

# OCCCA

Orange County Child Care Association

## President's Message

Happy Summer everyone!!!!

I hope you are all enjoying this amazing weather and enjoying summer activities with your daycare. One of the "perks" of having a job like ours is that we can enjoy life through the eyes of children. One of my favorite things to do is to set up the sprinklers, get the kids all suited up and sun screened and put on our outdoor speakers and play Disney soundtracks as the kids dance and sing to the music. I love that they can sing and dance with complete abandonment and enjoy being kids while they make memories.

Here is hoping you are all creating wonderful days of laughter and fun not only for the kids but for yourselves. Kick back as you watch them playing and enjoying themselves with a glass of iced tea and take all of it in. You get the honor of walking your children through a journey that will create how they interpret summers of music, dance, whimsy and fun. What a blessing to get to show children how to have fun!

Training tip: Have your parents bring a new bottle of sunscreen every start of summer. Write their name on the bottle and only use that for the child. You never know if they are allergic to a formula used in the sunscreen, so have the parents test it out first and bring their own.

*Lee Alton*

### Applying Sunscreen

Sunscreen should be applied 30 minutes prior to going outside. When using sunscreen, apply generously to all exposed parts of the body. Don't forget about hands, ears, feet, shoulders, and behind the neck. Lift up bathing suit straps and apply sunscreen underneath them (in case the straps shift as the child moves). Don't forget the mouth area -- apply only a small amount of sunscreen carefully to the lips and rub it in. Be careful not to get sunscreen in the child's eyes, nose, or mouth. Reapplying sunscreen is essential for proper protection. Reapply sunscreen every 2 hours while children are in the sun, and even more often if they are swimming or playing in water.

Treat sunscreen as you would any other medication. Use only the sunscreen bottle provided by that child's parents and labeled with that child's name. Be sure to wash your hands after applying sunscreen to each child. Store sunscreen like other medications, in a locked area inaccessible to children.

<http://articles.extension.org/pages/58538/guidelines-for-applying-sunscreen-in-a-child-care-program>

## BE SUN SMART



Put on a Shirt



Put on Sunscreen



Wear a Hat



Wear Sunglasses



Stay in the Shade



SHARE THE SUN SAFE STORY  
WITH YOUR CHILD

# Vice President's Message

Submitted by: Lynn Hallas

Hello ladies and happy summer! I hope you are all starting to enjoy some sunshine and some fun summer activities with your daycare kids. My favorite activity with my daycare kids is watching them play with the water table activity and seeing them laugh and splash each other as they learn and socialize through play! It was great seeing some of you at our combined area meeting in Tustin this past May! I truly enjoyed the evening out and it was nice jotting down feedback of ideas and themes for future area meetings and conferences! You can always call me or your area chairperson if you feel you can share an idea or possible workshops we might want to focus on. This is a group effort so any input really helps! Please consider volunteering and participating as well. It is a great way to get to know your fellow providers and we always need the help. Thank you again for all you do as providers in servicing your areas! In addition, please contact your area chairperson with any concerns first since she is your direct contact for your area. Your area chairperson has your best interest in mind at all times and is well in-tune with your specific area but she cannot control the volume of calls like we all would like. Please realize we only have so much control over how many of these calls and website hits we receive from parents. Lots of factors are involved with their decision in placing their child in the right daycare that works for them. We all need to respect this and support one another and to remember the value of what we do as providers and to help and respect these parents. This a group effort in our community that should benefit all parties involved. Have a wonderful productive summer!

## Area Chairperson News

### **Diane Palermo** **Fountain Valley**

Fountain Valley/ Diane Palermo

It was so nice to see so many people at the conference! I saw so many familiar faces and many new faces. This was a really informative conference and so much fun! The keynote speaker Yousef Badou spoke about on Personal Security. He was really informative and had many great ideas.

Have a great summer! I hope to see you all of you in September at the General Meeting.

### **Sandra Turner** **Los Alamitos, Seal Beach, Cypress**

Hello everyone! I hope you are all enjoying the summer! Stay safe, sun screened and hydrated!!! See you all in September!

### **Lynda Luistro** **Anaheim, Buena Park, Brea, Fullerton, La Habra**

Hi Everyone, I hope your summer is going well. Use your local resources to find free things to take your kids during the summer months.

