

# Wilmette Wolves Travel Basketball

Wilmette Wolves is a community based program for players looking to develop their skills on a more competitive level. This program promotes teamwork, friendship, hard work, discipline, and a healthy lifestyle. We always provide professional coaching and challenge our players to become not only better players but better people. Our core teaching methods help build team offensive and defensive schemes, skill development, teamwork, and fundamentals. Our number one priority is to improve the game of each player and teach how to play structured team basketball. "Since 2010 Hoops4Health has and continues to provide excellence in teaching youth basketball the fundamentals. Serving the North Shore & Chicago Metropolitan Area."

## Season and Team Details

Season runs November-early March for Boys Grades 3-5 living in Wilmette School Districts 37 or 39. There will be one team for 3rd grade and two teams for 4th and 5th grade. Teams are divided into A (Green) B (Black), and Developmental (White). Green and Black teams compete in the North Suburban Conference League (NSBL) which is a community-based travel league. White Teams compete in the Play Hard Hoops Travel League. There will also be 1-2 tournaments including the end of the season NSBL Tournament (Green/Black Teams) and Play Hard Hoops Travel League End of Season Tournament (White Teams).

## Practices and Tournaments

Teams practice twice a week in Wilmette. Teamwork & defense are the backbone of our philosophy and emphasized by each coach. There are no practices or games during holidays. Home games are played at Regina Dominican HS. Away games and tournaments are within 15-45 minutes from Wilmette area.

## Professional Coaching

Our staff includes all coaches with an incredible amount of expertise and experience in coaching basketball. Each one has a passion for teaching the art of the game, offensive and defensive schemes, and the fundamentals & qualities necessary to be a great teammate and player. Sportsmanship and teamwork is a core philosophy of each of the Hoops4Health coaches. We also always stress the importance of nutrition, taking care of your mind and body, and excelling in school.

## Cost

New Player Cost: \$950 includes: 4 Month Season, 2 Practices a week, 1-2 tournaments, Uniform Package Reversible Uniform, Practice Jersey, Shooting Shirt, and gym bag.

## Tryout Schedule

Tryouts begin 9/22. See the website for the full tryout schedule.

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