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Rajiv Gandhi University of Health Sciences, Karnataka 1748 2009 1 STON First year B.Sc. Nursing Degree Examination - Feb - 2010

Time: Three Hours

Max. Marks: 100 Mark

 $2 \times 10 = 20 M$

 $5 \times 5 = 25 M$

NUTRITION & BIOCHEMISTRY (RS-2)

Q.P. CODE: 1748 & 1749

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever neces Use separate answer books for section A and section B

Q.P. Code: 1748 - Section 'A' - Nutrition (60 Marks) LONG ESSAYS (Any Two)

- Discuss the methods of assessing nutritional status of a community
- Define BMR. What are the various factors affecting BMR?
- National programmes related to nutrition

SHORT ESSAYS (Any Five)

- Mid-day meal programme
- 5 Dietary sources, functions and requirements and deficiency of vitamin-A
- Role of nutrition in maintaining health
- 7 Various method of food storage
- Nutritional needs of a pregnant mother
- 9. Functions of protein
- Food additives

SHORT ANSWERS

- Food adulteration
- 12- Functions of calcium in the body
- 13. Care
- 14. Recommended dietary allowances of energy and protein of a lactating mother
- Boiling and frying

Q.P. Code: 1749 - Section 'B' - Biochemistry (40 Marks) Use separate answer book

LONG ESSAYS (Any One)

 $1 \times 10 = 10 M$

- Give the composition of a cell. Add a note on the structure (with diagram) and functions o
- Describe tricarboxylic acid cycle. Add a note on its energetics

SHORT ESSAYS (Any Three)

 $3 \times 5 = 25 M$

- 3. Classify carbohydrates with suitable examples
- Describe the steps of Beta Oxidation of palmityl CoA
- Functional classification of proteins
- 6. Describe triacyl glycerol synthesis (TAG)

SHORT ANSWERS

 $5 \times 3 = 15 M$

- Deamination
- 8. Essential fatty acids
- 9. Functions of Thiamine
- 10. Name three enzymes of diagnostic importance
- Mention normal serum levels of
- a) Sodium
- b) Potassium
- c) Calcium