- Your local library;
- Your local movie house;
- Your park and recreation department.

These are a few things you can do over the summer have a good one!

### **Lee Allton** **Westminster, Midway City**

Happy Summer everyone!!!

I hope you are all having a blast! I thought I would share some really great craft ideas for some summer fun!!!! My kids love them! Enjoy!!!! <https://www.pinterest.com/explore/summer-kid-crafts/?lp=true>



# Area Chairperson News

**Lynn Hallas**  
**Orange/Anaheim Hills/Placentia/Yorba Linda**

Hello ladies and thank you for helping me support your area. Let me know how I can help serve you better and my ultimate goal is to have a committed provider step-up and volunteer as area chairperson for the areas listed above. Please consider this and let me know your availability since our goal is to have someone familiar with your area so you can network and communicate with other providers in your area on a more direct level. I do appreciate your input so don't be shy. I do look forward to seeing some you at our September General Meeting with DSS. Look for further details concerning this meeting and I do look forward to seeing you there! Have a

**Joyce Russell**  
**Irvine**

It's a sad day! After many years, our wonderful Chairperson for Irvine Vickie Rossiter has decided it was the right time for retirement. This summer she will move to Colorado to be close to her daughter's family and enjoy seeing her grandchildren grow up. We will miss Vickie so much but, of course we wish her all the best and many happy days with Logan and Charlie Rose!

I will be taking over for Vickie and I am hoping with the help of all the great Child Care Providers in Irvine I will do half the job she did.

Please, let me know when you have openings. My email address is: [rejoycetoday@cox.net](mailto:rejoycetoday@cox.net) and if you haven't already please send me your email address so I can keep you informed about upcoming events and area meetings during the year.

**Lynn Hallas**  
**CDC, Dove Cyn, El Toro, Foothill Rch, Lake Forest, Portola Hills**

Hello ladies and hope your summer is moving along well. Thank you for all you do and in informing me of your openings. It's nice to know that the infant slots are filling up and remember to forward those interested callers back to the association or the website if you become full. This benefits other members as well and allows the parents to pick from our list first. Always remain polite and thankful that they considered us for their daycare needs. It's amazing how a positive attitude reflects on our organization! I hope you remember how important your attitude is in this type of communication. It's sometimes not easy, I totally get it, but it really effects us all! Please consider attending our September General Meeting with details to follow and remember to check your fire extinguisher for expiration and bring yours to the meeting! Hope to see you there!

**Diane Priestersbach**

**Aliso Viejo, Capo Beach, Dana Point, Ladera Ranch, Laguna Ranch, Laguna Beach, Laguna Hills, Laguna Niguel, Laguna Woods, Las Flores, Mission Viejo, RSM, San Clemente, SJC**

I hope everyone is having a great summer lots of fun things to keep cool. Having lots of fun painting with water and squirt bottles, we have even made targets to aim at. Boy, finger painting with shaving cream has been a hit, I hide little cars in the shaving cream too. They are all getting a kick watching ice melt in the sun. The kids love taking turns holding the hose to water our garden. "Keep cool this summer". This is a good time to go over all paper work and up date files to get ready for fall. Don't forget to hit the sales for school supplies for the year. Get your calendar ready for the up coming General Meeting, I would like to see you all there .

Have a great Summer



# Area Chairperson News

## Tena Madrid

Huntington Beach, Sunset Beach, Surfside

Hello Providers:

I hope you are all doing well and that you are going to take some time off this summer for some R&R, visiting family and friends or just having a stay at home vacation! Either way, it is important for us caretakers to take care of ourselves too. Some of the things you might do are: get a massage, get a facial, relax at a pool, go to the beach, go to a concert in the park or just stay home for some valuable peace and quiet (my favorite). Whatever you end up doing, enjoy yourself, give to yourself and come back refreshed.

If the calls have been a little slow, it is normal at graduation and at the end of the school year. I do remember that last summer we received an unusual amount of childcare calls so I am hoping for that again this summer. I hope all of you are benefitting by having your name and contact information on the OCCCA website. Thank you to those of you that give us your overflow calls.

As always, please feel free to call me if you need anything.

I will keep you updated on our next area meeting (TBA) and I would love to see you all at the September General Meeting.

Have a fantastic summer!

