



Extension  
UNIVERSITY OF WISCONSIN-MADISON



College of  
Agricultural & Life Sciences  
UNIVERSITY OF WISCONSIN-MADISON  
*Growing the future*

# Interseeding Cover Crops

**Daniel H. Smith, CCA**

Southwest Regional Specialist  
Nutrient and Pest Management Program  
University of Wisconsin-Madison



Cover crops are planted to cover the soil between harvest and planting of the primary crops for some of the following purposes:

- Protect soil from erosion
- Reduce nutrient losses
  - Preventing runoff
  - Scavenging residual nitrogen
- Nitrogen fixation- legumes
- Suppress weed growth
- Insect support/suppression
- Soil conditioning/improve soil health
  - Add soil organic matter
  - Enhance soil biology
  - Alleviate/prevent compaction
- Supplemental forage production



# In Season Establishment Timing

- Broadcast
- Apply with Nitrogen and/or Herbicide Application
- Specialized Equipment
- Modified no-till Drill
- Soybeans?

# Interseeding or Overseeding



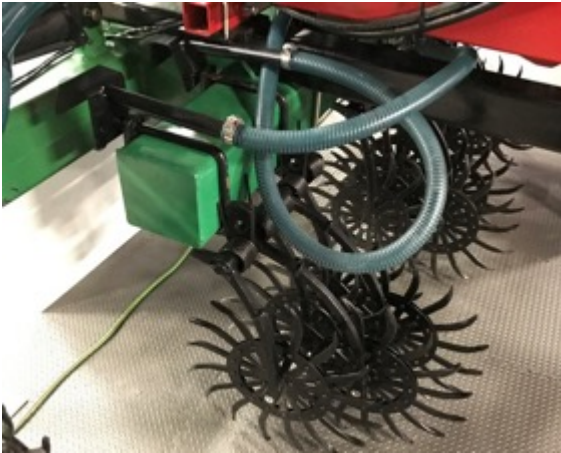
# Apply with Nitrogen/Herbicide Pass

- Save Trip Across Field
- Broadcast and Airflow Application Equipment
- Blended Applications?
- Liquid vs. Dry N Applications?





# Specialized Equipment



<https://www.certifiedcropadviser.org/science-news/machine-gives-winter-cover-crops-summer-jumpstart>



# Why Use a No-till Drill?





# Drill Modification



7.5 in.

15 in.



4 row units and no-till coulters removed to allow drill to travel between 30 in. rows



# Drill Modification



7.5 in.

15 in.



# Why Not to Use a No-till Drill?





# Broadcast Seeding





# Herbicide Persistence/Carryover



# Herbicide Persistence/Carryover

Herbicide	Product Rate	Label Rate	App Timing	Annual Ryegrass	Red Clover	Grass-Legume Mix
ALS Inhibitors (2)						
Resolve 25 DF	0.5 oz	1/2x	PRE	L	L	L
Resolve 25 DF	1 oz	1x	PRE	L	L	L
Photosystem II Inhibitors (5)						
Atrazine (4L)	1 pt	1/2x	PRE	L	M	M
Atrazine (4L)	2 pt	1x	PRE	M	M	M
Atrazine (4L)	3 pt	1.5	PRE	H	H	H
Metribuzin 75 WG	4 oz	1X	PRE	H	L	M
Long-chain Fatty Acid Inhibitors (15)						
Dual II Magnum 7.64 EC	1.67 pt	1x	PRE	H	M	H
Zidua 85 WG	2.5 oz	1X	PRE	H	M	H
Harness 7 EC	1 pt	1/2x	PRE	M	L	M
Harness 7 EC	2 pt	1X	PRE	M	L	M
Outlook 6 EC	½ pt	1/2x	PRE	L	L	L
Outlook 6 EC	1 pt	1x	PRE	M	L	M

Source: Evaluation of Residual Herbicides for Interseeding in Corn: Penn State Extension: John Wallace and Willian S. Curran

