

**NOVEMBER
2018**

Pickaway Senior Center

"WE'RE LIVING IT UP"

Pickaway Senior Center

2105 Chickasaw Drive

P.O. Box 565

Circleville, OH 43113

740-474-8831

www.pickawayseniors.org

IMPORTANT DATES:

FRIDAY, NOVEMBER 9

VETERANS DAY LUNCHEON NOON

WEDNESDAY, NOVEMBER 14

BOARD MEETING 10:15 AM

SOUP & SALAD BAR NOON

THURSDAY, NOVEMBER 15

MONTHLY FELLOWSHIP NOON

TUESDAY, NOVEMBER 20

COMMODITIES

WEDNESDAY, NOVEMBER 21

LEGAL AID BY APPT.

S.A.L.T. MEETING 1:00 PM

THURSDAY, NOVEMBER 22

CENTER CLOSED

FRIDAY, NOVEMBER 23

CENTER CLOSED

TUESDAY, NOVEMBER 27

NEWSLETTER ASSEMBLY

BREAKFAST BAR 9:00 AM

THURSDAY, NOVEMBER 29

UNLOCK SECRET LUNCH NOON

The Pumpkin Show is done, and the crops are harvested, which means that November is here. At the Center, we are looking toward 2019 but we have many activities scheduled for the last two months of 2018.

On November 7th at 10:00 AM, Pickaway Manor is holding a Wellness and Balance check for any senior interested. On Friday November 9th, we will be honoring all our Veterans at noon. The monthly fellowship will be on November 15th. November's secret lunch will be on November 29th.

Premier World Discovery will be at the Center on November 13th at 1pm for a presentation describing next year's trip to Nova Scotia. Representatives from the Ohio Department of Insurance will be at the center describing the changes in Medicaid for 2019. They will also be taking appointments to help to make sure you are in the best position for 2019. If you are interested in having an appointment, please call the Center at 740-474-8831. In addition, Legal Aid will be at the Center on November 21st.

A few more reminders: November 6th is election day and to celebrate the Center is having a bake sale. So bring in your best bake goods to the center on that day. In addition, we are offering a free shuttle service from Emmett Chapel to the Center on Fellowship Day. The service starts at 10:30 am as well as at the end of the Fellowship. In addition, the first 20 cars taking advantage of this service will receive their lunch free.

We would like to wish you each a wonderful Thanksgiving and hope to see you often this month at the Center.

Dennis R. Bothel, Interim Executive Director

**Pickaway Senior Center
Board of Directors:**

Brenda Strittmatter	President
Marie Gerhardt	Vice President
Connie Kelly	Treasurer
Judy Stewart	Secretary
Debbie Dumm	Membership Pres.
Dennis Bothel	Interim Director
Dennis Bothel	Fiscal Officer
Lisa Robbins · Vince Yaniga	
Donna Thompson · Ed Boyer	
Dwight Radcliff · Pat Acord	
Tonya Thompson · Don Wolford	
Sandra Foster · Erika Cowles-West	

**Pickaway County
Commissioners:**

Jay Wippel · Brian Stewart
Harold Henson

**PICKAWAY SENIOR
CENTER**

2105 Chickasaw Drive
P.O. Box 565
Circleville, OH 43113

www.pickawayseniors.org

Office: 740-474-8831

Toll Free: 888-397-7246

Nutrition: 740-474-8617

Fax: 740-477-8114

Office Hours:

Monday-Friday

8am - 4:30 pm

Our services are provided for seniors ages 60 and over, Monday through Friday.

Adult Day Care:

Provides relief for families caring for a loved one with dementia or Alzheimer's. This service is available Monday through Thursday from 8:30 AM to 1:30 PM. Lunch and transportation are provided.

Congregate Meals:

A hot lunch served at the Pickaway Senior Center at 11:30 AM on Monday, and at 12:00 noon Tuesday through Friday.

Homemakers:

Assistance with cleaning, laundry and running errands. Clients must meet certain eligibility criteria.

Meals on Wheels:

A hot lunch delivered to your home five days a week.

**National Family
Caregiver Support
Program:**

Respite and personal care, financial help with co-pays and medicine, utility bills, home repair. The care recipient must be over 60 years of age.

Supportive Services:

Assistance with Medicare & Medicaid papers, HEAP and Commodities paperwork.

