

Bread and Water for Africa®

Providing a Brighter Future for Africa's Children

# 2×19 ANNUAL REPORT















#### BREAD AND WATER FOR AFRICA MISSION

The mission of Bread and Water for Africa<sup>®</sup> is to promote positive change in Africa by supporting and strengthening grassroots initiatives for community self-sufficiency in health and education.

### MESSAGE FROM THE EXECUTIVE DIRECTOR

Greetings Friends and Supporters,

This past year thanks to caring, generous people across the country, Bread and Water for Africa<sup>®</sup> has been able to provide resources to African countries including Cameroon, Chad, Ethiopia, Kenya, Sierra Leone, Uganda, Zambia and Zimbabwe that have transformed, and in many cases, saved the lives of tens of thousands.

As you will read in more detail in the pages that follow, in 2019 we continued our more than 20-year mission of "Providing a Brighter Future for Africa's Children" by providing hundreds of orphaned and abandoned children with a loving home and everything they need to thrive, and enabled thousands to attend school and get an education – their only pathway out of a life of dire poverty.

We have completed the construction of a hospital in Cameroon, the expansion of a secondary school project in Kenya, the expansion of a children's home in Zimbabwe, supported a poultry farming operation in Sierra Leone and dug wells in Cameroon, Ethiopia and Sierra Leone to providing safe drinking water for villages of hundreds.

None of this would have been possible without friends like you who have given so generously to support these projects. Your support benefits those you will never know a half a world away living in conditions that are unimaginable to us.

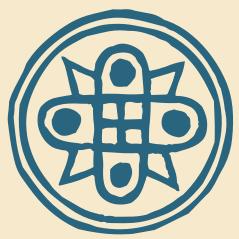
We are partners in this mission together, and I believe that as you read this report, you will realize that your generosity touches each of these children, their families and their communities. On behalf of those who cannot speak for themselves, our Board of Directors, and our inspirational international spokesperson Phyllis Keino, the founding of the Lewa Children's Home, I say THANK YOU for making a difference in the lives of so many.

With 2019 at a close, we also take the time to look forward to 2020 and a future filled with hope. Through our programs you make possible, those most in need will continue their steady path forward towards health, education, and self-sustainability.

Sincerely,

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Bethelhem Tessema Executive Director





#### WHO WE ARE

Since our inception more than 20 years ago, Bread and Water for Africa<sup>®</sup> has been committed to promoting positive changes in Africa. Through the generosity of our supporters and in partnership with local grassroots organizations, Bread and Water for Africa<sup>®</sup> supports and strengthens impoverished communities and promotes self-sufficiency through improvements in health, education, clean water development, agricultural best practices and sustainable energy.

#### OUR PROGRAMS

**Orphan Care \*** Provide loving homes for orphaned and abandoned children, including the basic necessities of food, clean water, health care, and an education, so they can build a better life as they enter adulthood.



**Education \*** Offer quality education at preschool, primary and high school levels, as well as vocational training to give children and young adults the best opportunities for self-sufficiency.



**Clean Water \*** Dig water wells and support clean water development projects to provide life's most vital resource.



**Agriculture \*** Train men and women in sustainable farming methods to provide food for their families and surplus to sell at local markets, and provide seeds and basic farming tools.



**Healthcare \*** Provide essential medicines, medical supplies and equipment to save lives and support the operations of clinics and hospitals in remote villages.



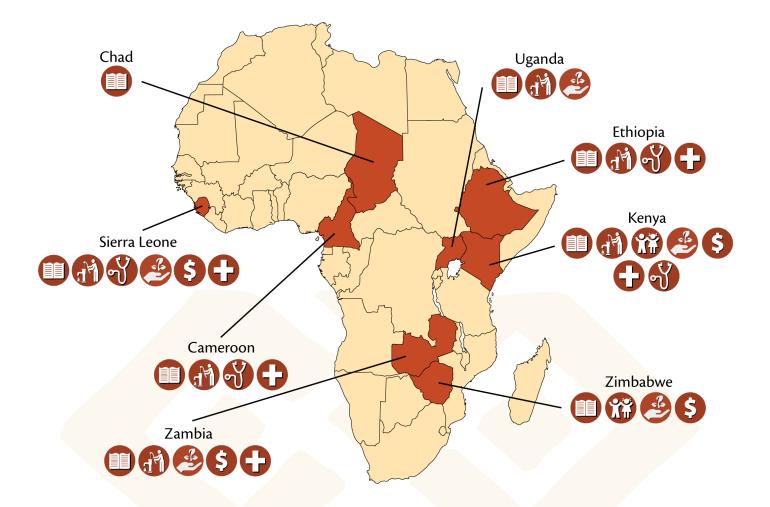
**Income Generation \*** Provide the initial funding to our program partners to create income generating projects to help sustain their program's future funding needs.