# Herbicide Persistence/Carryover

Herbicide	Product Rate	Label Rate	App Timing	Annual Ryegrass	Red Clover	Grass-Legume Mix
Microtubule Inhibitors (3)						
Prowl H2O 3.8 CS	1.5 pt	1/2x	PRE	L	L	L
Prowl H2O 3.8 CS	3 pt	1x	PRE	H	M	H
PPO Inhibitors (14)						
Sharpen 2.85 SC	1.5 fl oz	1/2x	PRE	L	L	L
Sharpen 2.85 SC	3 fl oz	1x	PRE	M	M	M
HPPD Inhibitors (27)						
Balance Flex 2 SC	5.3 fl oz	1x	PRE	M	M	M
Callisto 4 SC	5.4 fl oz	1x	PRE	L	H	H
Impact 2.8 SC	0.75 fl oz	1x	POST	M	H	H
Mixtures						
Keystone LA NXT	2 pt	1/2x	PRE	L	L	L
Prowl + Atrazine	1.5 pt + 1 pt	1/2x	PRE	M	M	M
Harness + Resolve	1 pt + 0.5 oz	1/2x	PRE	L	L	L
Verdict 5.57 EC	8 oz	1/2x	PRE	L	L	L
Lumax EZ 3.67 SE	1.35 qt	1/2x	PRE	H	H	H
Acuron 3.44 SC	1.25 qt	1/2x	PRE	H	H	H



Source: Evaluation of Residual Herbicides for Interseeding in Corn: Penn State Extension: John Wallace and Willian S. Curran



# Organic Production and Interseeding

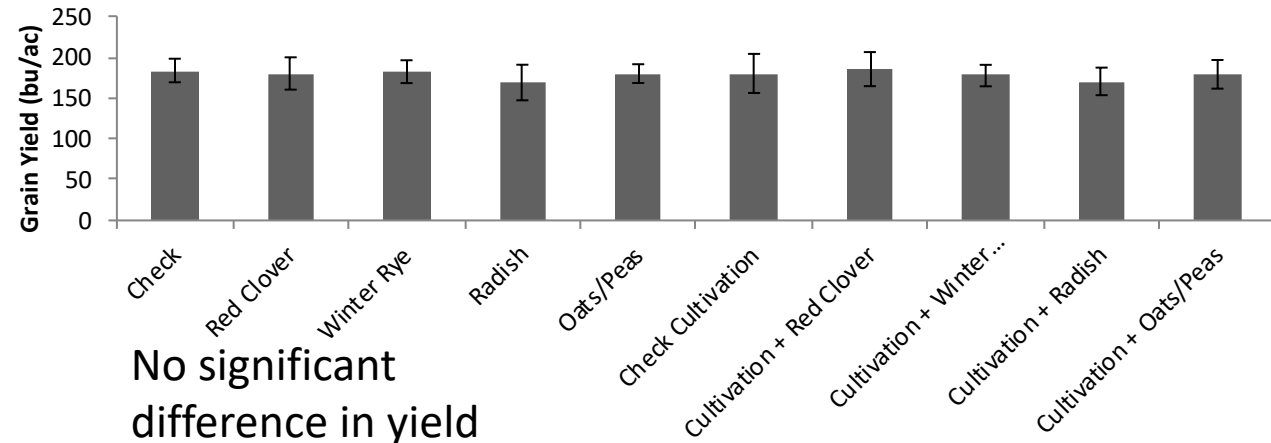


# Organic Production and Interseeding



- Interseeded following last cultivation pass
- Broadcast seeding options
- Tillage may make seeding depth inconsistent

**2014 Cover Crop Interseeding Following Row Cultivation**





# Species Selection





# Species Selection- Tried and Failed

- Residual Herbicides- No, weeds controlled using only glyphosate
- Berseem and Crimson Clover
- Oats and Peas
- Radish (Establishes and grows all season, however very little below ground biomass)
- Weather\*