Transportation:

Transportation for medical appointments, dialysis, and grocery shopping.

The Pickaway Senior Center is a non-profit organization. We are supported by financial contributions from the following:

- Title III administered through the Ohio Department of Aging
- Funds from a senior levy passed by Pickaway County voters
- Private donations and fundraisers

For information on any of these services, call the Senior Center: 740-474-8831



In Memory or Honor of...

*This Recognition Gift to the Pickaway Senior Center is a very thoughtful gift
which means others in Pickaway County will be helped.*

Enclosed is my gift of \$ _____ In Memory or Honor of _____

Occasion: ☐ Birthday ☐ Anniversary ☐ Other _____

Given by _____

Address _____

Please make checks payable to the Pickaway Senior Center. Mail gift to:

Pickaway Senior Center
P.O. Box 565
Circleville, OH 43113

**Amelia Island, St. Augustine &
Jacksonville FL Trip**

Dates: February 24-March 2, 2019

Price: \$650 (per person double occupancy)

\$75 due upon signing up

Trip Includes:

- Motorcoach Transportation
- 6 nights lodging including 4 consecutive nights in Florida
- 10 Meals— 6 breakfasts and 4 dinners
- Visit to Fountain of Youth
- Visit to Historic Kingsley Plantation
- Guided Tours of Amelia Island, St. Augustine & Jacksonville
- Narrated Cruise on St. John's River
- Alhambra Dinner Theater

For more information please call the Center

VETERANS

We would like to recognize our Senior Center Members who are Veterans with a free meal on November 9th at noon.

Please call the Center at 740-474-8831 to make reservations.



NOVEMBER BIRTHDAYS-HAPPY BIRTHDAY!