Tena

## Linda Zoelle

Balboa Island, CDM, Costa Mesa, Newport beach, Newport Coast, Santa Ana, Tustin

Hey everyone,

I decided to change things up a bit and add a recipe perfect for the 4th of July holiday! So here you go!



<http://www.wineandglue.com/2014/05/strawberry-blueberry-yogurt-pops.html>



## *Congratulations to a Board Member, Area Chairperson, Mentor, Peer and Friend...*



submitted by: Lee Allton

Back in 1993 when I was contacted by the President of Orange County Child Care Association and asked to be the Area Chairperson for the city of Huntington Beach, I was a deer in headlights. I was a young mother who had recently lost her own mother and quit my job in the corporate world to start a family child care business with four kids already at home and no prior knowledge of how to even run a business. If you looked in Websters Dictionary under clueless, you would have seen my picture.

Upon accepting the position and hoping no one would notice how utterly inept I was, I went to my first General Meeting at Children's Hospital of Orange County. As I stood there wondering if I could discreetly slip out the back door, I turned my head and in walked Victoria Rossiter, she walked with complete confidence and had a following of women who appeared to just want to be a part of her circle. I had the amazing opportunity to serve with her on OCCCA's Board of Directors and I tried to glean all that I could from her and the other women that we worked tirelessly with. I also got to know her as a friend and I can say with complete honesty she made a HUGE impact on my life as a woman and mother. I have been blessed by my time with her and I know others can say the same.

It is with a bittersweet feeling in my heart that I congratulate her on her retirement, I thank her for all she has meant to me personally but more importantly for the impact she has made on children's lives, their families and the family child care providers who she has taken under her wing and prepared their way to providing quality family child care. The ripple effect on her legacy cannot be quantified but it will be felt for years to come.

I present to you her final Newsletter article for Orange County Child Care Association....

**Irvine**  
**V. Rossiter**

Well as many of you probably know by now, I have retired and am hopefully somewhat settled in our new home in Colorado as you are reading this. It was a difficult decision, but it was time to give to my two grandchildren what I have been giving to other children these past thirty years.

I hope you all enjoy what you do in your "chosen" profession, because you all make such a difference. Let's hope these little guys grow up to take better care of our environment than we did. Let's hope they care about their country, and other citizens of the world. Let's hope they take pride in everything they do. It is our job to help them grow to be responsible, contributing members of society. Those of you I have come to know teach all of this every day to our charges. We can only hope they treat the world better than our generation has.

I am not far away, and am happy to do on line or telephone consulting. I am considering doing Child Care Provider consulting in Colorado as well. They have far more sophisticated licensing requirements that we do here in California, so I will be busy learning about that.

It really has been my privilege to work with and get to know so many of you over the years. We will keep in touch, and please reach out with questions I can help you with. My email will remain the same: HYP4@aol.com

Good luck to you all, and please keep in touch.  
Hugs.....

## Early language development

Research shows that babies whose parents speak to them extensively have significantly higher IQs and bigger vocabularies when they get older than other children, so interaction is especially important right now. Set a solid foundation by exposing your baby to a variety of words.

Talk about your surroundings when you take him for a walk, and point to and identify objects as you roam the grocery store aisles. Your baby can't repeat these words yet, but he's storing all the information in his rapidly developing memory.

If your home is bilingual, your baby will benefit from hearing both languages spoken regularly. Don't worry if some of his verbal skills seem to lag a bit at first. He'll not only catch up later, but he may also excel in his general language skills.

Remember, your baby is an individual

All babies are unique and meet milestones at their own pace. Developmental guidelines simply show what your baby has the potential to accomplish — if not right now, then soon. If your baby was premature, keep in mind that kids born early usually need a bit more time to meet their milestones. If you have any questions at all about your baby's development, ask your healthcare provider.

## What should I do if my 2-year-old doesn't talk yet?

Judith Hudson developmental psychologist

Although it's not typical, your 2-year-old's situation is not necessarily cause for great concern, either. Some more cautious and reserved 2-year-olds tend to wait until they understand a great deal of what they hear before they actually speak. Look for these signs of language readiness:

Does your child point to objects? Pointing to a toy he wants or to a picture in a book is closely related to the beginning of actual speech. Does he seem to understand what you say? Does he react when you call his name when you're out of sight? The ability to understand language precedes the ability to talk. If your child seems to comprehend a great deal of what others are saying, he's well on his way to talking.  
advertisement | page continues below

Does your child use gestures and facial expressions to communicate? Many kids communicate what they need nonverbally, and in fact most 2-year-olds develop a host of nonverbal signals.

