

July 2022
LUNCH MENU

CBI School

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				NO HAUTE LUNCH
4	5	6	7	8
HAPPY 4TH OF JULY	Beef Soft Tacos DF Bell Pepper Strips GF,DF,V Black Beans GF,DF,V Fresh Fruit GF,DF,V	Sunbutter & Jelly Sandwich DF,V Celery & Carrot Sticks GF,DF,V Veggie Straws GF,DF,V Fresh Fruit GF,DF,V	Salmon Cakes DF Herb Rice Pilaf GF,DF,V Roasted Zucchini GF,DF,V Fresh Fruit GF,DF,V	NO HAUTE LUNCH
11	12	13	14	15
Turkey & Cheese Sandwich Cucumber Slices GF,DF,V Veggie Sticks GF,DF,V Fresh Fruit GF,DF,V	Bean & Cheese Soft Tacos V Cherry Tomatoes GF,DF,V Cilantro Rice GF,DF,V Fresh Fruit GF,DF,V	Chicken Pesto Pasta Garlic Bread V Fresh Fruit GF,DF,V	All Beef Corn Dogs Veggies W/ Hummus GF,DF,V Fresh Fruit GF,DF,V	NO HAUTE LUNCH
18	19	20	21	22
Meaty Italian Pasta Roasted Broccoli GF,DF,V Fresh Fruit GF,DF,V	Turkey Tacos DF Pinto Beans GF,DF,V Spanish Rice GF,DF,V Fresh Fruit GF,DF,V	Chicken Nuggets Roasted Zucchini GF,DF,V Tater Tots GF,DF,V Fresh Fruit GF,DF,V	Teriyaki Beef Stir Fry DF Pineapple Fried Rice GF, DF,V Veggie Egg Roll DF V Fresh Fruit GF, DF, V	NO HAUTE LUNCH
25	26	27	28	29
Fish Sticks DF Green Beans GF,DF,V Peas & Carrots GF,DF,V Fresh Fruit GF,DF,V	Cheese Quesadilla V Black Beans GF,DF,V Bell Pepper Strips GF,DF,V Fresh Fruit GF,DF,V	Chicken Salad Croissant Veggie Straws GF,DF,V Veggies W/ Hummus GF,DF,V Fresh Fruit GF,DF,V	Garlic & Herb Turkey Breast DF Mashed Potatoes GF,V Peas & Carrots GF,DF,V Fresh Fruit GF,DF,V	NO HAUTE LUNCH