



n'Caliente Fitness, LLC | 2111 Sam Bass Road | Round Rock, TX 78681 | ncalientefitness@gmail.com

## Agreement and Release of Liability

**Please note that this Release/Waiver Form covers liability of any Fitness/Exercise classes or events hosted by the owners and any instructor or contractor of n'Caliente Fitness, LLC.**

I the undersigned, hereby expressly and affirmatively state that I wish to participate in the exercise classes hosted by n'Caliente Fitness. I realize my participation in this activity involves risks of injury, including but not limited to muscle strain, joint sprains, broken bones, slips, trips, falls, heart attack, stroke, and even the possibility of death. I also recognize that there are many other risks of injury including serious disabling injuries, which may arise due to my participation in this activity, and that it is not possible to specifically list each and every possible risk of injury. However, knowing the material risks and appreciating, knowing and reasonably anticipating that other injuries and even death are a possibility, I hereby expressly assume all of the delineated risks of injury, all other possible risks of injury, and even death, which could occur by reason of my participation. I subjectively understand the risk of my participation in this activity and knowing and appreciating these risks voluntarily choose to participate, assuming all risks of injury or even death due to my participation.

**I do hereby waive, release, and forever discharge n'Caliente Fitness owners, and their instructors, contractors, representative, and all other affiliates, including pool owners and the properties of any public or private swimming pools n'Caliente Fitness uses for Aqua Fitness classes, from any and all responsibilities or liability for injuries or damages resulting from my participation in this activity.**

I hereby authorize n'Caliente Fitness, its contractors, and any third party to publish photographs or videos taken of me while I'm participating at any event or class at n'Caliente Fitness, for use in n'Caliente Fitness' print, online and marketing materials, as well as other company publications. I release n'Caliente Fitness its contractors, and any third parties involved in the creation or publication of marketing materials, from liability for any claims by me or any third party in connection with my participation.

Participant (PRINT) \_\_\_\_\_ Date \_\_\_\_\_

Participant (SIGN) \_\_\_\_\_ Birthday \_\_\_\_\_

Parent/Guardian (if under 18) \_\_\_\_\_

Email Address \_\_\_\_\_ Phone \_\_\_\_\_

Emergency Contact: Name \_\_\_\_\_ Phone \_\_\_\_\_

Any Physical/Medical Condition \_\_\_\_\_