# Cover Crop Establishment





# Cover Crops 8/27/14





# Post Harvest 11/8/14





# Spring 2015



# Summer 2015



Winter Rye



Radish



Red Clover



# Harvest 2015



Winter Rye



Radish



Red Clover

# Arlington Corn Grain Yield

Cover Crop	2014 <sup>1</sup>	2015	2016
	bu ac <sup>-1</sup>		
Winter Rye	<b>182</b>	<b>216</b>	224*
Red Clover	<b>180</b>	<b>208</b>	<b>240</b>
Radish	<b>169</b>	<b>196</b>	<b>234*</b>
Oat Pea Mixture	<b>180</b>	205	242
None	184	229	249

\*Indicates statistical significance from the untreated control.

Bold text indicates cover crop was still viable at harvest.



# Arlington Dry Cover Crop Biomass Weight At Grain Harvest

Cover Crop	2014 <sup>1</sup>	2015	2016
	lb ac <sup>-1</sup>		
Winter Rye	210 (102)	487 (345)	-
Red Clover	230 (62)	513 (318)	589 (375)
Radish	904(783)	638 (411)	161 (66)
Oat Pea Mixture	201 (205)	22 (6)	-

<sup>1</sup>Biomass weight (standard deviation in lb ac<sup>-1</sup>)

# Arlington Dry Cover Crop Biomass Weight At Spring Termination

Cover Crop	2015 <sup>1</sup>	2016
	lb ac <sup>-1</sup>	
Winter Rye	1437 (978)	-
Red Clover	1285 (413)	304 (59)

<sup>1</sup>Biomass weight (standard deviation in lb ac<sup>-1</sup>)



# Lancaster Corn Grain Yield

Cover Crop	2016 <sup>1</sup>	2017
	bu ac <sup>-1</sup>	
Check- No Cover Crop	250	239
<b>Interseeded- V5</b>		
Winter Rye	235	<b>226</b>
Red Clover	<b>218</b>	<b>238</b>
Radish	<b>231</b>	<b>229</b>
Berseem Clover	209	-
Crimson Clover	232	<b>246</b>
Annual Ryegrass	-	<b>225</b>
<b>Broadcasted- V8</b>		
Annual Ryegrass	-	<b>256</b>
Red Clover	-	<b>254</b>
Winter Rye	-	<b>244</b>
Crimson Clover	-	237
<b>Overseeded- R6 (simulated aerial application)</b>		
Oats	-	<b>260</b>
Winter Rye	-	<b>255</b>
Radish	-	<b>236</b>
Annual Ryegrass	-	<b>233</b>
Crimson Clover	-	224
Red Clover	-	203

Bold test indicates cover crop was still viable at harvest.



## No Significant Difference In Yields!

# Lancaster Fall Dry Biomass Weights

Cover Crop	2016 <sup>1</sup>	2017
	lb ac <sup>-1</sup>	
<b>Interseeded- V5</b>		
Winter Rye	-	<b>393 (189)</b>
Red Clover	<b>238 (454)</b>	<b>667 (635)</b>
Radish	<b>1131 (859)</b>	<b>202 (90)</b>
Berseem Clover	-	-
Crimson Clover	-	60 (103)
Annual Ryegrass	-	<b>595 (180)</b>
<b>Broadcasted- V8</b>		
Annual Ryegrass	-	<b>536 (373)</b>
Red Clover	-	<b>238 (273)</b>
Winter Rye	-	<b>155 (144)</b>
Crimson Clover	-	-
<b>Overseeded- R6 (simulated aerial application)</b>		
Oats	-	<b>274 (74)</b>
Winter Rye	-	<b>619 (180)</b>
Radish	-	<b>155 (135)</b>
Annual Ryegrass	-	<b>595 (495)</b>
Crimson Clover	-	107 (90)
Red Clover	-	24 (41)



<sup>1</sup>Biomass weight (standard deviation in lb ac<sup>-1</sup>)

Bold test indicates cover crop was still viable at harvest.