**Basic Relief \*** Provide basic relief support for unexpected disasters and crises, such as drought relief support in Ethiopia in 2018.



### WHERE WE HAVE BEEN WORKING















"Bread and Water for Africa<sup>®</sup> has been building sustainable solutions for over twenty years by empowering grassroots initiatives at the micro and meso levels in Sub-Saharan Africa. Even though the journey has been challenging and overwhelming sometimes, the results have been rewarding and so many lives have been saved and changed. We are VERY grateful to all our donors and supporters for the rewarding journey and enabling us to fight the good fight." -Bethelhem Tessema, Executive Director



### Orphan Care



## ORPHAN CARE

In Kenya, where the Lewa Children's Home operates, there are an estimated 2.4 million orphans, of which 47 percent are due to AIDSrelated parental deaths.

In Zambia, where the Kabwata Orphanage and Transit Centre operates, there are 1 million orphans in the country with a population of 17 million. AIDS killed an entire generation of parents leaving the country with half its population younger than 18. One in 13 Zambian children will die before age 5, and many children don't know their parents or even their own birthdays. Zambia's proportion of children without parents is the sixth highest in the world. If more Zambian children born with HIV survived, the largest population in the world of children without mothers and fathers could be there.

Today, the sad fact is that hundreds of thousands, if not millions, of orphaned, abandoned and destitute children who have no place to call home do not know where their next meal is coming from and have no one to love and protect them.



## ORPHAN CARE

For over two decades since we began our longstanding partnership with Phyllis Keino to found the Lewa Children's Home in Kenya, Bread and Water for Africa<sup>®</sup> has worked with our other long-standing partners including the Kabwata Orphanage and Transit Centre in Zambia and Shinga Development Trust in Zimbabwe to provide loving homes for hundreds of orphaned and abandoned children every year.

Program founders and directors Phyllis (Bread and Water for Africa<sup>®</sup> volunteer international spokesperson), Angela Miyanda (Kabwata) and Margaret Makambira (Shinga) have become the only "mother" thousands of orphaned children have ever known. Without their love and dedication there is no telling what would have happened to those children who were loved and cared for as they grew up and today live successful happy lives.



Children at the Lewa Children's Home in Kenya



Students from the Kabwata Orphanage and Transit Center, Zambia



Lerto Children's Village in Zimbabwe

Bread and Water for Africa®



#### SHEBA TALAI **ABOUNDED LOVE FOR** THE NEEDIEST CHILD IN ENYA



Sheba Talai is now 12 years old; she is described as a joyous girl who always has a hug to spare for others. Though you would never guess it from her smile and happy outlook on life - her story begins with more pain than happiness.

Sheba was born with physical deformities of her legs and hands. Because of this, she was found abandoned when she was just 1-year old. By the time she was found, Sheba was also suffering from malnourishment, pneumonia, and sickle cell anemia.

After being brought to the Lewa Children's Home, she was nursed back to health and has received much needed healthcare to help ease her pain and give her a chance at a normal, happy life.

After a while, Lewa staff learned that - in addition to her existing conditions - Sheba was also deaf and mute, adding to the difficulty of her life.

Phyllis and the staff at Lewa continued to teach Sheba in their school with other children for a while, but now she is attending a specialized school for the hearing impaired.

Through the help of the Lewa Home, Sheba has received healthcare, and, more importantly, Sheba has received the love that she so desperately needs to flourish.



#### PROGRAM ACCOMPLISHMENTS





#### EDUCATION CHALLENGE

By 2050, Sub-Saharan Africa as a whole will be home to 86 percent of the world's extreme poor unless action is taken, such as educating more women. That compares to

57 percent in 2017. Countries need an adult literacy rate of at least 70 percent to industrialize and grow at a pace that leaves the average citizen better off.



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#### **EDUCATION SOLUTION**

In addition to the immediate needs of food and shelter, the most important thing an African child needs for a bright and happy future is an education.