Does your child grunt? Research shows that the little grunts 2-year-olds make while pointing to pictures or playing with their toys are actually a kind of commentary. Children who aren't yet talking and don't grunt are more likely to later be diagnosed with a language delay.

If your child isn't showing these signs of readiness, you may want to make an appointment for a speech and hearing screening. Talk with his pediatrician, and, if he's in preschool, with his teacher. His preschool may refer you to an early speech and language intervention program (usually coordinated through the county or public school system) that will provide a free speech and language screening. Or his doctor can refer you to a private speech-language pathologist for an evaluation. In general, the earlier a language delay is detected, the easier it is to treat. Many language problems can be treated effectively during the preschool years so that your child will have no long-term deficits.

## At what age is it safe to start putting sunscreen on my baby?

Patricia Treadwell  
pediatric dermatologist

The best way to protect a baby from the sun is to keep him in the shade of a tree, umbrella, or stroller and dress him in long sleeves and a hat. But if that's not possible, it's fine to use a small amount of sunscreen, no matter how young your baby is.

I recommend choosing a "physical" sunscreen – one made with zinc oxide or titanium dioxide. Unlike the stuff in chemical sunscreens that the skin absorbs, which may cause irritation or allergic reactions, these ingredients merely sit on top of the skin, forming a barrier against the sun's rays. There's no evidence chemical sunscreens are dangerous or toxic, but we just don't know enough yet about how their ingredients affect babies.

The above articles were submitted by Cyndi Casum, they were taken from the Baby Center website at <https://www.babycenter.com/>

# OCCCA Membership Applications

Thank you all for your continued support of the OCCCA. I would like to clear up any confusion about the application process. Following are a few tips.

1. Please use the name you are licensed under. If you have a nickname, note it next to your licensee name.
2. Please include your child care license number in the appropriate spot on the application.
3. If you have more than one phone number, please note which one you would like us to use on the website.
4. Please include your email address even if you think we already have it. Please print clearly and make sure the numbers are discernible from letters (ie: 1 and lower case L, zero and O)
5. If you have a website, please be sure to give us the complete web address (with letters and numbers easily discernible, as mentioned above). This is particularly important for the Facebook addresses. Try doing a search yourself, before you give us the information.
6. If you would like a letter of membership confirmation and a membership card, please include a self-addressed, stamped business sized (4 1/8" x 9 1/2") envelope. I suggest you use a Forever stamp. Put your name and address in the "to" and "from" sections of the envelope. You may also pick up your membership card at a General Meeting.
7. If your membership has expired, please include a copy of your day care license.

If you have any questions concerning membership, please don't hesitate to call me: Michelle714-222-4922,

Submitted by Michelle Spoor, OCCCA Membership Chair

## ADVANTAGES OF MEMBERSHIP

### Newsletter

6 issues per year with topics and resources relating to family child care. You can receive your E-Newsletter via Email or our website. Our current issues are: Jan/Feb, Mar/Apr, May/Jun, Jul/Aug, Sept/Oct, Nov/Dec

### General Meetings

2 per year These meetings are intended to not only conduct any association business but are designed to assist our members with resources and education.

### Area Meetings

Get to know other providers near you these meetings are held in your local city. This is not only a way to get to know fellow providers in your area, but many meetings sponsor guest speakers and can be educational.

(NOTE: Area meetings are designed for those residing in specific cities within Orange County. Members outside the area may contact area meeting coordinators to participate in these meetings)

### Continuing Education Opportunities

Conferences and workshops are offered for a nominal fee to our members to assist them with their efforts in continuing their education in the field of child care. We also communicate other opportunities from other associations and resources relating to child care.

### Scholarships

Members are entitled to apply for scholarships for trainings. For more details contact the OCCCA Treasurer.

(NOTE: Associate and Honorary members do not qualify for scholarships)

### Child Care Referrals

Membership includes utilization of our referral service. Our goal is to assist providers with locating potential clients, and parents with locating a provider who meets their needs.

