

*Community Resources
For Smith County
Head Start Center
2020-2021*



To locate additional information on Community
Resources access,
www.tennhelp.com or Call 211

Developed and Distributed by L.B.J. & C. Head Start

Table of Contents

Resources for:

Adult Education.....	Page # 3
Adult Job Training.....	Page # 3
Bereavement.....	Page # 4
Child Care.....	Page # 4
Child Abuse.....	Page # 5
Dental Providers/TennCare.....	Page # 7
Dental Providers/.....	Page # 7
Disabilities.....	Page # 8
Domestic Violence.....	Page # 9
Drug/Alcohol Abuse.....	Page # 10
Emergencies.....	Page # 12
Food/Clothing& Utilities.....	Page # 12
Housing/Homeless.....	Page # 14
Insurance.....	Page # 15
Legal/Gov. Assistance.....	Page # 15
Marriage/Strengthening.....	Page # 16
Marriage (Pre-Counseling).....	Page # 17
Medical Providers/TennCare.....	Page # 17
Medical Providers/.....	Page # 18
Mental Health Providers/TennCare.....	Page # 19
Mental Health Providers/.....	Page # 20
Quit Tobacco.....	Page # 20
Raising Children.....	Page #21
Transportation.....	Page #22
Wellness	Page #22
Youth Involvement.....	Page # 22
Language assistance.....	Page # 23

Adult Education:

Cookeville Higher Education Campus

1000 Neal Street
Cookeville, TN. 38501
(931) 520-0551

(Assists Adults to further their education and they also sponsor job fairs)

Smith County Adult Basic Education

Carthage, TN
615-735-8246

They offer: GED, Adult High School, Basic Computer Training

(Assists Adults to further their education)

Tennessee College of Applied Technology

Hartsville, TN
615-374-2147

Tennessee Technology Center

Carthage, TN.
(615) 735-1264

(Assists Adults to further their education and job skills training)

Tennessee Technological University

Cookeville, Tennessee 38505
(800) 255-8881 or (931) 372-3888

(Assists Adults to further their education)

Volunteer State Community College

Livingston, TN 38570
931-823-7065
615-452-8600

(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)

Volunteer State Community College

Gallatin, TN
1-888-335-vscc

615-452-8600

(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)

Adult Job Training Services:

AMERICAN MANUFACTURING & PACKAGING (AMP)

435 Gould Drive
Cookeville, TN. 38506
(931) 432-5981
1-800-861-6997

(Assists persons with disabilities to get jobs by providing job coaching/industrial training/school-to-work programs)

American Job Center

931-520-9502
Anthony.scionti@tn.gov

Macon County Career Center

Tennessee Vocational Training Center
607 Highway 52 By-Pass
Lafayette, TN 37083
Telephone: (615) 666-2330

(Assist adults in locating jobs)

Department of Human Services - Smith County

Carthage, TN
615-735-9740

(Services: Food Stamp; Families First; Medicaid; and TennCare)

Emmanuel House

Carthage, TN.
(615) 774-9224

(Assists families with housing, education and other needs)

Family Resource Center

Carthage, TN.
(931) 735-3005

(Refers to GED Program & helps students with clothing and personal hygiene products)

Genesis Career College

880-A East 10th Street
Cookeville, TN. 38501
(931) 526-8735

(Assists Adults to further their education)

Fortis Institute

Highway 111
Cookeville, TN.
(931) 526-3660

(Assists Adults to further their education)

Cookeville Higher Education Campus

1000 Neal Street
Cookeville, TN. 38501
(931) 520-0551

(Assists Adults to further their education and they also sponsor job fairs)

Social Security Administration - SSI Program

665 S. Jefferson Avenue
Cookeville, TN 38501
931-528-9765

(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)

Smith County Adult Education

Carthage, TN.
(615) 735-8246

(Free GED Classes/Free College & Technical School Prep/Job Preparation Skills)

Tennessee Technology Center

716 McMurray Blvd
Hartsville, TN 37074

(615) 374-2147

(Assists Adults to further their education and job skills training)

www.UCReconnect.com

931-526-2211

Resources for Bereavement:

Heart of the Cumberland

P.O. Box 717,
Cookeville, TN 38503
Phone: 931-525-2600

heartofthecumberland@gmail.com

Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances age 4 & up with surviving adult or guardian

Hospice Grief Recovery Group

Sponsored by: Lazarus House Hospice
851 South Willow Ave Ste 102
Cookeville, TN.
931-520-1705
931-528-5133