# 2016 Red Clover at Lancaster



Pre-Harvest



1 Month  
Following Harvest



Spring 2017

454 lb/ac Dry Biomass



# Red Clover Interseeded into Silage Corn



9/26/2016

~1 Ton/ac Red Clover Dry Biomass



5/4/2017



# Checklist for Interseeding

- Weed Control-
  - Herbicide Selection
  - Cultivation Timing
- Weather
  - Precipitation
- Cover Crop Species
  - Red Clover
  - Maybe winter rye or annual ryegrass
- Seeding Method
  - Modified Equipment- V5
  - Broadcasting- V5-V8

# Soybeans?



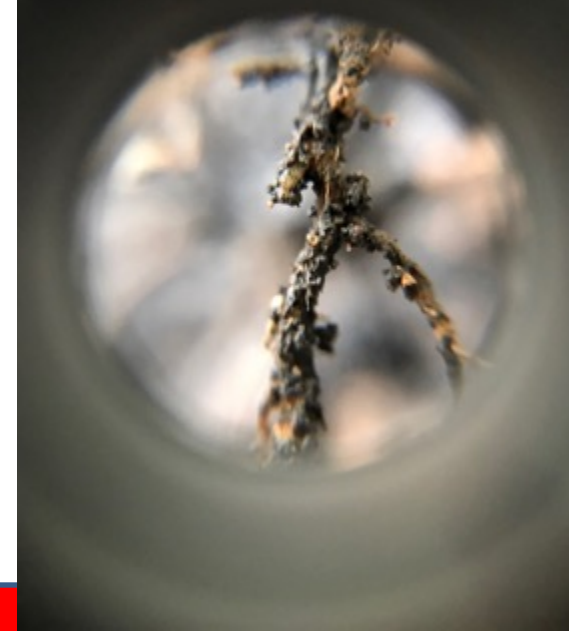


# Livestock Rotation





# Grain Rotation





AXXX

# Interseeding cover crops in row-cultivated corn

Daniel H. Smith, Virginia M. Moore, Matt Ruark, Erin Silva

### Key facts

- Interseeding involves planting a cover crop while a cash crop is still growing in the field.
- It can be challenging to establish cover crops after corn harvest, but interseeding allows for earlier planting (before corn is harvested).
- Wisconsin research has demonstrated red clover, winter rye, and radish established well in an interseeding system.

### Why interseeding?

There are many known benefits of including overwintering cover crops in a crop rotation. Cover crops can have positive impacts on soil and water quality as well as nutrient and pest management (Clark 2007, Curran et al. 2018, Reicosky and Forcella 1998). However, in the Upper Midwest it can be challenging to establish cover crops due to the lack of growing degree days after corn is harvested. This late planting window also limits the diversity of cover crop species that can be used (Curran et al. 2018, NCR SARE and CTC 2016, Singer 2008, Wayman et al. 2017). Interseeding provides a way to establish cover crops earlier in the growing season by planting cover crops when corn is still growing.



### Interseeding methods

#### Planting methods

Cover crops can be interseeded into corn during the growing season by broadcasting, using either aerial or ground equipment, or by using a high-clearance cover drill, which increases contact (Curran et al. 2018, Noland et al. 2011). Interseeding had the most cover crop establishment when using a high-clearance cover drill, which increases contact (Curran et al. 2018, Noland et al. 2011). Interseeding had the most cover crop establishment when using a high-clearance cover drill, which increases contact (Curran et al. 2018, Noland et al. 2011).

#### Corn growth stage

If interseeded too late, the potential yields. On the other hand, if interseeded too early, the potential yields. On the other hand, if interseeded too early, the potential yields. On the other hand, if interseeded too early, the potential yields.

#### Cover crop species

A wide range of cover crop species have been tested in interseeding systems. It is important to select species that can tolerate the environment and conditions. The cover crop species that can tolerate the environment and conditions. The cover crop species that can tolerate the environment and conditions.



