	Wetumpka	AL	Redland Hills	Renae Pemberton

Conference Room - Women's Walk #228

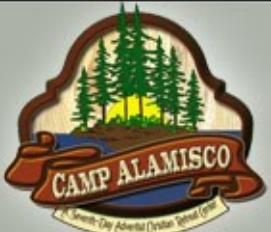
Lay Director	Kris Johnson
Spiritual Director	Blue Vardaman
Assistant Spiritual Directors	Jennifer Gregory
	Todd Henderson
	Todd Owen
	Lisa Pierce
Assistant Lay Directors	Cheryl Bynum
	Donna Harper
	Renae Pemberton
	Micki Thornton
Table Leaders	Steffani Bryant
	Page Cotten
	Amber Hollingshead
	Connie Lampman
	Tabitha Ragsdale
	Celine Simpson
Assistant Table Leaders	Hillary Green
	Stephanee Lewis
	Mollianna Kirkland
	Margaret McGuire
	Brina Nichols
	Lauryn Smith
Music	Bradd Rhymes
Media	Sam Moore
Board Rep	Alice Veros

Work Areas— Women's Walk #228

Support Area	Chair / Co-Chair
72 Hour Prayer Vigil	Elizabeth Staten / Amber Persons
Agape	Corinne Garrett / Kimberly Fredrick
Bed Tags	Sue Olson / April Dudley
Book Covers	Kris Johnson
Book Bags	Kris Johnson / Micki Thornhill
Book Table	Tim Cronian
Candlelight	John Waldrip / Virginia Waldrip
Entertainment	Mack Lovelady /Bradd Rhymes
Food Prep	Felicia Bryant
Friday Night Party	Abby Flurry / Kelli Thigpen
Greeters	Terri Knight / Chad Caldwell
Housing & Registration	Terri McDonald / Dottie Carnes
Logistics	Holy Spirit
Meal Service	Sherry Morgan / Donna Harrison
Photography	Sheila Wallace
Refreshments	Holy Spirit
Serenade	Ashley Belcher / Jason Belcher
Speaker's Prayer Chapel	Kay Morris / Cretia Pugh
Sponsors Hour	Sheila Wallace / Stephanie Jones
Worship	Holy Spirit



Welcome Men of Central Alabama Walk to Emmaus #225



**In Case Of Emergency
Camp Alamisco
256-825-9482**

LOST YOUR BADGE?
Contact Ronald Lynch at
lynchronald8@gmail.com
Badge replacement cost is \$3



TEAM SELECTION
Donna Harrison - Chairperson
donnarae56@yahoo.com

WORK AREA SIGN IN SHEETS
following each walk are sent to:
Linda Hines Hornsby
lhcaew20@gmail.com

NEWSLETTER EDITOR
Kris Johnson
johnson.kristijo@gmail.com

*****Please send articles, updates, cluster & reunion group photos and information to share with the Emmaus community.**

EMMAUS WORK AREA	2025 COMMUNITY BOARD REP
72 Hour Prayer Vigil	Frank Talbot
Agape	Bonnie Coker
Book Table	Glenn Kinard
Candle Light	Tommy Holt
Food Preparation	Dottie Carnes
Friday Night Party	Kimberly Frederick
Greeters	Donny Davis
Housing and Registration	Alice Veros
Logistics	Perry Myer
Meal Service	Donna Harrison
Photography	Mark George
Refreshments	Donna Harper
Serenade	Jeff Bryant
Speaker's Prayer Chapel	PeeWee Godwin
Sponsor's Hour	Mark George
Supplies	Wanda Ryals
Team Selection	Donna Harrison
Training - Support Team	Sharon Truman
Training - Conference Room & Lay Director	Sharon Truman
Worship	Danny Green
Registrar - Men's	Bonnie Coker
Registrar - Women's	Kristi George
Community Website Coordinator	Allen Brewer
Community Email Coordinator	Jamie Brown
Name Badge Coordinator	Ronald Lynch
Community Newsletter	Kris Johnson
Community Lay Director	Sharon Truman
Community ALD	Donna Harrison
Immediate Past LD/Board Advisor	Wanda Ryals
Community Treasurer	Linda Hines Hornsby
Community Secretary	Dottie Carnes
Communications Coordinator	Linda Hines Hornsby
Community Spiritual Director	Blue Vardaman
Community Asst. Spiritual Directors	
Chrysalis Committee Chairperson/Lay Director	Ronny Lynch
Chrysalis Spiritual Director	Mike Wells
Chrysalis Spiritual Director	Mike Wells

Address, contact phone, or email changes?