Childcare:

CARTHAGE ELEMENTARY PRE-KINDERGARTEN (-E-)

149 SKYLINE
CARTHAGE, TN 37030
(615) 735-0433 *(Free Service)*

Defeated Elem. Pre-K
451 Defeated Creek Hwy
Carthage, TN 37030
615-774-3150

**FORKS RIVER ELEMENTARY
PRE-K (-E-)**
611 COOKEVILLE HWY
ELMWOOD, TN 38560
(615) 897-2676 (*Free Service*)

FUN FACTORY CHILD CARE
12 MORRIS LANE
PLEASANT SHADE, TN 37145
(615) 735-0048 (*Call for fees*) *ages 6
wks to 12 yrs- hours 6 – 4.30 p.m.*

Happy Haven Childcare
238 Lebanon Hwy
Carthage, TN 37030
615-735-1144

MS. SHERRY'S DAY CARE
979 LEBANON HIGHWAY
LEBANON, TN 37087
(615) 444-5052 (*Call for Fees*)

**MRS. TAMMY'S LEARNING AND
PLAY CENTER**
111 MERCEDES STREET
CARTHAGE, TN 37030
(615) 735-3231
(*Call for fees*) *ages 6 wks. to 12 yrs. -
hours 6 – 4.30 p.m.*

**NEW MIDDLETON ELEMENTARY
PRE-K (-E-)**
402 NEW MIDDLETON
GORDONVILLE, TN 38563 (615) 683-
8411
(*Free Service*)

**SMITH COUNTY COMMUNITY
CHILD CARE CT**
245 JMZ DRIVE
GORDONVILLE, TN 38563

(615) 683-4146
(*Call for Fees*) *hours 5:30 a.m. – 5:30
p.m.*

**SMITH COUNTY HEAD START
CENTER**
201 Joy Alford Way
Carthage, TN 37030
(615) 735-1868
(*Free Service*)

Union Heights Pre-K
663 Lebanon Hwy
Carthage, TN 37030
(615) 735-1975

WEE WONDERS DAY CARE
322 LEBANON HWY
CARTHAGE, TN 37030
(615) 735-0773
(*Call for Fees*) *Infants 7 – 4.40 pm
//Preschoolers 6 – 4.30 p.m.*

WEE CARE DAY CARE
117 Vivian Cir
Carthage, TN 37030
615-489-3323

**Resources to help in Child Abuse
Situations:**

**Child Advocacy Center- 15th Judicial
District**
PO Box 1225
Lebanon, TN 37088
615-449-7975
www.cac15.org

CASA
122 Turner High Circle Suite 103
Carthage, TN 37030
615-735-0034
casasmithco@uchra.com

Child Abuse Hotline

900 2nd Avenue North
Nashville, TN 37201
877-237-0004

(Hotline Only. Provides a 24-hour line to take reports of abuse and neglect from anyone who knows about a child abuse situation.)

Department Of Children’s Services

117 Eatherly Landing
Carthage, TN
615-735-5502

Department Of Human Services

105 Eatherly Landing
Carthage, TN 37030
615-735-9740

District Attorney General

1519-East Spring Street
Cookeville, TN. 38501
(931) 528-5015

(Assist with child Abuse/domestic violence and other legal issues)

LifeCare Family Services

137 West 2nd Street
Cookeville, TN. 38501
(931) 528-0051 (615) 781-0688 Fax
(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

Carthage City Police Department

309 Spring Street.
Carthage, TN 37030
615-735-2525
911 for Emergencies *(Assist with emergency needs)*

(South) Carthage City Police Department

106 Main Street
Carthage, TN 37030
615-735-2727
911 for Emergencies *(Assist with emergency needs)*

Gordonsville City Police Department

63 Main Street
Gordonsville, TN 38563
615-683-8282
911 for Emergencies *(Assist with emergency needs)*

Smith County Sheriff’s Department

322 Justice Ln
Carthage, TN 37030
615-735-2626
911 for Emergencies *(Assist with emergency needs)*

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street
Livingston, TN 38570
Contact: Carolyn Isbell, Executive Director
931-823-6432 & 800-635-5199
(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

Tennessee Commission on Children/Youth

1000 Neal Street
Cookeville, TN 38501
(931) 520-4445
931-646-4041 Regional Office

Valley Ridge Mental Health Center

P.O. Box 297
Lafayette, TN 37083

615-666-8070

*(This center provides psychological evaluations, individual counseling, psychotropic medication monitoring, targeted case management, adult case management, A&D counseling, child abuse counseling, and respite service)
Child Abuse, Children's Issues,
Drug/Alcohol Abuse, Health, Mental Health and Counseling*