(NOTE: Referrals are for licensed providers who are OCCCA members residing in Orange County, California)

# General Meeting-Title 22 Update



**To all Licensed Family Child Care Providers;**

On Monday September 11, 2017 from 7 PM to 9 PM at the Quail Hill Community Center 35 Shady Canyon Dr., Irvine, CA 92603, we will be having our Southern California Child Care Advocate, Jane Cong-Huyen present current and upcoming changes in Title 22 Regulations.

There will be some important changes in regard to our Title 22 responsibilities and this meeting is very important to stay in compliance. It is imperative that if you have individual questions regarding your facility and any current issues, that you submit them to your Area Chairperson prior to the meeting.



## **October 7, 2017 Licensing Update Workshop for Spanish Speaking Providers**

Southern California Child Care Advocate, Jane Cong-Huyen will be presenting recent and upcoming Title 22 changes as well as CDSS Website changes in a Spanish language format. It is imperative that if you have individual questions regarding your facility and any current issues, that you submit them to Yessika Magdaleno @ 714.971.8004 when you RSVP.

The meeting will be from 9 AM to 12 PM on Saturday October 7, 2017 at the Garden Grove Boys and Girls Club 10540 Chapman Avenue Garden Grove, CA 92840.

07 de octubre de 2017 taller de actualización de licencias para español habla proveedores de Southern California niño cuidado Advocate, Jane Cong-Huyen presentará recientes y próximos cambios de título 22 así como cambios de la Página Web de CDs en formato español. Es imperativo que si tienes preguntas individuales con respecto a sus instalaciones y problemas actuales, que les envíe al Yessika Magdaleno @ 714.971.8004 cuando usted confirme su asistencia.

La reunión será de 9:00 a 12:00 en sábado, 07 de octubre de 2017 en el Garden Grove Boys and Girls Club 10540 Chapman Avenue Garden Grove, CA 92840.

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The Benefits of Yoga for Kids  
by Visi Tilak  
submitted by Diane Palermo

By practicing yoga poses, children can learn how to exercise, develop confidence, and concentrate better.

Yoga (meaning union or yoke) is the practice of accessing and integrating all aspects of our true nature -- body, mind, and spirit -- in the pursuit of inner harmony, says Alexandra De Collibus, a yoga teacher and founder of Sweet Pea Yoga, a yoga studio for infants, toddler, and kids located throughout Massachusetts. As yoga becomes more popular in schools through physical education classes and after-school programs, that popularity comes with controversy. Although many adults like the benefits of yoga, some parents feel that the practice might have a religious association and, like prayer, shouldn't be allowed in a public space. They argue that yoga is an offshoot of Hinduism and that it disseminates religious and meditation principles with its use of "om" and "namaste" chanting. Some also believe that the asanas, or postures, such as the sun salutation, are a form of Hindu religious worship. To dispel this notion and avoid any religious or cultural messages, most yoga teachers focus on the benefits of the exercises and use generic terms, instead of the Sanskrit names, for the poses, renaming them cat, bridge, table, tree, downward-facing dog, volcano, and so forth. Yoga's rising popularity can be attributed to its basic stretching advantages and improved body awareness, with the added component of a mind-body connection.

Despite the controversy, yoga is beneficial to kids in many ways. Because children encounter emotional, social, and physical challenges or conflicts, a dedicated and intentional yoga practice that includes breathing techniques, behavioral guidelines, and physical postures can be incredibly valuable for them, De Collibus says. She also believes that yoga is something children can practice anywhere and that the breathing, the concentration, the poses, and the way kids learn to act or react to situations, will lead to constant self-discovery and inquisitiveness. Plus, yoga is portable, and no mat, special clothing, or special pillow is absolutely necessary.

Shana Meyerson, the founder of mini yogis (mini-yogis.com), a yoga studio Southern California that offers classes for kids, believes that yoga builds self-esteem and self-respect. "A child's yoga practice is a rare opportunity to experience play and focus without worrying about being wrong," she says. Meyerson believes that yoga is an option for children who shy away from physical activity or group activities for fear of failure or being picked last, and it helps athletic children excel in other physical activities and sports. Christina Enneking, the founder of Heart Happy Yoga, a studio in Los Gatos, California, believes yoga introduces cornerstone values "such as non-harming, truthfulness, moderation, cleanliness, gratitude, and self-discipline." There are five key areas where kids benefit from the practice of yoga, and each of them improves their overall well-being.

