

SHITO-RYU KARATE-DO GENBU-KAI KATA LIST

ITOSU KATAS

1	KIHON NO KATA (1-20)	
2	PINAN SHO-DAN	
3	PINAN NI-DAN	
4	PINAN SAN-DAN	
5	PINAN YON-DAN	
6	PINAN GO-DAN	
7	NAIFANCHI SHO-DAN	
8	NAIFANCHI NI-DAN	
9	NAIFANCHI SAN-DAN	
10	JIITE	
11	JIIN	
12	JION	
13	BASSAI-DAI	
14	BASSAI-SHO	
15	AOYAGI	
16	JUROKU	
17	MATSUMORA-ROHAI	
18	KUSANKU-DAI	
19	KUSANKU-SHO	
20	SHIHO-KUSANKU	
21	WANSHU	
22	WANKAN	
23	NISEISHI	
24	CHINTEI	
25	CHINTO	
26	GOJUSHIHO	
27	UNSHU	
28	ITOSU ROHAI SHO-DAN	
29	ITOSU ROHAI NI-DAN	
30	ITOSU ROHAI SAN-DAN	

31	SOCHIN	
32	ARAGAKI-SOCHIN	
33	TOMARI-BASSAI	
34	ISHIMINE-BASSAI	
35	MATSUMURA-BASSAI	
36	CHATAN-YARA-KUSANKU	
37	AANAN	
38	ANNANKO	
39	MATSUMURA-SEISAN	
40	SHIMPA	
41	NIIPAPO	
42		
43		

HIGAONNA KATAS

1	GEKISAI DAI-ICHI	
2	GEKISAI DAI-NI	
3	TENSHO	
4	SANCHIN	
5	SAIFA	
6	SEIENCHIN	
7	SEISAN	
8	SEIPAI	
9	SANSEIRU	
10	KURURUNFA	
11	SHISOCHIN	
12	SUPAR-RINPEI	
13		
14		
15		
16		