Dental Providers who take TennCare:

Cookeville Regional Dental Clinic
327 North Cedar Street
Cookeville, TN 38501
(931) 528-5105

Dr. Gentzler
106 Babb Drive
Lebanon, TN. 37087
(615) 443-3633

Dr. Mary Cay Koen
412 College Street
Lafayette, TN. 37083

Dr. Bonnell McBroom Jr.
1001 Scottsville Road
Lafayette, TN. 37083
(615) 666-4865

Hermitage Dental Clinic
Dr. Charles Burdeshaw & Dr. Larson
107 Bonabrook Drive
Hermitage, TN 37076
1-800-373-3330
615-889-1654

Dr. John Allen Long
Carthage, TN.
(615) 735-0808

Putnam County Health Department
121 South Dixie Ave.
Cookeville, TN. 38501
(931) 528-2531

Casey J Owen DDS
14 E Main St
Gordonsville, TN 38563
615-683-6161

Dental Providers, who may not take TennCare, but offer services to low-income families:

Bread of Life Homeless Shelter and Clinic
281 4th Street
Crossville, TN 38555
931-707-0569
(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Dr. Lynn Cothron
1203 Scottsville RD.
Lafayette, TN. 37083
(615) 666-5034

Dr. Larry Key
726 Hwy 52 By-Pass
Lafayette, TN. 37083
(615) 666-5567

Dr. Sue VanBlaricum
412 College Street
Lafayette, TN. 37083
(615) 666-6155

Macon Dental Health Center

Dr. Key
Lafayette, TN. 37083
(615) 666-5567

Cookeville Rescue Mission

1331 S Jefferson Ave
Cookeville, TN 38506
931-528-5819

Resources for Persons with Disabilities:

AMERICAN MANUFACTURING & PACKAGING (AMP)

435 Gould Drive
Cookeville, TN. 38506
(931) 432-6997 & 931-432-5981
(Assists persons with disabilities to get jobs by providing job coaching/industrial training/school-to-work programs)

Project Affirm

501 Spruce Street
Dale Hollow Mental Health Center
Livingston, TN 38570
931-432-5590 & Hotline: 931-823—5678
(Provides support services for families with children ages 2 - 17 diagnosed with serious emotional disturbance or dual diagnosis of developmental and behavioral disorder. They also provide respite alternatives ranging from indirect to direct care services. Services are not provided to children who are in the custody of the Department of Children's Services)

Children's Special Services

Carthage, TN
615-735-0242
(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They

offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Friends of T.I.P.S.

P.O. Box 5095
Tennessee Tech University
Cookeville, TN 38505
931-372-6247

(Assist with Children's Issues, Disability Services. This group serves the Upper Cumberland Region by providing educational, medical, social, respite, and/or support to families of special needs children from birth to 3 years of age. The service will coordinate with the family's schedule and individual needs to provide home-based services. A parent advisor will initially visit with the family to develop a goal-directed program. Monthly visits are then conducted to help the family meet those goals. These services will also coordinate with other local resources such as daycares, medical providers, etc. This program is limited to special needs/developmentally delayed children ages birth to 3 years, and their family members. Referrals must go through Philomena Palmer with the Tennessee Early Intervention Program at 931-372-3561.)

Independent Opportunities Inc. (I.O.I.)

25 West Broad Street
Suite # 8
Cookeville, TN. 38501
(931) 528-7701
(Non-profit organization providing high quality residential services to persons with developmental disabilities)

Social Security Administration - SSI Program

Cookeville, TN 38501
931-528-9765 & **Hotline:** 800-347-4501
(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)

TN Early Intervention System (TEIS)

Education/training
(931) 528-1623
(Assist children/families birth - 3 yrs)

Upper Cumberland Human Resource Agency - Smith County

Carthage, TN 37030
615-735-0476
(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community

Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)

Vocational Rehabilitation

Cookeville, TN. 38501
(931) 526-9783

Vocational Training Center

1605 Brown Ave.
Cookeville, TN. 38501
(931) 526-4721
(615) 666-2179

Resources to help in Domestic Violence Situations:

Alliance Against Domestic Violence

Cookeville TN 38501
(931) 526-4730 (931) 526-5197

Carthage City Police Department

309 Spring Street
Carthage, TN 37030
615-735-2525
911 for Emergencies *(Assist with emergency needs)*

(South) Carthage City Police Department

106 Main Street
Carthage, TN 37030
615-735-2727
911 for Emergencies *(Assist with emergency needs)*

Department of Human Services

105 Eatherly Landing
Carthage, TN 37030
615-735-9740

Domestic Violence Support Group

Sponsored by Genesis House:

District Attorney General

1519-East Spring Street

Cookeville, TN. 38501
(931) 528-5015
(Assist with child Abuse/domestic violence and other legal issues)

Genesis House

Street location is confidential
Cookeville, TN N/A
(931) 526-4730 or 931-526-5197
Hotline: 800-707-5197
(This shelter offers a 24 hour crisis line (will accept collect calls), emergency shelter for women and children, legal advocacy, children's advocacy, case plans for employment and housing, supportive and transitional housing, and individual counseling for domestic violence issues. They will also provide services in non-crisis situation as well. They offer support groups for victims of domestic violence and rape/sexual assault).

Gordonsville City Police Department

63 Main Street
Gordonsville, TN 38563
615-683-8282
911 for Emergencies
(Assist with emergency needs)

LifeCare Family Services

Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688 Fax
(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

Smith County Sheriff's Department

322 Justice Ln
Carthage, TN 37030
615-735-2626
911 for Emergencies
(Assist with emergency needs)

Resources available to help fight the Alcohol and Drug Abuse (Including METH) Problems in your area:

All Local Churches in Area

Bradford Health Center @ Cookeville Regional Office

1330 Neal Street, Suite D
Cookeville, TN 38501
931-528-6803
(Treatment Facilities for Alcoholism and drug addiction for adults & children)

Carthage City Police Department

615-735-2525
911 for Emergencies
(Assist with emergency needs)

(South) Carthage City Police Department

615-735-2727
911 for Emergencies
(Assist with emergency needs)

Dale Hollow Mental Health Center

501 Spruce Street
Livingston, TN. 38570
(931) 823-5678
(Assist with family or individual counseling for drugs/alcohol/etc.)

Drug Abuse Hotline

1-800-888-9383
(Call to report illegal drug activity)

Gordonsville City Police Department

615-683-8282
911 for Emergencies

(Assist with emergency needs)

Wilson County Drug Court Program

P.O. Box 3053
Lebanon, TN 37088
615-453-5314

**Mothers Against Drunk Driving
/Support Group Meetings**

18 N. Madison Ave
Cookeville, TN. 38501
931-520-6233

LifeCare Family Services

Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688 Fax
(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

Meth Hotline

Spring Street
Cookeville, TN. 38501
(931) 525-6384
(Call to report suspected Meth activity)

Meth Hotline/Statewide

1-877-866-6384
(Call to report suspected Meth activity)

Plateau Mental Health Center

Substance Abuse Services
1200 South Willow Avenue
Cookeville TN 38502
Phone: (931) 432-4123
Hotline: (877) 567-6051
(Assist persons with disabilities/mental illness & Drug abuse in various ways)

Smith County Sheriff's Department

Carthage, TN
615-735-2626
911 for Emergencies
(Assist with emergency needs)

Thirteenth Judicial Task Force

Cookeville, TN. 38501
(931) 528-5400
(Drug Task Force)

**Teen & Adult Challenge Upper
Cumberland**

200 Freedom Ln Livingston, TN 38570
1-800-688-0470
(Helps transform the lives of those struggling with addiction)

**Upper Cumberland-Community
Services Agency**

417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200
(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

**Upper Cumberland Human Resource
Agency - Smith County**

Carthage, TN 37030
615-735-0476
(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse,

Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)

Assistance in the event of an Emergency Situation:

Air Evac Life Team

106 Emergency Services Dive
Albany, KY 42602
(606) 387-9099 Emergency = 911

Carthage City Police Department
615-735-2525 911 for Emergencies

Disaster Assistance
DisasterAssistance.gov

(South) Carthage City Police Department
615-735-2727 911 for Emergencies

Gordonsville City Police Department
615-683-8282 911 for Emergencies

Riverview Medical Center (North Campus)
158 Hospital Drive
Carthage, TN. 37030
615-735-1560

Poison Control
1-800-288-9999

Shriners of Tennessee
1354 Brick Church Pike
Nashville, TN. 37207
(615) 226-7676

Smith County Sheriff's Department
Carthage, TN
615-735-2626 911 for Emergencies

Smith County EMS
513 Jefferson Avenue E.
Carthage, TN 37030
615-735-2121 911 for Emergencies