**It Enhances Physical Flexibility** Yoga promotes physical strength because kids learn to use all of their muscles in new ways. Whether a pose is done standing, sitting, or lying down, each one can challenge various muscle groups while helping a child become aware of his body and how it efficiently functions.

**It Refines Balance and Coordination** Balance is a key element of yoga. Balancing poses were created to promote mental and physical poise, as mental clarity and stability emerge from the effort of trying the poses. Even if a child has difficulty standing on one foot, she learns mental and physical balance if she can stay calm when she falls and when she gets up to try again. As children learn to improve their physical balance, they will be filled with a sense of accomplishment. Coordination is also closely tied to balance and promotes overall dexterity. Some yoga teachers and occupational therapists use finger yoga and other specialized techniques to help children with gross and fine motor coordination.

**It Develops Focus and Concentration** The act of practicing poses encourages children to clear their mind and focus on the effort. As a result of this single focus to achieve a particular pose or stay balanced, yoga helps children to focus and concentrate in school and get better grades, several studies note

**It Boosts Self-Esteem and Confidence** Yoga helps to instill confidence and to bring learning to children on an experiential level, Enneking says. "It helps to provide building blocks for the future. It is our responsibility to develop our children's sense of wonder and to give them a strong sense of self so they know where they belong in this world and can contribute to making their community a better place." Yoga teaches them to persevere, be patient, and work toward their goals. A yoga teacher can only offer guidance; it is the child who has to work to succeed. Therefore, when a child masters a pose, it gives him confidence and self-esteem. Enneking often describes kids' yoga as "prehabilitation," a proactive action to ward off instability or sickness; yoga also provides tools for practicing compassion, mindfulness, generosity, focus, strength, and flexibility.

**It Strengthens the Mind-Body Connection** Yoga helps kids achieve a sound mind in a sound body by exercising the physical body and calming the mental spirit. "As parents we want our children to act and behave with mindfulness and with compassion, to be brave, to know love and happiness, and to find inner peace," De Collibus says. "Since the modern world moves very, very fast for children, it's not long before they feel all kinds of pressure (personal, parental, social) to keep up with everyone around them. Yoga functions as a release valve that alleviates pressure and as a foundation to nurture and develop a resilient and resourceful body, mind, and spirit," she says.

Yoga is beneficial to children of all ages, but it has been found to be particularly so for kids with special needs. Studies have shown that yoga benefits children with autism and ADHD. NPR has reported that researchers surveyed teachers at a Bronx public school that had a daily yoga program and found that the program reduced kids' aggressive behavior, social withdrawal, and hyperactivity, compared with a control group of kids with autism who did not practice yoga. Kristie Patten Koenig, Ph.D., an associate professor of occupational therapy at New York University who led the study, says that yoga was effective because it seemed to play to the strengths of kids with autism while also reducing stress. Autism Key, an autism support website, says that yoga helps address kids' heightened anxiety, poor motor coordination, and weak self-regulation, something that otherwise is very difficult to do.

Parents may notice how yoga benefits their kids, but the best judges are the kids themselves. Children who have practiced yoga tell teachers and parents that they are able to concentrate better during the day, focus better on their activities, and pay attention to their tasks -- all the finest endorsements.

## **Prior Proper Planning Prevents Poor Performance**

### **4 Things to Keep Track of When Taking the Little Ones on Field Trips**

It's summer here in sunny SoCal and that means field trip time! If you've ever lost sight of your child in a busy public place than you know that feeling. The feeling of your heart high fiving your stomach as they switch positions as you frantically look around for your lost adventurer. You spot them close by a few seconds later but boy do you still feel that adrenaline kicking! This is a situation that no child care provider wants to find themselves in, but can be mitigated by keeping track of a few factors you can plan for before you head out on an excursion with the little ones.