NOVEMBER 1

AUDREY AZBELL
WANDA HEETER
RONALD SCHWALBAUCH
REBECCA STEELE
JUDY TAYLOR

NOVEMBER 2

DELORES BROWN
DAVID HOYLMAN
GARY ILES
SANDRA MANSON
SANDRA OLIVER
PATRICIA STROUS
PAT YOUNG

NOVEMBER 3

VIVIAN GARRETT
VICTORIA REED
JERRY STARKEY
BETTY WINNER

NOVEMBER 4

JANE DIEHL
ANTHONY KAMLER
LOIS PARMER

NOVEMBER 5

VICKIE FANSKA
WILLIAM GALLIVAN
DIANNE GOOD
BETTY NEAL
BETTY SHAEFFER
JOHN SINES
ROBERT WOLF

NOVEMBER 6

ROSE BARKER
BETTY GAINES
NETTIE JACKSON
CONNIE KELLY

NOVEMBER 7

REAH CRIST
RUTH HOOVER
BEV MARTIN
DENVER PETERS
ELLEN STARKEY
MARTHA WOLFE

NOVEMBER 8

SUE BINION
MARVIN VALENTINE
JOYCE WHITE
JEAN YOUNG

NOVEMBER 9

NORTON BARNES
JOYCE BUTTS

NOVEMBER 10

SHIRLEY ARLEDGE
PAULINE GARRETT
BARBARA LAVECK
PEGGY MILLER
MARGARET RITCHIE
STEVEN SCURLOCK

NOVEMBER 11

EUGENE BOZMAN
MAYNARD BURNS
ROGER CONNELL
ROBERTA HARRIS
JANET HARTLEY

NOVEMBER 12

E. JEAN ADDY
DEBBY BOYER
GARY BURGGRAB
LINDA WILLIS

NOVEMBER 13

PAULA EDWARDS
JUDITH GOODE
MARY HAIST
DONALD STRAWSER

NOVEMBER 14

MARVALENE BIRTCHER
LUCY ANN GROVES
ARTHUR KESTER
MARY ANN MILLER
MOLLIE NUNGESTER
JOAN SAVAGE
JULIANNE TEMPLE

NOVEMBER 15

MARY BAKER
CARROL HAMMOND
NANCY LOONEY
DONNA STILES
JAMES ZIMMERMAN

NOVEMBER 16

JACKIE PENCE
VICKIE SPUNG

NOVEMBER 17

MARILYN "JEANNIE" ADDY
VEDA THOMAS

NOVEMBER 18

CHARLENE GRAMBO
BRENDA KNOX

NOVEMBER 19

RALPH HOFFMAN
LES MENEAR
COOKE METZGER
PATTY VALENTINE

NOVEMBER 20

MARCIA HELWAGEN
CLARK MCFARLAND
DEBRA MCFARLAND
MARY QUINCEL
JIM WONDER

NOVEMBER 21

ALMA BALL
JANET CARDWELL
PATSY DALTON
TACIE DUMM
SHARON GREINER
JANICE JONES
DONNA RAINES
RANDY STOFFER

NOVEMBER 22

BELVA MORRISON
JAMES TRIMMER

NOVEMBER 23

BILL FLETCHER
WILLIAM FRIEND
LEATRICE SOWERS
DON WOLFORD
MARCIA WYKOFF

NOVEMBER 24

CAROL BLANEY
GLORIA BRICELAND

NOVEMBER 25

CONNIE ARCHER
PAM BOSTWICK
BONNIE FAUSNAUGH

NOVEMBER 26

BRENDA CASSIDY
DON HALL
MARILYN KELLAM
EVELYN TROUT

NOVEMBER 27

VIRGIL JOHNSON
EDWARD JOHNSTON
DONALD METZLER
SHARON NEIL
SHIRLEY OBERLEY
RODGER SOUTHWARD
MARLENE WELLS
SHARON WOOD

NOVEMBER 28

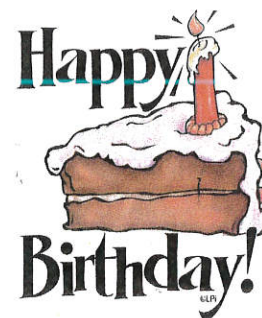
JUDY ALDERMAN
MARY COOK
JANE STRAWSER

NOVEMBER 29

MARY ARNOLD
DONNIE BETHEL
EDNA COE
DAVID MARTIN
FLOSSIE MAZE
ANDRA MCGILL
LUCILE RIGGS

NOVEMBER 30

BETTY CONLEY
JOE GOOD
SHIRLEY NORRIS
BEVERLY THATCHER
MARTHA WARD
DONNA YOUNG



SPECIAL THANKS TO THE FOLLOWING PEOPLE...

New Members

Victoria Reed

Sally Henson

Jerry Michael

Shirley Steele

Roy Mullins

Patricia Mullins

Helen O'Day

Eleanor Dean

Joe Dean



\$10 Fund Donations

Linda & Don
Harden

Earl & Norma
McCombs

Sandy Foster

Jeane Crider



Memorial/Honor of Donations

In Memory of
Donna Charlotte Groff

Given By,

Richard Groff
~~~~~

In Memory of

Paul Gochenour

Given By,

David & Paula  
Prindle  
~~~~~

In Memory of

Harold "Ed" Riffel
for birthday

Given By,

Donna Riffel
~~~~~

In Memory of

Carolyn Young

Given By,

Margaret Cook  
~~~~~

In Memory of

Donna J. Blanton

Given By,
Annabel Spangler
Warren & Janet Spangler
Carol & Dave Baker
Karen & Jerry Kelly

Memorial/Honor of Donations

In Memory of

Bernice Garrett

Given By,

Mark Hamann
~~~~~

In Memory of

Gordon Lloyd

Given By,

Jeff & Sharon  
Peters  
~~~~~

