



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
Rev Fr Patrick Massang, C.Ss.R. (Parish Priest)
Rev Fr Philip Lai, C.Ss.R. (Assistant Parish Priest)

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(food for thought) (Bulletin 23 October, 2022)
 Gospel: Luke 18:9-14. *"How do we pray"*

ALL SAINTS DAY + Tues. 1/11/22

– Mass (E) @ 7.00 a.m. &
 8.00 p.m (church)
 – Mass (T) @ 8 p.m in the parish hall.

ALL SOULS DAY – Wed. 2/11/22.

+ Mass at 7.00 a.m. (church)

MASS & BLESSING OF THE GRAVES

at **Tambun Catholic Cemetery**
 + Wed. 2/11/22 – Mass @ 9 am followed
 by Blessing of graves.

BLESSING of Niches at O.M.P.H Columbarium

+Wed. 2/11/22 at 11.00 a.m

SALE OF FLOWERS – All Souls day

In conjunction with All Souls day, St.Vincent De Paul (SSVP) from Church of Our Lady of Lourdes, Ipoh, will be having sale of flowers at Tambun cemetery from **Sat. 29 Oct. till 2 Nov.,2022**. Proceeds goes towards helping to the poor and needy. Please give them your support.

In Preparation for ADVENT & CHRISTMAS

There will be a 2-days talk in Tamil given by Fr. Joseph Stephen, CSsR on (date) **Wed. 2 & Thurs 3 of Nov.,2022** (time) 8.00 p.m. – 9.30 p.m. (venue) Parish hall.

OMPH-CCR's 43rd Anniversary & Thanksgiving Mass (E)

organised by: OmpH-Catholic Charismatic Renewal group (date) **Wed., 16th November 2022** @ 7.30pm in OMPH Parish Ipoh. All are welcome.

INFANT BAPTISM: Please contact the Parish Priest at least **ONE MONTH** in advance. Next Infant Baptism will be on **Sunday, 30 October, 2022.**

MARRIAGE: Please contact the Parish Priest at least **SIX MONTHS** in advance.

COFFEE MORNINGS 2023
 Calling all BECs and Ministries of O.M.P.H., Please book your coffee morning day 2023 as soon as possible at the parish office (05 5458220)

- Coffee mornings 2022:**
- * 23/10 – BEC Batu 5
 - * 30/10 – Hospitality (T).
 - * 6/11 – Eucharistic Ministers.
 - * 13/11 – BEC St.Monica (T)
 - * 20/11 – C.G.S
 - * 27/11 – BEC St.Philip (T)
 - * 4/12 – BEC St.Alphonsa (T)
 - * 11/12 – Faith Educators.
 - * 18/12 – CCR (E)

OMPH PARISH ADVENT-CHRISTMAS RETREAT (E) 2022

reflecting on ANNUNCIATION, INCARNATION, VISITATION & NATIVITY
 by Rev Fr Joseph Stephen, CSsR

(date) **28th (Mon.) & 29th (Tues) of Nov.,2022**
 (time) **7.30pm**
(Please bring along your Bible)

A love offering will be taken up.

Registration: Please fill in the form provided and submit at the parish office.

MEETINGS/ACTIVITIES:-

- * 23/10/22 @ 11.30 a.m – Tamil Hospitality (Francis Xavier.Rm.)
- * 23/10/22 @ 2 p.m – RCIA (BM) (St.Mk.Rm.)
- * 24/10/22 @ 6p.m - B.M. Sun Sch. (parish hall)
- * 25/10/22 @ 8 p.m – Legion of Mary (C) (hall)
- * 27/10/22 @ 8 p.m – RCIA (E) (St.Mk.Rm.) @ 8 p.m – RCIA (T) (St.Paul Rm.) @ 8 p.m – Rosary (C) (Church + Cafeteria)
- * 28/10/22 @ 8 p.m – RCIA (C) (Francis X. Rm.)
- * 30/10/22 @ 1 p.m – Caritas OMPH tuition (3rd fl) @ 2 p.m - RCIA (BM) (St.Mk.Rm.)
- * 1/11/22 @ 6 p.m – CGS (Atrium Wisma Liguori)
- * 1/11/22 @ 8 p.m. – Legion of Mary (C)(Francis X.Rm)
- * 2/11/22 @ 8 p.m – Talk on Advent & Christmas (T)
- * 3/11/22 @ 8 p.m – Talk on Advent & Christmas(T) @ 8 p.m – RCIA (E) (St.Mk. Rm.) @ 8 p.m – RCIA (T) (St.Paul Rm.)
- * 4/11/22 @ 7 a.m – Retreat for 1st H.Communicants (parish hall) @ 9.30a.m CCR (T) Leaders seminar(church) @ 8 p.m – RCIA (C)(Francis X.Rm.)

BIBLE REFLECTION & HOME-GATHERINGS:

- ~BEC St.Francis De Sales – 23/10/22 @ 8 p.m –(Tony Xavier & Mary Jacob)
- ~ BEC Mary Magdalene- 25/10/22 – Rosary.
- ~ BEC Mary Magdalene- 27/10/22 – Rosary.
- ~ BEC St.Francis De Sales – 30/10/22 @ 8 p.m –(Lawrence & Patricia)
- ~ BEC St.Philip - 7/11/22 @ 8pm Mass.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets
 * **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

LIGUORI BOOKSHOP- Open -

- * Sat. 9.30 a.m. to 10.30 a.m. 5.30 p.m. till 8.30 p.m.
- * Sun. 9.00 a.m. till 12.00 noon

For centuries our Church and our cultures have taught us about the "correct" way to approach God (by whatever name He is known). Different societies, ethnic groups and even different religions have come up with "standard" means of practicing prayer, ways of communicating with the transcendent. Men and women throughout history have sought different ways to reach out to God, to "find themselves," to gain nirvana, to get to heaven. Prayer was always considered the first step in the journey.

Prayer is paying attention to the presence of God. It is tending toward the presence of God. It is intending God's presence. It is being tender with God's presence and being able to live with the tension of God's presence. It is living intensely with God's presence.

God is present to us in the most un-magnificent and most ordinary ways. We must be attentive to that presence, because that presence is elusive and fragile and easily missed. Each of us is different, and we each live different styles of life within the community of faith. What the practice of prayer means for each of us will vary also. It may all look different or take different forms but it will always be the same thing. It will be being attentive to the presence of God in our lives. It will involve being faithful to Him, to ourselves and to one another. It will take perseverance and persistence. It will be both the joy of the mountaintop and the drought of the desert.