#### **Always Know Where You Are**

New Police officers are often endearingly called "boot" when they're new on the force. They go through "boot" rituals used to teach them the intricacies of the job quick, fast and in a hurry. One of these is where the senior officer will slam on the brakes of the patrol car, turn to the new guy and say "I'm seriously hurt and you need to call for back up. Tell the dispatch exactly where you are right now." Many a new police officer has answered this inadequately and has subsequently been motivated to run at their top speed to the nearest intersection (with 30 pounds of gear on) to find the correct cross street or block. You might not need to be as passionate with your children, but with a little modification you can turn it into a game to see if the kids now where they are at. At a minimum you should always be aware of exactly where you are at in case something happens. You should always ask yourself "If I had to call 911, what information do I have for them?"

#### **Identify "Safe" Personnel**

If a child was lost, who would they ask for help? A police officer is a pretty standard example for children, but they can't be everywhere at all times. As you arrive at the location, try to identify local security or employees of the venue to the children and let them know if they get into trouble, they should find one of them. Look for some identifiable markers or badge that the personnel wear at the location that would be visible and memorable to a child. Be it a uniform, name tape or badge of some type. The bigger and more colorful, the better.

#### **Hug a Tree!**

Often times when kids get lost, they tend to wander away from the initial location they got lost in. Search and rescue personnel rely heavily on the last known location, so tell them if they ever think they are lost to hug a tree and stay put! Telephone poles or mailboxes can work too if you don't have a ton of trees around.

#### **Let Them Know They Won't Be in Trouble**

Sadly, there are some instances of children getting lost and not being recovered by search personnel because they thought that they might be in trouble when found. Talk to your kids and let them know they will never be in trouble for getting lost but be rewarded with ice cream when they get found. Who couldn't do with a little ice cream with the heat lately!

This is by no means an exhaustive list of all the things to keep track when taking the children on a field trip, but if you keep track of these things consciously when you're out, you'll be that much more ahead of the game. Thanks for everything you do and keep up the fantastic work of nurturing the next generation!

Yousef Badou

Emergence LLC

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[ybadou@EmergenceDisrupt.com](mailto:ybadou@EmergenceDisrupt.com)

# Contact Information

## OCCCA BOARD OF DIRECTORS

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<b>Vice President</b> Lynn Hallas 949.858.1527 <a href="mailto:campfans@cox.net">campfans@cox.net</a>	<b>Treasurer</b> Linda Zoelle 949.673.2692 <a href="mailto:lz3.occca@yahoo.com">lz3.occca@yahoo.com</a>	<b>Program Chair</b> Heather Bonfadini 949.582.2025 <a href="mailto:countingkisses@hotmail.com">countingkisses@hotmail.com</a>	<b>Hostess</b> Sandra Turner 562.799.3608 <a href="mailto:sandraluzturner@yahoo.com">sandraluzturner@yahoo.com</a>	<b>Newsletter/Website</b> TBD

## OrangeCountyChildCareAssociation.org

### IMPORTANT NUMBERS

Community Care Licensing	714.703-2800	<a href="http://cclid.ca.gov/contact.html">http://cclid.ca.gov/contact.html</a>
Child Care Advocate Program	310.337.4335	<a href="mailto:Sharon.Greene1@dss.ca.gov">Sharon.Greene1@dss.ca.gov</a>
CHS Referral Line (M-F 9-3:30)	949.364.6605	<a href="http://www.chs-ca.org/child-care/ccrrp/">www.chs-ca.org/child-care/ccrrp/</a>
Children's Home Society	714.456-9800	<a href="http://www.chs-ca.org">www.chs-ca.org</a>
Calif Childcare Health Program	800.333.3212	<a href="http://www.ucsfchildcarehealth.org">www.ucsfchildcarehealth.org</a>
Child Guidance Center	714.953-4455	<a href="http://www.cgcoc.org">www.cgcoc.org</a>
Help Me Grow-Orange County	866.GROW-025	<a href="http://www.helmegrowoc.org">www.helmegrowoc.org</a>
OC Child Abuse Prevention	714.543.4333	<a href="http://www.brightfutures4kids.org">www.brightfutures4kids.org</a>
California Poison Action Line	800.222.1222	<a href="http://www.calpoison.org">www.calpoison.org</a>
Regional Center of Orange Co.	714.796.5100	<a href="http://www.rcocdd.com">www.rcocdd.com</a>
Child Care Advocate-Jane Cong-Huyen	714.705.6041	<a href="mailto:Jane.Cong-Huyen@DSS.ca.gov">Jane.Cong-Huyen@DSS.ca.gov</a>