Smith County Rescue Squad
Carthage, TN
615-735-9680 911 for Emergencies

TEMA
www.tn.gov/tema

Thirteenth Judicial Task Force
Cookeville, TN. 38501
(931) 528-5400
(Drug Task Force)

Assistance with Food/Clothing/Utilities Needs:

Abundant Harvest Worship Center
178 Lebanon Hwy
Carthage, TN 37030
615-735-0116 (Assist with various needs)

Alexandria Church of God
Contact: Joy Kilgore
(615) 529-4691
(615) 529-4262 (Assist with various needs)

Brimstone Church of Christ
Rt.1

Whitleyville, TN 38562 *(Assist with various needs)*

Clemensville Church of Christ
Red Boiling Springs, TN 37150
(Assist with various needs)

Community Education Office for the Food Stamp Program
Legal Aid Society of Middle Tennessee and the Cumberlands
9 South Jefferson Avenue
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817
(Provides Pre-screenings and information for the Food Stamp program. Serves all counties in the LBJ&C Head Start Service area.)

Department of Human Services - Smith County
Carthage, TN 37030
615-735-9740 *(Services: Food Stamp; Families First; Medicaid; and TennCare)*

God's Way Community Church
9 Dixon Springs Hwy.
Carthage, TN 37030
615-735-8476 *(Food Pantry)*

Gordonsville Nazarene Church
168 Main Street E
Carthage, TN 37030
615-735-5069 *(Food Pantry)*

Family Resource Center
Carthage, TN.
(931) 735-3005
(Refers to GED Program & helps students with cloths and personal hygiene items)

Hermitage Springs Southern Baptist Church
Red Boiling Springs, TN 37150
839-3827

(Assistance with various needs)

Lake Avenue Church of Christ
Contact: Mark Taylor
Moss, TN 38575
258-3578
(Assistance with various needs)

Leonard Church of Christ
Contact: Doyle Coons
Rt.4
Red Boiling Springs, TN 37150
(Assistance with various needs)

Macedonia Baptist Church
Contact: Paul Strong
1725 Happy Ridge Road
Moss, TN 38575
258-3371
(Assist with various needs)

Macon Helps
Lafayette, TN 37083
615-666-6607
(Assist with various needs)

Midway Church of Christ
Contact: Bart Cunningham
4301 Moss-Arcot Rd.
Moss, TN 38575
258-3393
(Assist with various needs)

Milestown Church of Christ
Rt.2
Red Boiling Springs, TN 37150
(Assist with various needs)

Mt. Vernon Church of Christ
Rt.4
Red Boiling Springs, TN 37150
(Assist with various needs)

Moss Church of Christ
Contact: Dennis Miller
3204 Clay County Highway

Moss, TN 38575
258-3563
(Assist with various needs)

Neeley's Crossroads Church of Christ
Contact: Robert Scott
Celina, TN 38551
(Assist with various needs)

Oak Grove Church of Christ
Contact: Gary Wilder
Moss, TN 38575
(Assist with various needs)

Northwest Church of Christ
Contact: Lawrence Williamson
314 Chad Grace Rd.
Red Boiling Springs, TN 37150
(Assist with various needs)

Pine Branch Church of Christ
Contact: Bill Parsons
3130 Neeley Creek Road
Celina, TN 38551
243-2992
(Assist with various needs)

Pine Hill Church of Christ
Rt.1
Moss, TN 38575
(Assist with various needs)

Rome Baptist Church
Hwy 70 North
Carthage, TN 37030
615-735-0141
(Food Pantry)

Smith County Help Center
318 Main Street North
Carthage, TN 37030
615-735-8090
(Assist with various needs)

Union Hill Church of Christ
Contact: Huebert Jones
Moss, TN 38575
(Assist with various needs)

Union Hill Wesleyan Church
Contact: C.L. Cook
6495 McCormick Ridge Rd.
Whitleyville, TN 38588
258-3380
(Assist with various needs)

Willette Church of Christ Benevolence Program
Red Boiling Springs, TN
615-699-2251
(Assist with various needs)

TennCare Transportation - Cookeville
417 East Broad Street
Cookeville, TN 38501
931-372-8719 & **Hotline:** 800-483-6743
(Assists with Health, Transportation and Utilities needs. Must have TennCare insurance. Provides transportation to appointments covered by TennCare.