Whether it's in Cameroon, Chad, Ethiopia, Kenya, Sierra Leone, Uganda, Zambia or Zimbabwe, all children need the same thing – the opportunity to go to school where they learn to read and write, solve math problems, and, as they get older, take advanced courses where they will obtain the skills necessary to find suitable employment and be able to support their families.



A Chadian student - school fees supported by BWA



A library in Ethiopia with thousands of donated books



A student benefiting from Tution Support in Zimbabwe



Kebeneti School laboratory in Kericho, Kenya

Bread and Water for Africa®

#### ANN TIYAA A DREAM COME TRUE



18-year-old Ann Tiyaa is a Form Four (senior) at Sambut Secondary School in Eldoret, Kenya, who has made great strides in her life. For one thing, she has accomplished something only few children and youth are able to do in Kenya – attend 12 years of school and be poised to graduate with a bright future ahead of her.

This would not have been possible for this orphaned young woman who first found a home in the loving arms of Phyllis Keino at the Lewa Children's Home. It was there where she began her education 12 years ago. Supporters of Bread and Water for Africa<sup>®</sup> made it possible for Phyllis to pay her school fees for each of the 12 years as Ann steadily made progress through each grade.

"She was born and raised in a family of four children before her mother's demise," reported Phyllis. "She was an orphan, so she was raised up in the Lewa Children's Home."

Phyllis has full faith in Ann who has already demonstrated in her young life that she has the will and determination to succeed at anything she puts her mind to.

"She is working hard to achieve her dream of becoming a journalist, and her best subjects are business studies, languages and history," added Phyllis.

In her term one academic report, her teacher expressed encouragement to Ann to "put more effort" into the subjects where she has been struggling in the knowledge that "you have the potential."

As for Ann herself, she is grateful and appreciative of the supporters of Bread and Water for Africa's<sup>®</sup> school fee assistance program.

"It is my pleasure to thank my sponsors for their efforts, and good hearts," she wrote in a letter of appreciation to those who made it possible for her to continue her education to its completion. "If not for your support, I could not have reached where I am today or even having visions and missions...or even become the person that I am today.

"I promise you that I am going to do my best and make you proud at the end of this year," she wrote in her letter dated February 23, 2019. "Words cannot express my gratitude. Only God knows what is in my mind.

"May God bless you very abundantly."

#### PROGRAM ACCOMPLISHMENTS



students at Kebeneti Secondary School benefited from the use of a new dining room facility constructed by Bread and Water for Africa<sup>®</sup>.

students at the Kabwaza Community School in Zambia benefited from the sponsorship of the school's teachers' annual salaries.

primary and secondary school students from the village of Dora, Zimbabwe and the surrounding area were served through a school fee support program overseen by Shinga Development Trust.

**37,368** secondary school and junior college students in Ethiopia benefited from the use of donated textbooks and reference books at their school libraries, with a total of 44,000 books being distributed to 45 high school and three junior college libraries.

junior high a students in use of textbo with a total to 64 schools Bega kwa Be

junior high and secondary school students in Uganda benefited from the use of textbooks and reference books, with a total of 22,000 books distributed to 64 schools in 12 districts in which Bega kwa Bega operates.

Africa is the world's second-driest continent after Australia. Two -thirds is arid or semi-arid. In sub-Saharan Africa it is estimated that more than 300 million of the 800 million in the region live in what the United Nations describes as a "water-scarce environment." Due to diseases linked to contaminated water, poor sanitation and poor hygiene, more than 100 people die in Africa every hour. In sub-Saharan Africa, more than one-fourth of the population, many of them young girls who should be in school, must spend more than a half-hour to collect water for themselves and their families, many times from unsafe sources.



### CLEAN WATER

Nothing is more important for the survival of an African child and family than having access to clean, safe water for drinking, cooking, bathing and washing.

But for millions in sub-Saharan Africa, it's not as simple as turning on a tap, or even filling a container from a nearby well. Children, mostly girls, spend their days walking miles fetching water, often carrying heavy containers of water on their heads. These 5-gallon containers, weighing about 40 pounds, are filled with water from open streams containing water potentially contaminated with diseases such as Typhoid Fever or Cholera, as well as parasites which can make them sick, and can even cause death.

"Bread and Water for Africa..... you have delivered us from going to school late."

-Children from Nafima village, Sierra Leone.