### FOREIGN LANGUAGE ASSISTANCE

Armenian	Alice Gharbjanians	(949) 833-0404
French	Alice Gharbjanians	(949) 833-0404
German	Anke Secrest	(714) 434-0834
Greek	Margarita Pagoulatos	(714) 241-7455
Pharsi	Mona Mosavat	(714) 633-4353
Spanish	Yessika Magdaleno	(714) 971-8004

## AREA CHAIRS BY CITY

### NORTH COUNTY, VICE PRESIDENT LYNN HALLAS, 949.858.1527

City	Chairperson	Phone	City	Chairperson	Phone
Anaheim	Lynda Luistro	714.521.7485	Los Alamitos	Sandra Turner	562.756.1750
Anaheim Hills	Sandra Turner	562.756.1750	Midway City	Lee Allton	714.892.7220
Brea	Lynda Luistro	714.521.7485	Orange	Sandra Turner	562.756.1750
Buena Park	Lynda Luistro	714.521.7485	Placentia, Atwood	Sandra Turner	562.756.1750
Cypress	Sandra Turner	562.756.1750	Santa Ana	Linda Zoelle	949.673.2692
Fountain Valley	Diane Palermo	714.965.3602	Seal Beach	Sandra Turner	562.756.1750
Fullerton	Lynda Luistro	714.521.7485	Stanton	Yessika Magdaleno	714.971.8004
Garden Grove	Yessika Magdaleno	714.971.8004	Sunset Beach	Tena Madrid	714.536-2351
Huntington Beach	Tena Madrid	714.536-2351	Villa Park	Sandra Turner	562.756.1750
La Habra	Lynda Luistro	714.521.7485	Westminster	Lee Allton	714.892.7220
La Palma	Lynda Luistro	714.521.7485	Yorba Linda	Sandra Turner	562.756.1750

### SOUTH COUNTY VICE-PRESIDENT, LYNN HALLAS, 949.858.1527

City	Chairperson	Phone	City	Chairperson	Phone
Aliso Viejo	Diane Spiesterbach	949.495.6439	Laguna Niguel	Diane Spiesterbach	949.495.6439
Balboa Island	Linda Zoelle	949.673.2692	Laguna Woods	Diane Spiesterbach	949.495.6439
Capistrano Beach	Diane Spiesterbach	949.495.6439	Lake Forest	Lynn Hallas	949.858.1527
Corona Del Mar	Linda Zoelle	949.673.2692	Las Flores	Diane Spiesterbach	949.495.6439
Costa Mesa	Linda Zoelle	949.673.2692	Mission Viejo	Diane Spiesterbach	949.495.6439
Coto De Caza	Lynn Hallas	949.858.1527	Newport Beach	Linda Zoelle	949.673.2692
Dana Point	Diane Spiesterbach	949.495.6439	Newport Coast	Linda Zoelle	949.673.2692
Dove Canyon	Lynn Hallas	949.858.1527	Portola Hills	Lynn Hallas	949.858.1527
East Irvine	Joyce Russell	949.387.6997	Rancho Sta Mrgta	Diane Spiesterbach	949.495.6439
El Toro	Lynn Hallas	949.858.1527	San Clemente	Diane Spiesterbach	949.495.6439
Foothill Ranch	Lynn Hallas	949.858.1527	SJ Capistrano	Diane Spiesterbach	949.495.6439
Irvine	Joyce Russell	949.387.6997	Silverado	Lynn Hallas	949.858.1527
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Laguna Beach	Diane Spiesterbach	949.495.6439	Trabuco Canyon	Lynn Hallas	949.858.1527
Laguna Hills	Diane Spiesterbach	949.495.6439			

### MEMBERSHIP RENEWAL

Please enclose a self-addressed, stamped envelope (SASE) with your renewal to have a membership card mailed to you. Otherwise you may pick up your card at the next General Meeting

Questions?: Michelle Spoor (714) 222-4922





## Credits/Notes

The Orange County Child Care Association publishes their bimonthly Newsletters for the benefit of Members and Associate Members. Please send all Newsletter contributions to:

Orange County Child Care Association

P.O. Box 26769

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September/October Newsletter Deadline: August 18, 2017