Upper Cumberland Human Resource Agency - Smith County
Carthage, TN 37030
615-735-0476
(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V

Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)

Resources to assist with Housing/Homeless Needs:

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0569

Emmanuel House

40 Club Springs Rd
Carthage, TN.
683-8410 – Daytime
281-0414 - Cell

Family Resource Center

Carthage, TN.
735-3005
(Refers to GED Program & helps students with cloths and personal hygiene items)

Gallatin Housing Authority

114 Jordan Street
Carthage, TN 37030
(615) 735-1510

HART

Homeless Advocacy for Rural Tennessee
Grant based program, which allocates homeless assistance
P.O. Box 3311
Crossville, TN 38557
931-484-3207

Upper Cumberland Homeless Shelter

15 Division Street
Crossville, TN. 38555
(931) 456-8172

Upper Cumberland Human Resource Agency - Smith County

Carthage, TN 37030
615-735-0476

United States Department of Agriculture

Rural Development
390 South Lowe Avenue Suite K
Cookeville, TN 38501
(931) 528-6539

Assistance with Insurance Needs:

Blue Cross Blue Shield

(865) 588-4612 Group Insurance
1-800-845-2738
(Affordable Insurance for Families & Individuals)

Farm Bureau

Hwy 70 North
Carthage, TN 37030
(615) 735-9446
1-877-874-8323
(Affordable Insurance for Families & Individuals)

Department of Human Services-Smith County

Carthage, TN 37030
(615) 735-9740

State Farm

101 Main Street
Carthage, TN 37030
615-735-1812
(Affordable Insurance for Families & Individuals)

Tennessee Justice Center

Nashville, TN
615-255-0331
Assists with strategies for obtaining TennCare and appeals process, etc.

Upper Cumberland Human Resource Agency - Smith County

Carthage, TN 37030
615-735-0476

(Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

Legal/Governmental Assistance:

Child Support Services of Tennessee - Cookeville

1525 East Spring Street
Suite G
Cookeville, TN 38506
931-528-8598

(Helps locate parents who are not paying child support. They will provide legal representation in child support hearings. They also provide paternity testing)

Gallatin Housing Authority

612 Morris Ave.
Carthage, TN 37030
(615) 735-1510

(This program offers low-income or no-income housing, after-school programs, TNT Partnership with the police, tutoring, computer centers, field trips, Character Counts, Teens Need Training, PALS - Police, and fundraisers. Older children get paid \$2 per day for attending school, and children ages 5 - 10 get paid \$1 per day. There is a waiting list for eligible persons

depending on the type of housing being applied for.)

Legal Aid Society of Middle Tennessee and the Cumberlands

9 South Jefferson Avenue
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817

(Serves all counties in the LBJ&C Head Start Service area. Provides free legal assistance to low-income persons on such issues as TennCare, Medicare, Domestic Violence, Housing Problems, Special Education Issues, and Consumer Issues.)

Rape and Sexual Assault Response Center

P.O. Box 1180
Cookeville, TN 38503
Hours of operation = 24 hrs/day, 7 days a week
Phone: = 931-526-5197
Hotline: 800-707-5197

Translation services offered: Yes
(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).

Tennessee 211

1-800-318-9335
(Helps direct non-profit agencies within each local service area of the state. Services are networked to find suicide prevention hotlines, help caring for an elderly relative, help learning to read, emergency help with a utility bill, support groups, & transportation, etc.)

Tennessee Justice Center

301 Charlotte Ave
Nashville, TN 37201

(615) 255-0331 or 1-877-608-1009
Strategies for obtaining TennCare/Tips for TennCare appeals process/Services children are entitled to under EPSDT Law

Upper Cumberland-Community Services Agency

417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

Upper Cumberland Human Resource Agency - Smith County

Carthage, TN 37030
615-735-0476

(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult;

Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)

Resources to Strengthen Marriages:

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501
(931) 528-9399

(Provide Assistance with Marriage & Mental Health Counseling)

First Baptist Church

455 Carthage Road
Red Boiling Springs, TN 37150
(615) 699-2210
(615) 699-2818
(803) 840-5802

Contact: Rev. Thomas Compton

Upper Cumberland Development District

1225 South Willow Avenue
Cookeville, TN 38501
(931) 432-4111

(Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/Utilities)

Pre- Marriage Counselors:

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501
(931) 528-9399

(Provide Assistance with Marriage & Mental Health Counseling)

Dale Hollow Mental Health Center

Telephone = 1-877-567-6051

(Counseling for persons with emotional and behavioral problems, also assist in securing needed resources)

Medical Providers who take

TennCare:

Children's Special Services

Carthage, TN

615-735-0242

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Cookeville Pediatrics Associates

Cookeville, TN. 38501

(931) 528-1485

Carthage Family Healthcare

Carthage, TN. 37030

(615) 735-3450

Centennial Pediatrics

115 Winwood Drive Suite 105

Lebanon, TN. 37087

(615) 453-1930

Dr. John Tate

206 A Bobb Drive

Lebanon, TN. 37087

(615) 444-6667

Gordonsville Clinic

126 JMZ Drive

Gordonsville, TN. 38563

(615) 683-1072

Family Eye Care Center

605 Main Street North

Carthage, TN. 37030

(615) 735-2020

Hartsville Eye Clinic

Hartsville, TN.

615-822-2020

**Riverview Regional Medical center
(North Campus)**

Carthage, TN. 37030

(615) 735-1560

Smith County Health Department

Carthage, TN. 37030

(615) 735-0242

Tennessee Children's Healthcare

(615) 453-9492

Tennessee Pediatrics

Cookeville, TN. 38501

(931) 526-6100

**Medical Providers, who may not
take TennCare, but offer
services to low-income families:**

**Bread of Life Homeless Shelter and
Clinic**

281 4th Street

Crossville, TN 38555

931-707-0569

(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Children's Special Services

Cookeville Regional Health Office
200 W. 10th Street
Cookeville, TN 38501
931-528-7531

(Assists with the medical needs of children and young adults from birth to age 21. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Partnership for Prescription Assistance

Phone: 1-888-477-2669
www.pparx.org

If you do not have prescription coverage and/or cannot afford your medicines, this organization may be able to help

Mental Health Providers who take TennCare:

Cumberland Mental Health
(615) 444-4300

Cumberland Plateau Recovery
550 North Church Street
Livingston, TN. 38570
(931) 403-3577

Dale Hollow Mental Health Center
501 Spruce Street
Livingston, TN. 38570
(931) 823-5678
(Assist with family or individual counseling for drugs/alcohol/etc.)

Personal Growth and Learning Center

509 North Cedar Avenue
Cookeville, TN 38501
931-520-8435

(Provides out-patient psychiatric and psychotherapy services (individual - adult and child, family, couples, groups) with specialties in trauma and abuse recovery, eating disorders, child/play therapy, EMDR, employee assistance programs, expert witness, and other generalized mental health services)

Rape and Sexual Assault Response Center

P.O. Box 1180
Cookeville, TN 38503
Hours of operation = 24 hrs/day, 7 days a week

Phone: = 931-526-5197

Hotline: 800-707-5197

(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).

Team Evaluation Center

Chattanooga, TN 37404-1220
(423)-622-0500

(Team Evaluation Center provides diagnoses for social, emotional, educational, or physical problems. After a diagnosis is made, Team will then help develop an intervention plan that includes referrals for treatment. Provides services to pre-school children)

The Renewal Center

158 Hospital Drive
Carthage, TN 37030
615-735-5211

*(Mental Health Services for seniors.
Treatment for memory loss, mood
swings, etc...Free Evaluations)*

Valley Ridge Mental Health Center
P.O. Box 297
Lafayette, TN 37083
615-666-8070

*(This center provides psychological
evaluations, individual counseling,
psychotropic medication monitoring,
targeted case management, adult case
management, A&D counseling, child
abuse counseling, and respite service)
Child Abuse, Children's Issues,
Drug/Alcohol Abuse, Health, Mental
Health and Counseling*

**Volunteer Behavioral Health Care
System - Plateau Mental Health
Center**

1200 South Willow
PO Box 3165
Cookeville, TN 38502
931-432-4123 **Hotline:** 1-800-281-
4943

*(Volunteer Behavioral Health Care
provide a broad array of services and
treatment strategies which include:
psychiatric evaluations; individual,
family, and group counseling;
psychological assessments;
chemotherapy; case management;
residential facilities; crisis response;
rehabilitative and supportive services –
thus providing opportunity for people to
help themselves)*

**Mental Health Providers, who
do not take TennCare, but offer
services to low-income families:**

**Assessment/Counseling/training
Services (ACTS)**
Cookeville, TN. 38501
(931) 528-9399

LifeCare Family Services
137 West 2nd Street
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688 Fax

Plateau Mental Health
1200 S. Willow Ave.
Cookeville, TN. 38501
(931) 432-4357 **24-hour hotline**