# Cover Crops 101

## Why use cover crops?

- 1 Reduce nutrient losses**
  - Prevent runoff/erosion
  - Scavenge residual nitrogen
  - Fix nitrogen- legumes
- 2 Improve soil health**
  - Enhance soil biology
  - Protect soil from erosion
  - Alleviate/prevent compaction
  - Help add soil organic matter
- 3 Suppress weed growth**
- 4 Support beneficial insects**
- 5 Supplement forage production**

To achieve maximum cover crop success, a goal is needed. Cover crop species often have common benefits, but each species may contribute more of one benefit over another. Several cover crop goals include reducing soil erosion, scavenging for nutrients, nitrogen source, forage quality or winter kill. Long-term and continual use of cover crops can lead to improvements in the soil condition and health.



# Herbicide Rotational Restrictions for Cover and Forage Cropping Systems



This publication is intended to be a starting point when considering using cover crops while utilizing herbicides in the cropping system. This publication does not replace the herbicide label. This publication outlines rotational intervals for many commonly used herbicides in Wisconsin. The rotational interval is the required amount of time from herbicide application to subsequent crop establishment for forage or harvest value. Example- A herbicide is applied to soybeans with a 10 month rotational interval for winter rye. Winter rye could be established 10 months after the herbicide application for food or feed value. This rotational interval is legally required prior to crop harvest for feed or forage. Cover crops intended for forage value must follow the rotational interval. Cover crops utilized for soil building do not need to follow the rotational interval, however, they may still be prone to herbicide injury. This herbicide injury is often attributed to herbicide carryover and the chances of injury can be better understood after a field bioassay. The herbicide label must be referenced prior to making any management decisions. The rotational intervals stated below are the maximum rotational restriction taken from the most current herbicide label available at time of printing.

## Herbicide Carryover

For cover crops to accomplish their intended goals, they must establish well; establishment of cover crops can be compromised by use of residual herbicides, those have activity in the soil for a period of time after application, applied to the preceding cash crop. The persistence of these residual herbicides is what will affect the cover crop establishment later in the growing season and can be affected by a wide range of management (tillage, application rate, and herbicide application method) and soil properties (moisture, temperature, soil colloid properties, chemical reactions, pH, microbial population, soil texture and organic matter) (Krausz et al., 1992). Cover cropping and using residual herbicides is not impossible but is challenging. Herbicide resistant weed management should be considered when planning herbicide applications. The cost of herbicide program, cover crop benefits, and resistance management should all be considered.

## Cover Crop vs. Forage Crop

A crop is classified as a cover crop when no biomass is harvested. A cover crop is established for benefits to the soil, cropping system, and environment. A cover crop becomes a forage crop when biomass is harvested for feed. This includes harvesting the crop via grazing or mechanical collection. A cover crop can be used for forage; however, most pesticide labels do not provide the plant back restriction time required from pesticide application to grazing or harvest for cover crops, only forage crops. Therefore, requiring the maximum rotational restrictions be utilized. If these restrictions are not followed, harvesting a cover crop for forage value is illegal. Crop rotation restrictions will vary in length and should be examined for all pesticides and crops in the rotation. A cover crop that will not be harvested for any value can be legally established following any herbicide application, however, the grower takes all responsibility for cover crop injury or failure that may result.

