



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
 Rev Fr Patrick Massang, C.Ss.R. (Parish Priest)
 Rev Fr Philip Lai, C.Ss.R. (Assistant Parish Priest)

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(food for thought) (Bulletin 6 November, 2022)
 Gospel: Luke 20:27-38. *"A Clearer Focus"*

(6/11/2022)
TRANSITION TO ENDEMIC STAGE
(From Your Parish Priest...)
ATTENDING MASSES IN O.M.P.H.
IPOH

- * Wearing of face Mask is mandatory inside the church premises (Adults & children).
 - * Sanitize your hands.
 - * Please co-operate and follow instructions from the hospitality ministers.
- Stay safe Stay healthy**

1st Holy Communicants –
SACRAMENT OF RECONCILIATION
 Sat. 19 November, 2022 @ 9.30am

SACRAMENT OF FIRST
HOLY COMMUNION on Sunday,
 20 Nov.,2022 during the 8a.m Mass.

OMPH PARISH ADVENT-CHRISTMAS RETREAT (E) 2022
reflecting on
ANNUNCIATION, INCARNATION, VISITATION & NATIVITY
 by Rev Fr Joseph Stephen, CSsR
 (date) **28th (Mon.) & 29th (Tues) of Nov.,2022**
 (time) **7.30pm**
(Please bring along your Bible)
 # A love offering will be taken up.

Registration: Please fill in the form provided and submit at the parish office latest 22 Nov.,2022.

WE WELCOME to our community -

- * JAYDEN Teoh Zhi Fung
- * DENZEL Jayden Pereira a/l Michael Pereira
- * LIONELL JEROM a/l Imaanueil Jerom
- * ARDEAN Ardo Jupirin
Congratulations to their parents & god-parents.
 They were baptized on 30 Oct.,2022.

OMPH-CCR's 43rd Anniversary & Thanksgiving Mass

organised by: Omph-Catholic Charismatic Renewal group
 (date) **Wed., 16th November 2022**
 @ 7.30pm in OMPH Parish Ipoh.
 All are welcome.

RITE OF ACCEPTANCE into the order of CATECHUMENS

The R.C.I.A. Enquirers will be celebrating the "Rite of Acceptance into the order of Catechumens" on Sat.26 November, 2022 during the 6.45p.m Mass.
 Let us welcome them into our Catholic community by joining them in prayer and fellowship.

INFANT BAPTISM: Please contact the Parish Priest at least **ONE MONTH** in advance.

MARRIAGE: Please contact the Parish Priest at least **SIX MONTHS** in advance.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets
 * **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

MEETINGS/ACTIVITIES:-

- * 6/11/22 @ 1 p.m – Caritas OMPH tuition (3rd fl) @ 2 p.m - RCIA (BM) (St.Mk.Rm.)
- * 8/11/22 @ 8 p.m. – Legion of Mary (C)(Hall)
- * 10/11/22 @ 8 p.m – RCIA (E) (St.Mk. Rm.) @ 8 p.m – RCIA (T) (St.Paul Rm.)
- * 11/11/22 @ 8 p.m – RCIA (C) (Francis X.Rm.)
- * 13/11/22 @ 1 p.m – Caritas OMPH tuition (3rd fl) @ 2 p.m - RCIA (BM) (St.Mk.Rm.)
- * 14/11/22 @ 8 p.m – Chinese Apostolate (St.Mk.Rm.)
- * 15/11/22 @ 6 p.m – CGS (Atrium Wisma Liguori) @ 8 p.m. – Legion of Mary (C)(Hall) @ 8p.m - Caritas OMPH (St.Mk.Rm.)
- * 16/11/22 @ 7.30 p.m- CCR (E) (church)
- * 17/11/22 @ 8 p.m – RCIA (E) (St.Mk. Rm.) @ 8 p.m – RCIA (T) (St.Paul Rm.)
- * 18/11/22 @ 8 p.m – RCIA (C) (Francis X.Rm.)
- * 19/11/22 @ 9.30a.m – 1st H.Comm Confession (hall) @ 10a.m – CGS (Atrium Wisma Liguori)
- * 20/11/22 @ 1 p.m – Caritas OMPH tuition (3rd fl) @ 2 p.m - RCIA (BM) (St.Mk.Rm.)
- * 22/11/22 @ 8 p.m. – Legion of Mary (C)(Hall) @ 8 p.m – CCR (T) (church)

BIBLE REFLECTION & HOME-GATHERINGS:

- ~ BEC St. Simon – 10/11/22 @ 8 p.m (Cafe lounge)
- ~ BEC St.Philip – 17/11/22- @ 8 p.m – Mass.
- ~ BEC St.Francis De Sales – 25/11/22 @ 8 p.m in (Tony Xavier & Mary Jacob)

COFFEE MORNINGS 2023

Calling all BECs and Ministries of O.M.P.H., Please book your coffee morning day 2023 as soon as possible at the parish office (05 5458220)

Coffee mornings 2022:

- * 6/11 - Eucharistic Ministers(E)
- * 13/11 - BEC St.Monica (T)
- * 20/11 - C.G.S
- * 27/11 – BEC St.Philip (T)
- * 4/12 - BEC St.Alphonsa (T)
- * 11/12 – Faith Educators.
- * 18/12 – CCR (E)

Life after death has always been an "unknown" to mankind and the unknown is our enemy. There is a built-in sense of fear and uncertainty that accompanies the fact that we do not know "the day or the hour." It's hard to plan for a surprise or the unexpected. We ask questions about the resurrection because we want reassurance that there is a place of unending joy, freed from this world's pain and sadness. We look for help to reinforce our faith as we face the end of our lives. We try to fill in the blanks, drawing from daily life or from our imaginations and try to paint a picture of what's ahead. The Gospel concepts of resurrection and new life speak to these basic longings.

Hope in the resurrection gives meaning to our present lives and strengthens us in times of trial and uncertainty. With a resurrection lens we can view what our world considers valuable, seeks after and clings to from a different perspective. We get a new focus on life through resurrection lens. Everything we do on this earth should be built upon this faith and hope. We have been chosen to live this life with great hope and faith. We believe that Jesus is the Life and the Resurrection. And, we believe that when we die, we are so fully engulfed in God's embrace that we become a part of his existence in ways we could never imagine and in ways that we can never describe. It is because of this that we can articulate the good news that living our lives in love has an eternal connectedness with living on in God after death.