



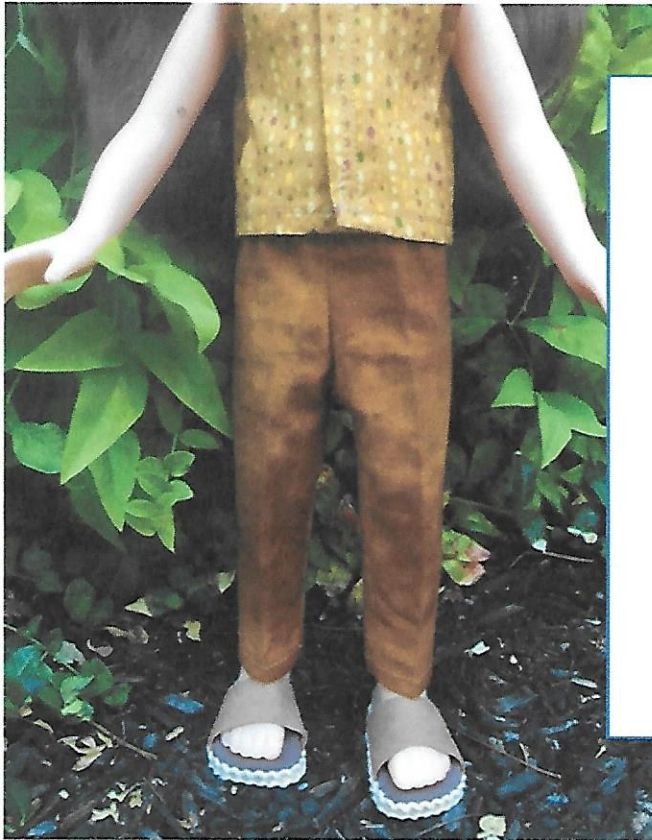
FROM OUR HEARTS & HANDS TO YOURS

Pants – Elastic Waist

Long Pants, Capris & Shorts

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The sample below is made with quilter's cotton.



These elastic waist pants are quick and easy and can be made in several lengths. The pants fit the 14" Hearts for Hearts doll. The instructions were written for the volunteers of the non-profit Stitchin' for Kids that gives dolls with outfits to young patients in hospitals. The pants can be made in a variety of fabrics.

Important

Print pattern full size and check that the one inch square equals one inch before beginning to sew. If it does not, please adjust accordingly.

Requirements:

- Pattern for Elastic Waist Pants (Several different pant lengths are provided.)
- Fabric – Fat Quarter will make at least two pair of Elastic Waist Pants
- ¼" wide elastic
- Scissors, Thread, Pins, Needles, Sewing machine in good working order, etc.

Assumptions:

All seams are ¼ inch unless specified.

Preparation:

- Cut two pieces of fabric using pattern piece; notch Center Front
- Measure and mark 6" of elastic, but do not cut from roll yet.

Construction:**1. Hem**

- Turn up lower edge of each pant leg ¼" and then turn up again ¼".

2. Center Front Seam

- With right sides together stitch Center Front seams. Sew the seam again if your fabric tends to fray, shred or ravel.
- Clip curve; zigzag or pink seam allowance; press.

3. Casing

- Turn down ¼" at waist and sew.
- Turn down another 1/2" at waist for casing and sew.

4. Inserting Elastic

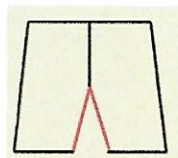
- Attach safety pin to elastic.
- Insert marked elastic through waist. Pin elastic at each end.

5. Center Back Seam

- With right sides together pin the Center Back seam making sure the elastic is pinned; stitch Center Back seams together catching elastic in seam; cut elastic from main roll.
- Clip curve; zigzag or pink seam allowance; press.

6. In-seam (the upside down V in the drawing below)

- Right sides together open out pants and match Center Front to Center Back crotch seams then match front and back leg hems.



- Starting at the hem of one leg sew to Center crotch seam.
- Repeat with other leg sewing up from the hem.
- Clip seam, zigzag or pink seam allowance; press.

Turn over 1/4"

Casing for 1/4" wide elastic \updownarrow 1/2"

Elastic waist
pants

C/D

C/H

1 inch
square

CUT FOR SHORTS

6" of 1/4" wide
Elastic

CUT FOR CAPRIS