In Memory of

Ronald Terflinger
For his birthday Nov. 1

Given by,

Wife, Jean and
Children Jeff, Ron & Janette
~~~~~

In Memory of

Eddie C. Combs, Sr. &  
Eddie C. Combs, Jr.

Given By,

Betty Combs



## ELECTION DAY BAKE SALE

We will be having a bake sale on November 6th at the Center.

If anyone would like to donate any baked goods, please drop them off at the Center the day before or by 9 am the day of. Thank You.



## Exercise Social

There will be an exercise social at the Center on November 5th at 10:00 a.m.



## Nova Scotia & the Canadian Maritimes Trip

September 4, 2019 (9 days)

\$3,195 per person (double occupancy)

\$3,095- (Booking Discount) pp-double occupancy

### Trip Highlights:

- Halifax City Tour & Peggy's Cove
  - Alexander Graham Bell Museum
  - Baddeck & Cabot Trail
  - Cape Breton National Park
  - Prince Edward Island Tour
  - Charlottetown (PEI)
  - Lobster Dinner
  - Green Gables Farmhouse
  - Western Shore/Mahone Bay
  - Grand Pre Nat'l Historical Site
  - Halls Harbor-Bay of Fundy
  - Lunenburg & 4 Multi-Night Stays
- For more information please contact the Center

## PLEASE STOP BY THE CENTER FOR ONE OF OUR ACTIVITIES:

- Bingo- Wednesday and Fridays 10:15-11:30 am
- Dominoes-Tuesdays 9:30-11:30 am
- Euchre- Monday 12:30 pm



- Exercise- Monday, Wednesday and Friday 9:00-10:00 am

Please see the complete activities calendar in the newsletter.



## Monthly Fellowship November 15, 2018

Please RSVP by the day before. Call 740-474-8831 to make reservations. November birthdays & anniversaries eat free on November 15 at noon.

- Roast Turkey
- Stuffing w/Gravy
- Seasoned Green Beans
- Mashed Potatoes & Gravy
- Roll
- Fruit
- Pumpkin Pie

### Entertainment:

Larry Holcomb & Don Metzler

## Shuttle Service

There will be a shuttle service for the November Fellowship. Shuttle will run from 10:30 a.m.-11:45 a.m. from Emmett Chapel Church Tarlton Rd to the Center.

First 20 cars receive a free lunch certificate



### "Discover where to Recover"

**Pickaway Manor**  
Rehabilitation Center,  
Skilled Nursing & Assisted Living  
A MacIntosh Community  
PT, OT and Speech Therapy  
Services Available  
391 Clark Drive I (740) 474-6036  
www.macintoshcompany.com/Pickawaymanor

### ANDERSON INSURANCE GROUP

906 N. Court St.  
Circleville, OH 43113

#### Medicare Questions?

Plan Comparisons  
All types of Health Ins.

Contact: Nedra Betts  
740-477-2591

## Amity Home Health Care

Personalized. Uncompromised. Healthcare. Since 1993

- ♥ In home nursing, home health aides, physical, occupational, and speech therapies.
- ♥ Locally owned home care provider for over 20 years.
- ♥ Covering 9 counties, available 24 hours a day 7 days a week.

164 W Main St • Circleville (740) 477-6842

AmityCare

Wherever our patients call home,  
we provide hospice care.

740.420.0605

heartlandhospice.com/Circleville

Heartland  
Hospice Care

## BERGER HEALTH SYSTEM Your Hometown Health System

Nationally Recognized, Award Winning, Highly Trained,  
and all in **YOUR** community!

|                               |                            |
|-------------------------------|----------------------------|
| Berger Hospice                | Nutrition Services         |
| Cancer Center                 | Occupational Health Center |
| Cardiology & Neurology        | Orthopedic Surgery         |
| Ear, Nose & Throat            | Pain Management            |
| Endocrinology                 | Pharmacy                   |
| Emergency Department          | Radiology                  |
| Gastroenterology              | Sleep Center               |
| General Surgery               | Therapy & Sports Medicine  |
| Imaging & Laboratory Services | Women's Health & Maternity |
| Infusion Center               | Wound Healing Center       |
| Lung Care Center              |                            |

Berger Health System  
600 N. Pickaway St.  
Circleville, OH 43113  