Pacesetters Inc.
2511 HWY 111 North
Algood, TN. 38506
(931) 537-9100

**Upper Cumberland-Community
Services Agency**
417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

**Upper Cumberland Human Resource
Agency - Smith County**
Carthage, TN 37030
615-735-0476

Warrior Counseling, PLLC
Natalie Whorton
705 Howell St
Sparta, TN 38583
931-510-8365

Quit Tobacco Resources

Tennessee Tobacco Quitline:
1-800-784-8669

**Cumberland County Health
Department**
Smoking Cessation
Ruth Lucas
131 South Webb
Crossville, TN 931-484-6196

**Cookeville Regional Medical Center-
Algood Room**

Quit 4 life Smoking Cessation
Tandy Todd
142 W. 5th St
Cookeville, TN 38501
931-646-2693

**Tennessee Department of Health,
WIC Program**

S.M.A.R.T. – Smart Mothers are
Resisting Tobacco
1-800-342-5942

Nicotine Anonymous
800-642-0666

American Lung Association

Freedom from Smoking
800-586-4872
Info@lung.org

**American Lung Association of
Tennessee**

212 S. Peters Rd. Suite 106
Knoxville, TN 37923
865-691-7228
www.lungusa.org

Former Smokers

The No Smoke Café
<http://clever.net/chrisco/nosmoke/stop.html>

**Resources to assist persons
raising children possibly other
than their own:**

Department Of Children's Services

117 Eatherly Landing
Carthage, TN 37030
615-735-5502

Help Us Grow Up Successful (HUGS)

Upper Cumberland Regional Office
1100 England Dr
Cookeville, TN 38501
931-520-4202

Relatives as Caregivers

1225 South Willow Ave.
Cookeville, TN. 38501
(931) 432-4111

**The Exchange Club/Stephens Center
for the Prevention of Child Abuse**

307A West Broad Street
Livingston, TN 38570
931-823-6432 & 800-635-5199

Tennessee Voices for Children

Nashville, TN 37204
(615) 269-7751
1-800-670-9882

KidCentral TN

www.kidcentraltn.com

**Upper Cumberland-Community
Services Agency**

417 East Broad Street Suite A.200
Cookeville, TN 38501
(931) 520-0200

**Upper Cumberland Human Resource
Agency - Smith County**

120 Pauline Gore Way Suite A
Carthage, TN 37030
615-735-0476

Youth Villages

1420 Neal Street
Cookeville, TN. 38501
(931) 525-6900

**Resources to assist with
Transportation Needs:**

**Upper Cumberland Human Resource
Agency - Smith County**

120 Pauline Gore Way Suite A
Carthage, TN 37030
615-735-0476

(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)

**Upper Cumberland Development
District**

1225 South Willow Avenue
Cookeville, TN 38501
(931) 432-4111

(Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/Utilities)

Wellness:

Agee's Gym

911 N. Main
Carthage, TN 37030
615-735-0044
Promotes family fitness

Wellness Center

131 Pauline Gore Hwy
Carthage, TN 37030
615-735-2735
Promotes family fitness

Promoting Youth Involvement:

Gallatin Housing Authority

612 Morris Ave.
Carthage, TN 37030
(615) 735-1510 *(This program offers low-income or no-income housing, after-school programs, TNT Partnership with the police, tutoring, computer centers, field trips, Character Counts, Teens Need Training, PALS - Police, and fundraisers. Older children get paid \$2 per day for attending school, and children ages 5 - 10 get paid \$1 per day. There is a waiting list for eligible persons depending on the type of housing being applied for.)*

**Upper Cumberland-Community
Services Agency**

417 East Broad Street
Suite A.200
Cookeville, TN 38501
931-520-0200
(Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health

and Drug Court Counseling are also available)

Upper Cumberland Human Resource Agency - Smith County

Carthage, TN 37030
615-735-0476

(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)

WCTE American Graduate & Ready To Learn

LWray@wcte.org
CPutman@wcte.org
931-528-2222

Language Assistance
(All Counties)

Brent Simpson
931-212-8097

County Health Depts. - Primary Health Care Services

County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)

Department of Human Services, Counties

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

Hispanic Family Resource Center

(615) 227-7500
(800) 280-8682

Hispanic Association

732 Lafayette Rd Red Boiling Spgs, TN
37150
(615) 699-6279

**LifeCare Family Services - Cookeville
- Counseling and Therapeutic Services**

665 South Jefferson Avenue

Cookeville, TN 38501

(931) 528-0051

Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training.

(Spanish Language Services)