A new water well completed in Abomvomba, Cameroon

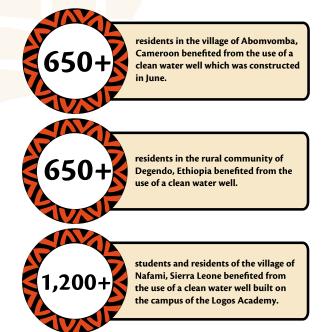


People celebrate new well construction in Abomvomba, Cameroon



The Nafami water well provides clean water for the nearby community

#### PROGRAM ACCOMPLISHMENTS



Bread and Water for Africa®

### *Agriculture* AGRICULTURE **CHALLENGE**

The number of people suffering from chronic undernourishment in sub-Saharan Africa has increased from 200 million to 224 million, accounting for one-fourth of the 815 million people undernourished in the world in 2016. Major factors have caused this surge in hunger. The proportion of the population that has experienced severe food insecurity because of their inability to access food has risen across the region. Adverse climatic conditions resulting in poor harvests and loss of livestock and conflict, often occurring concurrently, are key factors driving the recent increase in food insecurity in the region.



#### AGRICULTURE SOLUTION

Africa is a continent of farmers, but many struggle to grow even subsistence harvests on their small tracts of land due to a lack of knowledge about best farming practices and a lack of resources to purchase the best quality seeds, fertilizers and tools that are necessary for a successful crop.

Food security, along with clean water, are the primary priorities of life, and no one can live a long healthy life while they are malnourished, especially children.

Having daily access to food is critical for the day-to-day survival of children whose development, both physically and mentally, is delayed without property nutrition.

"Our programs target the basic aspects of life - food, health and education. The per capita income of the country is low, and many people find it difficult to feed themselves. We have made considerable effort with support from BWA in this direction but there is still room for improvement."

Reverend Francis A. M. Mambu. Faith Healing Development **Organization Founder and Executive Director** 



Harvesting rice to feed the community (Sierra Leone)



A successful poultry project in Yainkansa Village, Sierra Leone



Sustainable farming for a healthy community

PROGRAM ACCOMPLISHMENTS



individuals benefited from seasonal employment opportunities at a farm operated by Faith Healing Development Organization in the village of Yainkansa, Sierra Leone.

female farmers received training and supplies to establish small farming operations to provide for their and their families' basic needs through a program operated by Faith Healing **Development Organization.** 

Yainkansa village residents and its communities benefit from the operations of its poultry project, which increased the availability of chicken meat and eggs, and the income of the community through employment and egg trading.

### cHealthcare



#### HEALTHCARE CHALLENGE

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Hope Service Bonendale first delivery service



BWA supported hospital in Sierra Leone



Healthcare service in action in Hope Service Bonendale



Hope Service Bonendale pharmacy

**10** Bread and Water for Africa®



#### Moya "Feeling Perfectly Well With No More Difficulty Breathing"



Moya had been living a happy life in the small Sierra Leonean village of Kojowolo before the deadly Ebola outbreak of 2014 tragically took the lives of his wife and their two children, leaving the 62-widower all alone in the empty house.

He managed to carry on his life without his family until one day earlier this year when he suffered from an acute respiratory tract infection.

After a few days as his condition worsened, he knew he needed medical attention, but he continued to suppress his pain because he had no money to pay for treatment.

"Fortunately for him, some of his friends visited him and told him about the Faith Healing Development Organization (FHDO) El Shaddai Clinic in the larger nearby village of Bunumbu and encouraged him to seek medical assistance," explained FHDO founder and director Rev. Francis Mambu, a long-time partner of Bread and Water for Africa<sup>®</sup>.

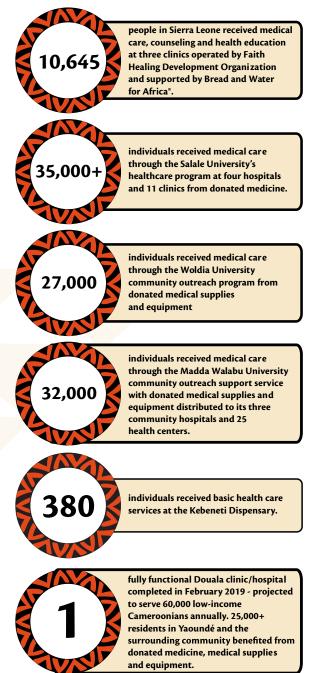
"Moya was transported to the clinic via 'hamoc' (a local swing for carrying sick people) as he was unable to walk the seven miles to a clinic on his own and the road to Kojowolo is not motorable," said Rev. Mambu.