740.474.2126  
www.bergerhealth.com



  
BERGER HEALTH SYSTEM  
Care first. Community always.



## Unlock the Secret Lunch

November 29th @ Noon

Thanksgiving is my thing  
I can be dark or light  
My legs are amazing  
To get there some people will put up a fight

I am Mexican  
Beef, Beans & Cheese  
That is how I roll  
I'll take two for dinner please

“Two Words”

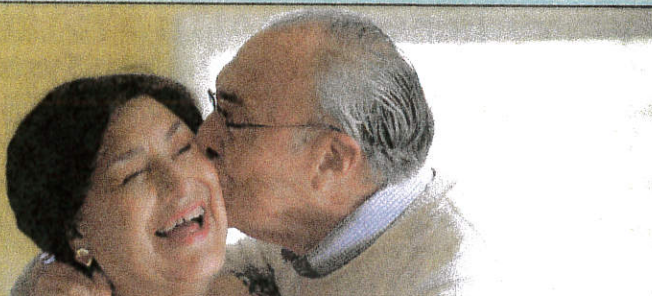
October Answer: Pumpkin Cake

## AARP DRIVING CLASS

There will be a safe driving class at the Center on November 8th from 8:00 am-Noon

There is no cost for the class. Please call the Center at 740-474-8831 to sign up.






OH-17-08-12

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[www.aetnabetterhealth.com/ohio](http://www.aetnabetterhealth.com/ohio)

# Here For You, At Every Stage Of Life.



The more we age, the more complicated health issues can become. Fortunately, the experienced specialists at Adena Health Center–Circleville are here to treat sudden illnesses, like the flu or pneumonia; manage chronic issues, like arthritis or osteoporosis; and help prevent and treat conditions like heart disease and diabetes.

Schedule An Appointment Today:  
**740-779-FIND | [ADENA.ORG/FIND](http://ADENA.ORG/FIND)**

**ADENA HEALTH CENTER–CIRCLEVILLE**  
140 Morris Rd.

**ADENA**<sup>®</sup>  
Health Center  
Circleville



## Beautiful Maine Trip

**Date:** July 14-20, 2019

**Price:** \$765 per person (double occupancy)  
(\$75 due upon signing)

### Trip Includes:

- Motorcoach Transportation
- 6 nights lodging including 4 consecutive nights in Maine
- 10 meals: 6 Breakfasts and 4 Dinners
- Guided Tour of quaint Kennebunk & Kennebunkport
- Tour of historic Victoria Mansion
- Guided tour of Pineland Farms
- Visit to Boothbay Railway Village
- Visit to the Seashore Trolley Museum and countryside trolley ride
- Guided Tour of Portland– Maine's largest city by the sea

## California Rail Discovery Trip

**Date:** June 5, 2019 (7days)

**Price:** \$2,845 per person (double occupancy w/  
booking discount)  
\$2,945 per person (double occupancy regular rate)

### Trip Highlights:

- Two Rail Experiences– Napa Valley Wine Train & Sierra Nevada Rail Journey
- San Francisco City Tour
- San Francisco Bay Cruise
- Sausalito
- Wine Tasting & Lunch (Napa Valley Wine Train)
- Winery Tour & Tasting
- Lake Tahoe Paddlewheeler Cruise
- Old Town Sacramento
- Virginia City
- Two Nights stay in San Francisco
- Two Night stay in Lake Tahoe

For more information please call the Center

Free Delivery Straight from *Your* Locally Owned  
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to get started today!**

### **CIRCLEVILLE APOTHECARY**

1200 North Court St.  
Circleville, Ohio 43113

Phone: (740) 420-3784  
Fax: (740) 420-3780

[www.apothecary-rx.com](http://www.apothecary-rx.com)

Hours: **Mon-Fri:** 9am -8pm  
**Sat:** 9am-2pm **Sun:** Closed



\*Delivery is only available to homes/businesses within  
the Circleville city limits or some nearby areas.



Pickaway Senior Center  
2105 Chickasaw Dr.  
P.O. Box 565  
Circleville, OH 43113

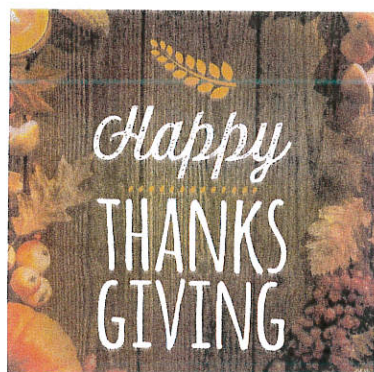
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Circleville, OH 43113

RETURN SERVICE REQUESTED

Current Resident



Wishing everyone a  
Happy Thanksgiving.



Don't miss our  
upcoming events and  
activities at the Center!

Amelia Island Trip.....Pg 3  
Birthdays.....Pg 4  
Nova Scotia Trip.....Pg 6  
AARP Class.....Pg 8  
Unlock the Secret Lunch....Pg 8  
California Rail Trip.....Pg 9  
Beautiful Maine Trip.....Pg 9  
Menu.....Pg 10  
Activities Calendar.....Pg 11

## Heading out of town for the Winter?

Please let the Center know of your change of address during this time and we'll send the Newsletters to you. If we have this winter address, it will save us from having to pay to get back the Newsletters from the Post Office because they could not deliver. Thank you.