

April 2022

LUNCH MENU

St. Francis School

GF – Gluten Free DF – Dairy Free V – Vegetarian E – Egg				
Monday	Tuesday	Wednesday	Thursday	Friday
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				Cheeseburgers W/ Fixings Potato Chips GF, DF, V Fresh Fruit * Veggie Burgers W/Fixings
4	5	6	7	8
Turkey Pot Pie Roasted Broccoli GF, DF, V Fresh Fruit * Tofu Pot Pie V	Crispy Beef Tacos DF GF Spanish Rice GF, DF, V Zucchini GF, DF, V Fresh Fruit GF * Bean & Cheese Taco	PIZZA DAY!	Pulled Pork Mac n Cheese V Green Beans GF, DF, V Fresh Fruit * Pulled Veggie	Cheeseburgers W/ Fixings Veggie Chips GF DF V Fresh Fruit * Veggie Burger W/ Fixings
11	12	13	14	15
Roasted Turkey Breast GF, DF, V Mashed Potatoes GF, V Peas & Carrots GF, DF, V Fresh Fruit *Roasted Veggie Loaf GF, DF, V	Crispy Beef Tacos GF DF Cilantro Rice GF, DF, V Pinto Beans GF, DF, V Fresh Fruit *Veggie & Cheese Tacos V	PIZZA DAY!	Garlic & Herb Chicken Breast GF, DF Rice Pilaf GF, DF, V Roasted Root Veggies GF, DF, V Fresh Fruit * Garlic & Herb Veggie Loaf GF, DF, V	Good Friday No Haute Lunch
18	19	20	21	22
Easter Monday No School 	Crispy Beef Tacos DF GF Pinto Beans GF, DF, V Bell Pepper Strips GF, DF, V Fresh Fruit * Veggie & Bean Tacos V	PIZZA DAY!	Spaghetti & Meatballs E Green Peas GF, DF, V Fresh Fruit GF, DF, V *Spaghetti W/ Veggie Balls V	Cheeseburgers W/ Fixings Potato Chips GF, DF, V Fresh Fruit GF, DF, V *Veggie Burgers W/ Fixings V
25	26	27	28	29
Salisbury Steak DF, E Mashed Potatoes GF, DF, V Sliced Carrots GF, DF, V Fresh Fruit GF, DF, V *Veggie Loaf V, DF	Crispy Beef Tacos DF GF Spanish Rice GF, DF, V Black Beans GF, DF, V Fresh Fruit GF, DF, V * Bean & Cheese Tacos V	PIZZA DAY!	Turkey Chili GF, DF Cornbread E, V Green Beans GF, DF, V Fresh Fruit GF, DF, V * Veggie Bean Chili GF, V	Cheeseburgers W/ Fixings Potato Chips GF, DF, V Fresh Fruit GF, DF, V *Veggie Burger W/ Fixings V