"On arrival at the clinic, he was administered antibiotics provided to FHDO by Bread and Water for Africa<sup>®</sup> and after six days in the clinic Mohamed recovered fully and was able to walk unaided," added Rev. Mambu. "The head of the clinic subsequently discharged him and he happily went home rejoicing."

As for Moya himself, he had a few words of gratitude to the supporters of Bread and Water for Africa<sup>®</sup> for preventing what would have been certain death.

"I am now feeling perfectly well with no more difficulty in breathing. Thanks to the FHDO clinic and the supporters of Bread and Water for Africa<sup>®</sup> for saving my life."

#### **PROGRAM ACCOMPLISHMENTS**





#### FINANCIAL STATEMENT

The financial results depicted here are derived from the Bread and Water for Africa<sup>®</sup> June 30, 2019 audited financial statements, which contain an unmodified audit opinion. Our complete audited financial statements can be obtained at www.AfricanRelief.org or by calling 1-888-371-6622 and requesting a copy.

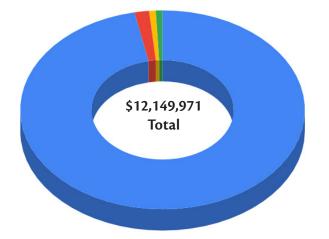
Support and Revenue	Unrestricted	<b>Temporarily Restricted</b>	Total
Noncash contributions from affiliate	\$ 11,764,916	\$ -	\$ 11,764,916
Cash contributions from affiliate	\$200,000	-	\$200,000
Other cash contributions	\$34,770	\$56,618	\$91,388
Workplace campaign contributions	-	\$ 64,073	\$64,073
Investment income	\$29,594	-	\$29,594
Net assets released from restrictions:			
Satisfaction of time restrictions	\$61,416	(\$61,416)	-
Satisfaction of purpose restrictions	\$ 75,230	(\$75,230)	
Total Support and Revenue	\$12,165,926	(\$15,955)	\$12,149,971
Expenses			
Program Services:			
International programs	\$12,1 <mark>04,843</mark>		\$12,104,843
<b>Total Program Services</b>	\$12,104,843		\$12,104,843
Supporting Services:			
Management and general	\$25,274	<u> </u>	\$25,274
Development and fundraising	\$6,170	<u> </u>	\$6,170
Total Supporting Services	\$31,444		\$31,444
Total Expenses	\$12,136,287		\$12,136,287
Change in Net Assets	\$29,639	(\$15,955)	\$13,684
Net Assets, Beginning of Year	\$269,612	\$406,828	\$676,440
Net Assets, End of Year	\$ 299,251	\$ 390,873	\$ 690,124

#### Support and Revenue

- Non-cash contributions from Affiliate (\$11,764,916)
- Cash contributions from Affiliate (\$200,000)
- Other cash contributions (\$120,982)
- Workplace campaign contributions (\$64,073)



- Program services (\$12,104,843)
- Supporting services (\$31,444)







#### **BOARD OF DIRECTORS**

James J. O'Brien, Esq., Chairman Clyde B. (CB) Richardson, Treasurer Eugene L. Krizek, Director (Founder, President Emeritus) Robert J. Hisel, Jr., Director Thomas M. (Tom) O'Brien, Director Frank Stitely, CPA, Director Rear Admiral Eric C. Jones, Director Rev. Dr. Ketlen A. Solak, Director Colonel John F. Williams, Director Elayne Silversmith (Dine'), Director



#### **CORPORATE OFFICERS (NON-VOTING)**

Bryan L. Krizek, President/CEO Hon. Paul Krizek, Esq., Vice President/General Counsel Nhi Ho Cao, Secretary Bieu Do, Chief Financial Officer

#### **EXECUTIVE STAFF**

Bethelhem H. Tessema, Executive Director Dave Frank, Fulfillment Manager

#### WE COULD NOT DO IT WITHOUT YOU!

Thank you to all those who continue to believe in our mission and support Bread and Water for Africa<sup>®</sup> and our partners! We especially thank all Federal and Military personnel who have contributed to our organization through the Combined Federal Campaign (CFC) and state, local, United Way, family foundations, and corporate campaigns across the country.



Bread and Water for Africa<sup>®</sup> 🏶 8301 Richmond Highway, Suite 300 🏶 Alexandria, VA 22309