Help keep your information updated:

Click the 'Update Subscription Preferences' link at the bottom of your Community Email.

Or contact a Board Rep listed on our web page at www.caew.org to assist you in updating your current address, phone or email information.

2024 CENTRAL ALABAMA EMMAUS COMMUNITY – CLUSTER INFORMATION

Updated 1/01/2024

*Clanton Emmaus Cluster

Contact – Tom and Glo Cuthbert . glogetr@yahoo.com - . Glo 205-245-2242

Cluster meetings are the 1st Tuesday of every month at 6:30 p.m. at Verbena United Methodist with refreshments following.

*East Alabama Emmaus Cluster

Contact – Dennis Teel . dennisteel154@gmail.com , 334.524.8257

Covered dish dinners are on the 1st Tuesday after each walk at Cornerstone Churchm 2123 Hamilton Road, Auburn, AL

*Elmore County Emmaus Cluster

Contact - Mark Kirkland . mkirkland25@yahoo.com . 334-224-0758

Covered dish dinner and meeting on the Tuesday or Thursday after each walk or flight at Cain's Chapel and Mulder UMC. Fellowship at 6:00 p.m., dinner at 6:30 p.m.

*Lake Martin Area Emmaus Cluster

Contact – Stephen Chambers . lakemartincluster@gmail.com . 256-786-2965

Meets on the Monday following a walk at 6:15 PM with a covered dish dinner. Rotate between Flint Hill UMC, Alex City Methodist, First Baptist Dadeville, Lake Martin Baptist and Camp Alamisco.

*Millbrook-Prattville Walking Miracles Emmaus Cluster

Contact – Glenn Kinard . glennkinal@aol.com . 334-467-9851

Meets at 12:30 p.m. on the 4th Sunday, for a covered dish meal at Robinson's Springs Church in Millbrook,

*Montgomery Emmaus Cluster

Contact – Kimberly Frederick . willnkim4@gmail.com . 334-324-4572

Covered dish dinners are held at Aldersgate UMC on the Tuesday following each walk at 6:30 p.m. When the walks are back to back, the dinner will be held the Tuesday after the second walk.

*Selma Emmaus Cluster

Contact – Debby Ttavis . debbytravis@yahoo.com . 334-412-3282

Covered dish dinners held the first Sunda of each month at 6:30 p.m. Contact Helena Britton as to location until repairs are complete at Church Street UMC .

*Chambers-Lee County Emmaus Cluster

Contact – Lyn Brow . lsbrown32297@gmail.com . 334-864-1113

Covered dish dinners are held at various church locations at 7:00 p.m. (ET) on the Tuesday following each walk. If walks are back to back, the two walks are combined in one dinner after the second walk .

CAMP ALAMISCO LODGING INFORMATION

Lodge/Cabins: available on a first come first serve basis. They have bunk beds and community showers/bathrooms. Per bunk, they rent for \$25/night, or \$75 for the weekend. Three meals are included per day. You must provide all of your own linens.

Campsites: 3 spots available, where you can bring your own motor home. The campsite rates are \$30/night or \$90 for the weekend, and includes three meals for two people.

Alamisco Inn: which features three "suites" upstairs, that includes TWO queen beds, ONE set of bunk beds, and ONE pull out sectional "single bed" sleeper. It also has its own kitchenette.

Suite #1 (Accommodates 6 People) is \$100/night or \$300 for the weekend.

Suite #2 (Accommodates 4 People) is \$67/night or \$200 for the weekend.

Suite #3 (Accommodates 6 People) is \$100/night or \$300 for the weekend.

**All Suites - All Linens are provided.

Downstairs Rooms (One double bed) are \$45/night or \$135/weekend.

* Downstairs Rooms - Linens are provided.

***All Alamisco Inn Suites include three meals for 4 people included in the cost of the suite.**

For those at camp not staying in lodgings: Meals - Breakfast \$5.00, Lunch \$5.00, Dinner \$8.00.

WHO CAN ATTEND THE EMMAUS THREE-DAY EVENTS?

It is the policy of The Central Alabama Emmaus Community as well as The Upper Room - Emmaus Ministries, that ONLY persons that have completed a 3-Day Weekend (Emmaus, Chrysalis, Cursillo, Tres Dias, etc.) may participate in and attend:

Send Off, Candlelight, Serenade, and Closing

Additionally, children may not be brought to the events. Families ARE encouraged to attend the follow up dinners held in each cluster after each walk. We thank you for your understanding and cooperation with this.

HOW CAN I SERVE?

Ask your sponsor to bring you back to camp! Ask those in your Cluster to explain how to serve! Look up work areas on the website below to see what you might be interested in and contact that Board Rep.