

**College Community Services  
Wellness Center Central Advisory Board  
MEETING MINUTES**

**Friday, October 21, 2016 – 1:00pm to 2:00pm**

**Wellness Center Central of Orange County – 401 S. Tustin St. #C, Orange, CA 92866**

Attendees: Adam Goldman, Kristen Pankratz, Johnny Case, Frank Williams

Guest: Patti Pettit, Katherine Lee, Sohail Eftekhazadeh, Danisha Soto, Robert "Ro" Kim, and Alfred Corral

**I. Call to Order – 1:05pm**

- a. Welcome – Everyone asked to briefly introduce themselves.
- b. Approval of Agenda – The agenda was approved by Kristen Pankratz, seconded by Frank Williams.
- c. Approval of Minutes – The minutes were approved by Frank Williams, seconded by Johnny Case.

**II. Reports**

- a. Program Director Report – Patti Pettit
- b. President's Report – Adam Goldman  
Adam asked Member Advisory Board Members to remain visible by attending groups and classes.
- c. Sub-Committee Reports:
  - Health and Wellness (Frank Williams)
    - o Still in the process of planning a mini-health fair with the Health Educator, Patrick.
    - o There will be a Health Fair at Wellness Center West on Thursday, November 10<sup>th</sup> from 12:00pm to 3:00pm. A sign-up sheet will be available for members who would like to attend.
    - o Smoking Prevention Fair will be hosted by Recovery Education Institute on Friday, November 18<sup>th</sup> from 11:00am to 1:00pm.
  - Arts and Music (Anthony Pflaum) – No report given.
  - Data Outcomes (Heidi Sweeney) – No report given.
  - Evaluations and Surveys (Need a sub-committee head) – No report given.
  - Special Events (Adam Goldman)
    - o Adam attended Hispanic Heritage event. Reported the event went well.
    - o Now preparing for Job Fair event Wednesday, October 26<sup>th</sup> from 12:00pm to 3:00pm. Kristen, Frank, and Adam will all attend the job fair and help at the Member Advisory Board table.
  - Membership Outreach (Kristen Pankratz)
    - o Kristen and Patti went to Kaiser in Santa Ana along with Wellness Centers West and South.

- o Patti, Sohail, and Kristen are scheduled to present to USC School of Social Work in Anaheim on January 26, 2017.

Comments and Suggestions (Heidi Sweeney) – No report given.

Chat with MAB (Frank Williams)

- o Suggestion to change the time of Tea Time class earlier than 2p.m.
- o Suggestion to provide shade over the volleyball court area
- o Member reported the paint peeling on the wall in the kitchen and reported the carpet needed cleaning throughout the Center.
- o Member reported the printer in the computer lab is too slow.
- o Member reported there is a bad odor near the dumpster.
- o Member asked for a group to discuss gender issues.
- o Member asked for the driveway and parking lot to be more wheelchair accessible.
- o Member reported that super bingo was great.
- o Members would like a good chess teacher and maybe a specific time and date for chess class.
- o A member reported they are still confused about the role of MAB and does not think their voice counts.
- o Suggestion to have MAB more present during community meetings.

### **III. Unfinished Business**

- a. Advisory Board Members will take individual pictures directly after meeting is adjourned.
- b. Each sub-committee will meet and bring back one goal for the next meeting.
- c. Johnny suggested meeting during Tea Time class to explain to members the function of the Member Advisory Board.

### **IV. New Business**

- a. Discussed MAB visibility at the Center. Adam suggested to have a display board or wall with Member Advisory Board photos and description of MAB.
- b. Adam read roles of the Executive Board members. MAB Vice President and Secretary were not in attendance.

### **V. Announcements (MAB Members)**

- a. No announcements.

### **VI. Open Forum (Visitors)**

- a. Alfred Corral stated he liked the meeting and looks forward to attending another meeting. He will also look at the different sub-committee to see which one he would to get involved with.

### **VII. Upcoming Calendar**

- a. Job Fair – Wednesday, October 26, 2016 at 12 p.m. to 3 p.m.

- b. Next Meeting – Friday, November 18, 2016, 1 p.m. to 3 p.m.
- c. Thanksgiving Feast – Wednesday, November 23, 2016, 12 p.m. to 2 p.m.
- d. Holiday Party – Thursday, December 15, 2016, 12 p.m. to 1:30 p.m.

**VIII. Adjournment**

- a. Adam adjourned the meeting at 1:57 p.m.