Rotational Restriction Intervals for Labeled Herbicides in Wisconsin

Herbicide Trade Name	Bioscience Approved or Re-approved	Cover Crop Language	COMMON WEED CROPS		SMALL GRAINS/GRASES				BRASSICAS				LEGUMES						Max Rotation						
			CORN (field crop)	SORGHUM	BARLEY	WHEAT	RYE	WINTER RYE	WINTER BUCKLE	BARLEY	ANNUAL REGIONS	RADISH	TURPMS	RAPISEED	WINTER CLOVER	COMMON CLOVER	RED CLOVER	WYETH		FIELD PEAS	COWPEA				
2,4-D Amine 4- Steroid	n/a	n/a	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D		
2,4-D (2H) Steroid	n/a	n/a	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D		
Atrazine	n/a	n/a	0	12 M	24 M	24 M	24 M	24 M	24 M	24 M	24 M	24 M	24 M	24 M	24 M	24 M	24 M	24 M	24 M	24 M	24 M	24 M	24 M	24 M	
Acetolactam	n/a	n/a	0	0.5 M	12 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	
Acetolactam	n/a	n/a	0	10 M	18 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	
Acetolactam	n/a	n/a	0	10 M	18 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	4 M	
Affinity Broadleaf	n/a	n/a	1.5 M	1.5 M	1.5 M	0	1.5 M	0	0	1.5 M	1.5 M	1.5 M	2 M	1.5 M	1.5 M	1.5 M	1.5 M	1.5 M	1.5 M	1.5 M	1.5 M	1.5 M	1.5 M	1.5 M	
Affinity	yes	n/a	14 D	0	10 M	2 M	10 M	4 M	12 M	4 M	12 M	12 M	12 M	10 M	10 M	10 M	10 M	4 M	3 M	10 M	10 M	10 M	10 M	10 M	
Ally	n/a	n/a	0	0	0	0	0	0	0	12 M	0	0	0	0	0	0	0	0	0	0	0	0	0	12 M	
Ally SP	yes	n/a	14 M	14 M	14 M	1 M	10 M	14 M	10 M	14 M	14 M	14 M	14 M	14 M	14 M	14 M	14 M	14 M	14 M	14 M	14 M	14 M	14 M	14 M	14 M
Alphacarb	n/a	n/a	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D
Ambush	n/a	n/a	0	4 M	10 M	6 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M
Ambush 4E2	n/a	n/a	0	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D	30 D
Ambush Flex	n/a	n/a	0	4 M	10 M	6 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M
Ambush Max	n/a	n/a	0	4 M	10 M	6 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M
Ambush Pro	n/a	n/a	0	9 M	9 M	3 M	3 M	3 M	3 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M
Acetolactam	n/a	n/a	120 D	0	120 D	120 D	120 D	120 D	120 D	120 D	120 D	120 D	120 D	120 D	120 D	120 D	120 D	120 D	120 D	120 D	120 D	120 D	120 D	120 D	120 D
Authority Coast	yes	n/a	10 M	0	12 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M
Authority Elite	yes	yes	10 M	0	12 M	4.5 M	12 M	4.5 M	12 M	4.5 M	12 M	4.5 M	12 M	4.5 M	12 M	4.5 M	12 M	4.5 M	12 M	4.5 M	12 M	4.5 M	12 M	4.5 M	12 M
Authority Field	yes	yes	10 M	0	12 M	4 M	12 M	10 M	12 M	10 M	12 M	10 M	12 M	10 M	12 M	10 M	12 M	10 M	12 M	10 M	12 M	10 M	12 M	10 M	12 M
Authority Max	yes	yes	10 M	0	10 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M
Authority M2	yes	n/a	10 M	0	12 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M	4 M	10 M
Authority Supreme	yes	n/a	4 M	4 M	10 M	6 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M	10 M
Authority XL	yes	yes	10 M	0	12 M	4 M	12 M	4 M	12 M	4 M	12 M	4 M	12 M	4 M	12 M	4 M	12 M	4 M	12 M	4 M	12 M	4 M	12 M	4 M	12 M
Autorim	yes	n/a	30 D	30 D	10 M	8 M	9 M	4 M	10 M	8 M	10 M	8 M	10 M	8 M	10 M	8 M	10 M	8 M	10 M	8 M	10 M	8 M	10 M	8 M	10 M

Restrictions assume cover crop planted in summer/fall (shown in months); the most restrictive data is shown.  
 D=days; M=months; W= not listed; 0= typically a labeled crop with no plant back restriction; F= fall year  
 The product information compiled here is intended to be as accurate as possible at the time of printing. Refer to product label for more detailed restriction information. Always follow the product's current label restrictions and instructions.







Questions?

[dhsmith@wisc.edu](mailto:dhsmith@wisc.edu)

608-219-5170

<http://ipcm.wisc.edu>